2008 FEHB RATE INSTRUCTIONS - COMMUNITY-RATED PLANS
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This discusses OPM's rating policy for the 2008 rate year.

**List of Rate Attachments**

**Attachment I- Rate Proposal for Small Carriers**
This is the 2008 rate proposal/questionnaire for small carriers. (Page 18)

**Instructions for Attachment I**
Line-by-line instructions to small carriers for completing Attachment I. (Page 19)

**Attachment IA**
The Certificate of Accurate Cost or Pricing Data For Small Community Rated Carriers. This is for use only by small carriers whose 2007 income from the Federal group will be $500,000.00 or more. A carrier contracting official must use the form to certify that the information in the reconciliation documents (Attachments III, IIIA, and IIIB, kept on file at the carrier) is accurate and that OPM can rely on the information as a basis for determining the Federal group's 2008 rates. **Note that this document pertains to your 2007 rates.** (Page 20)

**Attachment II- Rate Proposal for Large Carriers**
The rate proposal sheet is for use by large carriers and small carriers whose 2007 income from the Federal group will be $500,000.00 or more. Large carriers must submit the form to OPM. **Small carriers must keep II and IIA on file** and submit IIB and IIC and large carriers should submit all four documents. (Page 21)

**Instructions for Attachment II**
Line-by-line instructions (with examples and discussion) for completing Attachment II (Page 26-32)

**Attachment IIA - The Community Rate Questionnaire**
It is for use by large carriers and small carriers whose 2007 income from the Federal group will be $500,000.00 or more. Large carriers must submit it to OPM. **Small plans must keep it on file.** If you re-type this questionnaire, please be sure that the questions and answers are on only one side of each sheet. (Page 33-44)

**Attachment IIB – Carrier Contacts**
This requests the names, telephone and fax numbers and the E-mail addresses of two persons we can contact about your rate proposal. All carriers must submit this form to OPM. (Page 45)

**Attachment IIC – Utilization Data**
This requests utilization data (based on the carrier's total enrollment) for prescription drug, hospital, and office visit benefits. All carriers must submit this form to OPM. (Page 46)
General Policy For the 2008 Rate Year

Definition: We divide carriers into two groups, "large" and "small." For 2008, we define small carriers as those having less than 1500 FEHBP contracts at the time of the rate proposal. We define large carriers as those having 1500 or more contracts at the time of the rate proposal.

Documentation: The amount and nature of the back-up documentation we require for small carrier rate proposals differs from the large carrier requirements.

For the 2008 rate proposal, a small carrier has three options:

1) It may submit the same detailed documentation we require for large carriers.

2) If its 2007 income from the Federal group will be $500,000.00 or more, and the carrier does not elect to submit the same documentation as a large carrier, the carrier must submit Attachments I, IA, IIB, and IIC. Such a carrier must also complete Attachments II and IIA and keep them on file and available for OPM review.

3) If its 2007 income from the Federal group will be less than $500,000.00 and the carrier does not elect to submit the same documentation as a large carrier, the carrier must submit Attachments I, IIB, and IIC. Such a carrier need not complete or retain Attachments IA, II and IIA.

In what follows, "small carrier" refers to a carrier with fewer than 1500 FEHBP contracts and follows option 2 or 3 above.

All carriers must derive their Federal group rates according to OPM community-rating guidelines. Small carriers whose 2007 Federal group income will be $500,000.00 or more must complete Attachment II (Proposed Biweekly Net-To-Carrier Rates For the 2008 Rate Year) and Attachment IIA (Community Rate Questionnaire) but should not send these documents to OPM. Such carriers must keep these documents on file, in accordance with the records retention clause of the contract. The OPM auditors will examine the documents during carrier audits, and the OPM Office of Actuaries may also periodically review the documents.

Small carriers whose 2007 Federal group income will be less than $500,000.00 are not required to complete or retain Attachments IA, II, and IIA.

Since small carriers will not submit detailed documentation, the Office of Actuaries will evaluate the proposed rates by using its reasonableness test. Rates failing this test will be further reviewed. For small carriers whose 2007 Federal group income will be $500,000.00 or more, the Office of Actuaries may request detailed documentation.
OPM Community Rating Guidelines – 2008

Definition of Rating Methodology

A rating methodology is a series of steps a carrier follows to determine the rates it will charge to its subscriber groups. An independent professional must be able to duplicate these steps and reach the same conclusion. Some examples that are not considered a valid rating methodology are:

- Arbitrarily setting rates by a rating committee that meets to determine final rates;
- Setting a fixed rate increase over the prior year rates.

Special Audits

OPM's Office of the Inspector General (IG) will perform special audits of carriers' 2008 rate reconciliations on a selected basis beginning in May 2008. Although these audits will focus on the 2008 rate reconciliation, the audit staff may need to analyze rate information for the Federal group and other groups for previous years. Keep all documentation used to develop the 2008 rates available for review by the audit staff. (Special audits of the 2007 reconciliations will begin in May 2007).

Policy on Error Reporting

If a carrier discovers that a previous rate proposal and/or reconciliation submitted to OPM is incorrect (e.g., through the discovery of an error or omission), the carrier must:

1) Notify OPM, and
2) Prepare and submit to OPM an amended proposal and/or reconciliation (including a newly executed Certificate Of Accurate Pricing).

Note: The above policy does not apply to proposals and/or reconciliations that the IG is auditing.

New Rating Areas

If you propose a rate for a new area (or to split a current area), please submit a letter explaining:

- why you have decided to add this area;
- how it relates to your previous service area (for example, is the new area a portion of an existing area that has been split into two or more sections?); and
- how your current enrollment will be affected by the addition of this new area.

High Deductible Health Plans (HDHPs)

If you propose a rate for a HDHP, it must:

- Meet the requirements of the Medicare Modernization Act (MMA) of 2003 for High Deductible Health Plans
• Be rated in accordance with the guidelines set forth in these instructions
• Include the amount to be deposited to the enrollee’s HSA/HRA (pass-through amount)
• Have a minimum deductible and a maximum yearly out of pocket cost to the enrollee consistent with the requirements set forth by the Internal Revenue Service for 2008. For 2007, the minimum deductible was $1100 Self and $2200 Family and the maximum out of pocket cost to the enrollee was $5500 Self and $11000 Family.

➢ **Similarly Sized Subscriber Groups (SSSGs)**

The purpose of the SSSG concept is to ensure that the Federal group receives an equitable and reasonable rate.

**Definition of Purchasing Alliances**

Purchasing Alliances are any groups bonding together to purchase health insurance. Purchasing Alliances are considered employee groups and may be SSSGs.

➢ **Regulatory Definition**

48CFR 1602.170-13 defines SSSGs as follows:

(a) Similarly sized subscriber groups (SSSGs) are a comprehensive medical plan carrier's two employer groups that:

   (1) Have a subscriber enrollment closest to the FEHBP subscriber enrollment as of the date specified by OPM in the rate instructions; and
   
   (2) Use any rating method other than retrospective experience rating; and
   
   (3) Meet the criteria specified in the rate instructions issued by OPM.

"Subscriber enrollment" refers to contract enrollment. This could be the total self and family contract enrollment, or the total self, couples, and family contract enrollment, or some other sum, depending of the rate structure of the group.

(b) Any group with which an FEHB carrier enters into an agreement to provide health care services is a potential SSSG (including government entities, groups that have multi-year contracts, and groups having point of service products).

Exceptions to the general rule stated in paragraph (b) of this section are (and the following groups must be excluded from SSSG consideration):

(1) Groups the carrier rates by the method of retrospective experience rating;
OPM Community Rating Guidelines – 2008

(2) Groups consisting of the carrier's own employees;

(3) Medicaid groups, Medicare groups, and groups that have only a stand alone benefit (such as dental only); and

(4) A purchasing alliance whose rate-setting is mandated by the State or local government.

