### **HealthPartners**

#### www.healthpartners.com/fehb

844-440-1900 TTY: 711



2026

### A Health Maintenance Organization (High and Standard Option)

This plan's health coverage qualifies as minimum essential coverage and meets the minimum value standard for the benefits it provides. See FEHB Facts, page 7 for details. This plan is accredited. See How This Plan Works, Section 1, page 12.

**Serving:** the entire state of Minnesota, entire state of Iowa, parts of eastern North Dakota, and eastern South Dakota.

#### **IMPORTANT**

- Rates: Back Cover
- Changes for 2026: Page 15
- Summary of Benefits: Page 98

Enrollment in this Plan is limited. You must live or work in our geographic service area to enroll. See page 12 for requirements.

Postal Employees and Annuitants are no longer eligible for this plan. (unless currently under Temporary Continuation of Coverage)

HealthPartners has been awarded "Excellent" Accreditation for most of its commercial HMO and Medicare Advantage plans from the National Committee for Quality Assurance (NCQA). NCQA is an independent, not-for-profit organization dedicated to measuring the quality of America's healthcare.

#### **Enrollment codes for this Plan:**

V31 High Option - Self Only

V33 High Option - Self Plus One

V32 High Option - Self and Family

V34 Standard Option - Self Only

V36 Standard Option - Self Plus One

V35 Standard Option - Self and Family

Federal Employees
Health Benefits Program

Authorized for distribution by the:



United States Office of Personnel Management

Healthcare and Insurance http://www.opm.gov/insure

#### Important Notice from HealthPartners About Our Prescription Drug Coverage and Medicare

The Office of Personnel Management (OPM) has determined that the HealthPartners High Option and Standard Option prescription drug benefit coverage is, on average, expected to pay out as much as the standard Medicare prescription drug coverage will pay for all Plan participants and is considered Creditable Coverage. This means you do not need to enroll in Medicare Part D and pay extra for prescription drug coverage. If you decide to enroll in Medicare Part D later, you will not have to pay a penalty for late enrollment as long as you keep your FEHB coverage.

However, if you choose to enroll in Medicare Part D, you can keep your FEHB coverage and your FEHB plan will coordinate benefits with Medicare.

Remember: If you are an annuitant and you cancel your FEHB coverage, you may not re-enroll in the FEHB Program.

#### Please be advised

If you lose or drop your FEHB coverage and go 63 days or longer without prescription drug coverage that is at least as good as Medicare's prescription drug coverage, your monthly Medicare Part D premium will go up at least 1% per month for every month that you did not have that coverage. For example, if you go 19 months without Medicare Part D prescription drug coverage, your premium will always be at least 19% higher than what many other people pay. You will have to pay this higher premium as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the next Annual Coordinated Election Period (October 15 through December 7) to enroll in Medicare Part D.

#### **Medicare's Low Income Benefits**

For people with limited income and resources, extra help paying for a Medicare prescription drug plan is available. Information regarding this program is available through the Social Security Administration (SSA) online at <a href="https://www.socialsecurity.gov">www.socialsecurity.gov</a>, or call the SSA at 800-772-1213, (TTY: 800-325-0778).

## Additional Premium for Medicare's High Income Members Income-Related Monthly Adjustment Amount (IRMAA)

The Medicare Income-Related Monthly Adjustment Amount (IRMAA) is an amount you may pay in addition to your FEHB premium to enroll in and maintain Medicare prescription drug coverage. **This additional premium is assessed only to those with higher incomes and is adjusted based on the income reported on your IRS tax return**. You do not make any IRMAA payments to your FEHB plan. Refer to the Part D-IRMAA section of the Medicare website:

https://www.medicare.gov/drug-coverage-part-d/costs-for-medicare-drug-coverage/monthly-premium-for-drug-plans to see if you would be subject to this additional premium.

You can get more information about Medicare prescription drug plans and the coverage offered in your area from these places:

- Visit <u>www. medicare.gov</u> for personalized help.
- Call 800-MEDICARE 800-633-4227, TTY 877-486-2048.

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#### Introduction

This brochure describes the benefits of the HealthPartners High Option and the HealthPartners Standard Option Plan under contract (CS 2875) between HealthPartners and the United States Office of Personnel Management, as authorized by the Federal Employees Health Benefits law. Customer service may be reached at 844-440-1900 or through our website:

<u>www. healthpartners.com/fehb</u>. If you are deaf, hearing impaired or speech impaired, you can contact our Customer Service at 844-440-1900, TTY 711. The address for HealthPartners administrative office is:

HealthPartners 8170 33rd Avenue South Bloomington, MN 55425

This brochure is the official statement of benefits. No verbal statement can modify or otherwise affect the benefits, limitations and exclusions of this brochure. It is your responsibility to be informed about your health benefits.

If you are enrolled in this Plan, you are entitled to the benefits described in this brochure. If you are enrolled in Self Plus One or Self and Family coverage, each eligible family member is also entitled to these benefits. You do not have a right to benefits that were available before January 1, 2026, unless those benefits are also shown in this brochure.

OPM negotiates benefits and rates for each Plan annually. Benefit changes are effective January 1, 2026, and changes are summarized in Section 2, page 15. Rates are shown at the end of this brochure.

### Plain Language

All FEHB brochures are written in plain language to make them easy to understand. Here are some examples:

- Except for necessary technical terms, we use common words. For instance, "you" means the enrollee and each covered family member, "we" means HealthPartners.
- We limit acronyms to ones you know. FEHB is the Federal Employees Health Benefits Program. OPM is the United States Office of Personnel Management. If we use others, we tell you what they mean.
- Our brochure and other FEHB plans' brochures have the same format and similar descriptions to help you compare plans.

### **Stop Healthcare Fraud!**

Fraud increases the cost of healthcare for everyone and increases your Federal Employees Health Benefits Program premium.

OPM's Office of the Inspector General investigates all allegations of fraud, waste, and abuse in the FEHB Program regardless of the agency that employs you or from which you retired.

**Protect Yourself From Fraud** – Here are some things that you can do to prevent fraud:

- Do not give your plan identification (ID) number over the phone or to people you do not know, except for your healthcare providers, authorized health benefits plan or OPM representative.
- Let only the appropriate medical professionals review your medical record or recommend services.
- Avoid using healthcare providers who say that an item or service is not usually covered, but they know how to bill us to get it paid.
- Carefully review explanations of benefits (EOBs) statements that you receive from us.
- Periodically review your claim history for accuracy to ensure we have not been billed for services you did not receive.
- Do not ask your doctor to make false entries on certificates, bills, or records in order to get us to pay for an item or service.
- If you suspect that a provider has charged you for services you did not receive, billed you twice for the same service, or misrepresented any information, do the following:
  - Call the provider and ask for an explanation. There may be an error.
  - If the provider does not resolve the matter, call us at 844-440-1900 and explain the situation.

- If we do not resolve the issue:

#### CALL -- THE HEALTHCARE FRAUD HOTLINE 877-499-7295

OR go to www. opm.gov/our-inspector-general/hotline-to-report-fraud-waste-or-abuse/complaint-form/

The online reporting form is the desired method of reporting fraud in order to ensure accuracy, and a quicker response time.

You can also write to:
United States Office of Personnel Management
Office of the Inspector General Fraud Hotline
1900 E Street NW Room 6400
Washington, DC 20415-1100

Do not maintain family members on your policy:

- Your former spouse after a divorce decree or annulment is final (even if a court order stipulates otherwise)
- Your child age 26 or over (unless they are disabled and incapable of self-support prior to age 26).

A carrier may request that an enrollee verify the eligibility of any or all family members listed as covered under the enrollee's FEHB enrollment.

- If you have any questions about the eligibility of a family member, check with your personnel office if you are employed, with your retirement office (such as OPM) if you are retired, or with the National Finance Center if you are enrolled under Temporary Continuation of Coverage (TCC).
- Fraud or intentional misrepresentation of material fact is prohibited under the Plan. You can be prosecuted for fraud and your agency may take action against you. Examples of fraud include falsifying a claim to obtain FEHB benefits, trying to or obtaining service or coverage for yourself or for someone else who is not eligible for coverage, or enrolling in the Plan when you are no longer eligible.
- If your enrollment continues after you are no longer eligible for coverage (i.e., you have separated from Federal service) and premiums are not paid, you will be responsible for all benefits paid during the period in which premiums were not paid. You may be billed by your provider for services received. You may be prosecuted for fraud for knowingly using health insurance benefits for which you have not paid premiums. It is your responsibility to know when you or a family member is no longer eligible to use your health insurance coverage.

### Discrimination is Against the Law

We comply with applicable Federal nondiscrimination laws and do not discriminate on the basis of race, color, national origin, age, disability, religion, sex, pregnancy, or genetic information. We do not exclude people or treat them differently because of race, color, national origin, age, disability, religion, sex, pregnancy, or genetic information.

The health benefits described in this brochure are consistent with applicable laws prohibiting discrimination. All coverage decisions will be based on nondiscriminatory standards and criteria. An individual's protected trait or traits will not be used to deny health benefits for items, supplies, or services that are otherwise covered and determined to be medically necessary.

### **Preventing Medical Mistakes**

Medical mistakes continue to be a significant cause of preventable death within the United States. While death is the most tragic outcome, medical mistakes cause other problems such as permanent disabilities, extended hospital stays, longer recoveries, and even additional treatments. Medical mistakes and their consequences also add significantly to the overall cost of healthcare. Hospitals and healthcare providers are being held accountable for the quality of care and reduction in medical mistakes by their accrediting bodies. You can also improve the quality and safety of your own healthcare and that of your family members by learning more about and understanding your risks. Take these simple steps:

#### 1. Ask questions if you have doubts or concerns.

- Ask questions and make sure you understand the answers.
- Choose a doctor with whom you feel comfortable talking.
- Take a relative or friend with you to help you take notes, ask questions and understand answers.

#### 2. Keep and bring a list of all the medications you take.

- Bring the actual medication or give your doctor and pharmacist a list of all the medications and dosage that you take, including non-prescription (over-the-counter) medications and nutritional supplements.
- Tell your doctor and pharmacist about any drug, food, and other allergies you have, such as latex.
- Ask about any risks or side effects of the medication and what to avoid while taking it. Be sure to write down what your doctor or pharmacist says.
- Make sure your medication is what the doctor ordered. Ask your pharmacist about the medication if it looks different than you expected.
- Read the label and patient package insert when you get your medication, including all warnings and instructions.
- Know how to use your medication. Especially note the times and conditions when your medication should and should not be taken.
- Contact your doctor or pharmacist if you have any questions.
- Understanding both the generic and brand names for all of your medication(s) is important. This helps ensure you do not receive double dosing from taking both a generic and a brand of the same medication. It also helps you avoid taking a medication to which you are allergic.

#### 3. Get the results of any test or procedure.

- Ask when and how you will get the results of tests or procedures. Will it be in person, by phone, mail, through the Plan or Provider's portal?
- Don't assume the results are fine if you do not get them when expected. Contact your healthcare provider and ask for your results.
- Ask what the results mean for your care.

#### 4. Talk to your doctor about which hospital or clinic is best for your health needs.

- Ask your doctor about which hospital or clinic has the best care and results for your condition if you have more than one hospital or clinic to choose from to get the healthcare you need.
- Be sure you understand the instructions you get about follow-up care when you leave the hospital or clinic.

#### 5. Make sure you understand what will happen if you need surgery.

- Make sure you, your doctor, and your surgeon all agree on exactly what will be done during the operation.
- Ask your doctor, "Who will manage my care when I am in the hospital?"
- Ask your surgeon:
  - "Exactly what will you be doing?"
  - "About how long will it take?"
  - "What will happen after surgery?"
  - "How can I expect to feel during recovery?"
- Tell the surgeon, anesthesiologist, and nurses about any allergies, bad reactions to anesthesia, and any medications or nutritional supplements you are taking.

#### **Patient Safety Links**

For more information on patient safety, please visit:

- <a href="https://www.jointcommission.org/resources/for-consumers/speak-up-campaigns/">https://www.jointcommission.org/resources/for-consumers/speak-up-campaigns/</a>. The Joint Commission's Speak Up<sup>TM</sup> patient safety program.
- <a href="https://www.jointcommission.org/en-us/standards/national-patient-safety-goals">https://www.jointcommission.org/en-us/standards/national-patient-safety-goals</a>. The Joint Commission helps healthcare organizations to improve the quality and safety of the care they deliver.
- <a href="www.ahrq.gov/patients-consumers/">www.ahrq.gov/patients-consumers/</a>. The Agency for Healthcare Research and Quality makes available a wide-ranging list of topics not only to inform consumers about patient safety but to help choose quality healthcare providers and improve the quality of care you receive.
- <a href="https://psnet.ahrq.gov/issue/national-patient-safety-foundation">https://psnet.ahrq.gov/issue/national-patient-safety-foundation</a>. The National Patient Safety Foundation has information on how to ensure safer healthcare for you and your family.
- <u>www. bemedwise.org</u>. The National Council on Patient Information and Education is dedicated to improving communication about the safe, appropriate use of medication.
- www. leapfroggroup.org. The Leapfrog Group is active in promoting safe practices in hospital care.
- <a href="www.ahqa.org">www.ahqa.org</a>. The American Health Quality Association represents organizations and healthcare professionals working to improve patient safety.

#### Preventable Healthcare Acquired Conditions ("Never Events")

When you enter the hospital for treatment of one medical problem, you do not expect to leave with additional injuries, infections, or other serious conditions that occur during the course of your stay. Although some of these complications may not be avoidable, patients do suffer from injuries or illnesses that could have been prevented if doctors or the hospital had taken proper precautions. Errors in medical care that are clearly identifiable, preventable and serious in their consequences for patients, can indicate a significant problem in the safety and credibility of a healthcare facility. These conditions and errors are sometimes called "Never Events" or "Serious Reportable Events."

We have a benefit payment policy that encourages hospitals to reduce the likelihood of hospital-acquired conditions such as certain infections, severe bedsores, and fractures, and to reduce medical errors that should never happen. When such an event occurs, neither you nor your FEHB plan will incur costs to correct the medical error.

You will not be billed for inpatient services related to treatment of specific hospital acquired conditions or for inpatient services needed to correct Never Events, if you use HealthPartners Open Access Network preferred providers. This policy helps to protect you from preventable medical errors and improve the quality of care you receive.

#### **FEHB Facts**

#### Coverage information

No pre-existing condition limitation

We will not refuse to cover the treatment of a condition you had before you enrolled in this Plan solely because you had the condition before you enrolled.

Minimum essential coverage (MEC)

Coverage under this plan qualifies as minimum essential coverage Please visit the Internal Revenue Service (IRS) website at

www.irs.gov/uac/Questions-and-Answers-on-the-Individual-Shared-Responsibility-Provision for more information on the individual requirement for MEC.

 Minimum value standard Our health coverage meets the minimum value standard of 60% established by the ACA. This means that we provide benefits to cover at least 60% of the total allowed costs of essential health benefits. The 60% standard is an actuarial value; your specific out-of-pocket costs are determined as explained in this brochure.

 Where you can get information about enrolling in the FEHB Program See www.opm.gov/healthcare-insurance for enrollment information as well as:

- Information on the FEHB Program and plans available to you
- · A health plan comparison tool
- · A list of agencies that participate in Employee Express
- A link to Employee Express
- Information on and links to other electronic enrollment systems

Also, your employing or retirement office can answer your questions, give you other plans' brochures and other materials you need to make an informed decision about your FEHB coverage. These materials tell you:

- When you may change your enrollment
- How you can cover your family members
- What happens when you transfer to another Federal agency, go on leave without pay, enter military service, or retire
- · What happens when your enrollment ends
- When the next Open Season for enrollment begins

We do not determine who is eligible for coverage and, in most cases, cannot change your enrollment status without information from your employing or retirement office. For information on your premium deductions, you must also contact your employing or retirement office.

Once enrolled in your FEHB Program Plan, you should contact your carrier directly for updates and questions about your benefit coverage.

 Enrollment types available for you and your family Self Only coverage is only for the enrollee. Self Plus One coverage is for the enrollee and one eligible family member. Self and Family coverage is for the enrollee and one or more eligible family members. Family members include your spouse and your children under age 26, including any foster children authorized for coverage by your employing agency or retirement office. Under certain circumstances, you may also continue coverage for a disabled child 26 years of age or older who is incapable of self-support.

If you have a Self Only enrollment, you may change to a Self Plus One or Self and Family enrollment if you marry, give birth or add a child to your family. You may change your enrollment 31 days before to 60 days after that event. The Self Plus One or Self and Family enrollment begins on the first day of the pay period in which the child is born or becomes an eligible family member. When you change to Self Plus One or Self and Family because you marry, the change is effective on the first day of the pay period that begins after your employing office receives your enrollment form. Benefits will not be available to your spouse until you are married. A carrier may request that an enrollee verify the eligibility of any or all family members listed as covered under the enrollee's FEHB enrollment.

Contact your employing or retirement office if you want to change from Self Only to Self Plus One or Self and Family. If you have a Self and Family enrollment, you may contact us to add a family member.

Your employing or retirement office will **not** notify you when a family member is no longer eligible to receive benefits. Please tell us immediately of changes in family member status, including your marriage, divorce, annulment or when your child reaches age 26. We will send written notice to you 60 days before we proactively disenroll your child on midnight of their 26th birthday unless your child is eligible for continued coverage because they are incapable of self-support due to a physical or mental disability that began before age 26.

## If you or one of your family members is enrolled in one FEHB plan, you or they cannot be enrolled in or covered as a family member by another enrollee in another FEHB plan.

If you have a qualifying life event (QLE) - such as marriage, divorce, or the birth of a child - outside of the Federal Benefits Open Season, you may be eligible to enroll in the FEHB Program, change your enrollment, or cancel coverage. For a complete list of QLEs, visit the FEHB website at <a href="https://www.opm.gov/healthcare-insurance/life-events">www.opm.gov/healthcare-insurance/life-events</a>. If you need assistance, please contact your employing agency, Tribal Benefits Officer, personnel/payroll office, or retirement office.

# • Family Member Coverage

Family members covered under your Self and Family enrollment are your spouse (including your spouse by a valid common-law marriage from a state that recognizes common-law marriages) and children as described below. A Self Plus One enrollment covers you and your spouse, or one other eligible family member as described below.

#### Natural children, adopted children, and stepchildren

Coverage: Natural children, adopted children, and stepchildren are covered until their 26th birthday.

#### Foster children

Coverage: Foster children are eligible for coverage until their 26th birthday if you provide documentation of your regular and substantial support of the child and sign a certification stating that your foster child meets all the requirements. Contact your human resources office or retirement system for additional information.

#### Children incapable of self-support

Coverage: Children who are incapable of self-support because of a mental or physical disability that began before age 26 are eligible to continue coverage. Contact your human resources office or retirement system for additional information.

#### Married children

Coverage: Married children (but NOT their spouse or their own children) are covered until their 26th birthday.

#### Children with or eligible for employer-provided health insurance

Coverage: Children who are eligible for or have their own employer-provided health insurance are covered until their 26th birthday.

Newborns of covered children are insured only for routine nursery care during the covered portion of the mother's maternity stay.

You can find additional information at www.opm.gov/healthcare-insurance.

