

My HealthVet Home Page



UNITED STATES
DEPARTMENT OF VETERANS AFFAIRS

VA Home



December 2010
Happy Holidays!

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In the Spotlight



A New Model of Health Care: Patient Aligned Care Teams

December 2010

You are probably hearing how VA is changing to a new model of health care delivery. You may be wondering what this is all about and why VA is changing. After all, VA is one of the leaders in primary care and has accomplished a lot over the last fifteen years. The simple answer is VA wants to take primary care to the next level and bring all the pieces together as a cohesive, highly functional team focused on your goals and needs. We call this the Patient Aligned Care Team or **PACT**. [Read More »](#)

Check Your Medications: A Prescription for Better Health



I had the chance to go with my father to an appointment at his VA Medical Center. I was impressed that his doctor was so well-trained in medication safety. The medication check-up during his visit worked. [Read More »](#)

Medication Check Up



For those of us who grew up with computers, using one to talk with our provider is something we have been wanting. It is here now and this Veteran loves it. It is easy to use. [Read More »](#)

We Thank You for Your Service

The Department of Defense notifies VA when service members are released from active duty. Then VA sends a letter with information about VA benefits and assistance to aid transition to civilian life. You can find help with personal and family concerns, and community readjustment issues. There are also toll-free numbers, VA Web sites, and brochures to help you get the information you need.

Toll Free Numbers

Benefits Information **1-800-827-1000**

Health Care Eligibility Information **1-877-222-8387**

[Learn More »](#)



[Download My Data](#)



[Prescription Refill](#)



[Emergency Contacts](#)



[Providers & Physicians](#)



[Vitals & Readings](#)



[Military Health History](#)



[Medical Library](#)



[VA Honors Veterans](#)

Virtual Tour

Get a peek at the many features you can find on My HealthVet. You can view it online or save it to your PC. Download (ZIP 4.8Mb) »
[Watch the tour now »](#)

[Transcript \(PDF 28Kb\)](#)

[Transcript \(Word 52Kb\)](#)

[Get Flash Player Free](#)

In-Person Authentication

[In-Person Authentication \(IPA\)](#)

Member Logout


Logged On As: ONE

Logout

Quick Links


- [VA National Suicide Prevention Hotline](#)
If you are in crisis call: 1-800-273-TALK (8255)
- [In-Person Authentication](#)
- [Flu Information](#)
- [My HealthVet Learning Center](#)
- [VA Mental Health Services](#)
- [View the MHV Virtual Tour \(Best viewed with Flash 8.0\)](#)
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- [VA Kids](#)

Personal Information Tab



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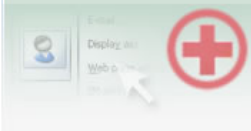
HOME | PERSONAL INFORMATION | PHARMACY | RESEARCH HEALTH | GET CARE | TRACK HEALTH | MHV COMMUNITY | SECURE MESSAGING

IN CASE OF EMERGENCY | PROFILES | DOWNLOAD MY DATA | ACCOUNT | HEALTH INFORMATION CARD

Personal Information


My HealthVet (MHV) has made it easy to keep track of your Personal Information. MHV is all about you and your health. Part of your personal online health journal is your identification. When you registered for My HealthVet, you entered important information about yourself. This is where you'll find it, along with other important facts like your login information, blood type and emergency contacts.

In Case of Emergency




Keep your emergency contacts in one place...
[More »](#)

My Profile




Your name, address and identifying information...
[More »](#)

Download My Data




Use the Blue Button to easily download your health information...
[More »](#)

My Account



Manage your account, in-person authentication...
[More »](#)

Change your Password




Change your My HealthVet password here...
[More »](#)

Member Logout

Logged On As: ONE

Logout

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If you are in crisis call: 1-800-273-TALK (8255)
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View My Links Information (self-entered) (Personal Health Journal of ONE MHVVETERAN)

You are viewing My Links information. If you would like to add an entry, click on the Add New button.

My Links


[Department of Veterans Affairs](#)

My Download Request: All of My Available Data



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IN CASE OF EMERGENCY | PROFILES | **DOWNLOAD MY DATA** | ACCOUNT | HEALTH INFORMATION CARD



Blue Button Download My Data

My Download Request

[Blue Button User Guide](#) | [Learn More](#) | [Protecting Your Personal Health Information](#)


The My HealtheVet Blue Button is simple, safe, and reliable. You can download all of your personal health information that is currently available in My HealtheVet as a text file. You can also view and print your information. You may wish to review your information first to be sure all of your information is up to date before you download it.

