



FLEXIBLE SPENDING ACCOUNTS

Save Money on Your Family's Health and Dependent Care Expenses

More than 300,000 Feds use pre-tax dollars to save about **30%** on their family's **health and dependent care expenses**.

When your insurance only covers part of an expense, or doesn't cover it at all, you're stuck with the bill. Joining FSAFEDS is like getting a **30% discount** on what you, your spouse, and your eligible children under 26 spend on:

Prescriptions

Deductibles & copayments

Office visits

Lab tests

Ambulance

Transportation (if it's a purely medical trip)

Eyeglasses

Prescription sunglasses

Contact Lenses

Laser eye surgery

Orthodontics

Birth control pills

In vitro fertilization

Acupuncture

Sunblock

First aid kits

Diabetes testing supplies

Hand sanitizer

Wheelchairs and walkers

And more!

You can also use FSAFEDS pre-tax dollars to save about **30%** on your **family's dependent care expenses**. It's like a 30% discount on:

For your children under age 13:

- Day care
- Summer day camp
- Babysitting
- Before and after school care
- Housekeeper whose duties include child care



Non-medical care for any adult who is mentally or physically incapable of self-care, who you claim as a dependent on your tax return, and who lives with you, such as your:

- Parent, grandparent, or in-law
- Spouse, sibling, or adult child

You file claims by mail, fax, or online. Some insurance plans will file claims automatically for you. FSAFEDS quickly reimburses you for these expenses with pre-tax dollars you've set aside from your pay.

There is a **\$250 annual minimum** for each kind of FSAFEDS account. You have over **14 months to incur eligible expenses**. You can enroll during the Federal Benefits Open Season and must actively re-enroll each year.

MORE INFO: www.FSAFEDS.com or 1-877-372-3337

This is only a summary of benefits under the FSAFEDS Program. For complete information, visit www.FSAFEDS.com.