(5) A new group (e.g., a group the carrier first contracts with between July 2, 2007 and July 1, 2008);

(6) Any group the carrier is contracting with for the second year (starting its second year between July 2, 2007 and July 1, 2008) that would be rated using adjusted community rating.

(7) Provider Partners: Employee groups with which the carrier shares a financial interest or maintains a risk-sharing arrangement. The mere fact that a carrier conducts business with an employee group does not render it a provider partner.

(8) Any employer group with at least a 100% increase in enrollment within the last 12 months; and

(9) A purchasing alliance in which 90% of groups in the alliance have less than 100 enrollees and the remaining 10% of groups would not have sufficient aggregate enrollment to qualify as an SSSG on their own.

(10) Groups covered under a separate line of business of a carrier that offers an FEHBP product are excluded from consideration as an SSSG. To be considered a separate line of business all of the following criteria must be satisfied:
   • It must be a separate organizational unit, such as a division.
   • It must have separate financial accounting with “books and records that provide separate revenue and expense information.”
   • It must have a separate work force and separate management involved in the design and rating of the healthcare product.

(c) OPM shall determine the FEHBP rate by selecting the lower of the two rates derived by using the two rating methods consistent with those used to derive the SSSG rates.

➢ The “30 Month Rule” for ACR rated Plans

The “30 Month Rule” for determining if a group is an SSSG for an ACR rated plans states:
OPM Community Rating Guidelines – 2008

- **New Business** – If the group’s initial contract period is more than 24 months, then the group could qualify as an SSSG for the period beyond the first 24 months. The federal group would be rated like the SSSG to determine any applicable discounts on the portion of the rating period extending beyond 24 months.

- **First Year Renewal** – Anytime the first year renewal period of a group extends beyond the 30 month timeframe (initial contract period plus first year renewal period), then the group would not be eligible for exclusion under the first year renewal rule.

### Rules On SSSG Selection

For the 2008 rate year, a plan may elect to provide a list of the ten groups closest in size to the Federal group that meet the requirements to be an SSSG as described above. At time of reconciliation the two groups closest in size among the first five potential SSSGs will become SSSGs. If two groups do not continue to contract with the plan from the first five, then the sixth group on the list will be reviewed. If that group also no longer contracts with the plan, the list will be followed until two SSSGs are chosen.

In order to limit potential SSSGs to preselected groups, you may choose to submit the ten potential SSSGs with this rate submission. If a carrier makes the choice not to submit the list of ten potential SSSGs at the time of proposal, then the carrier will select two SSSGs according to the basic rule of SSSG selection stated in the Rate Instructions. The basic rule is to select the two groups that meet the SSSG requirements and are closest in size to the Federal group at the time of reconciliation.

Group size for the selected SSSGs in the current year’s reconciliation and the potential SSSGs in the following year’s proposal should be determined on the same day and based on the most recent enrollment available, but no later than March 31 of the current year.

The ten groups included in this proposal must meet the SSSG requirements (i.e. not be retrospective experience rated, not be Provider Partners, etc.) Those ten groups will be different than the ten groups you are asked to identify by the Office of the Inspector General (OIG). The ten groups you identify for OIG will include all groups with which the plan contracts. For your convenience the list of these groups may also be provided in this submission.

- **Enrollment and Contract Renewal Dates**

For the 2008 rate year, the specific guidelines for SSSGs are as follows:

1. All group enrollments including new groups (the Federal group and the SSSG enrollments) should be the latest 2008 enrollment available to the carrier (but no later than March 31, 2008).
(2) The contract renewal date for 2008 SSSGs should be between July 2, 2007 and July 1, 2008. Note: You should interpret “renewal date” to mean the date on which a rate change (if any) is effective for the SSSG.

Note: If an SSSG’s rate is extended beyond twelve months (i.e. the carrier allows an SSSG to change its renewal date), a premium adjustment must be made for the SSSG in the following year, or the rate extension will be considered as a discount.

➢ Definition of a Rating Region

A rating region is the total area over which the carrier controls its rates. This is usually the state.

Example 1

HMO ABC operates in Pennsylvania and has two separate rating entities HMO ABC Pittsburgh and HMO ABC Philadelphia. Pittsburgh and Philadelphia determine rates for groups within their area only. Therefore, Pittsburgh is HMO ABC Pittsburgh’s rating region and Philadelphia is HMO ABC Philadelphia’s rating region.

Example 2

HMO DEF operates in Florida. It has five separate rating codes throughout the State of Florida. HMO DEF controls the rates for each rate code. Therefore, the State of Florida is the rating region.

➢ Rules for the Number of SSSGs

A rate code area is generally the area under which the rate code covers. In the case where an additional product is offered in the same area (other than the traditional HMO) such as a consumer driven plan or HDHP and a different rate code is assigned to that product the rate code area will be the area covered by the traditional HMO.

Two SSSGs will be selected for each rate code area if only one product is offered in that coverage area. If a carrier offers more than one product for a given coverage area, two SSSGs will be selected for each product with a unique rate development. That is, if the products are rated independently then two SSSGs are required for each product, but if they are rated interdependently then two SSSGs will be required for the rate code area. You should choose both SSSGs from groups that have at least 5% of their enrollees in the federal group’s rate code area.
Total enrollment is defined as enrollment in a rating region. It is possible that a carrier could have federal enrollees in several different geographical regions or states under the same rate code.

- **Rules In Choosing SSSGs for HDHPs**

  If separate SSSGs are needed for an HDHP plan (because it is rated separately from your traditional HMO’s or you have no other plans in that region) the two SSSGs will be chosen based on size. If your HDHPs are rated ACR and the groups closest in size are rated differently that will be acceptable if that is your current policy and it is done in a consistent matter. All other rules for choosing SSSGs will be consistent with the current rules for choosing SSSGs for traditional plans.

  If either of the SSSGs is given a discount, that discount should only be passed to the insurance portion and not the pass through.

- **Policy on Selection of SSSGs**

  We will use a potential SSSGs local enrollment within a rating region to decide if a group is an SSSG. If we determine that a group is an SSSG the rating methodology within the rating region will be used to determine any discounts.

  *The following examples illustrate the above policies.*

**Case 1 One state, one federal rate code area, one rating region, and all groups are in one state:**

The carrier operates in the State of Texas. The FEHBP has one rate code area in Texas. Two SSSGs are required. The carrier controls the rates for all of Texas. Therefore, Texas is the rating region. All the groups the carrier contracts with are in Texas. The total enrollment in Texas for each group that has at least 5% of its enrollment in the Federal rate code area should be compared with the FEHBP enrollment to decide if the group is an SSSG.

**Case 2 One state, two federal rate code areas, one rating region, and all groups are in one state:**

The carrier operates in the state of Texas. The FEHBP has two rate code areas in Texas: one in Dallas and one in Houston. Two SSSGs are required for each federal rate code area. The carrier controls the rates for all of Texas. Therefore, Texas is the rating region. All the groups the carrier contracts with are in Texas. If at least 5% of the total enrollment of a group is in the Federal Rate code area in Dallas, then carrier should use the total enrollment of that group in Texas. The carrier should compare the group’s enrollment in Texas with the FEHBP enrollment in Dallas to determine if a group is an SSSG for the Dallas rate code area. Carrier follows the same procedure to select SSSGs in Houston.
Case 3 One state, two federal rate code areas, two rating regions, and all groups are in one state:

The carrier operates in the State of Texas. The Dallas region controls the rates in Dallas. The Houston region controls the rates in Houston. Therefore, there are two rating regions in Texas. The FEHB has two rate codes in Texas: one in Dallas and one in Houston. Two SSSGs are required for each federal rate code area. The carrier contracts with the XYZ group in Texas. If 5% of the total XYZ Group enrollment in the Dallas rating region is in the Federal rate code area in Dallas, then the carrier should use the total XYZ Group enrollment in Dallas. The carrier should compare the group’s enrollment in Dallas with the FEHBP enrollment in Dallas to determine if the group is an SSSG for the Dallas rate code area. The XYZ Group’s rates in Dallas will be used to determine any discounts.

