My Health eVet Home Page

In the Spotlight

A New Model of Health Care: Patient Aligned Care Teams

December 2010

You are probably hearing how VA is changing to a new model of health care delivery. You may be wondering what this is all about and why VA is changing. After all, VA is one of the leaders in primary care and has accomplished a lot over the last fifteen years. The simple answer is VA wants to take primary care to the next level and bring all the pieces together as a cohesive, highly functional team focused on your goals and needs. We call this the Patient Aligned Care Team or PACT. Read More »

Check Your Medications: A Prescription for Better Health

I had the chance to go with my father to an appointment at his VA Medical Center. I was impressed that his doctor was so well-trained in medication safety. The medication check-up during his visit worked. Read More »

We Thank You for Your Service

The Department of Defense notifies VA when service members are released from active duty. Then VA sends a letter with information about VA benefits and assistance to aid transition to civilian life. You can find help with personal and family concerns, and community readjustment issues. There are also toll-free numbers, VA Web sites, and brochures to help you get the information you need.

Toll Free Numbers
Benefits Information 1-800-827-1000
Health Care Eligibility Information 1-877-222-8387

Learn More »
Personal Information Tab

My HealtheVet (MHV) has made it easy to keep track of your Personal Information. MHV is all about you and your health. Part of your personal online health journal is your identification. When you registered for My HealtheVet, you entered important information about yourself. This is where you’ll find it, along with other important facts like your login information, blood type and emergency contacts.

In Case of Emergency

Keep your emergency contacts in one place...

More »

My Profile

Your name, address and identifying information...

More »

Download My Data

Use the Blue Button to easily download your health information...

More »

My Account

Manage your account, in-person authentication...

More »

Change your Password

Change your My HealtheVet password here...

More »

View My Links Information (self-entered)

(Personal Health Journal of ONE MHV VETERAN)

You are viewing My Links information. If you would like to add an entry, click on the Add New button.
My Download Request: All of My Available Data

The My HealtheVet Blue Button is simple, safe, and reliable. You can download all of your personal health information that is currently available in My HealtheVet as a text file. You can also view and print your information. You may wish to review your information first to be sure all of your information is up to date before you download it.

Easy access to all of the information in your My HealtheVet account can help you to share your information with people you trust. Having this information in ways you can use and share may help you better manage your overall health and your healthcare. Learn more about protecting your personal health information.

Remember that once you have downloaded your information from My HealtheVet, it is your responsibility to keep it safe and private. Learn more about protecting your personal health information.

- Download all of my available data from My HealtheVet
- Download only my selected data from My HealtheVet

⚠️ Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.

This is your personal health information. Your health care professional does not have access to this information unless you share it.
My Download Results: All of My Available Data

The results of your Blue Button download request are shown below. You can use this information in two ways:

1. Download – You can download your personal health information that is currently available in My HealthVet as a text file and save it to a safe place.
2. View/Print – You can view your personal health information and print it out.

You can also cancel your download at any time.

It is important to protect your personal health information. All requests to download your personal health information from My HealthVet are tracked. You can see these requests in your account activity history.

Personal Health Information of ONE MHVVeteran

Download your Data

<table>
<thead>
<tr>
<th>File Contents</th>
<th>File Name</th>
<th>File Size</th>
<th>Request Date</th>
<th>Status</th>
<th>Option to Retrieve Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Health Data</td>
<td>mhv_MHVVeteran_20110107.txt</td>
<td>23.6 kb</td>
<td>01/07/2011 05:23 PM EST</td>
<td>Ready to Download</td>
<td>Download, View/Print</td>
</tr>
</tbody>
</table>

Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.

This is your personal health information. Your health care professional does not have access to this information unless you share it.
Download Personal Health Information

This is your personal health information. Your health care professional does not have access to this information unless you share it.
Personal Health Information of ONE MHV VETERAN

The printable information appears within this border:

--------------- MY HEALTHVET PERSONAL HEALTH INFORMATION ------------
**********CONFIDENTIAL**********
Produced by the Blue Button (v11.1)
01/07/2011 17:23

Name: MHV VETERAN, ONE A
Date of Birth: 03/01/1948

--------------- MY HEALTHVET ACCOUNT SUMMARY ------------

Source: VA

Authentication Status: Authenticated
Authentication Date: 08/19/2010
Authentication Facility ID: 979
Authentication Facility Name: SLC10 TEST LAB

VA Treating Facility         Type
ACUSTIN PSIM                     OTHER
DAYZ9                           MCROC

--------------- DEMOGRAPHICS ---------------

Source: Self-Entered
First Name: ONE
Middle Initial: A
Last Name: MHV VETERAN

Print  Done
My Download Request: Only My Selected Data

The My HealtheVet Blue Button is simple, safe, and reliable. You can download all of your personal health information that is currently available in My HealtheVet as a text file. You can also view and print your information. You may wish to review your information first to be sure all of your information is up to date before you download it.