#### · Children's Equity Act

OPM implements the Federal Employees Health Benefits Children's Equity Act of 2000. This law mandates that you be enrolled for Self Plus One or Self and Family coverage in the FEHB Program, if you are an employee subject to a court or administrative order requiring you to provide health benefits for your child(ren).

If this law applies to you, you must enroll in Self Plus One or Self and Family coverage in a health plan that provides full benefits in the area where your children live or provide documentation to your employing office that you have obtained other health benefits coverage for your children. If you do not do so, your employing office will enroll you involuntarily as follows:

- If you have no FEHB coverage, your employing office will enroll you for Self Plus One or Self and Family coverage, as appropriate, in the lowest-cost nationwide plan option as determined by OPM;
- If you have a Self Only enrollment in a fee-for-service plan or in an HMO that serves the area where your children live, your employing office will change your enrollment to Self Plus One or Self and Family, as appropriate, in the same option of the same plan; or
- If you are enrolled in an HMO that does not serve the area where the children live, your
  employing office will change your enrollment to Self Plus One or Self and Family,
  as appropriate, in the lowest-cost nationwide plan option as determined by OPM.

As long as the court/administrative order is in effect, and you have at least one child identified in the order who is still eligible under the FEHB Program, you cannot cancel your enrollment, change to Self Only, or change to a plan that does not serve the area in which your children live, unless you provide documentation that you have other coverage for the children.

If the court/administrative order is still in effect when you retire, and you have at least one child still eligible for FEHB coverage, you must continue your FEHB coverage into retirement (if eligible) and cannot cancel your coverage, change to Self Only, or change to a plan that does not serve the area in which your children live as long as the court/administrative order is in effect. Similarly, you cannot change to Self Plus One if the court/administrative order identifies more than one child. Contact your employing office for further information.

When benefits and premiums start

The benefits in this brochure are effective January 1. If you joined this Plan during Open Season, your coverage begins on the first day of your first pay period that starts on or after January 1. If you changed plans or plan options during Open Season and you receive care between January 1 and the effective date of coverage under your new plan or option, your claims will be processed according to the 2026 benefits of your prior plan or option. If you have met (or pay cost-sharing that results in your meeting) the out-of-pocket maximum under the prior plan or option, you will not pay cost-sharing for services covered between January 1 and the effective date of coverage under your new plan or option. However, if your prior plan left the FEHB Program at the end of 2025, you are covered under that plan's 2025 benefits until the effective date of your coverage with your new plan. Annuitants' coverage and premiums begin on January 1. If you joined at any other time during the year, your employing office will tell you the effective date of coverage.

If your enrollment continues after you are no longer eligible for coverage (i.e., you have separated from Federal service) and premiums are not paid, you will be responsible for all benefits paid during the period in which premiums were not paid. You may be billed for services received directly from your provider. You may be prosecuted for fraud for knowingly using health insurance benefits for which you have not paid premiums. It is your responsibility to know when you or a family member are no longer eligible to use your health insurance coverage.

· When you retire

When you retire, you can usually stay in the FEHB Program. Generally, you must have been enrolled in the FEHB Program for the last five years of your Federal service. If you do not meet this requirement, you may be eligible for other forms of coverage, such as Temporary Continuation of Coverage (TCC).

#### When you lose benefits

• When FEHB coverage ends

You will receive an additional 31 days of coverage, for no additional premium, when:

- Your enrollment ends, unless you cancel your enrollment; or
- You are a family member no longer eligible for coverage.

Any person covered under the 31-day extension of coverage who is confined in a hospital or other institution for care or treatment on the 31st day of the temporary extension is entitled to continuation of the benefits of the Plan during the continuance of the confinement but not beyond the 60th day after the end of the 31-day temporary extension.

You may be eligible for spouse equity coverage or assistance with enrolling in a conversion policy (a non-FEHB individual policy).

• Upon divorce

If you are an enrollee, and your divorce or annulment is final, your ex-spouse cannot remain covered as a family member under your Self Plus One or Self and Family enrollment. You must contact us to let us know the date of the divorce or annulment and have us remove your exspouse. We may ask for a copy of the divorce decree as proof. In order to change enrollment type, you must contact your employing or retirement office. A change will not automatically be made.

If you were married to an enrollee and your divorce or annulment is final, you may not remain covered as a family member under your former spouse's enrollment. This is the case even when the court has ordered your former spouse to provide health coverage for you. However, you may be eligible for your own FEHB coverage under either the spouse equity law or Temporary Continuation of Coverage (TCC). If you are recently divorced or are anticipating a divorce, contact your ex-spouse's employing or retirement office to get information about your coverage choices. You can also visit OPM's website at

https://www.opm.gov/healthcare-insurance/life-events/memy-family/im-separated-or-im-getting-divorced/#url=Health. We may request that you verify the eligibility of any or all family members listed as covered under the enrollee's FEHB enrollment.

• Temporary Continuation of Coverage (TCC) If you leave Federal service, Tribal employment, or if you lose coverage because you no longer qualify as a family member, you may be eligible for Temporary Continuation of Coverage (TCC). For example, you can receive TCC if you are not able to continue your FEHB enrollment after you retire, if you lose your Federal or Tribal job, or if you are a covered child and you turn 26.

You may not elect TCC if you are fired from your Federal or Tribal job due to gross misconduct.

**Enrolling in TCC.** Get the RI 79-27, which describes TCC, from your employing or retirement office or from <a href="www.opm.gov/healthcare-insurance">www.opm.gov/healthcare-insurance</a>. It explains what you have to do to enroll.

Alternatively, you can buy coverage through the Health Insurance Marketplace where, depending on your income, you could be eligible for a tax credit that lowers your monthly premiums. Visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> to compare plans and see what your premium, deductible, and out-of-pocket costs would be before you make a decision to enroll. Finally, if you qualify for coverage under another group health plan (such as your spouse's plan), you may be able to enroll in that plan, as long as you apply within 30 days of losing FEHB Program coverage.

• Converting to individual coverage

You may convert to a non-FEHB individual policy if:

- Your coverage under TCC or the spouse equity law ends (If you canceled your coverage or did not pay your premium, you cannot convert);
- · You decided not to receive coverage under TCC or the spouse equity law; or
- You are not eligible for coverage under TCC or the spouse equity law.

If you leave Federal Tribal Service, your employing office will notify you of your right to convert. You must contact us in writing within 31 days after you receive this notice. However, if you are a family member who is losing coverage, the employing or retirement office will not notify you. You must contact us in writing within 31 days after you are no longer eligible for coverage.

Your benefits and rates will differ from those under the FEHB program; however, you will not have to answer questions about your health, a waiting period will not be imposed, and your coverage will not be limited due to pre-existing conditions. When you contact us, we will assist you in obtaining information about health benefits coverage inside or outside the Affordable Care Act's Health Insurance Marketplace in your state. For assistance in finding coverage, please contact us at 844-440-1900 or visit our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

• Health Insurance Marketplace

If you would like to purchase health insurance through the ACA's Health Insurance Marketplace, please visit <a href="www.HealthCare.gov">www.HealthCare.gov</a>. This is a website provided by the U.S. Department of Health and Human Services that provides up-to-date information on the Marketplace.

#### **Section 1. How This Plan Works**

This Plan is a health maintenance organization (HMO). OPM requires that FEHB plans be accredited to validate that plan operations and/or care management meet nationally recognized standards. HealthPartners holds the following accreditation: "Excellent" accreditation from the National Committee for Quality Assurance (NCQA). To learn more about this plan's accreditation, please visit <a href="https://www.ncqa.org">www.ncqa.org</a>. We generally require you to see specific physicians, hospitals and other providers that contract with us. These Plan providers coordinate your healthcare services. We are solely responsible for the selection of these providers. Providers are described in the online Network directory. There is one online Network directory for both Plan options. We give you a choice of enrollment in a High Option or a Standard Option.

The plans emphasize preventive care such as routine office visits, physical exams, well-baby care and immunizations, in addition to treatment for illness and injury. Our providers follow generally accepted medical practice when prescribing any course of treatment.

When you receive services from the Plan's Open Access Network providers, you will not have to submit claim forms or pay bills. You pay only the copayments, coinsurance and deductibles described in this brochure. When you receive emergency services from non-plan providers and when you use the out-of-network benefit of Standard Option, you may have to submit claim forms.

You should join an HMO because you prefer the Plan's benefits, not because a particular provider is available. You cannot change Plans because a provider leaves our Plan. We cannot guarantee that any one physician, hospital, or other provider will be available and/or remain under contract with us.

Our network is subject to change. For the most current information on the network, visit our website at www. healthpartners.com/fehb or call us at 844-440-1900 (TTY: 711).

#### General features of our High and Standard Options

The Plan lets you receive care from a large network of providers. Referrals are not required and you do not need to choose a primary care clinic. Any time you or a member in your family needs care, you may choose to see any provider in this Network. With limited exceptions, if you seek care from a provider who does not participate in the Network, your care is considered out-of-network and may not be covered. Standard Option lets you obtain care in the Open Access Network or out-of-network.

#### We have Open Access benefits

The plans offer Open Access benefits. This means you can receive covered services from a HealthPartners Open Access Network participating provider without a required referral from your primary care provider or another participating provider in the network.

#### How we pay providers

We contract with individual physicians, medical groups and hospitals to provide the Open Access Network benefits in this brochure. These Plan providers accept a negotiated payment from us, and you will only be responsible for your cost-sharing (copayments, coinsurance, deductibles, and non-covered services and supplies). Out-of-network providers have not agreed to negotiated fees and you may be responsible for amounts above usual and customary levels.

#### Preventive care services

Preventive care services are generally covered with no cost sharing and are not subject to copayments, deductibles or annual limits when received from a network provider.

#### **Annual deductible**

On the Standard Option plan: The annual deductible must be met before Plan benefits are paid for care other than preventive care services, generic drugs, or your five free office visits.

#### Health education resources and accounts management tools

Learn more about our health education resources in Section 5(h) Wellness and Other Special Features.

#### Your rights and responsibilities

OPM requires that all FEHB plans provide certain information to their FEHB members. You may get information about us, our networks, our providers and facilities. OPM's FEHB website (<a href="www.opm.gov/insure">www.opm.gov/insure</a>) lists the specific types of information that we must make available to you. Some of the required information is listed below.

- HealthPartners is Minnesota's only consumer-governed health Plan. Our Board of Directors is composed of consumer-elected members. HealthPartners is a licensed HMO in the State of Minnesota.
- Information on the following topics is available by calling HealthPartners Member Services:
  - Details on your health plan benefits, claims and account balances
  - Assistance finding and choosing a provider in your network
  - Prescription drug information specific to your benefits
  - A warm transfer to HealthPartners Nurse Navigator program staffed by experience nurses who help research treatment options, coordinate care and guide you through difficult decisions
- Member Services representatives are available from 8 a.m. until 6 p.m., Monday through Friday, Central Standard Time.

You are also entitled to a wide range of consumer protections and have specific responsibilities as a member of this Plan. You can view the complete list of these rights and responsibilities by visiting our website, <a href="www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>. You can also contact us to request that we mail a copy to you.

If you want more information about us, call 844-440-1900 (TTY: 711), or write to HealthPartners, PO Box 21662, Eagan, MN 55121. You may also visit our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

By law, you have the right to access your protected health information (PHI). For more information regarding access to PHI, visit our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> to obtain our Notice of Privacy Practices. You can also contact us to request that we mail you a copy of that Notice.

#### Your medical and claims records are confidential

We will keep your medical and claims records confidential. Please note that we may disclose your medical and claims information (including your prescription drug utilization) to any of your treating physicians or dispensing pharmacies.

#### Service area

To enroll in this Plan, you must live in or work in our service area. This is where our providers practice. Our service area is:

The following counties in Minnesota (includes all counties in Minnesota): Aitkin, Anoka, Becker, Beltrami, Benton, Big Stone, Blue Earth, Brown, Carlton, Carver, Cass, Chippewa, Chisago, Clay, Clearwater, Cook, Cottonwood, Crow Wing, Dakota, Dodge, Douglas, Faribault, Fillmore, Freeborn, Goodhue, Grant, Hennepin, Houston, Hubbard, Isanti, Itasca, Jackson, Kanabec, Kandiyohi, Kittson, Koochiching, Lac qui Parle, Lake, Lake of the Woods, Le Sueur, Lincoln, Lyon, Mahnomen, Marshall, Martin, McLeod, Meeker, Mille Lacs, Morrison, Mower, Murray, Nicollet, Nobles, Norman, Olmsted, Otter Tail, Pennington, Pine, Pipestone, Polk, Pope, Ramsey, Red Lake, Redwood, Renville, Rice, Rock, Roseau, Saint Louis, Scott, Sherburne, Sibley, Stearns, Steele, Stevens, Swift, Todd, Traverse, Wabasha, Wadena, Waseca, Washington, Watonwan, Wilkin, Winona, Wright and Yellow Medicine.

The following counties in Iowa (includes all counties in Iowa): Adair, Adams, Allamakee, Appanoose, Audubon, Benton, Black Hawk, Boone, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cass, Cedar, Cerro Gordo, Cherokee, Chickasaw, Clarke, Clay, Clayton, Clinton, Crawford, Dallas, Davis, Decatur, Delaware, Des Moines, Dickinson, Dubuque, Emmet, Fayette, Floyd, Franklin, Fremont, Greene, Grundy, Guthrie, Hamilton, Hancock, Hardin, Harrison, Henry, Howard, Humboldt, Ida, Iowa, Jackson, Jasper, Jefferson, Johnson, Jones, Keokuk, Kossuth, Lee, Linn, Louisa, Lucas, Lyon, Madison, Mahaska, Marion, Marshall, Mills, Mitchell, Monona, Monroe, Montgomery, Muscatine, O'Brien, Osceola, Page, Palo Alto, Plymouth, Pocahontas, Polk, Pottawattamie, Poweshiek, Ringgold, Sac, Scott, Shelby, Sioux, Story, Tama, Taylor, Union, Van Buren, Wapello, Warren, Washington, Wayne, Webster, Winnebago, Winneshiek, Woodbury, Worth and Wright.

The following counties in North Dakota: Adams, Barnes, Benson, Bottineau, Bowman, Burleigh, Cass, Cavalier, Dickey, Eddy, Emmons, Foster, Grand Forks, Grant, Griggs, Hettinger, Kidder, LaMoure, Logan, McHenry, McIntosh, McLean, Mercer, Morton, Mountrail, Nelson, Pembina, Pierce, Ramsey, Ransom, Renville, Richland, Rolette, Sargent, Sheridan, Sioux, Stark, Steele, Stutsman, Towner, Traill, Walsh, Ward and Wells.

The following counties in South Dakota: Aurora, Beadle, Bon Homme, Brookings, Brown, Brule, Butte, Campbell, Charles Mix, Clark, Clay, Codington, Corson, Custer, Davison, Day, Deuel, Douglas, Edmunds, Faulk, Grant, Gregory, Hamlin, Hand, Hanson, Harding, Hughes, Hutchinson, Hyde, Jerauld, Jones, Kingsbury, Lake, Lawrence, Lincoln, Lyman, Marshall, McCook, McPherson, Meade, Miner, Minnehaha, Moody, Pennington, Perkins, Potter, Roberts, Sanborn, Spink, Tripp, Turner, Union, Walworth and Yankton.

Ordinarily, you must get your care from providers who contract with us. If you receive care outside our service area, we will pay only for emergency care benefits. We will not pay for any other healthcare services out of our service area unless the services have prior plan approval.

If you or a covered family member move outside of our service area, you can enroll in another plan. If you or a family member move, you do not have to wait until Open Season to change plans. Contact your employing or retirement office.

### Section 2. Changes to both High and Standard Option

Do not rely only on these change descriptions; this Section is not an official statement of benefits. For that, go to Section 5 Benefits. We edited and clarified language throughout the brochure; any language change not shown here is a clarification that does not change benefits.

#### **Changes to High Option only**

- Your share of the premium rate will increase for Self Only, for Self Plus One, and Self and Family. See 2026 Rate Information for HealthPartners, page 102.
- The Plan's catastrophic out-of-pocket maximum will increase to \$7,500 for Self Only, \$15,000 for Self Plus One and for Self and Family when using in-network providers. See Your Cost for Covered Services, Section 4, page 23.
- The Plan will increase the emergency room copayment to \$350 from \$250. See Emergency Services/Accidents, Section 5(d), page 62.
- The Plan will increase the coinsurance to 60% from 40% for non-preferred brand-name formulary drugs. See Prescription Drug Benefits, Section 5(f), page 69.
- The Plan will increase the coinsurance to 50% from 40% for brand-name specialty drugs. Generic specialty drugs will remain at a 40% coinsurance. See Prescription Drug Benefits, Section 5(f), page 69.

#### **Changes to Standard Option only**

- Your share of the premium rate will increase for Self Only, for Self Plus One, and Self and Family. See 2026 Rate Information for HealthPartners, page 102.
- The Plan's catastrophic out-of-pocket maximum will increase to \$9,000 for Self Only, \$18,000 for Self Plus One and for Self and Family when using in-network providers. See Your Cost for Covered Services, Section 4, page 23.
- The Plan will increase the coinsurance to 60% after deductible from 40% after deductible for non-preferred brand-name formulary drugs. See Prescription Drug Benefits, Section 5(f), page 69.
- The Plan will increase the coinsurance to 50% after deductible from 40% after deductible for brand-name specialty drugs. Generic specialty drugs will remain at a 40% coinsurance. See Prescription Drug Benefits, Section 5(f), page 69.
- The Plan will increase coinsurance to 60% after deductible from 40% after deductible for out-of-network drugs after deductible. See Prescription Drug Benefits, Section 5(f), page 69.

#### Changes to both High Option and Standard Option plans

- Surgery for Sex-Trait Modification to treat gender dysphoria is not covered. See General Exclusions Services, Drugs and Supplies We Do Not Cover, Section 6, page 79.
- Drugs prescribed in connection with Sex-Trait Modification for the treatment of gender dysphoria are not covered. See General Exclusions Services, Drugs and Supplies We Do Not Cover, Section 6, page 79.
- The Plan will reduce its service area and will no longer offer coverage in Wisconsin for FEHB enrollment. If you live or work in
  Wisconsin and you do not change to another health plan during Open Season, you must travel to the plan's remaining service area
  to obtain medical care in order to receive full coverage from the plan in 2026. You will only have coverage in your area for
  emergency care services in the new plan year.

#### Section 3. How You Get Care

#### **Identification cards**

We will send you an identification (ID) card when you enroll. You should carry your ID card with you at all times. You must show it whenever you receive services from a Plan provider or fill a prescription at a Plan pharmacy. Until you receive your ID card, use your copy of the Health Benefits Election Form, SF-2809, your health benefits enrollment confirmation letter (for annuitants) or your electronic enrollment system (such as Employee Express) confirmation letter.

If you do not receive your ID card within 30 days after the effective date of your enrollment or if you need replacement cards, call us at 844-440-1900(TTY: 711) or write to us at Riverview Member Services, PO Box 21662, Eagan, MN 55121. You may also request replacement cards through our website at www.healthpartners.com/fehb.

## Where you get covered care

**In-Network:** You get care from "Plan providers" and "Plan facilities." You will pay copayments, deductibles, and/or coinsurance. You can receive covered services from a participating provider without a referral from your primary care provider or another participating provider in the network.