Case 4 One state, one federal rate code area, one rating region, and some groups are in more than one state:

The carrier operates in the State of Texas. The FEHBP has one rate code area in Texas. Two SSSGs are required. The carrier controls the rates in Texas. Therefore, Texas is the rating region. The carrier contracts with XYZ Corporation, which has enrollees in Texas and nine other states. If at least 5% of the total XYZ Corporation enrollment in Texas is in the Federal rate code area, then the carrier should use the total XYZ Corporation enrollment in Texas to compare with the FEHBP enrollment in Texas to determine if a group is an SSSG. The XYZ Corporation’s rates in Texas will be used to determine any discounts.

Case 5 One state, two federal rate code areas, one rating region, and some groups are in more than one state:

The carrier operates in the State of Texas. The FEHBP has two rate code areas in Texas: Dallas and Houston. Two SSSGs are required for each federal rate code area. The carrier controls the rates in Texas. Therefore, Texas is the rating region. The carrier contracts with XYZ Corporation, which has enrollees in Texas and nine other states. If at least 5% of the total XYZ Corporation enrollment in Texas is in Dallas, then the carrier should use total XYZ Corporation enrollment in Texas to determine if a group is an SSSG for the Dallas rate code area. The XYZ Corporation’s rates in Texas will be used to determine any Dallas discount. Carrier follows the same procedure to select SSSGs in Houston.

Case 6 One state, two federal rate code areas, two rating regions, and some groups are in
The carrier operates in the State of Texas. The Dallas region controls rates in Dallas. The Houston region controls the rates in Houston. Therefore, there are two rating regions in Texas. The FEHBP has two rate code areas in Texas: one in Dallas and one in Houston. Two SSSGs are required for each federal rate code area. The carrier contracts with XYZ Corporation, which has enrollees in Texas and nine other states. If at least 5% of the total XYZ Corporation enrollment in the Dallas rating region is in the federal rate code area in Dallas, then the carrier should compare the total XYZ Corporation enrollment in Dallas with the FEHBP enrollment in Dallas to determine if a group is an SSSG for the Dallas rate code area. The XYZ Corporation’s rates in Dallas will be used to determine any discounts. Carrier follows the same procedure to select SSSGs in Houston.

**Case 7 Two states, one federal rate code area, one rating region, and groups are in two states:**

The carrier operates in two states Texas and Arizona. The rate code is the same for all enrollees. The rating region is Texas and Arizona combined. All the groups the carrier contracts with are in Texas and Arizona. The total enrollment for each group that the carrier contracts with in Texas and Arizona that has at least 5% of its enrollment in the Federal rate code area should be compared with the FEHBP enrollment to decide if the group is an SSSG. The group’s rates in the two states will be used to determine any discounts.

**Case 8 Two states, one federal rate code area, one rating region, and some groups are in more than two states:**

The carrier operates in two states Texas and Arizona. The rate code is the same for all enrollees. The rating region is Texas and Arizona. The carrier contracts with the XYZ Corporation, which serves ten states. Two of the ten states are Texas and Arizona. If 5% of the total XYZ Corporation enrollment in Texas and Arizona combined is in the Federal rate code area, the carrier should compare the total XYZ Corporation enrollment in Texas and Arizona with the FEHBP enrollment in Texas and Arizona to determine if a group is an SSSG. The XYZ Corporation’s rates in Texas and Arizona will be used to determine any discounts.

This reflects our view that group size influences rate negotiations.

- **Instructions for Groups Contracting with Purchasing Alliances**

You should treat a Purchasing Alliance (as defined on page 6) as one group and follow the above rules for choosing SSSGs. If a Purchasing Alliance turns out to be an SSSG and consists of more than one rate, use the weighted average of the rates to determine any discounts.
Instructions for Total Replacement Groups Qualifying as an SSSG

An employee group is a total replacement group when the plan is the only health insurance provider for that employer in a given area. For a total replacement group we will not view the first 2% discount on their rates as a discount that will have to be given to the Federal Group if it is the carrier’s policy to adjust the rates of all total replacement groups by the indicated discount. If some of the replacement groups are given non standard or preferential discount this policy will not apply.

Instructions for SSSG’s with Multi-Year Rate Agreements

If a group has negotiated a multi year contract and is determined to be an SSSG, the following rules will apply:

- If the SSSG is in the first year of the multi year contract, the current methodology for determining reasonableness of rate will be applied. For the second and all subsequent years of a multi year contract, SSSG discounts or overcharges will be determined by applying the current year methodology to the current year rate. If a discount is determined to have been applied to the SSSG, the previous years in the multi year contract will be used to determine if the carrier included additional costs due to the multi year rate contract. If this is the case, the discount applied to the SSSG may be offset by these costs.

Consistency of Rating Methods

We normally expect the carrier to use the same rating method for the Federal group as it uses for the SSSGs. We accept different rating methods in some situations. If, however, the carrier rates an SSSG using a method inconsistent with the carrier-established policies, the Federal group is entitled to a discount based on the SSSG rating method applied to the Federal group.

Special Adjustments to SSSG rates

We will accept adjustments to rates of SSSGs based on estimated new business if the carrier can give a reasonable justification, the method is not intended to give a discount and it is the carrier’s policy to make such adjustments.

The following are two examples of acceptable justifications:

1. Closure of competitive HMOs in the SSSG’s area.
2. Mergers or Divestitures.

Examination of Non-SSSG Groups

At times, OPM may examine the rates of non-SSSG groups. The examination is to verify the equivalence of the Federal group and SSSG rates. For example, if an SSSG had a special benefit (e.g., dental benefit) not included in the Federal group benefit package, OPM would compare
what the carrier charged the SSSG with what it charged other groups for the benefit. The purpose would be to verify that the SSSG received no hidden discount.

An OPM review of a non-SSSG commercial group does not make it a potential SSSG.

- **Policy on Recovery of Discounts**

  The FEHBP must receive any discount given to an SSSG in the rate reconciliation of the same year the SSSG received a discount. If the discounted funds are recovered from an SSSG, the plan can recoup these funds from the FEHBP as they become available in the reserves. The plan must show that the discount was actually recovered from the SSSG.

  Unless OPM agrees in writing, discounts should be applied to Attachment II’s line 5 rates.

- **Policy on Overcharges and Undercharges**

  If it is determined that an SSSG receives a surcharge above the rate as calculated by the rating methodology, the Federal group is not to receive this surcharge.

  - For example, the Plan’s defined rating methodology is community rating-by-class (CRC). In determining its groups’ rates, the series of steps identified to determine a CRC rate are performed for each group. Then an arbitrary load, not definable by any established rating method/criteria, is added to the groups’ rates. This load will not be applied to the FEHB’s rates.

  A discount provided in setting rates may be reduced during or after the reconciliation process to be consistent with an SSSG discount, only if the discount is set at time of proposal using an agreed upon estimate of the expected SSSG discount.

  In the process of setting rates, a carrier may knowingly give a discount to the FEHB that is not representative of an SSSG discount and therefore may not be reduced. Some examples of this practice include:

  - Carriers not taking or voluntarily lowering a loading it knows it is entitled to take.
  - Carrier committees that convene and determine the final rates to be set. If the committee knowingly provides a greater discount to the FEHB than is expected to be required, then that discount is not recoupable.
  - Carrier decisions to rate the FEHBP using other than the prescribed methodology in order to lower the rates.

