
FEHB Program Carrier Letter

All Carriers

U.S. Office of Personnel Management
Healthcare and Insurance

Letter No. 2014 - 05

Date: March 24, 2014

Fee-for-service [4] Experience-rated HMO [4] Community-rated HMO [4]

Subject: Federal Employees Health Benefits (FEHB) Program: Self Plus One Enrollment

Purpose

The purpose of this letter is to notify you that the Office of Personnel Management (OPM) will be implementing a new enrollment type, Self Plus One, under the Federal Employees Health Benefits (FEHB) Program. This letter also outlines your responsibilities for the implementation of the Self Plus One enrollment type with your plan.

The effective date for the new Self Plus One enrollment type will be **January 1, 2016**. Therefore, the annual Open Season beginning on **November 9, 2015** will include the new Self Plus One enrollment type in the enrollment choices available.

Background

Section 706 of the Bipartisan Budget Act of 2013 amends Section 8905 of title 5, United States Code, to add a Self Plus One enrollment type to the FEHB Program. The Self Plus One enrollment type will cover the enrollee and one eligible family member.

Carrier Responsibilities

Carriers will need to ensure that their enrollment systems can accept and process the Self Plus One enrollments for the 2015 Open Season which begins November 9, 2015. All enrollment policies, procedures, and instructions must be updated before the 2015 Open Season to include the Self Plus One enrollment type. In addition, **all testing must be completed no later than September 1, 2015 to ensure a smooth implementation.**

We will be updating our materials including the Standard Form 2809, the FEHB Handbook, the Guide to Federal Benefits, and our website. The FEHB Program regulations will also be updated. The agencies and payroll offices are taking action to have Self Plus One implemented by September 1, 2015.

The new Self Plus One 3-digit enrollment codes will end in “3” and “6”. The codes ending in “3” will correspond to each plan’s 3-digit enrollment codes ending in 1 and 2.

For example:

Blue Cross Blue Shield Service Benefit Plan

111 – Basic Self

112 – Basic Self and Family

113 – Basic Self Plus One

GEHA Benefit Plan

311 – High Self

312 – High Self and Family

313 – High Self Plus One

GEHA High Deductible Plan (HDHP)

341 – HDHP Self

342 – HDHP Self and Family

343 – HDHP Self Plus One

Likewise, the new Self Plus One 3-digit enrollment codes ending in “6” will correspond to each plan’s 3-digit enrollment codes ending in 4 and 5.

For example:

Blue Cross Blue Shield Service Benefit Plan

104 – Standard Self

105 – Standard Self and Family

106 – Standard Self Plus One

GEHA Benefit Plan

314 – Standard Self

315 – Standard Self and Family

316 – Standard Self Plus One

Conclusion

In summary, the effective date for the new Self Plus One enrollment will be **January 1, 2016**. Therefore, the annual Open Season beginning on **November 9, 2015** will include the Self Plus One enrollment type.

We will provide more information as it becomes available.

Sincerely

John O'Brien
Director
Healthcare and Insurance