

HEALTH INSURANCE

Do You Have the Right Plan?

Type of Health Plan	Features	Tradeoffs
Fee-For-Service	 See any doctor without referral Nationwide and worldwide coverage When you use an in-network doctor or hospital, you pay less 	 You may have to pay more out-of-pocket for services You may need to file claims
НМО	 Little paperwork, if any Limited out-of-pocket costs for services 	 Must use in-network doctors and hospitals Need a referral to see a different provider
High-Deductible with a Health Savings Account	 Covers high-cost medical events Puts money into an interest- bearing Health Savings Account (HSA) and lets you add money into it Make tax-free withdraws for qualified medical expenses Portable if you retire or leave government Lower premiums 	 Higher deductible Cannot get an HSA if you are covered by any other health plan, including Medicare Can use a medical fund (see below) if you are ineligible for an HSA
Consumer-Driven with a medical fund	 Your health plan puts money into a medical fund for you If your medical expenses for the year are less than the amount of your medical fund, you pay nothing out-of-pocket Lower premiums 	 Must pay deductible if your health expenses exceed the amount of your medical fund Medical fund is not portable, not interest-bearing, and you cannot add money to it

When can I change plans?	How do I change plans?	How can I compare plans?
Federal Benefits Open Season (mid-November to mid- December), or when you have a qualifying life event such as marriage, divorce, or birth	Use your agency's electronic enrollment system, or submit form SF 2809 to your human resources office (www.opm.gov/forms)	Use the plan comparison tools at www.opm.gov/FEHBcompare Review each plan's brochure at www.opm.gov/FEHBbrochures

MORE INFO: www.opm.gov/health

This is only a summary of benefits under the FEHB Program. For complete information, review each plan's brochure.