**Out-of-Network (Standard Option):** You may choose to use your out-of-network benefits and receive care from any licensed provider. You may be billed for these services and may need to file a claim for reimbursement.

## **Balance Billing Protection**

FEHB Carriers must have clauses in their in-network (participating) provider agreements. These clauses provide that, for a service that is a covered benefit in the plan brochure or for services determined not medically necessary, the in-network provider agrees to hold the covered individual harmless (and may not bill) for the difference between the billed charge and the in-network contracted amount. If an in-network provider bills you for covered services over your normal cost share (deductible, copay, co-insurance) contact your Carrier to enforce the terms of its provider contract.

#### Plan providers

Plan providers are physicians and other healthcare professionals in our service area that we contract with to provide covered services to our members. Services by Plan Providers are covered when acting within the scope of their license or certification under applicable state law. We credential Plan providers according to national standards.

Benefits are provided under this Plan for the services of covered providers, in accordance with Section 2706(a) of the Public Health Service Act. Coverage of practitioners is not determined by your state's designation as a medically underserved area.

We list Plan providers in the HealthPartners Open Access online Network directory, which we update periodically. For information that is updated weekly, visit <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

Benefits described in this brochure are available to all members meeting medical necessity guidelines regardless of race, color, national origin, age, disability, religion, sex, pregnancy, or genetic information.

This plan provides Care Coordinators for complex conditions and can be reached at 952-883-5469 or 800-871-9243 for assistance.

This Plan lets you receive care from more than 850,000 providers in the Open Access Network. Referrals are not required and you do not need to choose a primary care clinic. Any time you or a member in your family needs care, you may choose to see any provider in this network.

**High Option:** With limited exceptions, if you seek care from a provider who does not participate in the Open Access Network, your care is considered out-of-network and may not be covered.

**Standard Option:** With limited exceptions, if you seek care from a provider who does not participate in the Open Access Network, your care is considered out-of-network and the lower out-of-network benefits apply.

#### Plan facilities

Plan facilities are hospitals and other facilities that we contract with to provide covered services to our members. We list these in the Open Access online Network directory, which we update periodically. The list is on our website: <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

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**High Option:** With limited exceptions, if you seek care from a facility that does not participate in the Open Access Network, your care is considered out-of-network and may not be covered.

**Standard Option:** With limited exceptions, if you seek care from a facility that does not participate in the Open Access Network, your care is considered out-of-network and the lower out-of-network benefits apply.

## What you must do to get covered care

**High Option:** Any time you or a member in your family needs care, you should choose to see any provider in the Open Access Network. With limited exceptions, if you seek care from a provider who does not participate in the Network your care is considered out-of-network and may not be covered.

**Standard Option:** Any time you or a member in your family needs care, you should choose to see any provider in the Open Access Network. You may choose to use your out-of-network benefit and receive care from any licensed provider. You may be billed for these services and may need to file a claim for reimbursement.

#### Primary care

Members are not required to pick a primary clinic. However, we encourage members to work with personal physicians who will get to know them. Primary care providers are providers in the following categories: family and general practice, internal medicine, pediatrics, adolescent medicine, adult medicine and geriatrics. Your primary care provider will provide most of your healthcare or suggest that you see a specialist. You can see any specialist without a referral.

If you want to change your primary care provider or if your primary care provider leaves the Plan, simply choose another provider from the Open Access Network directory for in-network benefits. For the most up-to-date network provider information, visit <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>, where information is updated weekly.

#### · Specialty care

Specialty care providers are providers who are not in the following categories: family and general practice, internal medicine, pediatrics, adolescent medicine, adult medicine and geriatrics.

You have direct access to any specialist in the Open Access Network without a referral.

If you are seeing a specialist when you enroll in our Plan and your current specialist does not participate with us, you must receive treatment from a specialist who does. Generally, we will not pay for you to see a specialist who does not participate with our Plan.

- You may continue seeing your specialist for up to 90 days if you are undergoing treatment for a chronic or disabling condition and you lose access to your specialist because:
  - we terminate our contract with your specialist for other than cause;
  - we drop out of the Federal Employees Health Benefits (FEHB) Program and you enroll in another FEHB Plan; or
  - we reduce our service area and you enroll in another FEHB plan;

Contact us at 844-440-1900, or if we drop out of the Program, contact your new plan.

If you are in the second or third trimester of pregnancy and you lose access to your specialist based on the above circumstances, you can continue to see your specialist until the end of your postpartum care, even if it is beyond the 90 days.

Note: If you lose access to your specialist because you changed your carrier or plan option enrollment, contact your new plan.

**Sex-Trait Modification:** If you are mid-treatment under this Plan, within a surgical or chemical regimen for Sex-Trait Modification for diagnosed gender dysphoria, for services for which you received coverage under the 2025 Plan brochure, you may seek an exception to continue care for that treatment. The exception process can begin by calling Member Services at 844-440-1900. If you disagree with our decision on your exception, please see Section 8 of this brochure for the disputed claims process.

Individuals under age 19 are not eligible for exceptions related to services for ongoing surgical or hormonal treatment for diagnosed gender dysphoria.

Designated providers

You may be required to see a designated provider for transplants, gene therapy and bariatric surgery. A designated provider is a healthcare provider, group or association of healthcare providers designated by us to provide services, supplies or drugs for specified transplants or bariatric surgery. For specialty drugs that are administered in a clinic or an outpatient hospital, your designated provider will obtain the specialty drugs from a designated vendor. For specialty drugs that are self-administered, you must obtain the specialty drugs from a designated vendor.

Hospital care

Your primary care provider or specialist will make necessary hospital arrangements and supervise your care. This includes admission to a skilled nursing or other type of facility.

 If you are hospitalized when your enrollment begins We pay for covered services from the effective date of your enrollment. However, if you are in the hospital when your enrollment in our Plan begins, call HealthPartners Member Services immediately at 844-440-1900 (TTY: 711). If you are new to the FEHB Program, we will arrange for you to receive care and provide benefits for your covered services while you are in the hospital beginning on the effective date of your coverage.

If you changed from another FEHB plan to us, your former plan will pay for the hospital stay until:

- you are discharged, not merely moved to an alternative care center;
- · the day your benefits from your former plan run out; or
- the 92nd day after you become a member of this Plan, whichever happens first.

These provisions apply only to the benefits of the hospitalized person. If your plan terminates participation in the FEHB Program in whole or in part, or if OPM orders an enrollment change, this continuation of coverage provision does not apply. In such cases, the hospitalized family member's benefits under the new plan begin on the effective date of enrollment.

Determination of coverage

We cover eligible services only when medically necessary for the proper treatment of a member. Our medical or dental directors, or their designees, make coverage determinations of medical necessity, restrictions on access and appropriateness of treatment, and they make final authorization for covered services. Coverage determinations are based on the terms of this brochure and our coverage criteria policies, which are subject to periodic review and modification by the medical or dental directors. Coverage determinations for prescription drugs are based on requirements established by the HealthPartners Pharmacy and Therapeutics Committee, and are subject to periodic review and modification.

You need prior Plan approval for certain services

Since your primary care provider arranges most referrals to specialists and inpatient hospitalization, the pre-service claim approval process only applies to care shown under *Other services*.

You must get prior approval for certain services.

 Inpatient hospital admission **Prior-authorization** is the process by which -- prior to your inpatient hospital admission -- we evaluate the medical necessity of your proposed stay and the number of days required to treat your condition.

Other services

Your primary care provider has authority to refer you for most services. For certain services, however, your physician must obtain prior approval from us. Before giving approval, we consider if the service is covered, medically necessary and follows generally accepted medical practice.

We call this review and approval process prior authorization. Your physician must obtain prior authorization for services such as:

- Reconstructive surgery
- Promising therapies/new technologies
- Transplants
- · Medically necessary dental care, such as orthognathic surgery
- Durable medical equipment and prosthetics
- · Home health care
- · Skilled nursing care

- · Hospice care
- · Habilitative therapy
- Bariatric surgery
- Growth hormone therapy (GHT)

The complete list, along with the criteria we use to review authorization requests, is available on <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> or by calling HealthPartners Member Services at 844-440-1900 (TTY: 711). Your physician is responsible for obtaining prior authorization.

How to request for an admission or get prior authorization for other services

First your physician, your hospital, you, or your representative, must call us at 952-883-6333 before admission or services requiring prior authorization are rendered.

Next, provide the following information:

- Enrollee's name and Plan identification number
- · Patient's name, birth date, identification number and phone number
- · Reason for hospitalization, proposed treatment, or surgery
- Name and phone number of admitting physician
- · Name of hospital or facility
- · Number of days requested for hospital stay
- Non-urgent care claims

For non-urgent care claims, we will tell the physician and/or hospital the number of approved inpatient days, or the care that we approve for other services that must have prior authorization. We will make our decision within 15 days of receipt of the pre-service claim. If matters beyond our control require an extension of time, we may take up to an additional 15 days for review and we will notify you of the need for an extension of time before the end of the original 15-day period. Our notice will include the circumstances underlying the request for the extension and the date when a decision is expected.

If we need an extension because we have not received necessary information from you, our notice will describe the specific information required and we will allow you up to 60 days from the receipt of the notice to provide the information.

• Urgent care claims

If you have an urgent care claim (i.e., when waiting for the regular time limit for your medical care or treatment could seriously jeopardize your life, health or ability to regain maximum function, or in the opinion of a physician with knowledge of your medical condition, would subject you to severe pain that cannot be adequately managed without this care or treatment), we will expedite our review and notify you of our decision within 72 hours. If you request that we review your claim as an urgent care claim, we will review the documentation you provide and decide whether or not it is an urgent care claim by applying the judgment of a prudent layperson that possesses an average knowledge of health and medicine.

If you fail to provide sufficient information, we will contact you within 24 hours after we receive the claim to let you know what information we need to complete our review of the claim. You will then have up to 48 hours to provide information. We will make our decision on the claim within 48 hours of (1) the time we received the additional information or (2) the end of the time frame, whichever is earlier.

We may provide our decision orally within these time frames, but we will follow up with written or electronic notification within three days of oral notification.

You may request that your urgent care claim on appeal be reviewed simultaneously by us and OPM. Please let us know that you would like a simultaneous review of your urgent care claim by OPM either in writing at the time you appeal our initial decision, or by calling us at 844-440-1900 (TTY: 711). You may also call OPM's FEHB 2 at 202-606-3818 between 8 a.m. and 5 p.m. Eastern Time to ask for the simultaneous review. We will cooperate with OPM so they can quickly review your claim on appeal. In addition, if you did not indicate that your claim was a claim for urgent care, call us at 844-440-1900 (TTY: 711). If it is determined that your claim is an urgent care claim, we will expedite our review (if we have not yet responded to your claim).

### • Concurrent care claims

A concurrent care claim involves care provided over a period of time or over a number of treatments. We will treat any reduction or termination of our pre-approved course of treatment before the end of the approved period of time or number of treatments as an appealable decision. This does not include reduction or termination due to benefit changes or if your enrollment ends. If we believe a reduction or termination is warranted, we will allow you sufficient time to appeal and obtain a decision from us before the reduction or termination takes effect.

If you request an extension of an ongoing course of treatment at least 24 hours prior to the expiration of the approved time period and this is also an urgent care claim, we will make a decision within 24 hours after we receive the claim.

## **Emergency inpatient** admission

If you have an emergency admission due to a condition that you reasonably believe puts your life in danger or could cause serious damage to bodily function, you, your representative, the physician, or the hospital must phone us within two business days following the day of the emergency admission, even if you have been discharged from the hospital.

#### Maternity care

Inpatient delivery does not require precertification or prior authorization from us. You may remain in the hospital up to 48 hours after a vaginal delivery and 96 hours after a cesarean delivery. We will extend your inpatient stay if medically necessary.

Note: When a newborn requires definitive treatment during or after the mother's hospital stay, the newborn is considered a patient in their own right. If the newborn is eligible for coverage, regular medical or surgical benefits apply rather than maternity benefits.

## If your treatment needs to be extended

If you request an extension of an ongoing course of treatment at least 24 hours prior to the expiration of the approved time period and this is also an urgent care claim, we will make a decision within 72 hours after we receive the claim.

## Circumstances beyond our control

Under certain extraordinary circumstances, such as natural disasters, we may have to delay your services or we may be unable to provide them. In that case, we will make all reasonable efforts to provide you with the necessary care.

#### If you disagree with our pre-service claim decision

If you have a **pre-service claim** and you do not agree with our decision regarding prior approval of other services, you may request a review in accord with the procedures detailed below. If your claim is in reference to a contraceptive, call 844-440-1900.

If you have already received the service, supply, or treatment, then you have a **post-service claim** and must follow the entire disputed claims process detailed in Section 8.

#### To reconsider a non-urgent care claim

Within 6 months of our initial decision, you may ask us in writing to reconsider our initial decision. Follow Step 1 of the disputed claims process detailed in Section 8 of this brochure.

In the case of a pre-service claim and subject to a request for additional information, we have 30 days from the date we receive your written request for reconsideration to:

- 1. Precertify your hospital stay or, if applicable, arrange for the healthcare provider to give you the care or grant your request for prior approval for a service, drug, or supply; or
- 2. Ask you or your provider for more information.

You or your provider must send the information so that we receive it within 60 days of our request. We will then decide within 30 more days.

If we do not receive the information within 60 days, we will decide within 30 days of the date the information was due. We will base our decision on the information we already have. We will write to you with our decision.

3. Write to you and maintain our denial.

• To reconsider an urgent care claim

In the case of an appeal of a pre-service urgent care claim, within 6 months of our initial decision, you may ask us in writing to reconsider our initial decision. Follow Step 1 of the disputed claims process detailed in Section 8 of this brochure.

Unless we request additional information, we will notify you of our decision within 72 hours after receipt of your reconsideration request. We will expedite the review process, which allows oral or written requests for appeals and the exchange of information by phone, electronic mail, facsimile, or other expeditious methods.

• To file an appeal with OPM

After we reconsider your pre-service claim, if you do not agree with our decision, you may ask OPM to review it by following Step 3 of the disputed claims process detailed in Section 8 of this brochure.

### **Section 4. Your Cost for Covered Services**

This is what you will pay out of pocket for covered care:

Cost-sharing is the general term used to refer to your out-of-pocket costs (e.g., deductible, coinsurance

and copayments) for the covered care you receive.

**Copayments** A copayment is a fixed amount of money you pay to the provider, facility, pharmacy, etc., when you

receive certain services.

Example: With High Option, when you see your primary care provider, you pay a copayment of \$45 per

office visit.

**Deductible** A deductible is a fixed expense you must incur for certain covered services and supplies before we start

paying benefits for them. Copayments do not count toward any deductible.

Any amounts paid or reimbursed by a third party, including but not limited to: point of service rebates, manufacturer coupons, debit cards or other forms of direct reimbursement to an enrollee for a product or service, will not apply toward your deductible.

High Option:

The calendar year deductible is \$500, which applies to inpatient and outpatient hospital services, and MRI/CT scans.

**Standard Option:** 

**For Network Expenses:** The calendar year deductible is \$750 per person under the Standard Option. Under a Self Only enrollment, the deductible is considered satisfied and benefits are payable for you when your covered expenses applied to the calendar year deductible for your enrollment reach \$750 under Standard Option. Under a Self Plus One enrollment, the deductible is considered satisfied and benefits are payable for you and one other eligible family member when the combined covered expenses applied to the calendar year deductible for your enrollment reach \$1,500 under Standard Option. Under a Self and Family enrollment, the deductible is considered satisfied and benefits are payable for all family members when the combined covered expenses applied to the calendar year deductible for family members reach \$1,500 under Standard Option.

**For Out-of-Network Expenses:** The calendar year deductible is \$2,000 per person under the Standard Option. Under a Self Only enrollment, the deductible is considered satisfied and benefits are payable for you when your covered expenses applied to the calendar year deductible for your enrollment reach \$2,000 under Standard Option. Under a Self Plus One enrollment, the deductible is considered satisfied and benefits are payable for you and one other eligible family member when the combined covered expenses applied to the calendar year deductible for your enrollment reach \$4,000 under Standard Option. Under a Self and Family enrollment, the deductible is considered satisfied and benefits are payable for all family members when the combined covered expenses applied to the calendar year deductible for family members reach \$4,000 under Standard Option.

Note: If you change plans during Open Season, you do not have to start a new deductible under your prior plan between January 1 and the effective date of your new plan. If you change plans at another time during the year, you must begin a new deductible under your new plan.

If you change options in this Plan during the year, we will credit the amount of covered expenses already applied toward the deductible of your old option to the deductible of your new option.

Coinsurance is the percentage of our negotiated fee (our plan allowance) that you must pay for your care. Coinsurance does not begin until you have met your calendar year deductible.

Example: In our Plan, you pay 20% of our allowance for durable medical equipment.

Coinsurance

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Differences between our Plan allowance and the bill You should also see section Important Notice About Surprise Billing – Know Your Rights below that describes your protections against surprise billing under the No Surprises Act.

Your catastrophic protection out-ofpocket maximum After your (deductible (if applicable), copayments and coinsurance) reaches the out-of-pocket maximum you do not have to pay any more for covered services, with the exception of certain cost sharing for the services below which do not count toward your catastrophic protection out-of-pocket maximum.

Your out-of-pocket maximum for services rendered during the 2026 calendar year is:

#### **High Option:**

Self Only \$7,500

Self Plus One \$15,000. However, each enrollee will not pay more than \$7,500.

Self and Family \$15,000. However, each enrollee will not pay more than \$7,500.

The plan includes a \$500 calendar year deductible specific only to inpatient and outpatient hospital services and MRI/CT scans that applies to your catastrophic out-of-pocket maximum.

Your out-of-pocket maximum may differ if you changed plans at Open Season.

#### **Standard Option:**

Self Only \$9,000 in-network. There is no limit out of network.

Self Plus One \$18,000 in-network. However, each enrollee will not pay more than \$9,000. There is no limit out of network.

Self and Family \$18,000 in-network. However, each enrollee will not pay more than \$9,000. There is no limit out of network.

Your out-of-pocket maximum may differ if you changed plans at Open Season.

Any amounts paid or reimbursed by a third party, including but not limited to: point of service rebates, manufacturer coupons, debit cards or other forms of direct reimbursement to an enrollee for a product or service, will not apply to your catastrophic protection out-of-pocket maximum.

Carryover

If you changed to this Plan during Open Season from a plan with a catastrophic protection benefit and the effective date of the change was after January 1, any expenses that would have applied to that plan's catastrophic protection benefit during the prior year will be covered by your prior plan if they are for care you received in January before your effective date of coverage in this Plan. If you have already met your prior plan's catastrophic protection benefit level in full, it will continue to apply until the effective date of your coverage in this Plan. If you have not met this expense level in full, your prior plan will first apply your covered out-of-pocket expenses until the prior year's catastrophic level is reached and then apply the catastrophic protection benefit to covered out-of-pocket expenses incurred from that point until the effective date of your coverage in this Plan. Your prior plan will pay these covered expenses according to this year's benefits; benefit changes are effective January 1.

Note: If you change options in this Plan due to a qualifying life event (QLE) during the year, we will credit the amount of covered expenses already accumulated toward the catastrophic out-of-pocket limit of your prior option to the catastrophic protection limit of your new option.