- **Miscellaneous Remarks**

  The Federal group’s rates must be equivalent to the lower of the two SSSG rates, including any discounts and reflecting any market advantage (discount) given to an SSSG.
Since you are a community rated carrier, the rates for most groups are probably based on an underlying “community rate”. Carriers using ACR normally base a group's rates on the underlying experience for that group.

Regardless of which community rating method the carrier uses (TCR, CRC or ACR), OPM now focuses on the rating method used for the two SSSGs to determine if a carrier’s Federal group rates are appropriate.

➤ **State Taxes**

5 U.S.C. 8909(f)(1) prohibits the imposition of taxes, fees, or other monetary payment, directly or indirectly, on FEHBP premiums by any State, the District of Columbia, or the Commonwealth of Puerto Rico or by any political subdivision or other governmental authority of those entities. If your Attachment II, Line 1 rates include an amount to recover such monies from the FEHBP, you should make an adjustment for this amount in the form of a negative special benefit loading in the Special Benefit Loadings section of Attachment II.

➤ **Special Loading for Enrollment Discrepancies**

Your contract provides for a special premium loading of 1% to account for unresolved enrollment discrepancies.

Note: The carrier must explicitly take this loading, but may eliminate its effect by also giving the Federal group a discount. The carrier should keep in mind that its contract with the FEHBP states in Section 3.6(b) “the Carrier accepts the adjustment to the subscription charges in full resolution of all obligations of the Government in connection with the subscription payments as described in this section 3.6 and waives any rights it may have to claims for subscription payments under Section 3.1(a).”

You should place this loading on Line 4e of Attachment II.

➤ **Late Payment Loadings**

Beginning with the 2008 rate year, late payment loadings are no longer considered acceptable. The carrier must not add loadings to its rates to adjust for the timing of premium receipt.

➤ **Community Rating Policy**

We accept three standard methods of community rating:

1) Traditional Community Rating (TCR)

2) Community Rating By Class (CRC)
OPM Community Rating Guidelines – 2008

3) Adjusted Community Rating (ACR)

We expect carriers using TCR or CRC for 2008 to develop rates from a community-based revenue requirement (normally in the form of a capitation rate) which is documented and verifiable. Once you establish the capitation rate, you may convert it to self and family rates using your standard procedures.

A carrier using ACR may use a method based on utilization data or it may use a prospective method based on actual Federal claims data.

We ask you in the Community Rate Questionnaire (Attachment II A) to provide the criteria you use to determine your rating method for the Federal group.

CRC Rating

A carrier using CRC for the Federal group must provide a standard presentation of its rating method. The document "Instructions For Attachment II" includes details of this standard format and an example illustrating it. If a carrier using CRC cannot comply with OPM's standard format, it must submit its rate manual and/or other official documents that demonstrate the actuarial soundness of the carrier's CRC method.

We accept age and sex as legitimate factors for CRC. You must support any other proposed factor with carrier documentation showing that the factor predicts utilization. Our policy for industry factors is explained in "Instructions for Attachment II", page 27. A large carrier using CRC must furnish a table showing the age-sex distribution on which it based the Federal group's CRC adjustment factor. You must clearly show how you used this table to derive the adjustment factor.

Carriers using TCR or CRC and demographic factors (such as family size) based on group-specific data must also use group-specific data for the SSSGs. You must base all demographic factors on actual in-force group data.

ACR Rating

The following rules apply for carriers using ACR for the Federal group:

1) The carrier must have a documented ACR method established and implemented by 2008.

2) The carrier may use a prospective method based on actual Federal claims data, or a method based on utilization data. In either case, the carrier must keep on file all data necessary to justify the ACR rate (i.e., claims, utilization etc.) This data is subject to review and audit by the Office of the Inspector General.
For groups using an ACR methodology, once the experience period and claims are set in the proposal, they can not be changed after the proposal has been submitted. The carrier may offer a discount to the FEHBP rates at any time before the rates are finalized.

If you use ACR, you must completely and clearly explain your method. We may ask for additional documentation from carriers using ACR, including the carrier's rating manual.

The document “Instructions for Attachment II,” includes specific rules for carriers using a claims based ACR method.
## 2008 RATE PROPOSAL - SMALL CARRIERS
(Use BIWEEKLY Net-To-Carrier Rates)

<table>
<thead>
<tr>
<th>CARRIER NAME</th>
<th>STATE</th>
<th>CODE</th>
</tr>
</thead>
</table>

### Q1. What type(s) of community rating do you propose to use for the Federal group in 2008?
- TCR (Traditional Community Rating)
- CRC (Community Rating By Class)
- ACR (Adjusted Community Rating)

<table>
<thead>
<tr>
<th>SELF</th>
<th>FAMILY</th>
</tr>
</thead>
</table>

### Q2. What are your carrier's 2008 proposed Federal group rates? (For small carriers whose 2007 Federal group income will be Greater than or equal to $500,000, these rates are on Line 5, Attachment II.)

**Line A:**

### Q3. What adjustments have you made to the proposed 2008 rates as the result of the reconciliation of the 2007 rates? (Note that if the actual 2007 rates turned out to be higher than the rates estimated in the 2007 proposal, you should increase the 2008 rates to recover the loss. Likewise, if the actual rates were overestimated, you should decrease the 2008 rates to return the gain to OPM.)

**Line B:**

### Q4. What are the proposed 2008 Federal group rates (after adjustments)? (Line A ± Line B)

**Line C:**

OPM will complete the section below if it is necessary to reduce the proposed rates in order to draw down the contingency reserve.

### OPM will complete:

- **Amount of excess contingency reserve:**
- **Rate reduction necessary to generate a contingency reserve payment approximately equal to the excess:**
- **2008 FEHBP Rates:**

**Line D:**

**Line E:**
Q1. Indicate which method of community rating the carrier uses. Small carriers may use any of the following methods: Traditional Community Rating (TCR), Community Rating By Class (CRC), or Adjusted Community Rating (ACR).

We do not require small carriers to submit detailed documentation of the rate development. However, if your 2007 income from the Federal group will be greater than or equal to $500,000, you must complete Attachments II and IIA, and keep them on file, before submitting Attachment I. The OPM audit staff will examine the documents during periodic audits of the carrier. The Office of Actuaries may also periodically review the documents.

Q2. Insert the rates that appear on Line 5 of Attachment II. These rates are the rates before any adjustments have been made as the result of the 2007 reconciliation.

Q3. If OPM owes the carrier money because of the 2007 reconciliation, OPM will pay that money through an increase in the carrier's 2008 rates. Compute the appropriate increase, based on the results of the reconciliation.

In the case where a small carrier owes OPM because of the reconciliation, the carrier's 2008 rates will be decreased by an appropriate amount.

The rate adjustments obtained by the carrier should be placed on Line B.

Q4. If the amounts on Line B are rate increases, then Line C = Line A + Line B. If the amounts on Line B are rate decreases, then Line C = Line A - Line B.

OPM completes the section below Line C based on negotiations between the carrier and Office of Actuaries. When we determine that sufficient excess has built up in the contingency reserve, we will propose a reduction to the carrier's rates in order to generate a contingency reserve payment.
Certificate of Accurate Cost Or Pricing Data
For Community Rated Carriers

This is to certify that, to the best of my knowledge and belief:

1) The cost or pricing data submitted (or, if not submitted, maintained and identified by the carrier as supporting documentation) to the Contracting Officer or the Contracting Officer's representative or designee in support of the 2007 FEHBP rates were developed in accordance with the requirements of 48 CFR Chapter 16 and the FEHBP contract and are accurate, complete, and current as of the date this certificate is executed; and

2) The methodology used to determine the FEHBP rates is consistent with the methodology used to determine the rates for the carrier's Similarly Sized Subscriber Groups.

