





My Account

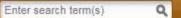
Plan Participation

Investment Funds

Planning & Tools

Life Events

Participant Support



TSP Transfers and Rollovers:

How, When, and Why (or Why Not!)

Presented by:

Federal Retirement Thrift Investment Board

March 2015



Transfers and Rollovers



- Transfer (aka direct rollover)
 - Money moves directly from one account or retirement plan to the other
- Rollover (aka 60-day or indirect rollover)
 - You must complete the transaction within 60 days
 - May result in taxes, withholdings, and/or penalties if not properly executed



IRAs and "Plans"



- IRAs Individual Retirement Accounts (or Individual Retirement Arrangements), including:
 - Traditional
 - Roth
 - SIMPLE
- Plans eligible employer plans, including:
 - TSP
 - -401(k)
 - Profit-sharing plans
 - 403(b) plans
 - 457(b) plans



When can I make a transfer or rollover?



- The TSP can accept *inbound* rollovers and transfers any time, as long as your account is open and has a balance greater than \$0.00
- The TSP can only make outbound transfers as part of certain withdrawals (see the Tax Notice, TSP-536, Important Tax Information About Payments From Your TSP Account, for more information)



More on Eligible Rollover Distributions

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Important Tax Information About Payments From Your TSP Account

Before you decide how to receive the money in your Thrift Savings Plan (TSP) account, you should review the important information in this notice. Although the TSP can assist you with your withdrawal, we cannot provide tax advice. Because tax rules are complex, you may wish to speak with a tax advisor before you make any withdrawal decisions.

You can find more specific information on the tax treatment of payments from retirement plans like the TSP in IRS Publication 575, Pension and Annuity Income, IRS Publication 590, Individual Retirement Armagements (IRAs), and IRS Publication 721, Tax Guide to U.S. Civil Service Retirement Benefits. (See Section 6, Resources.)

1. Your TSP Account Balance

The tax treatment of your payment(s) depends on the type of money you have in your TSP account. Your TSP account may consist of a traditional (non-Roth) balance, a Roth balance, or both.

Your traditional (non-Roth) balance is made up of all employee contributions that you designated as traditional when you made your contribution election and the earnings on those contributions. If you are overed by the Federal Employee? Retirement System (FERS), it also includes your Agency Automatic (196) Contributions, as well as any Matching Contributions made to your account. Earnings on agency (or service) contributions contributions are also a part of your traditional (non-Roth) balance:

Your Roth balance is made up of all employee contributions that you designated as Roth when you made your contribution election and the earnings on those contributions. Earnings on all Roth contributions (Including tax-exempt contributions) are tax-free provided certain Internal Revenue Service (IRS) rules are met. See Section 2.

If you are a member of the uniformed services serving in a combat zone, your TSP contributions will continue to be made from your tax-exempt pay. Those tax-exempt contributions will be deposited into the balance(s) you choose when you make your TSP contribution election.

2. General Tax Information

If you have traditional (non-Roth) contributions in your TSP accounts, you have not yet paid taxes on those contributions or the earnings. You will owe taxes on those contributions or the earnings when you receive a payment (distribution) from your account. You may continue deferring payment of taxes by transferring or rolling over the payment to a traditional IRA or an eligible employer plan.

If you have Roth contributions in your TSP account, you have already paid taxes on those contributions. You will not owe taxes on those contributions when you receive a payment (distribution) from your account. The tax treatment of earnings depends on whether the payment is a "qualified distribution," which means that your entire payment is distributed tax-free.

The earnings in your Roth balance become qualified, and are therefore paid tax-free, when the following **two** conditions have been met:

 5 years have passed since January 1 of the calendar year in which you made your first Roth contribution (this is referred to as the 5-year rule¹), AND

¹ If you transferred money to your TSP Roth balance from a Roth account maintained by another employer plan, the 5-year clock begins on January 1 of the year your first contribution was made to your TSP Roth balance of, 2 earlier, January 1 of the year you made your first contribution to the Roth account of the other employer plan.