When Government facilities bill us

Facilities of the Department of Government Affairs, the Department of Defense and the Indian Health Services are entitled to seek reimbursement for certain services and supplies they provide to you or a family member. They may not seek more than their governing laws allow. You may be responsible to pay for certain services and charges. Contact the government facility directly for more information.

Important Notice About Surprise Billing – Know Your Rights The No Surprises Act (NSA) is a federal law that provides you with protections against "surprise billing" and "balance billing" for out-of-network emergency services; out-of-network non-emergency services provided with respect to a visit to a participating health care facility; and out-of-network air ambulance services.

A surprise bill is an unexpected bill you receive for:

- emergency care when you have little or no say in the facility or provider from whom you receive care, or for
- non-emergency services furnished by nonparticipating providers with respect to patient visits to participating health care facilities, or for
- air ambulance services furnished by nonparticipating providers of air ambulance services.

Balance billing happens when you receive a bill from the nonparticipating provider, facility, or air ambulance service for the difference between the nonparticipating provider's charge and the amount payable by your health plan.

Your health plan must comply with the NSA protections that hold you harmless from surprise bills.

In addition, your health plan adopts and complies with any state surprise billing laws, as may be applicable, in Minnesota, Iowa, North Dakota, South Dakota.

Provisions of the No Surprises Act do not apply to out-of-network claims from providers that are outside of the US or US territories. Coverage level for services received outside of these areas is the same as corresponding out-of-network Benefits (if available), depending on the type of service provided.

For specific information on surprise billing, the rights and protections you have, and your responsibilities go to <a href="www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> or contact the health plan at 844-440-1900 (TTY: 711).

The Federal Flexible Spending Account Program – FSAFEDS

- Healthcare FSA (HCFSA) Reimburses an FSA participant for eligible out-of-pocket healthcare expenses (such as copayments, deductibles, over-the-counter drugs and medications, vision and dental expenses, and much more) for the participant and their tax dependents, and their adult children (through the end of the calendar year in which they turn 26).
- FSAFEDS offers paperless reimbursement for your HCFSA through a number of FEHB and
  FEDVIP plans. This means that when you or your provider files claims with your FEHB or
  FEDVIP plan, FSAFEDS will automatically reimburse your eligible out-of-pocket expenses based
  on the claim information it receives from your plan.

### **Section 5. High and Standard Option Benefits**

See Section 2 for how our benefits changed this year. The Summary of Benefits is a benefits summary of each option. Make sure that you review the benefits that are available under the option in which you are enrolled.

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### Section 5. High and Standard Option Benefits Overview

This Plan offers both a High and a Standard Option. Both benefit packages are described in Section 5. Make sure that you review the benefits that are available under the option in which you are enrolled.

The High and Standard Option Section 5 is divided into subsections. Please read *Important things you should keep in mind* at the beginning of the subsections. Also read the general exclusions in Section 6; they apply to the benefits in the following subsections. To obtain claim forms, claims filing advice, or more information about High and Standard Option benefits, contact us at 844-440-1900 (TTY: 711) on our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>. Each option offers unique features.

#### **High Option:**

- · HealthPartners' service area includes all counties in Minnesota and Iowa, parts of eastern North Dakota and eastern South Dakota
- You don't need to choose a primary clinic
- You can see any network provider primary care or specialist without a referral
- Preventive services, including routine eye exams and hearing exams, are covered at 100%
- \$250 incentive, in the form of a HealthPartners Wellness Account debit card to be used towards most qualified medical expenses, for each adult employee or spouse who completes an online health assessment and an eligible online health improvement program.

#### **Standard Option:**

- HealthPartners' service area includes all counties in Minnesota and Iowa, parts of eastern North Dakota and eastern South Dakota
- You don't need to choose a primary clinic
- You can see any network provider primary care or specialist without a referral
- In-Network: Preventive services, including routine eye and hearing exams, are covered at 100%
- In-Network: Each year, each member's first five office visits are covered at 100%
- Deductibles apply to most services except as listed
- Generic drug copayments have no deductible
- \$250 incentive, in the form of a HealthPartners Wellness Account debit card to be used towards most qualified medical expenses, for each adult employee or spouse who completes an online health assessment and an eligible online health improvement program.

#### Both Options - As a member of either option, you have access to:

- Worldwide emergency care
- HealthPartners' nationally recognized disease and case management programs
- National network with over 950,000 providers.

#### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary
- To receive in-network benefits, you must use a physician in our provider network
- Be sure to read Section 4, Your Cost for Covered Services, for valuable information about how cost sharing works. Also, read Section 9 about coordinating benefits with other coverage, including with Medicare.

# Section 5(a). Medical Services and Supplies Provided by Physicians and Other Healthcare Professionals

#### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- For you to receive in-network benefits, Plan physicians must provide your care.
- For High Option. The plan includes a \$500 calendar year deductible specific only to inpatient and outpatient hospital services and MRI/CT scans.
- For Standard Option. For Network Expenses: The calendar year deductible is: \$750 per person with Self Only enrollment, \$1,500 per Self Plus One enrollment, or \$1,500 per Self and Family enrollment. For Out-of-Network Expenses: The calendar year deductible is: \$2,000 per person with Self Only enrollment, \$4,000 per Self Plus One enrollment, or \$4,000 per Self and Family enrollment. The calendar year deductible applies to almost all Standard Option benefits in this Section. We added "deductible does not apply" to show when the calendar year deductible does not apply.
- Be sure to read Section 4, *Your Cost for Covered Services*, for valuable information about how cost-sharing works. Also read Section 9 about coordinating benefits with other coverage, including with Medicare.
- The coverage and cost-sharing listed below are for services provided by physicians and other health care professionals for your medical care. See Section 5(c) for cost-sharing associated with the facility (i.e., hospital, surgical center, etc.).

Benefit Description	You Pay	
For Standard Option, a calendar year deductible applies to almost all benefits in this Section. We specify when it does not apply.		
Diagnostic and treatment services	High Option	Standard Option
<ul> <li>We cover professional services of physicians:</li> <li>In an office</li> <li>Office medical consultations</li> <li>Scheduled telephone visits</li> <li>Second surgical opinion</li> <li>Testing and treatment of sexually transmitted diseases and testing for HIV and HIV-related conditions provided by a Plan or non-Plan provider</li> <li>Note: List of qualifying clinics is available at www. healthpartners.com/fehb.</li> </ul>	\$45 per office visit  If other services are performed during the visit, such as diagnostic imaging or laboratory services, additional Deductible, Copayment or Coinsurance may apply.  Diagnostic imaging services and laboratory services are covered under the "Lab, X-ray and other diagnostic tests" benefit.	In-Network: \$0 for the first 5 office, convenience clinic, telephone, urgent care visits, evisits and video visits combined in a calendar year (deductible does not apply), then 20% of charges, subject to the in-network deductible. Physician's services, laboratory and radiology performed in conjunction with the same visit and on the same date of service are included; however, charges for day treatment services, group visits, office procedures, electrocardiogram (ECG or EKG) and electroencephalogram (EEG), MRI/CT and other ancillary services are not included and will be subject to your deductible and coinsurance.  Out-of-Network: 40% of charges after out-of-network deductible

Diagnostic and treatment services - continued on next page

Benefit Description	You Pay	
Diagnostic and treatment services (cont.)	High Option	Standard Option
At a convenience clinic  Note: For a list of convenience clinics, see your online Network directory, call Member Services or visit our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> .	\$10 per office visit	In-Network: \$0 for the first 5 office, convenience clinic, telephone, urgent care visits, evisits and video visits combined in a calendar year (deductible does not apply), then 20% of charges, subject to the in-network deductible. Physician's services, laboratory and radiology performed in conjunction with the same visit and on the same date of service are included; however, charges for day treatment services, group visits, office procedures, electrocardiogram (ECG or EKG) and electroencephalogram (EEG), MRI/CT and other ancillary services are not included and will be subject to your deductible and coinsurance.
• In an urgent care center	\$45 per office visit  If other services are performed during the visit, such as diagnostic imaging or laboratory services, additional Deductible, Copayment or Coinsurance may apply.  Diagnostic imaging services and laboratory services are covered under the "Lab, X-ray and other diagnostic tests" benefit.	Out-of-Network: 40% of charges after out-of-network deductible  In- or Out-of-Network: \$0 for the first 5 office, convenience clinic, telephone, urgent care visits, evisits and video visits combined in a calendar year (deductible does not apply), then 20% of charges, subject to the in-network deductible. Physician's services, laboratory and radiology performed in conjunction with the same visit and on the same date of service are included; however, charges for day treatment services, group visits, office procedures, electrocardiogram (ECG or EKG) and electroencephalogram (EEG), MRI/CT and other ancillary services are not included and will be subject to your deductible and coinsurance.

Diagnostic and treatment services - continued on next page

Benefit Description	You Pay	
Diagnostic and treatment services (cont.)	High Option	Standard Option
Specialty drugs administered in an office  We cover specialty drugs that are used to treat chronic health conditions including but not limited to such conditions as transplant recipients, immunological conditions, growth hormone, bleeding disorder, HIV/AIDS. We require prior authorization for certain drugs and the site where the drug will be administered.	40% of charges for generic specialty drugs 50% of charges for brand-name specialty drugs	In-Network: 40% of charges for generic specialty drugs, after innetwork deductible 50% of charges for brand-name specialty drugs, after in-network deductible Out-of-Network: All charges
<ul> <li>During a hospital stay</li> <li>In a skilled nursing facility</li> </ul>	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of inpatient hospital charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
<ul> <li>At home physical therapy, occupational therapy, speech therapy, respiratory therapy and home health aide services</li> </ul>	\$45 per visit	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Telehealth services	High Option	Standard Option
E-visit or chat based visits  We cover asynchronous online or mobile app encounters to discuss a patient's personal health information, vital signs, and other physiologic data or diagnostic images. The healthcare provider reviews and delivers a consultation, diagnosis, prescription or treatment plan after reviewing the patient's visit information	\$10 per visit.	In-Network: \$0 for the first 5 office, convenience clinic, telephone, urgent care visits, evisits and video visits combined in a calendar year (deductible does not apply), then 20% of charges, subject to the in-network deductible. Physician's services, laboratory and radiology performed in conjunction with the same visit and on the same date of service are included; however, charges for day treatment services, group visits, office procedures, electrocardiogram (ECG or EKG) and electroencephalogram (EEG), MRI/CT and other ancillary services are not included and will be subject to your deductible and coinsurance.  Out-of-Network: 40% of charges after out-of-network deductible

Telehealth services - continued on next page

Benefit Description	You Pay	
Telehealth services (cont.)	High Option	Standard Option
Video Visits  We cover live, synchronous interactive encounters using secure web-based video between a patient and a healthcare provider.  I healthcare provider.	\$45 per office visit \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of inpatient hospital charges	In-Network office visits: \$0 for the first 5 office, convenience clinic, telephone, urgent care visits, evisits and video visits combined in a calendar year (deductible does not apply), then 20% of charges, subject to the innetwork deductible. Physician's services, laboratory and radiology performed in conjunction with the same visit and on the same date of service are included; however, charges for day treatment services, group visits, office procedures, electrocardiogram (ECG or EKG) and electroencephalogram (EEG), MRI/CT and other ancillary services are not included and will be subject to your deductible and coinsurance.  In-Network hospital visits: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Through Virtuwell®, our online benefits program at www. virtuwell.com	Nothing.	Nothing.
Outpatient professionally administered injections (other than specialty drugs)	High Option	Standard Option
Injections administered in a Physician's office or Outpatient Facility, including professional administration of Drugs and blood products  For allergy injections, see Allergy care on page 39	15% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Lab, X-ray and other diagnostic tests	High Option	Standard Option
We cover tests, such as:  • Blood tests  • Urinalysis  • Non-routine pap test  • Pathology  • Routine prostate specific antigen (PSA) testing for individuals 40 years of age or over who are symptomatic or in a high-risk category and for all individuals 50 years of age or older	\$45 per visit	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible

Lab, X-ray and other diagnostic tests - continued on next page

Benefit Description	You Pay	
Lab, X-ray and other diagnostic tests (cont.)	High Option	Standard Option
<ul><li> X-ray</li><li> Non-routine mammogram</li><li> Ultrasound</li></ul>	20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges
Electrocardiogram and EEG		after out-of-network deductible
• CT/CAT Scan • MRI	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges. The hospital deductible applies even for services received	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
Preventive care, adult	in an office.  High Option	Standard Option
Routine physicals	Nothing	In-Network: Nothing
The <b>following</b> preventive services are covered at the time interval recommended at each of the links below.	8	Out-of-Network: 40% of charges after out-of-network deductible
U.S. Preventive Services Task Force (USPSTF) A and B recommended screenings such as cancer, osteoporosis, depression, diabetes, high blood pressure, total blood cholesterol, HIV, and colorectal cancer. For a complete list of screenings go to the U.S. Preventive Services Task Force (USPSTF) website at <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation-topics/uspstf-a-and-b-recommendations">https://www.uspreventiveservicestaskforce.org/uspstf/recommendations</a>		
<ul> <li>Individual counseling on prevention and reducing health risks</li> </ul>		
<ul> <li>Preventive care benefits for women such as Pap smears, gonorrhea prophylactic medication to protect newborns, annual counseling for sexually transmitted infections, all FDA-approved contraceptive methods, and screening for interpersonal and domestic violence. For a complete list of preventive care benefits for women go to the Health and Human Services (HHS) website at <a href="https://www.hrsa.gov/womens-guidelines">https://www.hrsa.gov/womens-guidelines</a></li> </ul>		
<ul> <li>To build your personalized list of preventive services go to <a href="https://health.gov/myhealthfinder">https://health.gov/myhealthfinder</a></li> </ul>		
Note: Any procedure, injection, diagnostic service, laboratory, or X-ray service done in conjunction with a routine examination that is not included in the preventive recommended listing of services will be subject to the applicable member copayments, coinsurance, and deductible.		
Routine hearing and eye exams	Nothing	In-Network: Nothing
		Out-of-Network: 40% of charges after out-of-network deductible

Preventive care, adult - continued on next page

Benefit Description	You Pay	
Preventive care, adult (cont.)	High Option	Standard Option
Routine 2D and 3D mammogram	Nothing	In-Network: Nothing
		Out-of-Network: 40% of charges after out-of-network deductible
Adult routine immunizations endorsed by the Centers      Discourse Control and Proportion (CDC): heard on	Nothing	In-Network: Nothing
for Disease Control and Prevention (CDC): based on the Advisory Committee on Immunization Practices (ACIP) schedule. For a complete list of endorsed immunizations go to the Centers for Disease Control (CDC) website at <a href="https://www.cdc.gov/vaccines/imz-schedules/index.html">https://www.cdc.gov/vaccines/imz-schedules/index.html</a>		Out-of-Network: 40% of charges after out-of-network deductible
Tobacco use screening and interventions	Nothing	In-Network: Nothing
		Out-of-Network: 40% of charges after out-of-network deductible
We cover online account, online health assessment and online wellness courses	\$250 incentive, in the form of a HealthPartners Wellness Account debit card to be used towards most qualified medical expenses, for each adult employee or covered spouse who registers for online services and completes an online health assessment and an eligible online health improvement program (Limit one incentive per adult employee or covered spouse per calendar year).	\$250 incentive, in the form of a HealthPartners Wellness Account debit card to be used towards most qualified medical expenses, for each adult employee or covered spouse who registers for online services and completes an online health assessment and an eligible online health improvement program (Limit one incentive per adult employee or covered spouse per calendar year).
	Total maximum incentive amount is \$250 Self and \$500 Family.	Total maximum incentive amount is \$250 Self and \$500 Family.
	Additional information is available at www. healthpartners.com/fehb	Additional information is available at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>