<table>
<thead>
<tr>
<th>Firm</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td></td>
</tr>
<tr>
<td>Title</td>
<td></td>
</tr>
<tr>
<td>Signature</td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td></td>
</tr>
</tbody>
</table>
## 2008 RATE PROPOSAL – LARGE CARRIERS
(Use BIWEEKLY Net-To-Carrier Rates)

<table>
<thead>
<tr>
<th>CARRIER NAME</th>
<th>STATE</th>
<th>CODE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>SELF</td>
<td>FAMILY</td>
</tr>
</tbody>
</table>


2. Special Benefit Loadings

(a) 

(b) 

(c) 

3. Federal Group Rates Plus Special Loadings

4. Standard Loadings

(a) Extension of Coverage Loading \[0.004 \times (3)\] 

(b) Medicare Loading

(c) Children's Loading

4d. Subtotal \[(3) + (4a) + (4b) + (4c)\]

4e. Enrollment Discrepancies Loading \[0.01 \times (4d)\]

5. Proposed Federal Group Rates For 2008 \[(4d) + (4e)\]
Plans should use the Form that applies to them. If neither of these Forms is appropriate, create/modify your own Form and place it here. Enter the results on line 1 of Attachment II.

**Backup Line 1 Form**

<table>
<thead>
<tr>
<th>Backup Line 1 Form – TCR &amp; CRC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginning Capitation Rate</td>
</tr>
<tr>
<td>Age/Sex Factor</td>
</tr>
<tr>
<td>Total Discount Factor</td>
</tr>
<tr>
<td>Resulting Capitation Rate</td>
</tr>
<tr>
<td>Percentage of Self Contracts</td>
</tr>
<tr>
<td>Percentage of Family Contracts</td>
</tr>
<tr>
<td>Average Family Size</td>
</tr>
<tr>
<td>Revenue Ratio (Family/Self Ratio)</td>
</tr>
<tr>
<td>1st Level Step-Up Factor (Self/Capitation)</td>
</tr>
<tr>
<td>Self Rate</td>
</tr>
<tr>
<td>Family Rate</td>
</tr>
</tbody>
</table>

**Backup Line 1 Form – ACR**

<table>
<thead>
<tr>
<th>Backup Line 1 Form – ACR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Experience Period</td>
</tr>
<tr>
<td>Total Paid Claims (before any COB)</td>
</tr>
<tr>
<td>Total COB (including CMS)</td>
</tr>
<tr>
<td>Annual Trend</td>
</tr>
<tr>
<td>Total Trend from Experience Period</td>
</tr>
<tr>
<td>Expected Claims</td>
</tr>
<tr>
<td>Administration (&amp; Profit)</td>
</tr>
<tr>
<td>Total Expected Claims + Admin + Profit</td>
</tr>
<tr>
<td>Members</td>
</tr>
<tr>
<td>Per Member Rate</td>
</tr>
<tr>
<td>Percentage of Self Contracts</td>
</tr>
<tr>
<td>Percentage of Family Contracts</td>
</tr>
<tr>
<td>Average Family Size</td>
</tr>
<tr>
<td>Revenue Ratio (Family/Self Ratio)</td>
</tr>
<tr>
<td>1st Level Step-Up Factor (Self/Capitation)</td>
</tr>
<tr>
<td>Self Rate</td>
</tr>
<tr>
<td>Family Rate</td>
</tr>
</tbody>
</table>
Backup Special Benefit Loadings Form

Enter any loadings under line 2 of Attachment II.

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Cost/Member</th>
<th>Self Rate</th>
<th>Family Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(e)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(f)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(g)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(h)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(i)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(j)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Note:** Put any necessary backup calculations to support these loadings here.
## POTENTIAL SSSGS

<table>
<thead>
<tr>
<th>NAME</th>
<th>ENROLLMENT/ AS OF</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td></td>
</tr>
<tr>
<td>8.</td>
<td></td>
</tr>
<tr>
<td>9.</td>
<td></td>
</tr>
<tr>
<td>10.</td>
<td></td>
</tr>
</tbody>
</table>
Backup Medicare Loading Form

Enter any loading on line 4b of Attachment II.

<table>
<thead>
<tr>
<th>Medicare Coverage</th>
<th>(A) Count</th>
<th>(B) Cost Of Benefits</th>
<th>(C) FEHB Premium</th>
<th>(D) CMS COB</th>
<th>Plan Cost A*(B−C−D)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part A Only</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Part B Only</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parts A &amp; B</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No Coverage</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(E)</td>
</tr>
<tr>
<td>Total FEHBP Members (F)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Cost Per Member (E / F)

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Self Loading</td>
<td></td>
</tr>
<tr>
<td>Family Loading</td>
<td></td>
</tr>
</tbody>
</table>

Or

Alternative Backup Medicare Loading Form
Instructions for Attachment II

- **Line By Line Instructions**

The following gives a line-by-line explanation of how to fill out the proposal sheet. Item numbers correspond to line numbers on Attachment II.

1. **Proposed FEHBP Rates - 2008**
   This is the most significant part of the proposal process. Please do it carefully. Refer to the Line I instructions on page 27.

2. **Special Benefit Loadings**
   Refer to the instructions on page 30.

3. **FEHBP Rates Plus Special Loadings**
   The sum of Lines 1 and 2.

   4a. **Extension of Coverage Loading**
   If you are entitled to this loading, multiply Line 3 by .004 (or the same factor you used in the proposal).

   4b. **Medicare Loading**
   Refer to the instructions on Page 30.

   4c. **Children’s Loading**
   Refer to the instructions on page 32.

   4d. **Subtotal**
   Add lines 3, 4(a), 4(b), and 4(c)

   4e. **Enrollment Discrepancies Loading**
   This is a 1% load to the rates which compensates the carrier for possible enrollment discrepancies.

5. **Proposed FEHBP Rates - 2008**
   Add lines 4(d) and 4(e).
Instructions for Attachment II

- **Backup: Line 1 Form Instructions**

This should be the carrier’s best possible estimate of the 2008 FEHBP biweekly self and family rates. These rates must be based on the carrier's community rate(s) or on an OPM approved ACR methodology. You must indicate in detail how you arrived at the Line 1 rates. We provide work spaces for this in Attachment IIA, the Community Rated Questionnaire.

Carriers may use "Traditional Community Rating" (TCR), "Community Rating By Class" (CRC), or "Adjusted Community Rating” (ACR), which allows the carrier to base its rate for a group on the projected revenue of that group.

**Traditional Community Rating**

If you use TCR for the Federal group, the starting point is normally a capitation (per member/per month) rate. This capitation is then converted to a self rate and a family rate. The conversion process may involve group specific demographic adjustment factors. The carrier must provide the details of this conversion process.

We allow variations in the process that are consistent with OPM principles of community rating. For example, a carrier might choose to use a standard set of two-tiered rates for all its groups.

**Community Rating By Class**

If you use CRC for the Federal Group, we require a standard presentation of the rating method. The presentation assumes that the carrier begins with an overall per member/per month rate (capitation). As in the case of TCR, we accept minor variations that are consistent with OPM principles of community rating.

**Industry Factors**

Our policy on industry factors is as follows:

1) The industry factor used for the Federal group in the rate proposal must be 1.0 or less. The proposed factor may change in the reconciliation, but in no case can it be larger than 1.0.

2) We will examine the industry factors used for the SSSGs. We require that the Federal group industry factor must be no larger than the lowest industry factor used for an SSSG and 1.00 or less.