Easy access to all of the information in your My HealtheVet account can help you to share your information with people you trust. Having this information in ways you can use and share may help you better manage your overall health and your healthcare. [Learn More »](#)

Remember that once you have downloaded your information from My HealtheVet, it is your responsibility to keep it safe and private. Learn more about [protecting your personal health information](#).

Download all of my available data from My HealtheVet
 Download only my selected data from My HealtheVet

Continue **Cancel**

 Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.


This is your personal health information. Your health care professional does not have access to this information unless you share it.

Member Logout


Logged On As: ONE

Logout

Quick Links


- [VA National Suicide Prevention Hotline](#)
**If you are in crisis call:
1-800-273-TALK (8255)**
- [In-Person Authentication](#)
- [Flu Information](#)
- [My HealtheVet Learning Center](#)
- [VA Mental Health Services](#)
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My Download Results: All of My Available Data



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Blue Button Download My Data

My Download Results

[Blue Button User Guide](#) | [Learn More](#) | [Protecting Your Personal Health Information](#)

The results of your Blue Button download request are shown below. You can use this information in two ways:

1. Download – You can download your personal health information that is currently available in My HealtheVet as a text file and save it to a safe place.
2. View/Print – You can view your personal health information and print it out.

You can also cancel your download at any time.


It is important to protect your personal health information. All requests to download your personal health information from My HealtheVet are tracked. You can see these requests in your [account activity history](#).

Personal Health Information of ONE MHVVETERAN

DOWNLOAD YOUR DATA

File Contents	File Name	File Size	Request Date	Status	Option to Retrieve Data
All Health Data	mhv_MHVVETERAN_20110107.txt	23.6 kb	01/07/2011 05:23 PM EST	Ready to Download	Download View/Print

Cancel

 Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.


This is your personal health information. Your health care professional does not have access to this information unless you share it.

Member Logout

Logged On As: ONE

Logout

Quick Links

- [VA National Suicide Prevention Hotline](#)
If you are in crisis call: 1-800-273-TALK (8255)
- [In-Person Authentication](#)
- [Flu Information](#)
- [My HealtheVet Learning Center](#)
- [VA Mental Health Services](#)
- [View the MHV Virtual Tour](#)
(Best viewed with Flash 8.0)
- [Rx Refill Guide](#)
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Download Personal Health Information

The screenshot shows the VA My HealtheVet website interface. The top navigation bar includes 'HOME', 'PERSONAL INFORMATION', 'PHARMACY', 'RESEARCH HEALTH', and 'GET CARE'. A 'Blue Button Download My Data' icon is visible. The main content area displays 'My Download Results' and provides instructions on how to use the downloaded data. A table lists the downloaded files, including 'All Health Data' for user 'mHV_MHVVETERAN_20110107.txt' with a size of 23.6 kb.

Overlaid on the website is a Notepad window titled 'mHV_MHVVETERAN_20110107[3] - Notepad'. The text in the Notepad window is as follows:

```
----- MY HEALTHEVET PERSONAL HEALTH INFORMATION -----
*****CONFIDENTIAL*****
Produced by the Blue Button (v11.1)
01/07/2011 17:23

Name: MHVVETERAN, ONE A                               Date of Birth: 03/01/1948
----- DOWNLOAD REQUEST SUMMARY -----

System Request Date/Time: 01/07/2011 05:23 PM CST
User Request Type: Download all of my available data from My HealtheVet
File Name: mHV_MHVVETERAN_20110107.txt

----- MY HEALTHEVET ACCOUNT SUMMARY -----

Source: VA

Authentication Status: Authenticated
Authentication Date: 08/19/2010
Authentication Facility ID: 979
Authentication Facility Name: SLC10 TEST LAB

VA Treating Facility                               Type
-----
AUSTIN PSIM                                       OTHER
DAYT29                                           M&ROC

----- DEMOGRAPHICS -----

Source: Self-Entered

First Name: ONE
Middle Initial: A
Last Name: MHVVETERAN
Suffix:
Alias: MHVVET
Relationship to VA: Patient, Veteran, Employee

Gender: Male   Blood Type: AB+   Organ Donor: Yes

Date of Birth: 03/01/1948
Marital Status: Married
Current Occupation: Truck Driver

Mailing Address: 123 Anywhere Road
Mailing Address2: Apartment 123
Mailing City: Anywhere
Mailing State: DC
Mailing Country: United States
Mailing Province:
Mailing Zip/Postal Code: 00001
```