Easy access to all of the information in your My HealtheVet account can help you to share your information with people you trust. Having this information in ways you can use and share may help you better manage your overall health and your healthcare. Learn More »

Remember that once you have downloaded your information from My HealtheVet, it is your responsibility to keep it safe and private. Learn more about protecting your personal health information.

- Download all of my available data from My HealtheVet
- Download only my selected data from My HealtheVet

Protect your information and your identity. Send it to a safe site or device that you or someone you trust controls.

This is your personal health information. Your health care professional does not have access to this information unless you share it.
Download My Selected Data: Customize

There are many ways you can download your information. You can choose a date range, select the types of information you wish to include in your download, or both.

**Select Date Range**
- All Date Ranges
- Select Date Range

**Start Date:**
- Dec 07 2010

**End Date:**
- Jan 07 2011

**Select Types of Information**
- All Types of Information
- Select one or more types of information
  - Health Care Providers
  - Treatment Facilities
  - Health Insurance
  - VA Wellness Reminders*
  - VA Appointments* (Future)
  - VA Appointments* (Limited to past 2 years)
  - VA Medication History (2 years unless date range selected)
  - Medications and Supplements
  - Allergies and Adverse Reactions
  - Medical Events
  - Immunizations
  - Labs and Tests
  - Vitals And Readings
  - Family Health History (self and relatives)
  - Military Health History

* Requires an upgraded account.

Submit  Reset  Cancel

Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.

*This is your personal health information. Your health care professional does not have access to this information unless you share it.*
My Download Results: Customized

Blue Button Download My Data

The results of your Blue Button download request are shown below. You can use this information in two ways:

1. Download – You can download your personal health information that is currently available in My HealtheVet as a text file and save it to a safe place.
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You can also cancel your download at any time.

It is important to protect your personal health information. All requests to download your personal health information from My HealtheVet are tracked. You can see these requests in your account activity history.

Personal Health Information of ONE MHV VETERAN

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<td>5.7 kb</td>
<td>01/07/2011 05:46 PM EST</td>
<td>Ready to Download</td>
<td>Download View/Print</td>
</tr>
</tbody>
</table>

- Protect your information and your identity. Send to a safe site or device that you or someone you trust controls.

This is your personal health information. Your healthcare professional does not have access to this information unless you share it.
My Download Results: Customized

The results of your Blue Button download request are shown below. You can use this information in the following ways:

1. Download – You can download your personal health information that is currently available.
2. View/Print – You can view your personal health information and print it out.

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Personal Health Information of ONE MHVETERAN

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<tr>
<td>Selected Health Data</td>
<td>mhv_MHVETERAN_20110107.txt</td>
<td>5.7 kb</td>
<td>01/07/2011 05:46</td>
</tr>
</tbody>
</table>

File Contents:

--FILE CONTENTS--

-------------------------- MY HEALTHWELL PERSONAL HEALTH INFORMATION --------------------------

**CONFIDENTIAL**

Produced by the Blue Button (v11.1)

01/07/2011 15:46

-------------------------- DOWNLOAD REQUEST SUMMARY --------------------------

Name: MHVETERAN, ONE A  
Date of Birth: 03/01/1948

-------------------------- MY HEALTHWELL ACCOUNT SUMMARY --------------------------

System Request Date/Time: 01/07/2011 05:46 PM CST
User Request Type: Download only my selected data from My HealthWell
File Name: mhv_MHVETERAN_20110107.txt

Date Types Selected
- My HealthWell Account Summary
- Demographics
- VA Appointments (Future)
- VA Appointments (Limited to past 2 years)

-------------------------- MY HEALTHWELL ACCOUNT SUMMARY --------------------------

Source: VA

Authorization Status: Authenticated
Authorization Date: 05/15/2010
Authorization Facility ID: 999
Authorization Facility Name: SLC10 TEST LAB