**Example Of CRC Method**

If a carrier uses CRC, we require a method, which is essentially as follows:

1. Derive a CRC adjustment factor (AF), which is used to adjust the capitation rate. Normally, you should base this adjustment factor on the age-sex distribution of the Federal group, although we do allow certain variations of this concept.
Instructions for Attachment II

2. Determine the adjusted capitation rate for the Federal group (AF x capitation).

3. Convert the adjusted capitation rate to self and family rates using the same method that would be used under TCR.

<table>
<thead>
<tr>
<th>Class</th>
<th>Percentage Distribution of Members</th>
<th>Relative Utilization Factor</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>.10</td>
<td>.40</td>
</tr>
<tr>
<td>2</td>
<td>.20</td>
<td>.80</td>
</tr>
<tr>
<td>3</td>
<td>.45</td>
<td>1.20</td>
</tr>
<tr>
<td>4</td>
<td>.25</td>
<td>1.60</td>
</tr>
</tbody>
</table>

AF = (.10 x .40) + (.20 x .80) + (.45 x 1.20) + (.25 x 1.60) = 1.14

Capitation = $60.00 pm/pm
Adjusted Capitation = $60.00 x 1.14 = $68.40

1st Level Step-Up Factor = 1.2
2nd Level Step-Up Factor = 2.9
Self Rate = $68.40 x 1.2 = $82.08
Family Rate = $82.08 x 2.9 = $238.03

Note The Following:

1) You must include your CRC worksheets (i.e. sheets showing the relative utilization factors and the age/sex distribution for the Federal group) in your submission.

2) The relative utilization factors used for the federal group must be the same as those used for all your other CRC-rated groups.

3) Federal annuitants over age 65 should normally not be included in the calculation of the CRC factor.

4) A carrier using CRC for the Federal group should compute a Medicare loading in the normal way (i.e. along the lines of OPM’s suggested method on Page 30).

Adjusted Community Rating

A carrier using ACR for the Federal Group may use a method based on utilization data or a prospective method based on actual Federal claims data. In either case, the carrier must keep on file all data necessary to justify the ACR rate (i.e. claims, utilization, etc.) You should save backup tapes of your claims database for audit purposes.
Instructions for Attachment II

The rules that apply for a claims-based ACR method are:

1) The experience period (and the claims used within that period) may not change in the reconciliation. It must be the same period (and the same claims) you used in the proposal.

2) If you used completion factors to convert paid claims to incurred claims, such factors must be the same for all groups for which you used a claims-based ACR method.

3) Any method used to convert paid claims to incurred claims should be consistent for all groups you rated by a claims-based ACR method.

4) If claims include special benefit claims, you should take no special benefit loadings (either in the proposal or reconciliation). Note that the claims should reflect extension of coverage, which means that you should not take the extension of coverage loading.

5) If claims include those of annuitants age 65 and over, you must reduce claims by an amount equal to Medicare income from the Centers for Medicare or Medicare Services (CMS) or we must receive a credit for monies received from CMS. See questions Q23 and Q24. The amount of Medicare income from CMS should be clearly stated. Support for the adjustments to these claims should be saved and stored on an individual claim basis.

6) Loadings for administrative expenses must be either:
   a) a flat community rated pm/pm amount or
   b) a standard percentage of claims.
   c) A method consistently applied to the FEHBP and the SSSGs.

7) Any trend factor used for the Federal group must be the same as the trend factor the carrier used for other groups (that is, you may not base a trend factor for the Federal group on the Federal group's experience).

A carrier using ACR for the Federal group may also use a method based on utilization data.

WE EXPECT A CLEAR AND COMPLETE EXPLANATION OF YOUR ACR METHOD, WHETHER A CARRIER USES AN ACR USING FEDERAL CLAIMS DATA, OR UTILIZATION DATA. YOU SHOULD PRESENT THIS EXPLANATION AS YOUR RESPONSE TO VARIOUS QUESTIONS IN ATTACHMENT IIA.

******************

A carrier using TCR or CRC should normally base the Line 1 rates on its estimated capitation rate (or equivalent) for 2008. At a later date, after you determine the actual January 1, 2008, capitation rate, you will do a rate reconciliation.

29
Instructions for Attachment II

Note that if a carrier uses an ACR method based on Federal claims data, its reconciliation will differ very little from the proposal. The only elements of the reconciliation that might differ from the proposal are:

(i) **Trend Factor.** Your trend factor must be revised from that proposed if necessary to comply with the requirement that the trend be community based.

(ii) **Administration Cost Factor.** Your factor must be revised if necessary to meet the requirement that the FEHBP be charged the lowest loading (either capitation or percentage) charged to an SSSG.

Note that the trend factor must be consistent with the lowest such factor used for an SSSG.

➤ **Backup: Special Benefits Form Instructions**

These loadings are for differences between Federal group's benefit package and the carrier's community benefits package. You must provide all backup calculations for the costs that appear on lines 2(a) through 2(c). You should clearly indicate all utilization and cost assumptions. If the benefit is a rider that you sell to other groups, there should be a uniform price (i.e., a capitation rate, or standard set of two-tiered community rates) for the benefit. Indicate clearly in your backup calculations the adjustments (if any) you have made to the uniform rate to arrive at the Federal rates shown on lines 2(a) through 2(c).

You should offset through negative loadings any benefits not provided to the Federal group which are part of the basic package. You should enter a cost of $0.00 for benefit differences with no cost.

➤ **Backup: Potential SSSGS Form Instructions**

First find the latest FEHB enrollment. Then find the 10 employer groups that are closest in size to the FEHB and are eligible to be SSSGS. These groups and only these groups will be potential SSSGs.

➤ **Backup: Medicare Loading Form Instructions**

Federal annuitants who retired after December 31, 1983, are entitled to coverage under Part A and Part B of Medicare when they reach age 65. In addition, the majority of retirees over age 65 who retired before 1984 are covered under Medicare as a result of employment in the private sector.

You must document the Medicare status of Federal annuitants and their covered spouses age 65 and over, and compute a Medicare loading.

You should clearly explain your method, and provide backup calculations.

The best source of data for your Medicare distribution is the match tape we send to you each year. However, do not include annuitants from that tape with codes X, Z, or N who are under age 65 in your
Instructions for Attachment II

count of no coverage. A carrier claiming a Medicare loading must have appropriate documentation to justify the distribution of its Medicare population submitted in Q43.

Note: As explained above, the carrier is either underpaid or overpaid for Federal annuitants and their covered spouses age 65 and older (hereafter referred to as “Federal annuitants”), and this underpayment or overpayment depends on the Federal annuitant’s Medicare status.

The purpose of the Medicare loading is to adjust a carrier’s premium to provide the correct income for FEHB retirees age 65 and older. Most other groups generally cover their retirees by Medicare Advantage Choice Plans or Medicare Supplement Plans and are excluded from the employee plan.

Below is an example of the sort of method we suggest. If, however, you use another method for other groups that is reasonable and well documented, you should also use it for the Federal group.

EXAMPLE:

<table>
<thead>
<tr>
<th>Medicare Coverage</th>
<th>Distribution of Federal Annuitants and Covered Spouses*</th>
<th>Cost of CMS Benefits</th>
<th>FEHBP Premium**</th>
<th>CMS COB</th>
<th>Gain (Loss) to Carrier</th>
</tr>
</thead>
<tbody>
<tr>
<td>A + B</td>
<td>100</td>
<td>$120</td>
<td>$50</td>
<td>$100</td>
<td>$30</td>
</tr>
<tr>
<td>A</td>
<td>65</td>
<td>120</td>
<td>50</td>
<td>60</td>
<td>(10)</td>
</tr>
<tr>
<td>B</td>
<td>10</td>
<td>120</td>
<td>50</td>
<td>40</td>
<td>(30)</td>
</tr>
<tr>
<td>None</td>
<td>50</td>
<td>120</td>
<td>50</td>
<td>0</td>
<td>(70)</td>
</tr>
</tbody>
</table>

(1) Revenue Gain: 100 x $30 = $3,000
(2) Revenue Loss: (65 x $10) + (10 x $30) + (50 x $70) = $4,450
(3) Net Loss = $4,450 - $3,000 = $1,450

* From Question 43, Attachment IIA
** If you use this method, the FEHBP premium should be the single rate

This positive loading of $1,450 could be spread over the self and family contracts in any reasonable manner. Note that whether the loading comes out negative or positive depends on the distribution of Federal enrollees by Medicare status.