View/Print Personal Health Information



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IN CASE OF EMERGENCY PROFILES DOWNLOAD MY DATA ACCOUNT HEALTH INFORMATION CARD

Personal Health Information of ONE MHVVETERAN

Print Done

The printable information appears within this border

----- MY HEALTHEVET PERSONAL HEALTH INFORMATION -----
*****CONFIDENTIAL*****

Produced by the Blue Button (v11.1)
01/07/2011 17:23

Name: MHVVETERAN, ONE A Date of Birth: 03/01/1948

----- DOWNLOAD REQUEST SUMMARY -----

System Request Date/Time: 01/07/2011 05:23 PM CST
User Request Type: Download all of my available data from My HealtheVet
File Name: mhv_MHVVETERAN_20110107.txt

----- MY HEALTHEVET ACCOUNT SUMMARY -----

Source: VA

Authentication Status: Authenticated
Authentication Date: 08/19/2010
Authentication Facility ID: 979
Authentication Facility Name: SLC10 TEST LAB

VA Treating Facility Type

AUSTIN PSIM OTHER
DAY29 M&ROC

----- DEMOGRAPHICS -----

Source: Self-Entered


First Name: ONE
Middle Initial: A
Last Name: MHVVETERAN

Member Logout


Logged On As: ONE

Logout

Quick Links

- [VA National Suicide Prevention Hotline](#)
If you are in crisis call:
1-800-273-TALK (8255)
- [In-Person Authentication](#)
- [Flu Information](#)
- [My HealtheVet Learning Center](#)
- [VA Mental Health Services](#)
- [View the MHV Virtual Tour](#) (Best viewed with Flash 8.0)
- [Rx Refill Guide](#)
- [Rx Refill](#)
- [View your VA Medication Names](#)
- [Quality of Care](#)
- 
- [HealthierUS Veterans](#)
- [Most Requested Forms](#)
- [Message from the](#)

My Download Request: Only My Selected Data



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Blue Button Download My Data

My Download Request

[Blue Button User Guide](#) | [Learn More](#) | [Protecting Your Personal Health Information](#)

The My HealtheVet Blue Button is simple, safe, and reliable. You can download all of your personal health information that is currently available in My HealtheVet as a text file. You can also view and print your information. You may wish to review your information first to be sure all of your information is up to date before you download it.


Easy access to all of the information in your My HealtheVet account can help you to share your information with people you trust. Having this information in ways you can use and share may help you better manage your overall health and your healthcare. [Learn More »](#)

Remember that once you have downloaded your information from My HealtheVet, it is your responsibility to keep it safe and private. Learn more about [protecting your personal health information](#).

Download all of my available data from My HealtheVet

Download only my selected data from My HealtheVet

Continue **Cancel**

 Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.


This is your personal health information. Your health care professional does not have access to this information unless you share it.

Member Logout

Logged On As: ONE

Logout

Quick Links

- [VA National Suicide Prevention Hotline](#)
**If you are in crisis call:
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- [In-Person Authentication](#)
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Download My Selected Data: Customize



Blue Button
Download
My Data

Download My Selected Data

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There are many ways you can download your information. You can choose a date range, select the types of information you wish to include in your download, or both.

Select Date Range

- All Date Ranges
 Select Date Range

Start Date:

Dec 07 2010

End Date:

Jan 07 2011

Select Types of Information

- All Types of Information
 Select one or more types of information

- | | |
|--|--|
| <input checked="" type="checkbox"/> Health Care Providers | <input checked="" type="checkbox"/> Allergies and Adverse Reactions |
| <input checked="" type="checkbox"/> Treatment Facilities | <input checked="" type="checkbox"/> Medical Events |
| <input checked="" type="checkbox"/> Health Insurance | <input checked="" type="checkbox"/> Immunizations |
| <input checked="" type="checkbox"/> VA Wellness Reminders* | <input checked="" type="checkbox"/> Labs and Tests |
| <input checked="" type="checkbox"/> VA Appointments* (Future) | <input checked="" type="checkbox"/> Vitals And Readings |
| <input checked="" type="checkbox"/> VA Appointments* (Limited to past 2 years) | <input checked="" type="checkbox"/> Family Health History (self and relatives) |
| <input checked="" type="checkbox"/> VA Medication History (2 years unless date range selected) | <input checked="" type="checkbox"/> Military Health History |
| <input checked="" type="checkbox"/> Medications and Supplements | |

* Requires an [upgraded account](#).




Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.

This is your personal health information. Your health care professional does not have access to this information unless you share it.


Member Logout

Logged On As: ONE

Quick Links


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**If you are in crisis call:
1-800-273-TALK (8255)**
- [In-Person Authentication](#)
- [Flu Information](#)
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- [View the MHV Virtual Tour](#)
(Best viewed with Flash 8.0)
- [Rx Refill Guide](#)
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My Download Results: Customized



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Blue Button Download My Data

My Download Results

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The results of your Blue Button download request are shown below. You can use this information in two ways:

1. Download – You can download your personal health information that is currently available in My HealtheVet as a text file and save it to a safe place.
2. View/Print – You can view your personal health information and print it out.

You can also cancel your download at any time.


It is important to protect your personal health information. All requests to download your personal health information from My HealtheVet are tracked. You can see these requests in your [account activity history](#).

Personal Health Information of ONE MHVVETERAN

DOWNLOAD YOUR DATA

File Contents	File Name	File Size	Request Date	Status	Option to Retrieve Data
Selected Health Data	mhv_MHVVETERAN_20110107.txt	5.7 kb	01/07/2011 05:46 PM EST	Ready to Download	Download View/Print

[Cancel](#)

 Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.

This is your personal health information. Your health care professional does not have access to this information unless you share it.

Member Logout

Logged On As: ONE

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If you are in crisis call: 1-800-273-TALK (8255)
- [In-Person Authentication](#)
- [Flu Information](#)
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- [View the MHV Virtual Tour](#)
(Best viewed with Flash 8.0)
- [Rx Refill Guide](#)
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My Download Results: Customized

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IN CASE OF EMERGENCY PROFILES DOWNLOAD MY DATA ACCOUNT HEALTH INFORMATION CARD

Blue Button Download My Data My Download Results
[Blue Button User](#)

The results of your Blue Button download request are shown below. You can use this information to:

1. Download – You can download your personal health information that is currently available.
2. View/Print – You can view your personal health information and print it out.

You can also cancel your download at any time.

It is important to protect your personal health information. All requests to download your data are processed through a secure connection. You can see these requests in your [account activity history](#).

Personal Health Information of ONE MHVVETERAN

DOWNLOAD YOUR DATA

File Contents	File Name	File Size	Request Date
Selected Health Data	mhv_MHVVETERAN_20110107.txt	5.7 kb	01/07/2011 05:46

[Cancel](#)

Protect your information and your identity. Send to a safe site or device that you own.

This is your personal health information. Your health care professional does not have access to this information.

mhv_MHVVETERAN_20110107[2] - Notepad

File Edit Format View Help

```

----- MY HEALTHEVET PERSONAL HEALTH INFORMATION -----
*****CONFIDENTIAL*****
Produced by the Blue Button (v11.1)
01/07/2011 17:46

Name: MHVVETERAN, ONE A Date of Birth: 03/01/1948

----- DOWNLOAD REQUEST SUMMARY -----

System Request Date/Time: 01/07/2011 05:46 PM CST
User Request Type: Download only my selected data from My HealthVet
File Name: mhv_MHVVETERAN_20110107.txt

Data Types Selected:
My HealthVet Account Summary
Demographics
VA Appointments (Future)
VA Appointments (Limited to past 2 years)

----- MY HEALTHEVET ACCOUNT SUMMARY -----

Source: VA

Authentication Status: Authenticated
Authentication Date: 08/19/2010
Authentication Facility ID: 979
Authentication Facility Name: SLC10 TEST LAB

VA Treating Facility Type
-----
AUSTIN PSIM OTHER
DAYT29 M&ROC

----- DEMOGRAPHICS -----

Source: Self-Entered

First Name: ONE
Middle Initial: A
Last Name: MHVVETERAN
Suffix:
Alias: MHVVET
Relationship to VA: Patient, Veteran, Employee
Gender: Male Blood Type: AB+ Organ Donor: Yes
Date of Birth: 03/01/1948
Marital Status: Married
Current Occupation: Truck Driver

Mailing Address: 123 Anywhere Road
Mailing Address2: Apartment 123
Mailing City: Anywhere
Mailing State: DC
Mailing Country: United States
Mailing Province:
Mailing Zip/Postal Code: 00001

Alternate Address:
Alternate Address2:
    
```