VA Treating Facility

<table>
<thead>
<tr>
<th>Type</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>OTHER</td>
<td>AESTIN PSIM</td>
</tr>
<tr>
<td>OTHER</td>
<td>DAY723</td>
</tr>
</tbody>
</table>

-------------------------- DEMOGRAPHICS --------------------------

Source: Self-Entered

First Name: ONE
Middle Initial: A
Last Name: MHVETERAN
Suffix:  
Alias: MHVEVENT
Relationship to VA: Patient, Veteran, Employee

Gender: Male
Blood Type: AB+
Organ Donor: Yes

Date of Birth: 03/01/1948
Marital Status: Married
Current Occupation: Truck Driver

Mailing Address: 123 Anywhere Road
Mailing Address2: Apartment 123
Mailing City: Anywhere
Mailing State: CA
Mailing Country: United States
Mailing Province:  
Mailing Zip/Postal Code: 00001

Alternate Address:  
Alternate Address2:
Frequently Asked Questions

VA Blue Button

- What is the Blue Button?
- How does the Blue Button work?
- How will the Blue Button benefit me?
- Why would I want to use the Blue Button?
- If I use the Blue Button, can other people see my information?
- What should I do if I think someone downloaded my information?
- How do I know when I last used the Blue Button to download information?
- Who do I contact for help with the Blue Button?
- Who do I contact with ideas for improving the Blue Button?
- What do I need to use the Blue Button?
- What do I need to do to my computer to use the Blue Button?
- Do I need training to use the Blue Button?
- How do I use the Blue Button?
- What is the My HealtheVet Download Report?
- What is a CD?
- What is a thumb drive?
- What does the Account Activity History tell me?
- How can I change my information and create a new download?
- How can I customize my download?
- How can I download just one type of information?
- What is the difference between my 'Medications and Supplements' and 'VA Medication History'?
- How do I know what information is self-entered and what is from my VA Electronic Medical Record?
- How is a customized download shown in my Account Activity History?
- How can I know if my download has been customized by Date Range?
- How can I know what types of information are shown in my customized download?
- Why does my VA Appointment history only include the last two years?
- How can I get my VA Medication History for more than two years?

Most Frequently Asked

- How can I see my medication names?
- When will I be able to see my VA Appointments?
# Account Activity History

## Account Activity Summary for ONE A. MHVETERAN

With this feature, you can view and print up to **12 months** of your account activity (such as logins and password changes).

### View Activities within a date range:

You can view activities dating back to Jan 7, 2010.

- **From:** Jan 07 2010
- **To:** Jan 07 2011
- **Performed By:** Everyone

513 items found, displaying 1 to 25.

<table>
<thead>
<tr>
<th>Date/Time</th>
<th>Performed By</th>
<th>Activity</th>
<th>Action</th>
<th>Result</th>
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</thead>
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<tr>
<td>1/7/2011 5:49 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>Download My Custom Data</td>
<td>Successful</td>
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<tr>
<td>1/7/2011 5:46 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>Custom Download Requested</td>
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<td>1/7/2011 5:33 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>Download My Data</td>
<td>Successful</td>
</tr>
<tr>
<td>1/7/2011 5:26 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>View My Data</td>
<td>Successful</td>
</tr>
<tr>
<td>1/7/2011 5:23 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>Download Requested</td>
<td>Successful</td>
</tr>
<tr>
<td>1/7/2011 5:07 PM EST</td>
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<td>Download</td>
<td>Download Requested</td>
<td>Successful</td>
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<tr>
<td>1/7/2011 5:05 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>Download My Custom Data</td>
<td>Successful</td>
</tr>
<tr>
<td>1/7/2011 5:02 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>Custom Download Requested</td>
<td>Successful</td>
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<tr>
<td>1/7/2011 5:00 PM EST</td>
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<td>Download</td>
<td>Download Requested</td>
<td>Successful</td>
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<td>1/7/2011 4:01 PM EST</td>
<td>Self</td>
<td>Download</td>
<td>Download My Custom Data</td>
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<tr>
<td>1/7/2011 4:01 PM EST</td>
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<td>1/7/2011 4:22 PM EST</td>
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<td>Login/Logout</td>
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<td>Successful</td>
</tr>
<tr>
<td>1/7/2011 2:46 PM EST</td>
<td>Self</td>
<td>Login/Logout</td>
<td>Login</td>
<td>Successful</td>
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</tbody>
</table>