Preventive care, adult - continued on next page

after out-of-network deductible USPSTF A and B recommendations are covered as part of prevention and treatment of obesity as follows:  Intensive nutrition and behavioral weight-loss counseling therapy, including weight management classes and individual and group behavior counseling sessions as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">https://www.healthpartners.com/public/coverage-criteria/</a> .  Family centered programs when medically identified to support obesity prevention and management by an in- network provider. This includes group counseling, diabetes education/classes, nutrition education/classes, community health workers, diabetes prevention and weight management as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">https://www.healthpartners.com/public/coverage-criteria/</a> .  Notes: Also see Section 5(h) for additional nutritional and physical activity support  When anti-obesity medication is prescribed see Section 5(h).  When Bariatric or Metabolic surgical treatment or intervention is indicated for severe obesity see Section 5(b).  Not covered:  All charges  All charges  All charges  All charges  It is includes, but is not limited to, services:  To get or keep a job, including vocational assessments Required under a labor agreement or other contract  Needed for legal proceedings. This includes, but is not limited to, services:  To get or keep a job, including vocational assessments Required under a labor agreement or other contract  Needed for legal proceedings. This includes, but is not limited to, services:  To get or keep a job, including vocational assessments  Required under a labor agreement for other contract  Needed for legal proceedings. This includes, but is not limited to, services er lated to custody evaluations, parenting assessments for sexual offenses, educational  Classes for Driving Under the Influence (DUI)/Driving  While Intoxicated (DWI) compet	Benefit Description	You Pay	
or above the USPSTF obesity prevention risk factor level, intensive nutrition and behavioral weight-loss therapy, counseling, or family centered programs under the USPSTF A and B recommendations are covered as part of prevention and treatment of obesity as follows:  • Intensive nutrition and behavioral weight-loss counseling therapy, including weight management classes and individual and group behavior counseling sessions as described in our Coverage Criteria available at www. healthpartners.com/public/coverage-criteria/.  • Family centered programs when medically identified to support obesity prevention and management by an innetwork provider. This includes group counseling, diabetes education/classes, nutrition education/classes, community health workers, diabetes prevention and weight management as described in our Coverage Criteria available at www. healthpartners.com/public/coverage-criteria/.  Notes: Also see Section 5(h) for additional nutritional and physical activity support  • When anti-obesity medication is prescribed see Section 5(h).  Not covered:  Any health services, certifications or examinations required by a third party when not otherwise medically necessary or eligible preventive care. This includes, but is not limited to, services:  • To get or keep a job, including vocational assessments  • Required under a labor agreement or other contract  • Needed for legal proceedings. This includes, but is not limited to, services related to eustody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations	Preventive care, adult (cont.)	High Option	Standard Option
intensive nutrition and behavioral weight-loss therapy, counseling, or family centered programs under the USPSTF A and B recommendations are covered as part of prevention and treatment of obesity as follows:  • Intensive nutrition and behavioral weight-loss counseling therapy, including weight management classes and individual and group behavior counseling sessions as described in our Coverage Criteria available at www. healthpartners.com/public/coverage-criteria/.  • Family centered programs when medically identified to support obesity prevention and management by an innetwork provider. This includes group counseling, diabetes education/classes, nutrition education/classes, community health workers, diabetes prevention and weight management as described in our Coverage Criteria available at www. healthpartners.com/public/coverage-criteria/.  Notes: Also see Section 5(h) for additional nutritional and physical activity support  • When anti-obesity medication is prescribed see Section 5(h).  When Bariatric or Metabolic surgical treatment or intervention is indicated for severe obesity see Section 5(b).  Not covered:  Any health services, certifications or examinations required by a third party when not otherwise medically necessary or eligible preventive care. This includes, but is not limited to, services:  • To get or keep a job, including vocational assessments  • Required under a labor agreement or other contract  • Needed for legal proceedings. This includes, but is not limited to, services: related to custody evaluations, parenting assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations		Nothing	In-Network: Nothing
counseling therapy, including weight management classes and individual and group behavior counseling sessions as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">https://www.healthpartners.com/public/coverage-criteria/</a> .  Family centered programs when medically identified to support obesity prevention and management by an innetwork provider. This includes group counseling, diabetes education/classes, community health workers, diabetes prevention and weight management as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">https://www.healthpartners.com/public/coverage-criteria/</a> .  Notes: Also see Section 5(h) for additional nutritional and physical activity support  • When anti-obesity medication is prescribed see Section 5(f).  • When Bariatric or Metabolic surgical treatment or intervention is indicated for severe obesity see Section 5(b).  Not covered:  Any health services, certifications or examinations required by a third party when not otherwise medically necessary or eligible preventive care. This includes, but is not limited to, services:  • To get or keep a job, including vocational assessments  • Required under a labor agreement or other contract  • Needed for legal proceedings. This includes, but is not limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUf)/Driving While Intoxicated (DWI) competency evaluations	intensive nutrition and behavioral weight-loss therapy, counseling, or family centered programs under the USPSTF A and B recommendations are covered as part of		Out-of-Network: 40% of charges after out-of-network deductible
support obesity prevention and management by an innetwork provider. This includes group counseling, diabetes education/classes, nutrition education/classes, community health workers, diabetes prevention and weight management as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">https://www.healthpartners.com/public/coverage-criteria/</a> .  Notes: Also see Section 5(h) for additional nutritional and physical activity support  • When anti-obesity medication is prescribed see Section 5(f).  • When Bariatric or Metabolic surgical treatment or intervention is indicated for severe obesity see Section 5(b).  Not covered:  Any health services, certifications or examinations required by a third party when not otherwise medically necessary or eligible preventive care. This includes, but is not limited to, services:  • To get or keep a job, including vocational assessments  • Required under a labor agreement or other contract  • Needed for legal proceedings. This includes, but is not limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations	counseling therapy, including weight management classes and individual and group behavior counseling sessions as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-">www.healthpartners.com/public/coverage-</a>		
<ul> <li>When anti-obesity medication is prescribed see Section 5(f).</li> <li>When Bariatric or Metabolic surgical treatment or intervention is indicated for severe obesity see Section 5(b).</li> <li>Not covered:  All charges  All charges</li></ul>	support obesity prevention and management by an innetwork provider. This includes group counseling, diabetes education/classes, nutrition education/classes, community health workers, diabetes prevention and weight management as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/">www.healthpartners.com/public/</a>		
5(f).      When Bariatric or Metabolic surgical treatment or intervention is indicated for severe obesity see Section 5(b).  Not covered:  All charges	` '		
intervention is indicated for severe obesity see Section 5(b).  Not covered:  All charges			
Any health services, certifications or examinations required by a third party when not otherwise medically necessary or eligible preventive care. This includes, but is not limited to, services:  • To get or keep a job, including vocational assessments  • Required under a labor agreement or other contract  • Needed for legal proceedings. This includes, but is not limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations	intervention is indicated for severe obesity see Section		
required by a third party when not otherwise medically necessary or eligible preventive care. This includes, but is not limited to, services:  • To get or keep a job, including vocational assessments  • Required under a labor agreement or other contract  • Needed for legal proceedings. This includes, but is not limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations	Not covered:	All charges	All charges
<ul> <li>Required under a labor agreement or other contract</li> <li>Needed for legal proceedings. This includes, but is not limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations</li> </ul>	required by a third party when not otherwise medically necessary or eligible preventive care. This includes, but is		
Needed for legal proceedings. This includes, but is not limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations	• To get or keep a job, including vocational assessments		
limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations	Required under a labor agreement or other contract		
E C:	limited to, services related to custody evaluations, parenting assessments, adoption studies, reports to the court, risk assessments for sexual offenses, educational classes for Driving Under the Influence (DUI)/Driving While Intoxicated (DWI) competency evaluations		
	For purposes of insurance		
To get or keep a license	To get or keep a license		

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Benefit Description	You	Pay
Preventive care, children	High Option	Standard Option
Well-child visits, examinations, and other preventive services as described in the Bright Future Guidelines provided by the American Academy of Pediatrics. For a complete list of the American Academy of Pediatrics Bright Futures Guidelines go to <a href="https://brightfutures.aap.org">https://brightfutures.aap.org</a>	Nothing	In-Network: Nothing Out-of-Network: 40% of charges after out-of-network deductible
<ul> <li>Children's immunizations endorsed by the Centers for Disease Control (CDC) including DTaP/Tdap, Polio, Measles, Mumps, and Rubella (MMR), and Varicella.</li> <li>For a complete list of immunizations go to the website at <a href="https://www.cdc.gov/vaccines">https://www.cdc.gov/vaccines</a></li> </ul>		
<ul> <li>You may also find a complete list of U.S. Preventive Services Task Force (USPSTF) A and B recommendations online at <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation-topics/uspstf-a-and-b-recommendations">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation-topics/uspstf-a-and-b-recommendations</a>.</li> </ul>		
Note: Any procedure, injection, diagnostic service, laboratory, or X-ray service done in conjunction with a routine examination that is not included in the preventive recommended listing of services will be subject to the applicable member copayments, coinsurance, and deductible.		
Obesity counseling, screening and referral for a person at or above the USPSTF obesity prevention risk factor level, intensive nutrition and behavioral weight-loss therapy, counseling, or family centered programs under the USPSTF A and B recommendations are covered as part of prevention and treatment of obesity as follows:		In-Network: Nothing Out-of-Network: 40% of charges after out-of-network deductible
• Intensive nutrition and behavioral weight-loss counseling therapy, including weight management classes and individual and group behavior counseling sessions as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">www.healthpartners.com/public/coverage-criteria/</a> .		
<ul> <li>Family centered programs when medically identified to support obesity prevention and management by an in- network provider. This includes group counseling, diabetes education/classes, nutrition education/classes, community health workers, diabetes prevention and weight management as described in our Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">www.healthpartners.com/public/coverage-criteria/</a>.</li> </ul>		
Notes: Also see Section 5(h) for additional nutritional and physical activity support		
<ul> <li>When anti-obesity medication is prescribed see Section 5(f).</li> </ul>		
<ul> <li>When Bariatric or Metabolic surgical treatment or intervention is indicated for severe obesity see Section 5(b).</li> </ul>		

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Benefit Description	You	Pay
Maternity care	High Option	Standard Option
<ul> <li>We cover complete maternity (obstetrical) care, such as:</li> <li>Prenatal and Postpartum care</li> <li>Screening for gestational diabetes for pregnant individuals</li> <li>Screening and counseling for prenatal and postpartum depression</li> <li>Initial examination of a newborn child</li> <li>Delivery</li> </ul>	Nothing for routine prenatal care, the first postpartum care visit or routine gestational diabetes screening. \$45 per office visit for postpartum care visits thereafter.  \$500 hospital deductible for	In-Network: Nothing.  Out-of-Network: 40% of charges after out-of-network deductible  In-Network: \$1,500 copayment
<ul> <li>Notes:</li> <li>You do not need to prior authorize your vaginal delivery.</li> <li>As part of your coverage, you have access to innetwork certified nurse midwives, home nurse visits and board-certified lactation specialists during the prenatal and post-partum period.</li> <li>You may remain in the hospital up to 48 hours after a vaginal delivery and 96 hours after a cesarean delivery. We will extend your inpatient stay if medically necessary.</li> <li>We cover routine nursery care of the newborn child and other care of an infant who requires non-routine treatment only if we cover the infant under a Self Plus One or Self and Family enrollment.</li> <li>We pay hospitalization and surgeon services for nonmaternity care the same as for illness and injury.</li> <li>We pay non-routine prenatal and postnatal care the same as for illness and injury.</li> <li>See section 5(h) for information on our Healthy Pregnancy program available to you.</li> <li>Note: When a newborn requires non-routine treatment during or after the mother's hospital stay, the newborn is considered a patient in their own right. If the newborn is eligible for coverage, regular medical or surgical benefits apply rather than maternity benefits. In addition, circumcision is covered at the same rate as for regular medical or surgical benefits.</li> </ul>	inpatient and outpatient hospital services combined, then Nothing for inpatient hospital maternity charges	for inpatient hospital maternity services, then Nothing for inpatient hospital charges  Out-of-Network: 40% of charges after out-of-network deductible
Breastfeeding and lactation support, supplies and counseling for each birth	Nothing	In-Network: Nothing Out-of-Network: 40% of charges after out-of-network deductible

Benefit Description	You	Pay
Family planning	High Option	Standard Option
Contraceptive counseling	Nothing	In-Network: Nothing
		Out-of-Network: 40% of the charges after out-of-network deductible
We cover a range of voluntary family planning services, without cost sharing, that includes at least one form of contraception in each of the categories in the HRSA supported guidelines. This list includes:	Nothing	In-Network: Nothing Out-of-Network: 40% of charges after out-of-network deductible
<ul> <li>Voluntary female sterilization</li> </ul>		
<ul> <li>Surgically implanted contraceptives</li> </ul>		
• Injectable contraceptive drugs (such as Depo Provera)		
• Intrauterine devices (IUDs)		
• Diaphragms		
Note: See additional Family Planning and Prescription drug coverage in Section 5(f), including the 24-hour contraceptive exceptions process		
Note: All approved types of voluntary female sterilization surgery are covered with no cost sharing to members. The contraceptive benefit includes at least one option in each of the HRSA-supported categories of contraception (as well as the screening, education, counseling, and follow-up care).		
Exceptions are available by contacting the Plan at 844-440-1900 (for TTY: 711), 8 a.m. to 5 p.m. CST. Reviews can be initiated by the member or provider. There is a 24-hour response time upon receipt of all required information. If you have difficulty accessing contraceptive coverage or other reproductive healthcare, you can contact <a href="mailto:contraception@opm.gov">contraception@opm.gov</a> .		
Voluntary male sterilization	\$45 per office visit	In-Network: 20% of charges after
	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
Not covered:	All charges	All charges
<ul> <li>Reversal of voluntary surgical sterilization</li> </ul>		
Advance care planning	High Option	Standard Option
We cover advance care planning in an office	Nothing	In-Network: 20% of charges after in-network deductible.
		Out-of-Network: 40% of charges after out-of-network deductible

Benefit Description	You Pay	
Medication therapy disease management program	High Option	Standard Option
If you meet our criteria for coverage, you may qualify for	Nothing	In-Network: Nothing
our Medication Therapy Disease Management Program.  The program covers consultations with a designated pharmacist.		Out-of-Network: All charges
Infertility services	High Option	Standard Option
We cover diagnosis of infertility	In- or Out-of-Network: 20% of	In- or Out-of-Network: 20% of
Infertility is the failure to achieve a successful pregnancy after regular, unprotected intercourse or artificial insemination for 12 months or more (6 months for individuals with female reproductive organs over age 35). Evaluation may be justified based on medical history and diagnostic testing. Infertility may also be established through an evaluation based on medical history and diagnostic testing.	charges	charges after in-network deductible
We cover fertility treatment including:	20% of charges	In-Network: 20% of charges after
Artificial insemination (AI)		in-network deductible
- Intravaginal insemination (IVI)		Out-of-Network: 40% of charges
- Intracervical insemination (ICI)		after out-of-network deductible
- Intrauterine insemination (IUI)		
Coverage is available with or without a diagnosis of infertility.		
We cover fertility drugs	40% of charges	In-Network: 40% of charges after
Limited to products listed on the Formulary		in-network deductible
<ul> <li>Fertility drugs used with IVF are limited to three cycles per calendar year</li> </ul>		Out-of-Network: All charges
Fertility preservation for iatrogenic infertility:	20% of charges	In-Network: 20% of charges after
Procurement of sperm or eggs including medical,		in-network deductible
surgical, and pharmacy claims associated with retrieval;		Out-of-Network: All charges
<ul> <li>Cryopreservation of sperm, mature oocytes, and embryo;</li> </ul>		
Cryopreservation storage costs for up to one year;		
Thawing of preserved sperm, oocyte, and embryo		
Not covered:	All charges	All charges
<ul> <li>Assisted reproductive technology (ART) procedures, such as:</li> </ul>		
- In vitro fertilization (IVF)		
- Embryo transfer, gamete intra-fallopian transfer (GIFT) and zygote intra-fallopian transfer (ZIFT)		
Services and supplies related to ART procedures		
Cost of donor sperm or egg		

Infertility services - continued on next page

Benefit Description	You	Pay
Infertility services (cont.)	High Option	Standard Option
<ul> <li>Cost of storage of donor sperm, ova or embryo, except for therapeutic preservation services</li> <li>Fertility treatment after reversal of sterilization</li> <li>Artificial insemination for surrogate pregnancy</li> </ul>	All charges	All charges
Allergy care	High Option	Standard Option
We cover:  • Testing and treatment  • Allergy injections and serum  Not covered:  • Provocative food testing  • Sublingual allergy desensitization	\$45 per office visit  All charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible  All charges
Treatment therapies	High Option	Standard Option
We cover:  Chemotherapy  Intravenous (IV)/Infusion therapy  Radiation therapy	For services received in an office or outpatient hospital: 15% of charges  Inpatient hospital services: \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges  For services received in an office	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible  In-Network: 20% of charges after
<ul> <li>Dialysis – hemodialysis and peritoneal dialysis</li> <li>Respiratory and inhalation therapy</li> <li>Note: Cardiac rehabilitation following a qualifying event/condition is covered under Physical and occupational therapies on page 40.</li> </ul>	or outpatient hospital: \$45 per visit  Inpatient hospital services: \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
We cover Applied Behavior Therapy (ABA) and Intensive Early Intervention Behavioral Therapy (IEIBT) for the treatment of Autism Spectrum Disorder.  Growth hormone therapy (GHT)  Note: Growth hormone is covered under the prescription drug benefit. See Services requiring our prior approval in Section 3.  Note: We only cover GHT when we preauthorize the treatment. We will ask you to submit information that establishes that the GHT is medically necessary. Ask us to authorize GHT before you begin treatment. We will only cover GHT services and related services and supplies that we determine are medically necessary. See Other services under You need prior Plan approval for certain services on page 18.	\$45 per visit  20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: All charges In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible

Benefit Description	You	Pay
Treatment therapies (cont.)	High Option	Standard Option
Not covered: Growth hormones which are not for growth hormone deficiency or chronic renal insufficiency	All charges	All charges
We cover gene therapy treatment that meets our current coverage criteria policies. Gene therapy must be provided by a designated provider. Specific types of gene therapy	For services received in an office: \$45 per visit	In-Network: 20% of charges after in-network deductible
by a designated provider. Specific types of gene therapy are limited to therapies and conditions specified in our coverage criteria policies.	For services received in a hospital: \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	Out-of-Network: All charges
	For services received in the home: 20% of the charges incurred	
Physical and occupational therapies	High Option	Standard Option
We cover:  • Rehabilitative therapy to restore bodily function when	For services received in an office or outpatient hospital: \$45 per	In-Network: 20% of charges after in-network deductible
there has been a total or partial loss of bodily function due to illness or injury. You must achieve significant functional improvement, within a predictable period of time (generally within a period of two months), toward your maximum potential ability to perform functional daily living activities.	visit  Inpatient hospital services: \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	Out-of-Network: 40% of charges after out-of-network deductible
<ul> <li>Habilitative care rendered for congenital, developmental or medical conditions which have significantly limited the successful initiation of normal speech and motor development.</li> </ul>		
Note: To be considered habilitative, significant functional improvement and measurable progress must be made toward achieving functional goals and your maximum potential ability, within a predictable period of time. Our Plan Medical Director will determine whether measurable progress has been made based on objective documentation.		
Cardiac rehabilitation following a qualifying event/ condition is provided for Phase I and Phase II if it is medically necessary. Phase III and IV are not covered.	\$45 per office visit	In-Network: 20% of charges after in-network deductible
	Nothing for inpatient or outpatient hospital	Out-of-Network: 40% of charges after out-of-network deductible
Not covered:	All charges	All charges
• Long-term rehabilitative therapy (maintenance care)		
Health club memberships, exercise programs and use or purchase of exercise equipment		

Benefit Description	You Pay	
Speech therapy	High Option	Standard Option
<ul> <li>We cover:</li> <li>Speech therapy for congenital, developmental or medical conditions which have significantly limited the successful initiation of normal speech development.</li> <li>Usually 60 visits or two months per condition per year</li> </ul>	For services received in an office or outpatient hospital: \$45 per visit  Inpatient hospital services: \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Not covered: Long term rehabilitative therapy (maintenance care)	All charges	All charges
Hearing services (testing, treatment, and supplies)	High Option	Standard Option
<ul> <li>We cover:</li> <li>Treatment related to illness or injury, including evaluation and diagnostic hearing tests performed by an M.D., D.O., or audiologist</li> <li>Note: For routine hearing screening performed during a child's preventive care visit, see Section 5(a) <i>Preventive care, children</i>.</li> </ul>	Nothing	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
<ul> <li>External hearing aids for members age 18 or younger who have hearing loss that is not correctable by other covered procedures. Coverage is limited to one basic, standard hearing aid for each ear every three years. A basic hearing aid is defined as a hearing device that consists of a microphone, amplifier, volume control, battery and receiver. It does not include upgrades above and beyond the functionality of a basic hearing aid, including but not limited to hearing improvements for group settings, background noise, Bluetooth/remote control functionality, or extended warranties.</li> <li>Implanted hearing related devices, such as bone-anchored hearing aids and cochlear implants based on our criteria.</li> </ul>	20% of the charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
Not covered:  • Charges for upgrades above the cost of a basic, standard hearing aid • Hearing aids, testing and examinations for them, unless noted above	All charges	All charges

Hearing services (testing, treatment, and supplies) - continued on next page

Benefit Description	You	Pay
Hearing services (testing, treatment, and supplies) (cont.)	High Option	Standard Option
<ul> <li>Hearing Aids</li> <li>The plan covers up to two TruHearing-branded hearing aids every year (one per ear per year). This benefit is limited to TruHearing Advanced and Premium hearing aids, which come in various styles and colors. Premium hearing aids are available in rechargeable style options for an additional \$75 per aid. You must see a TruHearing provider to use this benefit. TruHearing offers a national network of providers. Call 833-718-5803 to schedule an appointment (for TTY, dial 711).</li> <li>Hearing aid purchase includes: <ul> <li>3 provider visits within the first year of hearing aid purchase</li> <li>45-day trial period</li> <li>3-year extended warranty</li> <li>48 batteries per aid for non-rechargeable models</li> </ul> </li> <li>This benefit does not include or cover any of the following: <ul> <li>Additional cost for optional hearing aid rechargeability</li> <li>Ear molds</li> <li>Hearing aid accessories</li> <li>Additional provider visits</li> <li>Additional batteries or batteries when a rechargeable hearing aid is purchased</li> <li>Hearing aids that are not TruHearing-branded hearing aids</li> <li>Costs associated with loss and damage warranty claims</li> </ul> </li> <li>Costs associated with excluded items are the responsibility of the enrollee and not covered by the plan.</li> </ul>	\$699 copayment per aid for Advanced Aids*  \$999 copayment per aid for Premium Aids*  A rechargeable battery option is available on some Premium hearing aids for an additional \$75 per aid.  *Please note that this service does not apply to your maximum out-of-pocket amount for medical services.	All charges
Vision services (testing, treatment, and supplies)	High Option	Standard Option
We cover:  • Eye exams to determine the need for vision correction  • Annual eye refractions  Note: See <i>Preventive care</i> , adult, <i>Preventive care</i> , children	Nothing	In-Network: Nothing Out-of-Network: 40% of charges after out-of-network deductible
Diagnosis and treatment of illness and injury to the eye	\$45 per office visit	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible

Vision services (testing, treatment, and supplies) - continued on next page

Benefit Description	You Pay	
Vision services (testing, treatment, and supplies) (cont.)	High Option	Standard Option
Initial evaluation, lenses and fitting for contact or eyeglass lenses if medically necessary for the post surgical treatment of cataracts or for the treatment of aphakia, acute or chronic corneal pathology, or keratoconus	\$45 per office visit  All charges for lens replacement beyond the initial pair	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible  All charges for lens replacement beyond the initial pair
Not covered:	All charges	All charges
<ul> <li>Eyeglasses or contact lenses and their fitting, measurement and adjustment, except as shown above</li> </ul>		
Eyewear options, including, but not limited to, ultraviolet absorbing properties, scratch resistant protective coating, sunglasses in addition to other lenses, anti-reflective coating, edge treatment, fashion tints or polarized lenses, frames, contact lens cleaning solution or normal saline for contact lenses, progressive lenses or invisible bifocals, low vision aids or oversize lenses		
Eye exercises and orthoptics		
<ul> <li>Vision correction (refractive) surgeries in otherwise healthy eyes to replace eyeglasses or contact lenses.</li> <li>Examples include, but are not limited to, LASIK, radial keratotomy, laser and other refractive eye surgery</li> </ul>		
Foot care	High Option	Standard Option
We cover routine foot care when you are under active treatment for a metabolic or peripheral vascular disease, such as diabetes.	\$45 per office visit	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Not covered:	All charges	All charges
• Cutting, trimming or removal of corns, calluses, or the free edge of toenails, and similar routine treatment of conditions of the foot, except as stated above	-	-
• Treatment of weak, strained or flat feet or bunions or spurs; and of any instability, imbalance or subluxation of the foot (except for surgical treatment)		

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Benefit Description	You	Pay
Orthopedic and prosthetic devices	High Option	Standard Option
We cover:  • Artificial limbs	20% of charges	In-Network: 20% of charges after in-network deductible
Artificial eye (ocular prosthesis), including polishing and adjustments		Out-of-Network: 40% of charges after out-of-network deductible
Prosthetic sleeve or sock		
<ul> <li>Externally worn breast prostheses and surgical bras, including necessary replacements, following a mastectomy</li> </ul>		
<ul> <li>Internal prosthetic devices, such as artificial joints, pacemakers, and surgically implanted breast implant following mastectomy</li> </ul>		
Corrective orthopedic appliances for non-dental treatment of temporomandibular joint (TMJ) pain dysfunction syndrome		
<ul> <li>Orthopedic and corrective shoes when approved by this Plan based on our criteria</li> </ul>		
<ul> <li>Replacement or repair of DME, prosthetics or orthotics is covered to accommodate growth requirements or if needed due to a change in a medical condition which affects the fit or function of the item</li> </ul>		
<ul> <li>Hearing aids and implantable hearing-related devices as described under Hearing Services on page 41.</li> </ul>		
Note: For information on the professional charges for the surgery to insert an implant, see Section 5(b) Surgical procedures. For information on the hospital and/or ambulatory surgery center benefits, see Section 5(c) Services provided by a hospital or other facility and ambulance services.		
Coverage is limited to one prosthetic item unless bilateral prostheses are recommended and are Medically Necessary for both sides		
Coverage for foot orthoses is limited to custom molded orthoses. Custom molded foot orthoses for Members diagnosed with diabetes are limited to three pairs per 12-month period. Custom molded foot orthoses for all other conditions are limited to one pair per 12-month period.		
Wigs required due to hair loss caused by alopecia areata	20% of charges, and all charges beyond one wig per calendar year limit	In-Network: 20% of charges after in-network deductible, and all charges beyond one wig per calendar year limit
		Out-of-Network: 40% of charges after out-of-network deductible, and all charges beyond one wig per calendar year limit

Orthopedic and prosthetic devices - continued on next page

Benefit Description	You	Pay
Orthopedic and prosthetic devices (cont.)	High Option	Standard Option
Not covered:  • Over-the-counter foot orthotics	All charges	All charges
Non-custom orthopedic and corrective shoes, arch supports, foot orthotics, heel pads and heel cups		
Replacement or repair of any covered items if they are damaged or destroyed by member misuse, abuse or carelessness; lost; or stolen		
Labor and related charges for repair of covered items which are more than the cost of replacement by a designated vendor		
Duplicate or similar items, including replacement or repair of duplicate or similar items		
• Items which are primarily educational in nature or for hygiene, vocation, comfort, convenience, recreation or safety		
Other equipment and supplies, including but not limited to assistive devices, that we determine are not eligible for coverage		
Durable medical equipment (DME)	High Option	Standard Option
We cover rental or purchase of prescribed durable medical equipment, at our option, including repair and adjustment, when prescribed by your Plan physician. Covered items include:  • Oxygen  • Dialysis equipment  • Hospital beds  • Wheelchairs  • Crutches  • Walkers  • Blood glucose monitors  • Insulin pumps  • Diabetic supplies  • Disposable needles and syringes needed for the administration of covered medications  • Compression garments  Note: Covered items may be subject to limitations or require prior authorization. We reserve the right to determine if an item will be approved for rental vs. purchase.	20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Specialty dietary treatment for phenylketonuria (PKU)  No more than a 90-day supply of special dietary treatment for phenylketonuria is covered and dispensed at a time.	20% of charges	In-Network: 20% of charges Out-of-Network: 40% of charges after out-of-network deductible
	Dunalda madiaal amino	nent (DME) continued on next nage

Durable medical equipment (DME) - continued on next page

Benefit Description	You Pay	
Durable medical equipment (DME) (cont.)	High Option	Standard Option
Not covered:	All charges	All charges
• Replacement or repair of any covered items if they are damaged or destroyed by member misuse, abuse or carelessness; lost; or stolen		
Duplicate or similar items		
<ul> <li>Items which are primarily educational in nature or for hygiene, vocation, comfort, convenience or recreation</li> </ul>		
Household equipment, such as exercise cycles, air purifiers, water purifiers, air conditioners, non- allergenic pillows, mattresses or water beds		
<ul> <li>Household fixtures, such as escalators or elevators, ramps, swimming pools or saunas</li> </ul>		
<ul> <li>Modifications to the home, such as wiring, plumbing or charges to install equipment</li> </ul>		
• Vehicle, car or van modifications, such as hand brakes, hydraulic lifts and car carriers		
Rental of medically necessary durable medical equipment while your own equipment is being repaired, that is beyond one month rental		
Other equipment and supplies, including but not limited to assistive devices, that we determine are not eligible for coverage		
<ul> <li>We require that certain diabetic supplies and equipment be purchased at a pharmacy</li> </ul>		
Home health services	High Option	Standard Option
We cover home healthcare ordered by a Plan physician and provided by a registered nurse (R.N.), licensed practical nurse (L.P.N.), or home health aide, as shown below. You need to be homebound (i.e., unable to leave home without considerable effort due to a medical condition) to receive home health services. You do not need to be homebound to receive total parenteral nutrition/intravenous ("TPN/IV") therapy.	\$45 per visit	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
<ul> <li>At home physical therapy, occupational therapy, speech therapy, respiratory therapy and home health aide services</li> </ul>		
TPN/intravenous therapy (other than specialty drugs described below), skilled nursing services, nonroutine	20% of charges	In-Network: 20% of charges after in-network deductible
prenatal and postnatal services, and phototherapy		Out-of-Network: 40% of charges after out-of-network deductible

Home health services - continued on next page

Benefit Description	You Pay	
Home health services (cont.)	High Option	Standard Option
Specialty drugs administered in home  We cover specialty drugs that are used to treat chronic health conditions including but not limited to such conditions as transplant recipients, immunological conditions, growth hormone, bleeding disorder, HIV/AIDS. We require prior authorization for certain drugs and the site where the drug will be administered.	40% of charges for generic specialty drugs 50% of charges for brand-name specialty drugs	In-Network: 40% of charges for generic specialty drugs, after innetwork deductible  50% of charges for brand-name specialty drugs, after in-network deductible  Out-of-Network: All charges
Palliative care	\$45 per visit	In-Network: 20% of charges after in-network deductible
Palliative care includes symptom management, education and establishing goals of care.  If you are eligible to receive palliative care in the home and you are not homebound, there is a maximum of 12 visits per calendar year. Additional palliative care visits are eligible under the home health services benefit if you are homebound and meet all other requirements defined in this section.		Out-of-Network: 40% of charges after out-of-network deductible
Note: We waive the requirement that you be homebound if you have a serious illness or life-limiting condition.		
Routine prenatal and postnatal services and child health services	Nothing	In-Network: Nothing Out-of-Network: 40% of charges after out-of-network deductible
Not covered:	All charges	All charges
<ul> <li>Nursing care requested by, or for the convenience of, the patient or the patient's family</li> </ul>	Ç	Ç
• Home care primarily for personal assistance that does not include a medical component and is not diagnostic, therapeutic, or rehabilitative		
Chiropractic	High Option	Standard Option
We cover chiropractic services for rehabilitative care, provided to diagnose and treat neuromusculoskeletal conditions, limited to:	\$45 per office visit	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges
<ul> <li>Manipulation of the spine</li> <li>Adjunctive procedures such as massage therapy, ultrasound, electrical muscle stimulation, and vibratory therapy, when they are performed in conjunction with other treatment by a chiropractor, are part of a prescribed treatment plan and are not billed separately</li> </ul>		after out-of-network deductible
Not covered:  • Massage therapy as a standalone treatment  • Naturopathic services  • Hypnotherapy	All charges	All charges

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Benefit Description	You Pay	
Alternative treatments	High Option	Standard Option
We cover:  • Acupuncture as described in the Coverage Criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">www.healthpartners.com/public/coverage-criteria/</a> • Biofeedback for:  - incontinence  - headaches  - musculo-skeletal spasms which do not respond to other treatments  - mental/nervous disorders	\$45 per office visit	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Not covered:  Naturopathic services  Hypnotherapy  Dry needling	All charges	All charges
Educational classes and programs	High Option	Standard Option
<ul> <li>We cover:</li> <li>Education for preventive services</li> <li>Tobacco cessation programs, including individual, group, phone counseling, and physician prescribed over-the-counter (OTC) and prescription drugs approved by the FDA to treat nicotine dependence. Includes up to two quit attempts and up to four counseling sessions</li> <li>Physician prescribed over-the-counter (OTC) and prescription drugs approved by the FDA to treat tobacco dependence whether or not one is enrolled in a smoking cessation program</li> <li>Education for the management of chronic health problems (such as diabetes)</li> </ul>	Nothing	In-Network: Nothing Out-of-Network: 40% of charges after out-of-network deductible

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## Section 5(b). Surgical and Anesthesia Services Provided by Physicians and Other Healthcare Professionals

#### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- For you to receive in-network benefits, Plan physicians must provide your care.
- Be sure to read Section 4, *Your Cost for Covered Services*, for valuable information about how cost-sharing works. Also read Section 9 about coordinating benefits with other coverage, including with Medicare.
- The services listed below are for the charges billed by a physician or other healthcare professional for your surgical care. The amount that you pay for these services depends on where the services are provided and follows the benefits described in Section 5(a) and 5(c) unless otherwise specified below.
- YOUR PHYSICIAN MUST GET PRIOR AUTHORIZATION FOR SOME SURGICAL PROCEDURES. Please refer to the prior authorization information shown in Section 3 to be sure which services require prior authorization.
- For you to receive in-network benefits, Plan physicians must provide your care.
- For High Option. The plan includes a \$500 calendar year deductible specific only to inpatient and outpatient hospital services and MRI/CT scans.
- For Standard Option. For Network Expenses: The calendar year deductible is: \$750 per person with Self Only enrollment, \$1,500 per Self Plus One enrollment, or \$1,500 per Self and Family enrollment. For Out-of-Network Expenses: The calendar year deductible is: \$2,000 per person with Self Only enrollment, \$4,000 per Self Plus One enrollment, or \$4,000 per Self and Family enrollment. The calendar year deductible applies to almost all Standard Option benefits in this Section. We added "deductible does not apply" to show when the calendar year deductible does not apply.

Benefit Description	You	Pay	
For Standard Option, a calendar year deductible applies to all benefits in this Section.			
Surgical procedures	High Option	Standard Opti	on
<ul> <li>We cover a comprehensive range of services, such as:</li> <li>Operative procedures, including routine pre- and post-operative care by the surgeon</li> <li>Treatment of fractures, including casting</li> <li>Correction of amblyopia and strabismus</li> <li>Endoscopy procedures</li> <li>Biopsy procedures</li> <li>Removal of tumors and cysts</li> <li>Correction of congenital anomalies (see <i>Reconstructive surgery</i>)</li> <li>Treatment of burns</li> <li>Insertion of internal prosthetic devices. See 5(a) Orthopedic and prosthetic devices for device coverage information</li> <li>Note: For female surgical family planning procedures see Family Planning Section 5(a)</li> <li>Note: For male surgical family planning procedures see Family Planning Section 5(a)</li> </ul>	\$45 per office visit  \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of ch in-network deductible Out-of-Network: 40% of after out-of-network ded	of charges

Surgical procedures - continued on next page

Benefit Description	You	Pay
Surgical procedures (cont.)	High Option	Standard Option
Note: Generally, we pay for internal prostheses (devices) according to where the procedure is done. For example, we pay Hospital benefits for a pacemaker and Surgery benefits for insertion of the pacemaker.	\$45 per office visit \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Surgical treatment of severe obesity (bariatric surgery)  See Services requiring our prior approval on page 18. See bariatric surgery criteria available at <a href="https://www.healthpartners.com/public/coverage-criteria/">www.healthpartners.com/public/coverage-criteria/</a>	\$45 per office visit \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges.	In-Network: 20% of charges after in-network deductible Out-of-Network: <i>All charges</i>
Not covered:	All charges	All charges
Reversal of voluntary sterilization		
Reconstructive surgery	High Option	Standard Option
<ul> <li>Surgery to correct a functional defect</li> <li>Surgery to correct a condition caused by injury or illness if: <ul> <li>the condition produced a major effect on the member's appearance; and</li> <li>the condition can reasonably be expected to be corrected by such surgery</li> </ul> </li> <li>Surgery to correct a condition that existed at or from birth and is a significant deviation from the common form or norm. Examples of congenital anomalies are: protruding ear deformities, cleft lip, cleft palate, birth marks, port wine stains, webbed fingers and webbed toes.</li> <li>Note: Port wine stains do not have to result in a functional defect to be covered.</li> <li>All stages of breast reconstruction surgery following a mastectomy, such as: <ul> <li>surgery to produce a symmetrical appearance of breasts</li> <li>treatment of any physical complications, such as lymphedemas</li> <li>breast prostheses and surgical bras and replacements (see Section 5(a) Prosthetic devices)</li> </ul> </li> <li>Note: If you need a mastectomy, you may choose to have the procedure performed on an inpatient basis and remain in the hospital up to 48 hours after the procedure.</li> </ul>	\$45 per office visit  \$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible

Reconstructive surgery - continued on next page

Reconstructive surgery (cont.)	High Option	Standard Option
Not covered:	All charges	All charges
<ul> <li>Surgery, services, treatments or drugs that improve or enhance the shape or appearance of the body for purposes other than treating an illness or injury. These types of services are considered cosmetic and are not covered whether or not they also impact your psychological/emotional well-being or self-esteem. Examples include but are not limited to enhancement procedures, reduction procedures and scar revision surgery. This exclusion does not apply to services for port wine stain removal, reconstructive surgery, and emergency care required due to complications of Cosmetic Surgery.</li> <li>Surgery for Sex-Trait Modification to treat gender</li> </ul>		
dysphoria		
If you are mid-treatment under this Plan, within a surgical or chemical regimen for Sex-Trait Modification for diagnosed gender dysphoria, for services for which you received coverage under the 2025 Plan brochure, you may seek an exception to continue care for that treatment. The exception process can begin by calling Member Services at 844-440-1900 from 8 a.m. until 6 p.m., Monday through Friday, Central Standard Time or visit www. healthpartners.com/fehb. If you disagree with our decision on your exception, please see Section 8 of this brochure for the disputed claims process.		
Individuals under age 19 are not eligible for exceptions related to services for ongoing surgical or hormonal treatment for diagnosed gender dysphoria.		
Oral and maxillofacial surgery	High Option	Standard Option
We cover oral surgical procedures, limited to:	\$45 per office visit	In-Network: 20% of charges after
Reduction of fractures of the jaws or facial bones	\$500 hospital deductible for	in-network deductible
Surgical correction of cleft lip, cleft palate	inpatient and outpatient hospital	Out-of-Network: 40% of charges
Removal of stones from salivary ducts	services combined, then 20% of	after out-of-network deductible
Excision of leukoplakia or malignancies	charges	
<ul> <li>Excision of leukoplakia or malignancies</li> <li>Excision of cysts and incision of abscesses when done as independent procedures</li> </ul>	charges	
Excision of cysts and incision of abscesses when done	charges	
<ul> <li>Excision of cysts and incision of abscesses when done as independent procedures</li> <li>Other surgical procedures that do not involve the teeth or their supporting structures, including non-dental treatment of temporomandibular joint dysfunction</li> </ul>	charges 25% of charges	In-Network: 25% of charges after in-network deductible

**Benefit Description** 

You Pay

Benefit Description	You	Pay
Oral and maxillofacial surgery (cont.)	High Option	Standard Option
Not covered:	All charges	All charges
Oral implants and transplants		
• Procedures that involve the teeth or their supporting structures (such as the periodontal membrane, gingiva and alveolar bone)		
• Orthodontic services (pre or post operative) associated with orthognathic surgery		
Organ/tissue transplants	High Option	Standard Option
These solid organ and tissue transplants are subject to medical necessity and experimental investigational review by the Plan. See <i>Other services</i> in Section 3 for prior authorization procedures. Solid organ and tissue transplants are limited to:  • Autologous pancreas islet cell transplant (as an adjunct to total or near total pancreatectomy) only for patients with chronic pancreatitis  • Cornea  • Heart  • Heart/lung  • Intestinal transplants:  - Isolated small intestine  - Small intestine with the liver  - Small intestine with multiple organs, such as the liver, stomach and pancreas  • Kidney  • Kidney-pancreas	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
• Liver		
Lung: single/bilateral/lobar		
• Pancreas		
These <b>tandem blood or marrow stem cell transplants for covered transplants</b> are not subject to medical necessity review by the Plan. Refer to <i>Other Services</i> in Section 3 for prior authorization procedures.	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges
Autologous tandem transplants for	5	after out-of-network deductible
- AL Amyloidosis		
- Multiple myeloma (de novo and treated)		
- Recurrent germ cell tumors (including testicular cancer)		