TSP-536 (1/2015) Previous Editions Obsolete



Publication 590-A

Contributions to Individual Retirement Arrangements (IRAs)

For use in preparing **2014** Returns



Get forms and other information faster and easier at:

- IBS.gov/English)
- IBS.gov/Spanish (Español)
- IBS.gov/Spanish (Español)
- IBS.gov/Vetnamese (Tiếng

Jan 13, 2015

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What's New for 2014

Publication 590 split. Publication 590 has been split into two separate publications as follows.

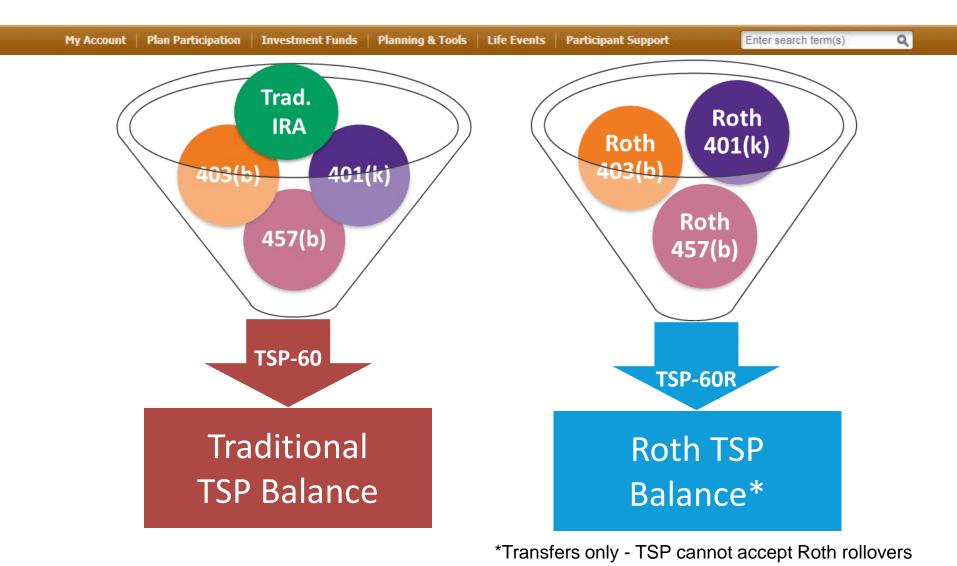
- Publication 590-A, covers contributions to traditional IRAs as well as Roth IRAs. This publication will include the rules for rollover and conversion
- Publication 590-B, covers distributions from traditional IRAs as well as Roth IRAs. This publication will include the rules for required minimum distributions and IRA beneficiaries.

Modified AGI limit for traditional IRA contributions increased. For 2014, if you are covered by a retirement plan at work, your deduction for contributions to a traditional IRA is reduced (phased out) if your modified AGI is:

- More than \$96,000 but less than \$116,000 for a married couple filing a joint return or a qualifying widow(er).
- More than \$60,000 but less than \$70,000 for a single individual or head of household, or



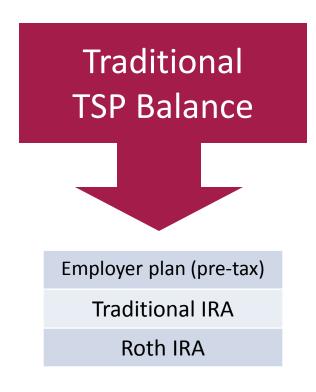
Inbound Transfers and Rollovers

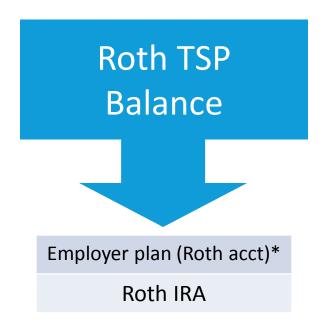




Outbound Transfers and Rollovers

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*Transfers only – rollovers not permitted to designated Roth accounts in employer plans



Outbound Transfers

Choice of Tax Regimes

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Traditional IRA or employer plan

Roth IRA or employer plan*

^{*}Note: money from your traditional TSP balance may be transferred to a Roth IRA, but not to the Roth balance of an employer plan