If you use ACR to compute your rates, you must make sure that you have considered the effect of COB (coordination of benefits) income the carrier received from CMS. You should pay particular attention to Q23 and Q24 of the questionnaire.

Note:

1) **A carrier using a claims-based ACR method will normally not have a Medicare loading.**

2) **A carrier claiming a Medicare loading must have appropriate documentation to justify the distribution of its Medicare population submitted in Q43.**
Instructions for Attachment II

The HMO must compute the cost of benefits for the Federal annuitants, and compare this with the income it receives on behalf of these annuitants from OPM and CMS. If a plan receives more income than is needed to cover the cost of benefits for this group, the Medicare loading should be negative. If the plan receives less income than is needed, the loading should be positive.

The difference between the cost for these enrollees and revenue received from CMS should roughly equal the premium charged to Medicare enrollees for either Medicare Supplement Plans or Medicare Advantage Choice Plans with adjustments made for differences in levels of benefits. Please verify the reasonableness of your loading. We will verify the accuracy of your calculation based on the answers you provide in questions Q40 and Q41.

Children’s Loading Instructions

All carriers in the Federal Employees Health Benefits Program must cover unmarried dependent children until their 22nd birthdays (through age 21). If the carrier has a different age limit for children's coverage, a loading to the Federal family rate may be appropriate.

You may take this loading only if the carrier's normal practice is to take such a loading for all other groups whose age limit for children's coverage differs from the carrier's community standard.

In general, if you included overage dependents in your group-specific demographics (especially the average family size) and use these numbers to create your self and family rates (through step-up factors, etc.), YOU ARE NOT ENTITLED TO A CHILDREN’S LOADING.

If you are entitled to a children’s loading, be sure to give a detailed explanation of the method used and provide backup documentation if necessary. If you believe you are entitled to a children’s loading but do not have a general method of computing this loading, contact the Actuaries Group to assist you.

Enter the loading on line 4c of Attachment II.
Attachment IIA

Q1. What type(s) of community rating do you propose to use for the Federal Group in 2008?

[ ] Traditional Community Rating (TCR)

  a. [ ] Standard (Book) Rating

  b. [ ] Variable (Group Specific) Rating

[ ] Community Rating By Class (CRC)

[ ] Adjusted Community Rating (ACR)

Q2. Are you proposing a rate for a HDHP in 2008?

[ ] YES  [ ] NO  If no, skip to Q5 for TCR, Q8 for CRC or Q19 for ACR

If yes, is your HDHP rated separately from your traditional HMO?

[ ] YES  [ ] NO

Note: If the HDHP is rated separately, a separate list of potential SSSGs will be required if this option is taken.

Q3. Do any of your other groups have an HDHP?

[ ] YES  [ ] NO

Q4. What is the annual deductible and pass through amount for your proposed HDHP?

Deductible: _____ Self  Pass Through Amount: _____ Self

_____ Family  _____ Family

********************************************************************

Questions 5 through 7 pertain to carriers that use traditional community rating (TCR) for the Federal Group.

********************************************************************

Q5. Do you use a standard set of tiered rates applicable to all groups with a tiered rate structure?

[ ] YES  [ ] NO  If Yes, what are they?

Self ________  Family ________

Self ________  Couple ________  Family ________
Q6. Do you begin your rate development with a capitation rate, and then convert it to the self and family rates?

[ ] YES  [ ] NO  If Yes, what is the capitation rate?

Capitation Rate = ___________

Note that you may check both Q5 and Q6 "Yes" if you use a standard set of tiered rates that are derived from a capitation rate.

Q7. Do you use "step-up" factors to convert the capitation rate to the self and family rates?

[ ] YES  If Yes, Go To Q32  [ ] NO  If No, explain, then Go To Q33

*********************************
Questions 8 - 18 pertain to carriers that use Community Rating by Class (CRC) for the Federal group.  
*********************************

Q8. Do you use CRC for all your groups?

[ ] YES  [ ] NO  If No, what is your criteria for using CRC?

Q9. What CRC factors do you use?

[ ] Age  [ ] Sex  [ ] Other __________, __________, __________,

Q10. What capitation rate do you begin with?

Capitation Rate = __________
Q11. What is the adjustment factor you use to adjust the capitation?

Adjustment Factor = __________

What is your adjusted capitation rate? Adjusted Capitation Rate = __________

Explain how you derived the CRC adjustment factor. In particular, on what population data are the CRC utilization factors based? How often do you update the data on which the CRC utilization factors are based?

Q12. Give a simple narrative explanation of how you derive your rates including how you adjust the capitation rate. DO NOT SKIP THIS QUESTION. WHAT WE WANT IS A SIMPLE NARRATIVE EXPLANATION OF HOW YOU DERIVE YOUR RATES. IF THERE ARE OTHER SHEETS WITH DETAILED CALCULATIONS, TELL US HERE IN SIMPLE LANGUAGE WHAT IS DONE ON THOSE SHEETS.

Q13. Have you enclosed any worksheets (i.e. sheets showing age/sex distribution and relative utilization factors) that you used to derive the CRC adjustment factor? Please note that you must have documented support for the CRC age/sex factors.

[ ] YES  [ ] NO  [ ] NA

If No or NA, explain. (Note: We normally expect to see the worksheets from which you derive the CRC adjustment factor. These may be submitted separately.)
Q14. Do you use "step-up" factors to convert the adjusted capitation rate to the self and family rates?

[ ] YES   [ ] NO   If No, explain

Q15. Explain how you derive the "relative utilization factors" associated with your age/sex distribution sheet.

Note that we would expect the factors to be based on the utilization experience of the different age groups of the total employee population the carrier services. In some cases, a carrier might use factors based on some other large population. Please make it clear to us exactly where your relative utilization factors come from, and on what population they are based.

IMPORTANT! DO NOT SKIP THIS QUESTION

Q16. When you derive the CRC adjustment factor, do you include the number of Federal annuitants, over age 65, anywhere in the calculation? What about the number of Federal annuitants under age 65? In general, explain how you use the group of Federal retirees (if at all) in your calculation of the CRC factor.

IMPORTANT! DO NOT SKIP THIS QUESTION

[ ] YES   [ ] NO   If yes, have you given us a credit for Medicare Reimbursement?

Q17. If you use industry factors as part of your CRC method, do you anticipate that either of your SSSGs will have an industry factor less than 1.0?

[ ] YES   [ ] NO
Attachment IIA

Q18. If you answered Q17 Yes, did you apply to the Federal group rates the lowest industry factor anticipated for an SSSG?

[ ] YES  [ ] NO

If No, explain. The Federal group should receive the lowest industry factor less than 1.0 given to an SSSG.

*************************

If you do not use ACR in any part of your rate development, Go To Q32.

*************************

Questions 19 through 31 pertain to carriers that use adjusted community rating (ACR) for the Federal group.

Q19. Do you use ACR for all your groups?

[ ] YES  [ ] NO  If No, what is your criteria for using ACR?

Q20. What method of ACR do you use to rate the Federal group in 2008?

[ ] A Method Based On Federal claims

[ ] Other

Note: You should have on file any claims/utilization data supporting the rates for the Federal group.

Q21. If your answer was "Other" for Q20, give a simple, but comprehensive explanation of how you developed your rates. Use extra sheets if necessary.
Q22. Are age 65 and older retirees included in the claims or utilization data used to determine the ACR factor or rates?

[ ] YES  [ ] NO

If No, you should include a standard Medicare loading.

Q23. If you answered yes to Q22, are CMS reimbursements included in the Federal group's experience?

[ ] YES  [ ] NO

If No, you should take a negative Medicare loading which accounts for all monies received from CMS or saved because Medicare was the primary payer (i.e. responsible for most of the claim payments).

