

Nationwide Managed Fee-for-Service Plans	Telephone number	Web- site	Enrollment code		Your share of premium				
					Monthly		Biweekly		
			Plan name			Self only	Self & family	Self only	Self & family
Plans open to all									
Alliance	202/939-6325		YQ1	YQ2	180.68	377.80	83.39	174.37	
APWU	800/222-2798		471	472	80.97	178.47	37.37	82.37	
Blue Cross and Blue Shield Service Benefit Plan-High	local phone #		101	102	139.65	295.95	64.45	136.59	
Blue Cross and Blue Shield Service Benefit Plan-Std*	local phone #		104	105	50.31	122.59	23.22	56.58	
GEHA*	800/821-6136		311	312	69.45	149.81	32.05	69.14	
Mail Handlers-High	800/410-7778		451	452	73.65	148.55	33.99	68.56	
Mail Handlers-Std	800/410-7778		454	455	39.55	85.84	18.25	39.62	
NALC	703/729-4677		321	322	101.79	214.68	46.98	99.08	
Postmasters-High	703/683-5585		361	362	248.41	536.06	114.65	247.41	
Postmasters-Std*	703/683-5585		364	365	75.49	164.17	34.84	75.77	
Plans open only to specific groups									
Association Benefit Plan	800/634-0069		421	422	†	†	†	†	
BACE*	301/881-0510		YD1	YD2	44.49	118.84	20.53	54.85	
Foreign Service	202/833-4910		401	402	56.03	175.50	25.86	81.00	
Panama Canal Area	504/566-3501		431	432	56.55	124.33	26.10	57.38	
Rural Carrier Benefit Plan	800/638-8432		381	382	65.16	115.94	30.07	53.51	
SAMBA	301/984-1440		441	442	85.80	243.41	39.60	112.34	
Secret Service	800/424-7474		Y71	Y72	41.64	98.69	19.22	45.55	

*Offers a Point of Service product.

† See your Personnel Office.

Plan name	Benefit type	Medical-surgical											
		You pay				Plan pays							
		Deductible		Catastrophic limit		Inpatient care				Outpatient care			
		Calendar year	Inpatient hospital	Per person	Per family	Hospital		Doctor		Hospital		Doctor	
				Room & board	Other	Surgeon	Other	Surgeon	Other	Tests	Accidental injuries		
Plans open to all													
Alliance	Non-PPO PPO	\$300 \$100	\$250 \$150	\$3,000 \$2,000	\$3,000 \$2,000	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	100% 100%
APWU	Non-PPO PPO	\$250 \$250	\$200 None	\$3,500 \$2,000	\$3,500 \$2,000	75% 90%	75% 90%	75% 90%	75% 90%	75% 90%	75% 90%	75% 90%	100% 100%
Blue Cross and Blue Shield Service Benefit Plan-High	Non-PPO PPO	\$150 \$150	\$100 None	\$2,700 \$1,000	\$2,700 \$1,000	100% 100%	100% 100%	80% 95%	80% 95%	80% 95%	* *	80% 95%	100% 100%
Blue Cross and Blue Shield Service Benefit Plan-Std	Non-PPO PPO	\$200 \$200	\$250 None	\$3,750 \$2,000	\$3,750 \$2,000	100% 100%	100% 100%	75% 95%	75% 95%	75% 95%	* *	75% 95%	100% 100%
GEHA	Non-PPO PPO	\$175 \$175	None None	\$2,500 \$2,500	\$3,000 \$3,000	100% 100%	80% 95%	80% 90%	80% 90%	80% 90%	80% 95%	80% 90%	100% 100%
Mail Handlers-High	Non-PPO PPO	None None	\$250 None	\$3,000 \$2,000	\$3,000 \$2,000	100% 100%	100% 100%	70%* *	70% *	70%* *	70% *	70% *	100% 100%
Mail Handlers-Std	Non-PPO PPO	\$100 None	\$300 \$150	\$3,000 \$3,000	\$3,000 \$3,000	100% 100%	100% 100%	70%* 95%*	70% *	70%* 95%*	70% *	70% *	100% 100%
NALC	Non-PPO PPO	\$350 \$350	\$100 None	\$3,500 \$3,000	\$7,000 \$6,000	80% 100%	80% 100%	70% 80%	70% 80%	70% 80%	70% 80%	70% 80%	100% 100%
Postmasters-High	Non-PPO PPO	\$275 \$275	\$150 None	\$2,500 \$2,500	\$2,500 \$2,500	100% 100%	85% 100%	85% 95%	80% 95%	85% 95%	80% 95%	80% 95%	100% 100%
Postmasters-Std	Non-PPO PPO	\$500 \$300	\$600 \$350	\$6,700 \$3,000	\$6,700 \$3,000	70% 100%	70% 95%	70% 95%	70% 95%	70% 95%	70% 95%	70% 95%	100% 100%
Plans open only to specific groups													
Association Benefit Plan	Non-PPO PPO	\$250 \$250	\$100 None	\$2,000 \$2,000	\$2,000 \$2,000	80% 100%	80% 100%	80% 90%	80% 90%	80% 90%	80% 90%	80% 90%	100% 100%
BACE	Non-PPO PPO	\$250 None	\$250 \$150	\$3,000 -	\$3,000 -	90% 100%	90% 100%	70% 100%	70% 100%	70% 100%	70% 100%	70% 100%	100% 100%
Foreign Service	Non-PPO PPO	\$250 \$250	\$175 None	\$2,000 \$2,000	\$2,000 \$2,000	80% 100%	80% 80%	90% 90%	80% 80%	100% 100%	80% 80%	80% 80%	100% 100%
Panama Canal Area	Non-PPO	None	\$125	\$1,000	-	100%	80%	100%	SA**	100%	75%	75%	100%
Rural Carrier Benefit Plan	Non-PPO	\$250	\$200	\$2,500	\$3,000	100%	80%	85%	75%	85%	75%	75%	SA**
SAMBA	Non-PPO PPO	\$300 \$200	\$200 \$200	\$2,500 \$2,500	\$3,500 \$3,500	70% 100%	70% 95%	70% 95%	70% 95%	70% 95%	70% 100%	70% 95%	100% 100%
Secret Service	Non-PPO	\$200	\$100	\$1,000	\$2,000	100%	100%	80%	80%	80%	80%	80%	100%