Requesting an Inbound Transfer or Rolloyer

My	Account	Plan Participati	on Investment Funds	Planni	Participan	t Support	Enter search term(s)
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				airement plan into the traditional	THRIFT SAVINGS PLA COURT FOR A ROTH TR. COURT FOR A ROTH TR. COURT START TO A ROTH TR. COURT START TO A ROTH TR. COURT START TO A ROTH TR. COURT TO A ROTH TR. COURT TO A ROTH TR. COURT T	la.	
			HRIFT SAVINGS PLAN HRIFT SAVINGS PLAN FOR A TRANSFER INTO THE FOURST FOR A TRANSFER OF COMPLETE & COLUMN SAVINGS PLAN OF COLUMN SAVINGS PLAN	money from an eligible resulted unsulted from an eligible resulted unsulted from an eligible resulted unsulted from an eligible resulted from an eli	es not accept the money from a Roth received.	ANSFER INTO	
		10.	HRIFT SAY A TRANS DEQUEST FOR A TRANS DEQUEST	Civilian Account	This request applies to	PAS. Funds received by the Rev	TSP-60-R
		this form to r	equest a transfer springs Pour ce of your Thrift Springs Pour tee of your Thrift Springs Pour	A Daylora Phone (Area Contact		The Christian Account DD	nce of your Thrift Savin
		I INFORM	registration of the first state		the re-		formed Services Account
II. INF	ORMA	TION FROM	IRA OR PLAN-	his section must be co	mpleted by the t	rustee (or custo	odian) of the IRA or by the ad-
mini	strator	of the eligible e	mployer plan from w	hich the distribution is	being (or was) m	ade. Be sure to	read the instructions for cer-
		quirements for of participation.	rollovers . Also, if this	distribution is from a	SIMPLE IRA, you	must provide w	ritten documentation showing
1 '		. —					
12.	This is	a: Transf	er (Direct Rollover)	Rollover (Fo	r definitions, see	the General Inf	ormation section of this form.)
13.	This di	istribution is fr	om a(n): Traditi	onal IRA SIM	PLE IRA	Eligible Empl	oyer Plan
14.	Gross	amount of tax-	deferred distribution:	\$		15. Date of	of Distribution (mm/dd/yyyy)
Cer	tificatio	on — I certify t	nat the funds are bein	g (or have been) distril	outed from an elig	gible retirement	t plan as defined in
		•		al Information section			•
							-
16.	Typed or	r Printed Name of F	inancial Institution Represe	entative or Plan Administrato	<u> </u>	1	7. Daytime Phone (Direct Number)
18.						19.	/
	Signatur	re of Financial Insti	tution Representative or Pla	n Administrator		Date S	Signed (mm/dd/yyyy)



My Account

Plan Partici



TSP-70 Request for Full Withdrawal

June 2013

Enter search term(s)

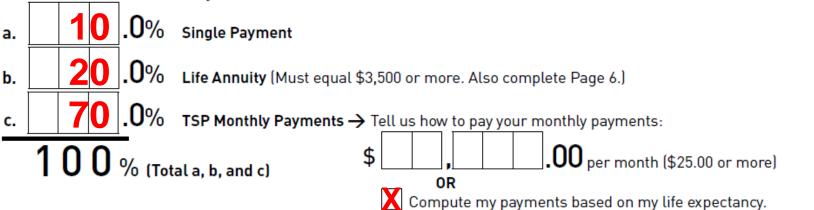
Q



Requesting An Outbound Transfer

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- IV. WITHDRAWAL ELECTION This section is required. Choose one or more methods. Indicate percentages in whole numbers. If choosing monthly payments, include the dollar amount of each payment or choose to have the TSP compute your payments based on your life expectancy.
 - 23. I would like to withdraw my entire account balance as follows:



V. TRANSFER ELECTION

I would like to **transfer** all or a portion of my single payment and/or eligible monthly payments (indicated in Section IV) to an IRA or eligible employer plan. (See instructions for an explanation of eligible monthly payments. **Note:** You must include the completed applicable transfer page(s) from this form with your withdrawal request package.)