Frequently Asked Questions



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Frequently Asked Questions

VA Blue Button

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- [How does the Blue Button work?](#)
- [How will the Blue Button benefit me?](#)
- [Why would I want to use the Blue Button?](#)
- [If I use the Blue Button, can other people see my information?](#)
- [What should I do if I think someone downloaded my information?](#)
- [How do I know when I last used the Blue Button to download information?](#)
- [Who do I contact for help with the Blue Button?](#)
- [Who do I contact with ideas for improving the Blue Button?](#)
- [What do I need to use the Blue Button?](#)
- [What do I need to do to my computer to use the Blue Button?](#)
- [Do I need training to use the Blue Button?](#)
- [How do I use the Blue Button?](#)
- [What is the My HealtheVet Download Report?](#)
- [What is a CD?](#)
- [What is a thumb drive?](#)
- [What does the Account Activity History tell me?](#)
- [How can I change my information and create a new download?](#)
- [How can I customize my download?](#)
- [How can I download just one type of information?](#)
- [What is the difference between my 'Medications and Supplements' and 'VA Medication History'?](#)
- [How do I know what information is self-entered and what is from my VA Electronic Medical Record?](#)
- [How is a customized download shown in my Account Activity History?](#)
- [How can I know if my download has been customized by Date Range?](#)
- [How can I know what types of information are shown in my customized download?](#)
- [Why does my VA Appointment history only include the last two years?](#)
- [How can I get my VA Medication History for more than two years?](#)

Most Frequently Asked


- [How can I see my medication names?](#)
- [When will I be able to see my VA Appointments?](#)

Member Logout

Logged On As: ONE

[Logout](#)

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Account Activity History

[Change Password](#)

Account Activity History

[In Person Authentication](#)

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Logged On As: ONE

[Logout](#)

Account Activity Summary for ONE A. MHVVETERAN

With this feature, you can view and print up to **12 months** of your account activity (such as logins and password changes).

View Activities within a date range:

You can view activities dating back to **Jan 7, 2010**

From: Jan 07 2010

To: Jan 07 2011


Performed By: Everyone

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513 items found, displaying 1 to 25
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Date/Time	Performed By	Activity	Action	Result
1/7/2011 5:49 PM EST	Self	Download	Download My Custom Data	Successful
1/7/2011 5:46 PM EST	Self	Download	Custom Download Requested	Successful
1/7/2011 5:33 PM EST	Self	Download	Download My Data	Successful
1/7/2011 5:26 PM EST	Self	Download	View My Data	Successful
1/7/2011 5:23 PM EST	Self	Download	Download Requested	Successful
1/7/2011 5:06 PM EST	Self	Download	Download My Custom Data	Successful
1/7/2011 5:06 PM EST	Self	Download	Custom Download Requested	Successful
1/7/2011 5:05 PM EST	Self	Download	Download My Custom Data	Successful
1/7/2011 5:05 PM EST	Self	Download	Custom Download Requested	Successful
1/7/2011 5:02 PM EST	Self	Download	Download My Custom Data	Successful
1/7/2011 5:02 PM EST	Self	Download	Custom Download Requested	Successful
1/7/2011 5:01 PM EST	Self	Download	Download My Custom Data	Successful
1/7/2011 5:01 PM EST	Self	Download	Custom Download Requested	Successful
1/7/2011 4:43 PM EST	Self	Download	Download My Data	Successful
1/7/2011 4:43 PM EST	Self	Download	Download Requested	Successful
1/7/2011 4:42 PM EST	Self	Login/Logout	Login	Successful
1/7/2011 2:46 PM EST	Self	Login/Logout	Login	Successful

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If you are in crisis call:
1-800-273-TALK (8255)
- [In-Person Authentication](#)
- [Flu Information](#)
- [My HealthVet Learning Center](#)
- [VA Mental Health Services](#)
- [View the MHV Virtual Tour](#) (Best viewed with Flash 8.0)
- [Rx Refill Guide](#)
- [Rx Refill](#)
- [View your VA Medication Names](#)
- [Quality of Care](#)
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- [HealthierUS Veterans](#)
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