If Yes, there should be no Medicare loading.

Q24. Did you reduce claims used in the rate development by COB income that the carrier received from other insurance carriers (excluding CMS)?

[ ] YES  [ ] NO

If No, you should give us a credit for any monies received from other insurance carriers.

***************
Questions 25 through 31 are for carriers that answered Q20 by checking "A Method Based On Actual Federal Claims Data
***************

Q25. If you used an ACR method using Federal claims data to compute rates, clearly explain this method. **DO NOT SKIP THIS QUESTION, AND DO NOT REFER US TO OTHER SHEETS. WHAT WE WANT HERE IS A SIMPLE NARRATIVE DESCRIPTION OF YOUR METHOD.**
Q26. Do you use completion factors to derive incurred claims?

[ ] YES  [ ] NO

Q27. If you answered Yes to Q26, you should use the same set of completion factors for all your groups. Do you?

[ ] YES  [ ] NO  [ ] NA  If No, explain.

Q28. Explain how you compute the administrative charge.

**DO NOT SKIP THIS QUESTION**

Q29. Did the claims used in the rate development reflect special benefits?

[ ] YES  [ ] NO

Q30. Do you derive an adjusted capitation rate by using an ACR factor that was derived from actual claims data?

[ ] YES  [ ] NO  If Yes, Adjusted Capitation Rate = _______

Q31. Do you use step-up factors to convert an adjusted capitation rate to the self and family rates?

[ ] YES  [ ] NO  If No, **Go To Q33**
Q32. a. If you use step-up factors, what are they? Specifically, what step-up factor do you use to convert the capitation rate (or the adjusted capitation rate) to the self rate? What step-up factor do you use to convert the self rate to the family rate?

Self/Capitation = ___  Family/Capitation = ___

b. How do you derive the above step-up factors? Explain briefly (we prefer a numerical formula for each factor as the explanation). Example:

\[
\begin{align*}
\text{Self/Capitation} &= 0.40 + 0.60(3.5) = 1.17 \\
&= 0.40 + 0.60(2.9)
\end{align*}
\]

c. Are these step-up factors group-specific (i.e., derived using the demographics of the Federal group)? Or, are the step-up factors based on overall population demographics?

[ ] Group Specific  [ ] Based on Overall Carrier Population Demographics

d. If you use group-specific factors, do you use them for all groups? If No, what are your criteria for using group-specific factors?

Q33. a. If you use enrollment-mix or other demographic assumptions at any point in the development of the 2008 Federal group rates (including development of step-up factors), what are they?

% Self Contracts ______  % Family Contracts ______

Family Size ______  Other:

What is the "as of" date of the above enrollment? _____

b. If you use group-specific family size in developing the Federal group rates, were overage dependent children (i.e., children older than the age limit for all unmarried dependents given in Q33a) included in determining the group's family size?

[ ] YES  [ ] NO
Q34. What is the source of your demographic information? Is the same source used for all groups? If not, where do you get the demographic information for other groups?

Q35. If you do not use step-up factors to convert a capitation rate to the self and family rates, explain in detail what you do.

Q36. With regard to dependent coverage:
   a. Your basic community rate includes coverage for all unmarried dependents up to what age? (An answer of age 19 would mean that coverage ceases on the 19th birthday) __
   b. Is there a separate limiting age for coverage of full-time students?
      [ ] YES    What is it? ____    [ ] NO
   c. If a group requires dependent coverage to an age different from your normal limiting age, do you adjust that group's rate to allow for this difference?
      [ ] YES    [ ] NO

Q37. If you are entitled to a children’s loading, briefly describe the method used to compute this loading.
Q38. Are the special benefits listed in line 2, Attachment II of the 2008 proposal different from those that you offered in 2007?

[ ] YES  [ ] NO  If Yes, explain.

Q39. With regard to the special benefits shown in line 2, Attachment II: Are any of them a rider offered to other groups?

[ ] YES  [ ] NO  If Yes, indicate which special benefits are riders.

Q40. The FEHBP requires coordination of benefits (COB) with CMS for Federal annuitants and their covered spouses who are entitled to Medicare.

a. Do you have a risk or cost contract with CMS?

[ ] YES  [ ] Risk Contract  [ ] Cost Contract  [ ] NO

b. Are any Federal group enrollees in the carrier covered under the carrier's risk or cost contract?

[ ] YES  [ ] NO  [ ] NA

d. If the answer to Q40(a) is Yes, explain the arrangement you have with CMS, describe all benefit packages you offer enrollees under the risk contract, and the premiums (if any) the individuals enrolled under the risk contract pay the HMO.
Attachment IIA

Q41. Does your HMO sell a Medicare supplement policy?

[ ] YES  [ ] NO

If Yes, describe the benefit packages of any Medicare supplement policies you offer, and the premiums you charge for them.

Q42. Explain how you coordinate benefits for Federal Medicare annuitants and Medicare dependent spouses.

Q43. Show the number of Federal annuitants and their covered spouses age 65 and older enrolled with the carrier using the following categories:

- Medicare Part A and Part B
- Medicare Part A Only
- Medicare Part B Only
- Neither Part A nor Part B
- Cannot Determine

Note: The sum of the numbers in the 5 blanks above should be the total number of Federal annuitants and their covered spouses age 65 and older enrolled with the carrier.

Note: Important! Before you complete the above table, review the note (on pages 30-31) pertaining to the list of Medicare enrollees OPM sends the carrier each year.

Q44. How do you determine the numbers that you have in the distribution in Q43?
Attachment IIA

Q45. Do your Line 1 rates reflect any tax, fee or monetary payment imposed on the carrier by a state or local government?

[ ] YES  [ ] NO

If Yes, have you included a negative loading in the Special Benefits section of the proposal?

[ ] YES  [ ] NO  If NO, explain why you included no negative loading.

Q46. If you use different rating methods (i.e. TCR, CRC, ACR) for different groups, describe your criteria for the use of each method.

Q47. BACKUP CALCULATIONS - Attachment II, Line 1 Rates

a) If you use Traditional Community Rating (TCR), show how you derive the rates on Line 1, Attachment II of the proposal. If they are two-tiered rates that you use for all groups, and will be backed by an insurance department filing, state this. If you derived the rates by converting a capitation into self and family rates, show the calculations.

If you use Community Rating By Class (CRC) or Adjusted Community Rating (ACR) show any details of the derivation of the Line 1, Attachment II rates that were not given in the previous parts of this questionnaire. DO NOT SKIP THIS QUESTION. WHAT WE WANT HERE IS A SIMPLE NARRATIVE EXPLANATION (BACKED UP BY CALCULATIONS) OF HOW YOU DERIVED THE LINE 1 RATES. IF THERE ARE OTHER SHEETS WITH DETAILED CALCULATIONS, TELL US HERE IN SIMPLE LANGUAGE WHAT IS DONE. ON THOSE SHEETS MAKE CERTAIN THAT THE EXPLANATION IN THIS SECTION MAKES IT CLEAR TO US WHERE THE RATES ON LINE 1 COME FROM.

Q48. Are you electing to submit a list of potential SSSGs at this time?

[ ] YES  [ ] NO

If no, the old rules will apply for choosing SSSGs at reconciliation time.
## Carrier Contacts

For information about your rate submission, we should contact:

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Phone Number</td>
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OR

<table>
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<tr>
<th>Name</th>
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Our counterproposal and rate acceptance letters should be addressed to:

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<th>Name</th>
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<td>Address</td>
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<thead>
<tr>
<th>Type of Service</th>
<th>Annual Utilization Per 1000 Members</th>
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<tbody>
<tr>
<td>1. Prescription Drugs</td>
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<tr>
<td>A. Mental</td>
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<td>B. Other</td>
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<td>2. Office Visits</td>
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<tr>
<td>3. Inpatient Hospital Days</td>
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