		Name: TSP Account N	umber:	
		TRANSFER—TRADITIONAL		
		This page is optional. You and the IRA trustee or plan administrator must complete this page if yo rollover) all or a part of the traditional (non-Roth) portion of your single or eligible monthly payn eligible employer plan, or a Roth IRA. Your traditional TSP balance consists of traditional contribut all agency contributions, and the earnings associated with these contributions. Note: If you choose traditional (non-Roth) balance to a Roth IRA, you will have to pay tax on that portion when you file:	nents to a traditional IRA, an tions, tax-exempt contributions, e to transfer money from your	
X.	TRANSFER INFOR	MATION FOR TRADITIONAL BALANCE — This section	is to be completed by	y the IRA trustee or plan
	administrator. The ad	ccount described here must be a traditional I <mark>RA, eligible e</mark>	mployer plan, or Roth	n IRA. Please return this
	completed form to the	e participant. Do not submit transfer forms of financial ir	stitutions or plans.	
	38. Type of Account:	Traditional IRA Eligible Employer P	lan Rot	h IRA
	39. IRA/Plan Account Num	nber or Other Customer ID		
	40. Check this b	ox if tax-exempt balances are accepted into the account i	dentified above.	
	41 Provide the nam	se and mailing address information below exactly as it sl	nould annear on the f	ront of the check

Mak	e ch	eck	nava	hle	to														_									
- I		cck	paye	Jote																					 			
If ne	ede	d, us	e th	ese	boxe	es to	sup	plen	nent	"ch	eck	paya	ble	to" i	nfor	nati	on a	bove			_					_		I.
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Only the financial institution or plan should complete this information. It will be used to identify the account that will receive the transfer.

I confirm the accuracy of the information in this section and the identity of the individual named above. As a representative of the financial institution or plan to which the funds are being transferred, I certify that the financial institution or plan agrees to accept the funds directly from the Thrift Savings Plan and deposit them into the IRA or eligible employer plan identified above.



Withdrawal Wizard

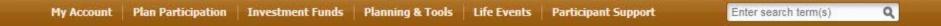


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Request for Full Withdrawal: Uniformed Services
1 About You $\sum 2$ Spouse Information $\sum 3$ Withdrawal Information $\sum 4$ Review Withdrawal $\sum 5$ Certification $\sum 6$ Finish
I would like to receive my Single Payment as: A single sum paid directly to me A complete (100%) transfer to a traditional IRA eligible employer plan, or Reth IRA
A complete (100%) transfer to a traditional IRA, eligible employer plan, or Roth IRA A partial transfer of .0 % to traditional IRA, eligible employer plan, or Roth IRA and the remainder paid directly to me
Any amount paid directly to you will be subject to mandatory 20% Federal income tax withholding. If you transfer all or any part of your Single Payment to a Roth IRA, you must pay tax on the amount you transfer; the tax must be paid for the year the transfer is made.



What should I consider?



- Investment Options
- Fees and Expenses
- Services
- Early Withdrawal Penalty
- Required Minimum Distributions



What's the bottom line?



- Different types of accounts can differ in unexpected ways
- The destination account determines what rules, costs, and restrictions will apply to your money
- Take a careful, holistic look at all your options before you leap



Investment Options



- IRAs
 - Might offer more investment options than a plan
- Plans (including TSP)
 - May be able to offer lower cost ("institutional") share classes
 - Investment menus are selected and monitored by plan fiduciaries
- TSP
 - Offers 5 low-cost, passively managed funds

- What It Is: A fund containing stocks of large and medium-sized
- Benchmark Index: Standard & Poor's 500 Stock Index

U.S. companies

- Potential for high investment returns over the long term
- Can be volatile depending on stock market performance

S FUND

Small Capitalization Stock Index Investment Fund

- What It Is: A fund containing stocks of small to medium-sized U.S. companies
- Benchmark Index: Dow Jones U.S. Completion TSM Index
- Potential for high investment returns over the long term
- Can be volatile depending on stock market performance

I FUND

International Stock Index Investment Fund

- What It Is: A fund containing international stocks from more than 20 developed countries
- Benchmark Index: Morgan Stanley Capital International **EAFE Stock Index**
- Potential for high investment returns over the long term
- Can be volatile depending on stock market performance. Returns also depend on the value of the U.S. dollar.

