

NEW for 2016



You can now choose a **Self Plus One** enrollment type through the Federal Employees Health Benefits (FEHB) Program.

- ▶ The first opportunity to enroll in **Self Plus One** will be during **Open Season: November 9, 2015 to December 14, 2015.**
- ▶ Coverage will be effective in January 2016.
- ▶ To enroll or change your enrollment, use your agency's online enrollment system or contact your Human Resources (HR) Office. If you need contact information for your HR Office, ask your supervisor.
- ▶ For more information visit: www.opm.gov/selfplusone.

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