*Copayment applies. See brochure for details.

** Scheduled Allowance.

Nationwide Managed Fee-for-Service Plans Plan name	Plan code	Quality Indicators													Top rated plans	
		% satisfied with plan			% rating the plan or care excellent, very good, and good overall											
					Coverage	Access to care	Choice of doctors	When sick, can get appointment	Quality of care	Provider thorough and competent	Explanation of care	Results of care	Plan handles your questions well	Process claims quickly		Costs you pay
		% Extremely satisfied	% Very satisfied	% Somewhat satisfied												
Plans open to all																
Alliance	YQ	15	39	23	81	97	86	90	95	97	93	94	84	84	35	
APWU	47	30	35	21	79	97	85	87	94	95	92	93	81	85	57	
Blue Cross and Blue Shield-High	10	41	39	10	91	97	92	94	95	98	93	93	86	89	60	
Blue Cross and Blue Shield-Std	10	26	43	19	89	97	88	87	95	97	92	95	89	88	59	
GEHA	31	29	40	21	86	97	79	93	94	94	92	92	91	93	58	
Mail Handlers-High	45	20	41	26	89	97	82	91	94	95	90	93	89	83	54	
Mail Handlers-Std	45	19	41	23	86	96	84	87	92	95	91	92	86	85	59	
NALC	32	32	35	18	84	98	83	96	96	97	96	96	89	82	57	
Postmasters-High	36	30	37	19	88	97	88	89	95	95	92	92	84	88	46	
Postmasters-Std	36	29	37	19	84	96	84	89	92	95	90	92	82	85	55	
Plans open only to specific groups																
Association Benefit Plan	42															
BACE	YD	9	29	34	80	88	72	82	85	92	86	86	77	68	56	
Foreign Service	40	24	51	17	89	100	90	95	96	99	97	95	88	88	70	
Panama Canal Area	43															
Rural Carrier Benefit Plan	38	30	43	15	88	98	93	90	97	97	92	94	79	91	66	
SAMBA	44	44	38	11	94	99	89	93	97	99	95	97	87	89	78	
Secret Service	Y7	25	44	22	89	99	95	95	96	97	93	96	86	90	56	