F FUND

Fixed Income Index Investment Fund

- What It Is: A fund containing Government. corporate, and asset-backed bonds
- Benchmark Index: Barclays Capital U.S. Aggregate Bond Index
 - May earn returns that are higher than money market funds over the long term with relatively low risk
 - Bond prices fall when interest rates rise. Bonds may be repaid early, reducing your returns.

G FUND

Government Securities Investment Fund

- What It Is: A fund containing Government securities that are specially issued to the TSP
- Does not lose money; has a consistent but relatively low investment return
 - Your money may not grow enough to meet your retirement needs or outpace inflation.







We offer 5 core funds that you can customize based on your comfort level...

For more comprehensive information, visit the Forms & Publications section of tsp.gov and scroll to "Fund Sheets at a Glance."



TSP & Diversification

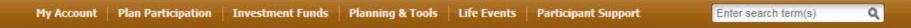
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"The five core [TSP] investment alternatives span the risk/return spectrum and include what we would consider to be all of the core building blocks to build a diversified investment portfolio."

Hewitt Ennis Knupp, Investment Option Review, February 2013



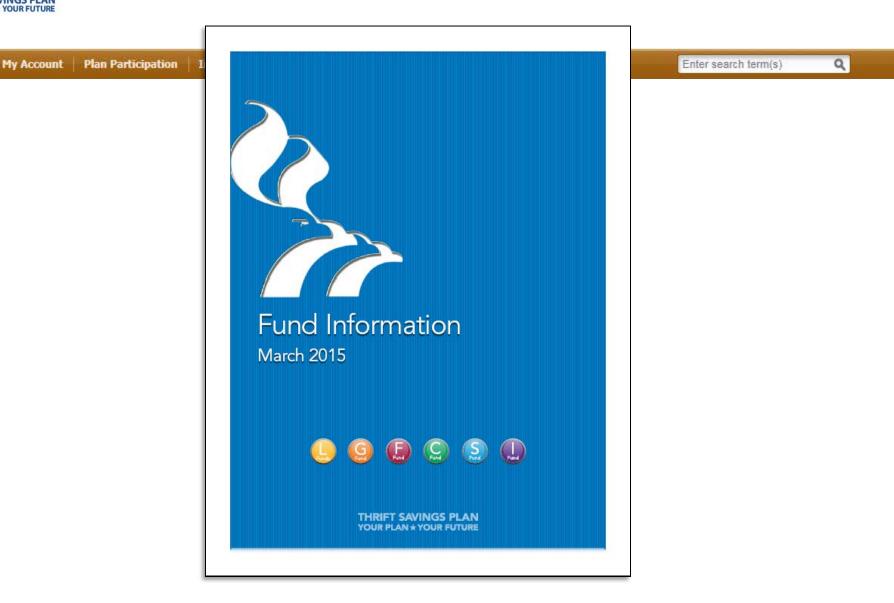
Fees and Expenses



- Investment-related expenses may include
 - Sales loads
 - Commissions
 - Mutual fund expenses
 - Investment advisory fees
- IRA account fees may include
 - Administrative, account set-up and custodial fees
- Plan fees typically include
 - Plan administrative fees (e.g., recordkeeping, compliance, trustee fees)
 - Fees for services such as access to a customer service representative
- TSP administrative expenses are reflected in daily share prices
 - Plan loans incur a separate transaction fee



Tracking the TSP Investment Funds

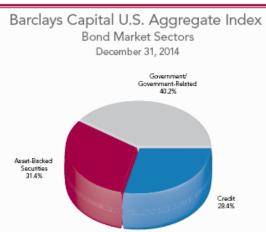


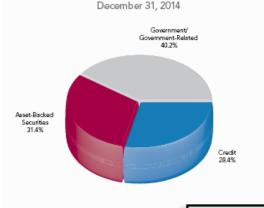
F Fund Facts

By law, the F Fund must be invested in fixed-income securities. The Federal Retirement Thrift Investment Board has chosen to invest the F Fund in an index fund that tracks the Barclays Capital U.S. Aggregate (U.S. Aggregate) Bond Index, formerly the Lehman Brothers U.S. Aggregate Index, a broadly diversified index of the U.S. bond market.