Organ/tissue transplants - continued on next page

Benefit Description	You	Pay
Organ/tissue transplants (cont.)	High Option	Standard Option
The Plan extends coverage for the diagnosis as indicated below.		
Allogeneic transplants for		
Acute lymphocytic or non-lymphocytic (i.e., myelogenous) leukemia		
Acute myeloid leukemia		
<ul> <li>Advanced Hodgkin's lymphoma with recurrence (relapsed)</li> </ul>		
• Advanced Myeloproliferative Disorders (MPDs)		
<ul> <li>Advanced non-Hodgkin's lymphoma with recurrence (relapsed)</li> </ul>		
<ul> <li>Amyloidosis</li> </ul>		
<ul> <li>Chronic lymphocytic leukemia/small lymphocytic lymphoma (CLL/SLL)</li> </ul>		
• Hemoglobinopathy		
Hurler's syndrome, Maroteaux-Lamy syndrome		
Infantile malignant osteopetrosis		
Kostmann's syndrome		
Leukocyte adhesion deficiencies		
<ul> <li>Marrow failure and related disorders (i.e., Fanconi's, Paroxysmal Nocturnal Hemoglobinuria, pure red cell aplasia)</li> </ul>		
• Mucolipidosis (e.g., Gaucher's disease, metachromatic leukodystrophy, adrenoleukodystrophy)		
Myelodysplasia/myelodysplastic syndromes		
Paroxysmal nocturnal hemoglobinuria		
<ul> <li>Phagocytic/hemophagocytic deficiency diseases (e.g., Wiskott-Aldrich syndrome)</li> </ul>		
Severe combined immunodeficiency		
Severe or very severe aplastic anemia		
Sickle cell anemia		
X-linked lymphoproliferative syndrome		

Benefit Description	You Pay	
Organ/tissue transplants (cont.)	High Option	Standard Option
Autologous transplants for	\$500 hospital deductible for	In-Network: 20% of charges after
Acute lymphocytic or nonlymphocytic (i.e., myelogenous) leukemia	inpatient and outpatient hospital services combined, then 20% of	in-network deductible Out-of-Network: 40% of charges
Advanced Hodgkin's lymphoma with recurrence (relapsed)	charges	after out-of-network deductible
Advanced non-Hodgkin's lymphoma with recurrence (relapsed)		
AL Amyloidosis		
Breast Cancer		
Epithelial ovarian cancer		
Multiple myeloma		
Neuroblastoma		
Recurrent germ cell tumors (including testicular, mediastinal, retroperitoneal)		
Mini-transplants performed in a clinical trial setting (non-myeloablative, reduced intensity conditioning or RIC) for	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible
members with a diagnosis listed below are subject to medical necessity review by the Plan. Refer to <i>Other services</i> in Section 3 for prior authorization procedures:		Out-of-Network: 40% of charges after out-of-network deductible
Allogeneic transplants for		
Acute lymphocytic or non-lymphocytic (i.e., myelogenous) leukemia		
Acute myeloid leukemia		
Advanced Hodgkin's lymphoma with recurrence (relapsed)		
Advanced Myeloproliferative Disorders (MPDs)		
Advanced non-Hodgkin's lymphoma with recurrence (relapsed)		
Amyloidosis		
Chronic lymphocytic leukemia/small lymphocytic lymphoma (CLL/SLL)		
Chronic myelogenous leukemia		
Hemoglobinopathy		
Marrow failure and related disorders (i.e., Fanconi's, Paroxysmal Nocturnal Hemoglobinuria, Pure Red Cell Aplasia)		
Myelodysplasia/Myelodysplastic syndromes		
Paroxysmal Nocturnal Hemoglobinuria		
Severe combined immunodeficiency		
Severe or very severe aplastic anemia		
Autologous transplants for		
Acute lymphocytic or nonlymphocytic (i.e., myelogenous) leukemia		

Organ/tissue transplants - continued on next page

Benefit Description	Benefit Description You Pay	
Organ/tissue transplants (cont.)	High Option	Standard Option
<ul> <li>Advanced Hodgkin's lymphoma with recurrence (relapsed)</li> <li>Advanced non-Hodgkin's lymphoma with recurrence (relapsed)</li> <li>Amyloidosis</li> <li>Neuroblastoma</li> </ul>	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
These blood or marrow stem cell transplants are covered only in a National Cancer Institute or National Institutes of Health approved clinical trial or a Plandesignated center of excellence if approved by the Plan's medical director in accordance with the Plan's protocols.  If you are a participant in a clinical trial, the Plan will provide benefits for related routine care that is medically necessary (such as doctor visits, lab tests, X-rays and scans, and hospitalization related to treating the patient's condition) if it is not provided by the clinical trial. Section 9 has additional information on costs related to clinical trials. We encourage you to contact the Plan to discuss specific services if you participate in a clinical trial.	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
Allogeneic transplants for  Early stage (indolent or non-advanced) small cell lymphocytic lymphoma  Sickle cell anemia  Autologous transplants for  Advanced childhood kidney cancers  Advanced Ewing sarcoma  Childhood rhabdomyosarcoma  Mantle cell (Non-Hodgkin lymphoma)	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
HealthPartners Designated Transplant Providers and HealthPartners Centers of Excellence - These are local and national Designated Transplant Centers based upon their experience, clinical outcomes, service, access, cost, coordination of care, research and education. For a list of participating programs visit <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> .	Transplant procedures must be performed at HealthPartners Designated Transplant Centers	In-Network: transplant procedures must be performed at HealthPartners Designated Transplant Centers to receive in- network benefits
Note: We cover related medical and hospital expenses of the donor when we cover the recipient. We cover donor screening tests and donor search expense for the actual solid organ donor or up to four bone marrow/stem cell transplant donors in addition to the testing of family members.	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
Not covered:  • Donor screening tests and donor search expenses, except as shown above  • Implants of artificial organs  • Transplants not listed as covered	All charges	All charges

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Benefit Description	You Pay	
Anesthesia	High Option	Standard Option
We cover professional services provided in –  • Hospital (inpatient)  • Skilled nursing facility  • Hospital outpatient department  • Ambulatory surgical center	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
We cover professional services provided in an office	\$45 per office visit	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Travel Benefit	High Option	Standard Option
We may provide travel and lodging when an enrollee needs a transplant or CAR-T therapy and a designated transplant center or CAR-T treatment center is greater than 100 miles from the enrollee's primary address.  To receive reimbursement for eligible travel and lodging expenses, the Insured will need to submit a Travel Benefit Claim Form, including receipts of services. Sign in to your HealthPartners online account at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> or call Member Services to access the Travel Benefit Claim Form or to determine if additional Coverage Criteria Policies apply.	20% of charges  Expenses for travel, and lodging for the enrollee (the recipient) and one adult companion, or up to two companions for a recipient that is a minor dependent, may be covered, up to a maximum of \$10,000 per transplant or CAR-T therapy. Lodging coverage is limited to \$100 per day.	20% of charges  Expenses for travel, and lodging for the enrollee (the recipient) and one adult companion may be covered, up to a maximum of \$10,000 per transplant or CAR-T therapy. Commercial lodging reimbursement (as may be adjusted by IRS rules) is limited to a maximum of \$50 per night if the Insured travels alone or a maximum of \$100 per night if the Insured travels with a companion.  Out-of-Network: All Charges

# Section 5(c.). Services Provided by a Hospital or Other Facility, and Ambulance Services

#### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- For you to receive in-network benefits, Plan physicians must provide your care and you must be hospitalized in a Plan facility.
- Be sure to read Section 4, *Your Cost for Covered Services* for valuable information about how cost-sharing works. Also read Section 9 about coordinating benefits with other coverage, including with Medicare.
- The amounts listed below are for the charges billed by the facility (i.e., hospital or surgical center) or ambulance service for your surgery or care. Any costs associated with the professional charge (i.e., physicians, etc.) are in Sections 5(a) or (b).
- YOUR PHYSICIAN MUST GET PRIOR AUTHORIZATION FOR SOME HOSPITAL STAYS. Please refer to Section 3 to be sure which services require prior authorization.
- For High Option. The plan includes a \$500 calendar year deductible specific only to inpatient and outpatient hospital services and MRI/CT scans.
- For Standard Option. For Network Expenses: The calendar year deductible is: \$750 per person with Self Only enrollment, \$1,500 per Self Plus One enrollment, or \$1,500 per Self and Family enrollment. For Out-of-Network Expenses: The calendar year deductible is: \$2,000 per person with Self Only enrollment, \$4,000 per Self Plus One enrollment, or \$4,000 per Self and Family enrollment. The calendar year deductible applies to almost all Standard Option benefits in this Section. We added "deductible does not apply" to show when the calendar year deductible does not apply.

Benefit Description		Pay
For Standard Option, a calendar year deductible applies to all benefits in this Section.		
Inpatient hospital	High Option	Standard Option
We cover room and board, such as  • Ward, semiprivate or intensive care accommodations  • General nursing care  • Meals and special diets  For Maternity Care see page 36.  Note: If you want a private room when it is not medically necessary, you pay the additional charge above the	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
semiprivate room rate.  We cover other hospital services and supplies, such as:  Operating, recovery, maternity, and other treatment rooms  Prescribed drugs and medications  Diagnostic laboratory tests and X-rays  Administration of blood and blood products  Blood or blood plasma (unless replaced) and blood derivatives  Dressings, splints, casts, and sterile tray services  Medical supplies and equipment, including oxygen  Anesthetics, including nurse anesthetist services  Take-home items	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible

Benefit Description	You Pay	
Inpatient hospital (cont.)	High Option	Standard Option
<ul> <li>Medical supplies, appliances, medical equipment and any covered items billed by a hospital for use at home</li> <li>MRI / CT scans</li> </ul>	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
<ul> <li>Not covered:</li> <li>Custodial care</li> <li>Non-covered facilities, such as nursing homes, extended care facilities, schools</li> <li>Personal comfort items, such as phone, television, barber services, guest meals and beds</li> <li>Private nursing care</li> </ul>	All charges	All charges
Outpatient hospital or ambulatory surgical center	High Option	Standard Option
<ul> <li>We cover:</li> <li>Operating, recovery and other treatment rooms</li> <li>Prescribed drugs and medications</li> <li>Diagnostic laboratory tests, X-rays and pathology services</li> <li>Administration of blood, blood plasma and other biologicals</li> <li>Pre-surgical testing</li> <li>Dressings, casts and sterile tray services</li> <li>Medical supplies, including oxygen</li> <li>Anesthetics and anesthesia service</li> <li>MRI / CT scans</li> <li>Note: We cover hospital services and supplies related to dental procedures when necessitated by a non-dental physical impairment. We do not cover the dental procedures.</li> </ul>	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
Blood and blood plasma (unless replaced) and blood derivatives	15% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Specialty drugs  We cover specialty drugs that are used to treat chronic health conditions including but not limited to such conditions as transplant recipients, immunological conditions, growth hormone, bleeding disorder, HIV/AIDS. We require prior authorization for certain drugs and the site where the drug will be administered.	40% of charges for generic specialty drugs 50% of charges for brand-name specialty drugs	In-Network: 40% of charges for generic specialty drugs, after innetwork deductible 50% of charges for brand-name specialty drugs, after in-network deductible Out-of-Network: All charges

Benefit Description	You	Pay
Extended care benefits/Skilled nursing care facility benefits	High Option	Standard Option
We cover a comprehensive range of benefits for up to 120 days per calendar year when full-time skilled nursing care	\$500 hospital deductible for inpatient and outpatient hospital	In-Network: 20% of charges after in-network deductible
is necessary and confinement in a skilled nursing facility is medically appropriate as determined by your Plan doctor and prior authorized by this Plan. All necessary services are covered, including:	services combined, then 20% of charges	Out-of-Network: 40% of charges after out-of-network deductible
Bed, board and general nursing care		
<ul> <li>Drugs, biologicals, services and equipment ordinarily provided or arranged by the skilled nursing facility when prescribed by your Plan doctor.</li> </ul>		
Not covered: Custodial care	All charges	All charges
Home hospice care	High Option	Standard Option
We cover supportive and palliative care in your home or a hospice if you are terminally ill. We cover the following services:	Nothing	In-Network: 20% of charges after in-network deductible
Outpatient care, family counseling and continuous care		Out-of-Network: 40% of charges after out-of-network deductible
• Inpatient care, when medically necessary		after out of network deduction
Respite care		
End of life care		
Note: Respite care is limited to 5 days per episode, and respite care and continuous care combined are limited to 30 days.		
Note: Inpatient hospital care: designed for those patients who require an acute hospital admission for pain or symptom control related to the terminal illness. Free-standing hospice: a hospice inpatient unit set up as a geographically distinct building. Residential hospices/hospice houses: goal is to provide longer-term care, in homelike settings, for patients who cannot be cared for in their own homes. Staffing and intensity of services are comparable to a board-and-care home or other types of licensed residential facility. A residential hospice program may be operated by a home care hospice or by an independent agency that contracts with a community hospice for professional services. Payment for residential room and board is made privately.		
Not covered:	All charges	All charges
• Independent nursing, homemaker services		
• Room and board expenses in a residential hospice facility, free standing hospice or skilled nursing facility		

Bellett Description	iou ray	
Ambulance	High Option	Standard Option
Ambulance and medical transportation for medical emergencies described in Section 5(d) and non-emergency medical transportation when medically appropriate.	In- or Out-of-Network: 20% of charges	In- or Out-of-Network: 20% of charges after in-network deductible
The amount you pay for air ambulance services will be determined based on the requirements of the No Surprises Act and its implementing regulations.		
Note: Fixed Wing Air Ambulance transport requires prior authorization from HealthPartners. Fixed Wing Air Ambulance is an aircraft such as an airplane, jet, or turbo prop plan that is able to travel longer distances than its counterpart, the Rotary Wing Air Ambulance (i.e., the helicopter). Under the No Surprises Act, Non-Network air ambulance providers may not bill patients for more than their cost-sharing responsibility for the corresponding Network service.		

### Section 5(d). Emergency Services/Accidents

#### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- Be sure to read Section 4, *Your Cost for Covered Services*, for valuable information about how cost-sharing works. Also read Section 9 about coordinating benefits with other coverage, including with Medicare.
- For High Option. The plan includes a \$500 calendar year deductible specific only to inpatient and outpatient hospital services and MRI/CT scans.
- For Standard Option. For Network Expenses: The calendar year deductible is: \$750 per person with Self Only enrollment, \$1,500 per Self Plus One enrollment, or \$1,500 per Self and Family enrollment. For Out-of-Network Expenses: The calendar year deductible is: \$2,000 per person with Self Only enrollment, \$4,000 per Self Plus One enrollment, or \$4,000 per Self and Family enrollment. The calendar year deductible applies to almost all Standard Option benefits in this Section. We added "deductible does not apply" to show when the calendar year deductible does not apply.

#### What is a medical emergency?

A medical emergency is the sudden and unexpected onset of a condition or an injury that you believe endangers your life or could result in serious injury or disability, and requires immediate medical or surgical care. Some problems are emergencies because, if not treated promptly, they might become more serious; examples include deep cuts and broken bones. Others are emergencies because they are potentially life-threatening, such as heart attacks, strokes, poisonings, gunshot wounds or sudden inability to breathe. There are many other acute conditions that we may determine are medical emergencies – what they all have in common is the need for quick action.

#### What to do in case of emergency:

In life-threatening emergencies, contact the local emergency system (e.g., 911 phone system) or go to the nearest hospital emergency room. In other situations, if you need emergency care, call your clinic, or, after clinic hours, call the CareLine® service at 612-339-3663 or 800-551-0859 (TTY: 711). A CareLine nurse or Plan doctor will recommend how, when and where to obtain the appropriate treatment.

**Emergencies Out-of-Network:** You should notify us within two days of admittance to an out-of-network hospital, or as soon as reasonably possible under the circumstances. If a Plan doctor believes care can be better provided in a Plan hospital, you will be transferred when medically feasible. Follow-up care recommended by non-Plan providers must be approved by this Plan or provided by our providers.

Under the No Surprises Act, out-of-network emergency care providers may not bill patients for more than their cost sharing responsibility for the corresponding in-network service. Provisions of the No Surprises Act do not apply to out-of-network claims from providers that are outside of the US or US territories.

Benefit Description	You Pay	
For Standard Option, a calendar year deductible applies to almost all benefits in this Section. We specify when it does not apply.		
Emergency care	High Option	Standard Option
<ul> <li>We cover:</li> <li>Emergency and urgently needed services at a doctor's office</li> <li>Emergency and urgently needed services at an urgent care clinic</li> <li>If other services are performed during the visit, such as diagnostic imaging or laboratory services, additional Deductible, Copayment or Coinsurance may apply. Diagnostic imaging services and laboratory services are covered under the "Lab, X-ray and other diagnostic tests" section.</li> </ul>	\$45 per office visit	\$0 for the first 5 office, convenience clinic, telephone, urgent care visits, evisits and video visits combined in a calendar year (deductible does not apply), then 20% of charges, subject to the in-network deductible. Physician's services, laboratory and radiology performed in conjunction with the same visit and on the same date of service are included; however, charges for day treatment services, group visits, office procedures, electrocardiogram (ECG or EKG) and electroencephalogram (EEG), MRI/CT and other ancillary services are not included and will be subject to your deductible and coinsurance.
<ul> <li>Emergency and urgently needed services as an outpatient in a hospital, including doctors' services</li> <li>The amount you pay for these services will be determined based on the requirements of the No Surprises Act and its implementing regulations.</li> </ul>	\$350 per visit  The ER copayment is waived if you are admitted to the hospital	20% of charges after in-network deductible
Emergency and urgently needed inpatient hospital services  The amount you pay for these services will be determined based on the requirements of the No Surprises Act and its implementing regulations.	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of charges	20% of charges after in-network deductible

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Benefit Description	You Pay	
Ambulance	High Option	Standard Option
Ambulance and medical transportation for medical emergencies described in this section and non-emergency medical transportation when medically appropriate.	In- or Out-of-Network: 20% of charges	In- or Out-of-Network: 20% of charges after in-network deductible
The amount you pay for air ambulance services will be determined based on the requirements of the No Surprises Act and its implementing regulations.		
Under the No Surprises Act, out-of-network air ambulance providers may not bill patients for more than their cost-sharing responsibility for the corresponding innetwork service.		
Note: Fixed Wing Air Ambulance transport requires prior authorization from HealthPartners. <i>Fixed Wing Air Ambulance</i> is an aircraft such as an airplane, jet, or turbo prop plan that is able to travel longer distances than its counterpart, the Rotary Wing Air Ambulance (i.e., the helicopter). Under the No Surprises Act, Non-Network air ambulance providers may not bill patients for more than their cost-sharing responsibility for the corresponding Network service.		

## Section 5(e). Mental Health and Substance Use Disorder Benefits

#### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- You do not need a referral from your primary care provider to obtain mental health or substance abuse services.
- Our Behavioral Health Personalized Assistance Line (PAL) staff can match you with a network provider who
  can meet your behavioral health needs. We can identify providers by specialty and by specific diagnostic,
  language and cultural competence. If you have an urgent need, we can link you to same day/next day
  psychiatric appointments. Call 952-883-5811 or 888-638-8787.
- For High Option. The plan includes a \$500 calendar year deductible specific only to inpatient and outpatient hospital services and MRI/CT scans.
- For Standard Option. For Network Expenses: The calendar year deductible is: \$750 per person with Self Only enrollment, \$1,500 per Self Plus One enrollment, or \$1,500 per Self and Family enrollment. For Out-of-Network Expenses: The calendar year deductible is: \$2,000 per person with Self Only enrollment, \$4,000 per Self Plus One enrollment, or \$4,000 per Self and Family enrollment. The calendar year deductible applies to almost all Standard Option benefits in this Section. We added "deductible does not apply" to show when the calendar year deductible does not apply.
- Be sure to read Section 4, *Your Cost for Covered Services*, for valuable information about how cost-sharing works. Also read Section 9 about coordinating benefits with other coverage, including with Medicare.