The U.S. Aggregate Index consists of high-quality fixed-income securities with maturities of more than one year. The Index is comprised of Treasury and Agency bonds, asset-backed securities, and corporate and non-corporate bonds. On December 31, 2014, the index included 9,079 notes and bonds. Its yield to maturity* was 2.25%. The average duration (a measure of interest rate risk) of the U.S. Aggregate Index was 5.07 years, which means that a 1% Increase (decrease) in interest rates could be expected to result in a 5.07% decrease (Increase) in the price of a security. New issues are added continuously to the U.S. Aggregate Index, and older issues drop out as they move to within one year of maturity.

F Fund Investments — The F Fund is Invested in a separate account that is managed by BlackRock Institutional Trust Company, N.A. Because the U.S. Aggregate Index contains such a large number of securities, it is not feasible for the F Fund to invest in each security In the Index. Instead, BlackRock selects a large representative sample of the various types of asset-backed, U.S. Government, corporate, and foreign government securities included in the overall index. Within each sector, Black-Rock selects securities that, as a whole, are designed to match important index characteristics such as duration, yield. and credit rating. The performance of the F Fund is evaluated on the basis of how closely its returns match those of the U.S. Aggregate Index.





Note: Participants' interfund transfer (IFT) requests redistribute their exist-Ing account balances among the TSP funds. For each calendar month, the first two IFTs can redistribute money among any or all of the TSP funds. After that, for the remainder of the month. IFTs can only move money into the G Fund. (For participants with more than one TSP account, this rule applies to each account separately.)

Page 6



Information as of December 31, 2014

Assets \$140.7 billion

Net Administrative Expenses* \$0.28 per \$1,000 account balance. .028% (2.8 basis points)

Fees associated with securities lending are not included in 2014 administrative expenses The included in our administrative expenses. Consistent with standard practice in the inclustry, they are charged in addition to administrative expenses. Other expenses are disclosed in the financial statements and will be available in the April 2015 Highlights.

Benchmark Index Standard & Poor's 500

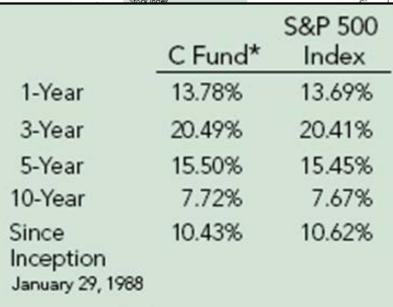
C Fund

COMMON STOCK INDEX INVESTMENT FUND

Key Features

- The C Fund offers the opportunity to earn a potentially high investment return over the long term from a broadly diversified portfolio of stocks of large and medium-sized U.S. companies.
- The objective of the C Fund is to match the performance of the Standard & Poor's 500 (S&P 500) Index, a broad market index made up of stocks of 500 large to medium-sized U.S. companies.
- There is a risk of loss if the S&P 500 Index declines in response to changes in overall economic conditions (market risk).
- Earnings consist of gains (or losses) in the prices of stocks and dividend

Growth of \$100



* After expenses



en Holdinas 31, 2014

Wells Fargo & Company General Electric Company Procter & Gamble Company JP Morgan Chase & Company Chevron Corporation

THRIFT SAVINGS PLAN | Page 7

^{*} The yield to maturity is the rate of return anticipated on a bond if held until the end of its lifetime (maturity date). It is expressed as an annual rate and takes into account a bond's current market price, its face (or per) value, coupon rate, and the time until it matures. It also assumes that all future coupon payments over the life of the bond are reinvested at the bond's current yield.

Annual Returns

View Table

Individual Funds Chart

Lifecycle Funds Chart

- Select Funds to View: Individual Funds (10 Yr Summary)
- L Funds (Since Inception)
- Individual/Index Funds Comparison (Past 5 Yrs)

To understand how the TSP calculates rates of return for any given period of time and determines compound annual returns, read the Fact Sheet Calculating Periodic Returns and Compound Annual Returns 1.

Individual/Index Funds Annual Returns (past 5 Yrs)

Year	G Fund	F Fund	U.S. Agg. Bond Index	C Fund	5&P 500 Index	S Fund	DJ U.S. Completion TSM Index	I Fund	EAFE Index
2010	2.81%	6.71%	6.54%	15.06%	15.06%	29.06%	28.62%	7.94%	7.75%
2011	2.45%	7.89%	7.84%	2.11%	2.11%	(3.38%)	(3.76%)	(11.81%)	(12.14%)
2012	1.47%	4.29%	4.22%	16.07%	16.00%	18.57%	17.89%	18.62%	17.32%
2013	1.89%	(1.68%)	(2.03%)	32.45%	32.39%	38.35%	38.05%	22.13%	22.78%
2014	2.31%	6.73%	5.97%	13.78%	13.69%	7.80%	7.63%	(5.27%)	(4.90%)

Percentages in () are negative.

The returns of the four benchmark indexes do not reflect any deductions for administrative expenses, trading costs, or investment fees.



Services



- IRA providers offer different levels of service, which may include
 - Brokerage services
 - Investment advice
- TSP provides access to
 - Planning tools
 - Telephone help line (the ThriftLine)
 - Educational materials and workshops
 - Professionally designed portfolios (the Lifecycle Funds)
 - Income options
 - Monthly payments
 - Lifetime annuity payments
 - Supplemental payments to satisfy Required Minimum Distributions



TSP Services

Assistance and Education

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On the phone



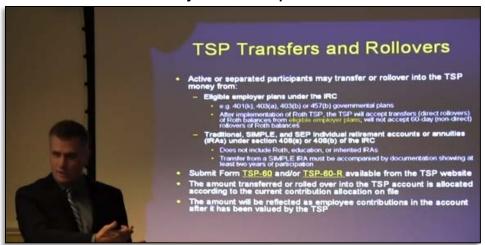
On the web



In print



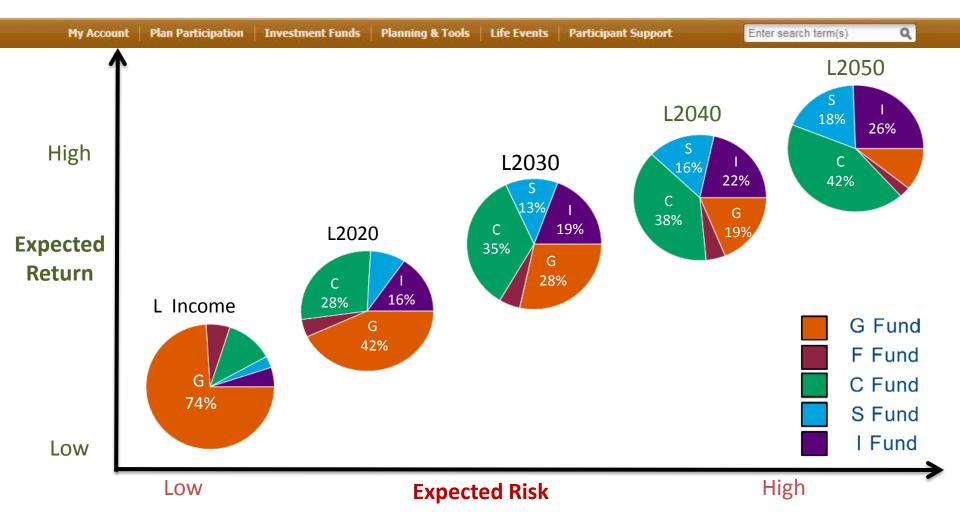
In your workplace





TSP Services

The Lifecycle Funds





TSP Services

Retirement Income Options

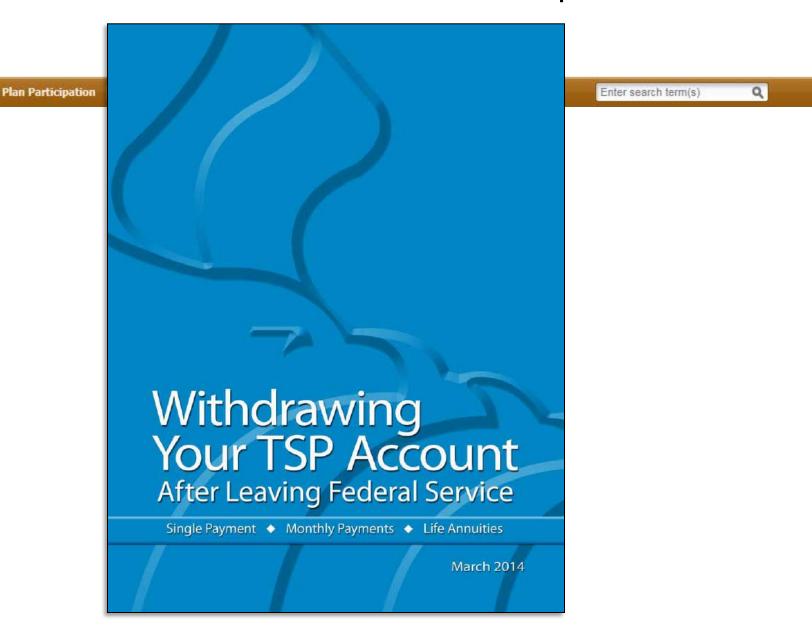


- TSP is designed to be an asset for life
- TSP income options provide a "retirement paycheck" to get you through, not just to retirement
 - Deferred income: You can do nothing at all and let your savings compound until you're ready to start receiving income
 - Flexible income: Monthly payments allow you to retain control of the account and make your own investment decisions
 - Lifetime income: Life annuities provide actuarially determined payments for life
 - Custom solutions: Mixed withdrawals let you combine the flexibility of monthly payments with the security of life annuity payments



My Account

More on Your Retirement Income Options





More on Your Retirement Income Options

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www.youtube.com/watch?v=m9nq2DNa_wg

www.youtube.com/watch?v=3ykBcSMAsRc



Will I be subject to a penalty if I retire early?



IRAs

- Generally, you can't take penalty-free withdrawals from an IRA until age 59½
- Withdrawals for a few specific purposes are excepted
- Plans (including TSP)
 - If you leave your employer between ages 55 and 59½, you may be able to take penalty-free withdrawals from that employer's plan
- TSP life annuity payments and monthly payments computed by TSP are penalty-free regardless of your age



What are the rules for RMDs?

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IRAs

- Generally, you must begin receiving RMDs from your IRAs after turning 70½, regardless of whether you continue working
- Roth IRAs are not subject to the required minimum distribution rules
- Plans (including TSP)
 - Roth balances in a plan are subject to the required minimum distribution rules
 - If you are still working at age 70½, you generally are not required to receive RMDs from your current employer's plan
- The TSP income options are designed to ensure that you receive the RMDs required by law



Thinking about moving your TSP savings to another plan?

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Watch this first....

https://www.youtube.com/watch?v=NINMboa0mUM

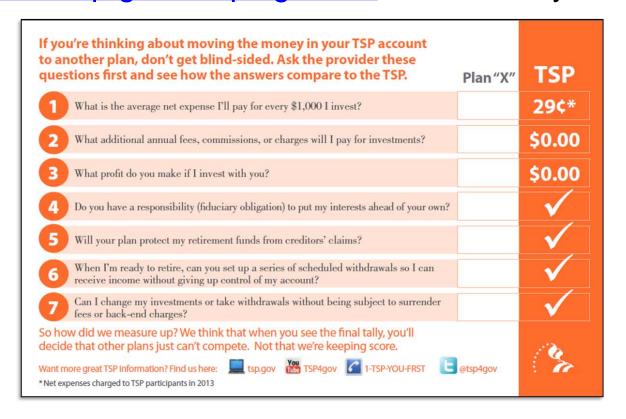




Do the Math

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... and use the interactive scorecard at https://www.tsp.gov/keepingscore/ to evaluate your options





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Enter search term(s)





QUESTIONS???