Benefit Description	You Pay	
For Standard Option, a calendar year deductible applies to almost all benefits in this Section. We specify when it does not apply.		
Professional services	High Option	Standard Option
We cover professional services by licensed professional mental health and substance use disorder treatment practitioners when acting within the scope of their license, such as psychiatrists, psychologists, clinical social workers, licensed professional counselors, or MFT's.	Your cost sharing responsibilities are no greater than for other illnesses or conditions	Your cost sharing responsibilities are no greater than for other illnesses or conditions

Professional services - continued on next page

Benefit Description	You	Pav
Professional services (cont.)	High Option	Standard Option
We cover diagnosis and treatment of psychiatric conditions, mental illness, or mental disorders. Services include:  • Diagnostic evaluation  • Crisis intervention and stabilization for acute episodes  • Medication evaluation and management (pharmacotherapy)  • Psychological and neuropsychological testing necessary to determine the appropriate psychiatric treatment  • Treatment and counseling (including individual therapy visits)  • Diagnosis and treatment of substance use disorders, including detoxification, treatment and counseling  • Professional charges for intensive outpatient treatment in a provider's office or other professional setting  • Electroconvulsive therapy	\$45 per visit	In-Network: \$0 for the first 5 office, convenience clinic, telephone, urgent care visits, evisits and video visits combined in a calendar year (deductible does not apply), then 20% of charges, subject to the innetwork deductible. Physician's services, laboratory and radiology performed in conjunction with the same visit and on the same date of service are included; however, charges for day treatment services, group visits, office procedures, electrocardiogram (ECG or EKG) and electroencephalogram (EEG), MRI/CT and other ancillary services are not included and will be subject to your deductible and coinsurance.  Out-of-Network: 40% of charges after out-of-network deductible
Group therapy visits for mental health	\$22.50 per visit	In-Network: 20% of charges after in-network deductible  Out-of-Network: 40% of charges after out-of-network deductible
Diagnostics	High Option	Standard Option
We cover:  Outpatient diagnostic tests provided and billed by a licensed mental health and substance use disorder treatment practitioner  Outpatient diagnostic tests provided and billed by a laboratory, hospital or other covered facility  Inpatient diagnostic tests provided and billed by a hospital or other covered facility	\$45 per visit	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible
Inpatient hospital or other covered facility	High Option	Standard Option
We cover inpatient services provided and billed by a hospital or other covered facility  • Room and board, such as semiprivate or intensive accommodations, general nursing care, meals and special diets, residential treatment, and other hospital services	\$500 hospital deductible for inpatient and outpatient hospital services combined, then 20% of inpatient hospital charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 40% of charges after out-of-network deductible

Benefit Description	You Pay	
Outpatient hospital or other covered facility	High Option	Standard Option
We cover outpatient services provided and billed by a hospital or other covered facility	\$45 per visit	In-Network: 20% of charges after in-network deductible
<ul> <li>Services in approved treatment programs, such as partial hospitalization, half-way house, full-day hospitalization, or facility-based intensive outpatient treatment</li> </ul>		Out-of-Network: 40% of charges after out-of-network deductible
Not covered	High Option	Standard Option
Marriage or relationship counseling services	All charges	All charges
Sex therapy		
Religious counseling		
<ul> <li>Wilderness and outdoor programs even when the program is through a licensed facility</li> </ul>		
<ul> <li>Animal therapy, including hippotherapy and equine therapy</li> </ul>		
Psychiatric residential treatment facility programs		
<ul> <li>Professional services associated with substance use disorder interventions. A "substance use disorder intervention" is a gathering of family and/or friends to encourage an Enrollee or family member to seek substance use disorder treatment.</li> </ul>		

## Section 5(f). Prescription Drug Benefits

#### Important things you should keep in mind about these benefits:

- We cover prescribed drugs and medications, as described in the chart beginning on the next page.
- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- Your prescribers must obtain prior approval/authorizations for certain prescription drugs and supplies before coverage applies. Prior approval/authorization must be renewed periodically.
- Federal law prevents the pharmacy from accepting unused medications.
- Be sure to read Section 4, *Your Cost for Covered Services*, for valuable information about how cost-sharing works. Also read Section 9 about coordinating benefits with other coverage, including with Medicare.
- For Standard Option. For Network Expenses: The calendar year deductible is: \$750 per person with Self Only enrollment, \$1,500 per Self Plus One enrollment, or \$1,500 per Self and Family enrollment. For Out-of-Network Expenses: The calendar year deductible is: \$2,000 per person with Self Only enrollment, \$4,000 per Self Plus One enrollment, or \$4,000 per Self and Family enrollment. The deductible does not apply to generic formulary drugs. The deductible does apply to brand and specialty drugs. We added "deductible does not apply" to show when the calendar year deductible does not apply.
- The Plan uses the *PreferredRx Formulary*. It excludes drugs for sexual dysfunction. Other drugs may be excluded for certain indications.
- See section 9 for the EGWP opt out process.
- The exclusion for hormone treatments for Sex-Trait Modification for gender dysphoria only pertains to chemical and surgical modification of an individual's sex traits (including as part of "gender transition" services). We do not exclude coverage for entire classes of pharmaceuticals, e.g., GnRH agonists may be prescribed during IVF, for reduction of endometriosis or fibroids, and for cancer treatment or prostate cancer/tumor growth prevention.

#### There are important features you should be aware of. These include:

- Biosimilar drugs, regardless of interchangeability status, are not considered Generic Drugs and are not covered under the Generic Drug benefit. A biosimilar drug is a Prescription Drug that the FDA has determined is highly-similar to a biological Brand Name Drug. HealthPartners will review each biosimilar drug and establish formulary, coverage and specialty designations.
- Who can write your prescription. A licensed physician or dentist, and in states allowing it, licensed/certified providers with prescriptive authority prescribing within their scope of practice must prescribe your medication.
- Where you can obtain them.
  - **High Option:** You must fill the prescription at a Plan pharmacy or by mail.
  - **Standard Options:** For in-network benefits, you must fill the prescription at a Plan pharmacy or by mail. Out-of-network benefits apply when you do not use a Plan pharmacy.
  - **For both Options, specialty drugs** must be obtained at a designated vendor. The specialty drug list is available by calling Member Services or by visiting our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.
- The plan uses the **PreferredRx formulary**. Check to see which drugs are covered and the level of coverage. The formulary excludes drugs for sexual dysfunction. Please see our online formulary and drug pricing search tools on <a href="https://www.healthpartners.com">www.healthpartners.com</a>.
- We cover formulary drugs. Formulary drugs are a list of drugs that we selected to meet patient needs at a lower cost. For information on the formulary exception process visit <a href="www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

- These are the dispensing limitations. Unless otherwise specified in this section, you may receive up to a 30-day supply per prescription. Certain drugs may require prior authorization or have quantity limits. HealthPartners may require prior authorization for the drug and also the site where the drug will be provided. The Formulary and information on drugs with limitations are available by calling Member Services or sign in to your HealthPartners online account at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>. All drugs are subject to our utilization review process and quantity limits. New prescriptions to treat certain chronic conditions are limited to a 30-day supply. Certain drugs may be subject to our trial drug program. A 90-day supply will be covered and dispensed only at pharmacies that participate in our extended day supply program. No more than a 30-day supply of Specialty Drugs will be covered and dispensed at a time, unless it's a manufacturer supplied drug that cannot be split that supplies the enrollee with more than a 30-day supply, or unless specified on the specialty drug list. If a copayment is required, you must pay one copayment for each 30-day supply, or portion thereof, except for mail order drugs, see benefit described below.
- When an approved generic equivalent is available, that is the drug you will receive, unless you or your prescriber specifies that the prescription must be filled as written ("Dispense as Written DAW"). If an approved generic equivalent is available, but you or your prescriber specifies that the prescription must be filled as written, you will pay the non-preferred brand-name formulary coinsurance. If your physician does not require a brand name drug or we do not approve the request, you have to pay your applicable copayment or coinsurance plus the difference in cost between the name brand drug and the generic. Other formulary limitations, such as quantity limits, may still apply.
- Why use generic drugs? Generic drugs offer a safe and economic way to meet your prescription drug needs. The generic name of a drug is its chemical name; the name brand is the name under which the manufacturer advertises and sells a drug. Under Federal law, generic and name brand drugs must meet the same standards for safety, purity, strength, and effectiveness. A generic prescription costs you and us less than a name brand prescription.
- If you request a refill too soon after the last one was filled, it may not be filled at that time. It may require up to 14 days to get mail order prescriptions filled, so this service is best for maintenance drugs, not for drugs you need immediately or for drugs you are taking on a short-term basis. Federal or state regulations may prevent us from filling certain prescriptions through mail order service, such as laws that prohibit us from sending narcotic drugs across state lines.
- Cost Sharing Limits for Insulin: We will limit your cost-sharing on prescription insulin to no more than the net price of the prescription insulin drug. This applies at the point of sale, including deductible payments and the cost-sharing amounts charged once the deductible is met. Cost-sharing means a deductible payment, copayment, or coinsurance amount that you must pay for covered prescription insulin in accordance with the terms and conditions of this health plan. Net price is our cost for prescription insulin, including any rebates or discounts received by or accrued directly or indirectly to us from a drug manufacturer or pharmacy benefit manager.
- When you have to file a claim. You do not need to file a claim for drugs obtained at a network pharmacy or through our designated mail order service. You would need to file a claim for prescription drugs covered as part of an out-of-area emergency, if you did not get them at a network pharmacy. See Section 7 for instructions on filing a claim.

**A member who is called to active military duty** can call HealthPartners Member Services Department at 844-440-1900 to get information on how to get a medium-term, 3 month supply of drugs.

In the event of a national or other emergency, you can call HealthPartners Member Services Department at 844-440-1900 to get information on how to get a supply of drugs to meet your needs.

Benefit Description	You	Pay	
For Standard Option, a calendar year deductible applies to almost all benefits in this Section. The deductible does not apply to generic formulary drugs.			
Covered medications and supplies	High Option	Standard Option	
We cover the following formulary medications and supplies prescribed by a licensed provider and obtained from a Plan pharmacy or through our designated mail order program:  • Drugs and medications that by Federal law of the United States require a physician's prescription for their purchase, except those listed as <i>Not covered</i> .  • Insulin  • Medications prescribed to treat obesity  Authorization requirements are noted in the Drug Formulary	\$5 for low cost generic formulary drugs  \$25 for high cost generic formulary drugs  \$75 for preferred brand-name formulary drugs  60% coinsurance for non-preferred brand-name formulary drugs  The copayment applies per 30-day supply, or portion thereof	In-Network:  \$5 for low cost generic formulary drugs (deductible does not apply)  \$25 for high cost generic formulary drugs (deductible does not apply)  \$75 for preferred brand-name formulary drugs after innetwork deductible  60% coinsurance for nonpreferred brand-name formulary drugs after innetwork deductible  The copayment applies per 30-day supply, or portion thereof  Out-of-Network: 60% of charges after out-of-network deductible	

Covered medications and supplies - continued on next page

Benefit Description	You	Pay
Covered medications and supplies (cont.)	High Option	Standard Option
Contraceptive drugs and devices as listed in the Health Resources and Services Administration site <a href="https://www.hrsa.gov/womens-guidelines">https://www.hrsa.gov/womens-guidelines</a> . Contraceptive coverage is available at no cost to FEHB members. The contraceptive benefit includes at least one option in each of the HRSA-supported categories of contraception (as well as the screening, education, counseling, and follow-up care). Any contraceptive that is not already available without cost sharing on the formulary can be accessed through the contraceptive exceptions process. Your prescriber will obtain prior approval. Contact Member Services at 844-440-1900 (TTY: 711) for information on this process.	Nothing for formulary drugs  Nothing if a Provider requests that a Non-Formulary contraceptive drug be dispensed as written	In-Network: Nothing for formulary drugs; Nothing if a Provider requests that a Non-Formulary contraceptive drug be dispensed as written  Out-of-Network: 60% of charges after out-of-network deductible
<ul> <li>Over-the-counter and prescription drugs approved by the FDA to prevent unintended pregnancy.</li> <li>If you have difficulty accessing contraceptive coverage or other reproductive healthcare, you can contact</li> </ul>		
<ul> <li>contraception@opm.gov.</li> <li>Reimbursement for covered over-the-counter contraceptives can be submitted in accordance with Section 7.</li> </ul>		
Note: For additional Family Planning benefits see Section 5(a)		
Notes:		
<ul> <li>Coverage is limited to females (based on sex assigned at birth)</li> </ul>		
This benefit applies whether the birth control drug or device is used for birth control or for a medically necessary purpose other than birth control.		
Over-the-counter contraceptive drugs and devices require a written prescription by an approved provider. These may be purchased at a pharmacy counter.		
Opioid rescue agents are covered under this Plan. Generic nasal spray (4 mg) is covered with no cost sharing when	Nothing for Generic nasal spray (4 mg)	In-Network: Nothing for Generic nasal spray (4 mg)
obtained with a prescription from a network pharmacy.  For more information consult the FDA guidance at: <a href="https://www.fda.gov/consumers/consumer-updates/access-naloxone-can-save-life-during-opioid-overdose">https://www.fda.gov/consumers/consumer-updates/access-naloxone-can-save-life-during-opioid-overdose</a>		Out-of-Network: 60% of charges after out-of-network deductible
Or call SAMHSA's National Helpline 1-800-662-HELP (4357) or go to <a href="https://www.findtreatment.samhsa.gov/">https://www.findtreatment.samhsa.gov/</a>		

Covered medications and supplies - continued on next page

Benefit Description You Pay		
Covered medications and supplies (cont.)	High Option	Standard Option
Preventive Medications with USPSTF A or B recommendations. These may include some over-the-counter vitamins, nicotine replacement medications, and low dose aspirin for certain patients. For current recommendations go to <a href="https://www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations">www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations</a> Note: Over-the-counter and appropriate prescription drugs approved by the FDA to treat tobacco and nicotine dependence are covered under the Tobacco Cessation Educational Classes and Programs in Section 5(a)	Nothing	In-Network: Nothing Out-of-Network: 60% of charges after out-of-network deductible
Diabetic supplies limited to  disposable needles and syringes for the administration of covered medications  blood glucose testing meters and strips  other diabetes supplies such as lancets and pen needles or insulin syringes	20% of charges	In-Network: 20% of charges after in-network deductible Out-of-Network: 60% of charges after out-of-network deductible
Drugs for breast cancer prevention for individuals at high risk for breast cancer who have not yet been diagnosed with the disease	Nothing for formulary drugs	In-Network: Nothing for formulary drugs Out-of-Network: 60% of charges after out-of-network deductible
We cover specialty drugs.  Note: Specialty drugs are injectable and oral medications that are used to treat chronic health conditions including but not limited to such conditions as transplant recipients, immunological conditions, growth hormone, bleeding disorder, HIV/AIDS. We require prior authorization for certain drugs and the site where the drug will be administered. Please refer to the drug plan formulary to determine if the drug you have been prescribed by your physician needs to be filled by one of the plan's Specialty Pharmacy providers.  • For safety, all mailing will be shipped based on temperature requirements and considerations.  • Specialty drugs cannot be obtained through the traditional 90-day mail order program.	40% coinsurance for generic specialty drugs 50% coinsurance for brand-name specialty drugs	In-Network:  40% coinsurance for generic specialty drugs, after in-network deductible  50% coinsurance for brand-name specialty drugs, after in-network deductible  Out-of-Network: <i>All charges</i>
We cover oral chemotherapy drugs.  Note: oral chemotherapy drugs must be obtained from a designated vendor	40% coinsurance for formulary drugs	In-Network: 40% coinsurance for formulary drugs, after in-network deductible  Out-of-Network: <i>All charges</i>

Covered medications and supplies - continued on next page

Benefit Description	You	Pay
Covered medications and supplies (cont.)	High Option	Standard Option
Not covered:	All charges	All charges
<ul> <li>Drugs and supplies for cosmetic purposes</li> </ul>		
<ul> <li>Nonprescription (over-the counter) drugs, including, but not limited to vitamins, nutrients, medical foods, food supplements and homeopathic remedies, even if a physician prescribes or administers them, except as specified in this brochure or on the Formulary and prescribed by a physician or legally authorized health care provider under applicable state and federal law.</li> </ul>		
<ul> <li>Non-Formulary Drugs, unless a Formulary exception has been granted through the Formulary exception process</li> </ul>		
<ul> <li>Drugs obtained at a non-Plan pharmacy; except for out- of-area emergencies (High Option only)</li> </ul>		
<ul> <li>Medical supplies such as dressings and antiseptics</li> </ul>		
• Drugs to enhance athletic performance		
Sexual dysfunction drugs		
<ul> <li>Replacement of prescription drugs, equipment and supplies due to loss, damage or theft</li> </ul>		
Medical cannabis		
<ul> <li>Drugs and indications that are newly approved by the FDA until they are reviewed and coverage is established by HealthPartners Pharmacy and Therapeutics Committee.</li> </ul>		
• Drugs on the Excluded Drug List. The Excluded Drug List includes select drugs within a therapy class that are not eligible for coverage. This includes drugs that may be excluded for certain indications. The Excluded Drug List is available at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>		
<ul> <li>Drugs prescribed in connection with Sex-Trait Modification for treatment of gender dysphoria</li> </ul>		
If you are mid-treatment under this Plan, within a surgical or chemical regimen for Sex-Trait Modification for diagnosed gender dysphoria, for services for which you received coverage under the 2025 Plan brochure, you may seek an exception to continue care for that treatment. The exception process can begin by calling Member Services at 844-440-1900 from 8 a.m. until 6 p.m., Monday through Friday, Central Standard Time or visit <a href="www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> . If you disagree with our decision on your exception, please see Section 8 of this brochure for the disputed claims process.		
Individuals under age 19 are not eligible for exceptions related to services for ongoing surgical or hormonal treatment for diagnosed gender dysphoria.		

Benefit Description	You Pay		
Mail order benefits	High Option	Standard Option	
You may also get outpatient formulary prescription drugs which can be self-administered through the designated mail order service. For information on how to obtain drugs through HealthPartners mail order service, please visit <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> .  This benefit does not apply to drugs listed under Limited Benefits below.	\$10 for low cost generic formulary drugs  \$50 for high cost generic formulary drugs  \$150 for preferred brand-name formulary drugs  60% coinsurance for non-preferred brand-name formulary drugs  The copayment applies per 90-day supply, or portion thereof	In-Network:  \$10 for low cost generic formulary drugs (deductible does not apply)  \$50 for high cost generic formulary drugs (deductible does not apply)  \$150 for preferred brand-name formulary drugs after innetwork deductible  60% coinsurance for nonpreferred brand-name formulary drugs after innetwork deductible  The copayment applies per 90-day supply, or portion thereof  Out-of-Network: all charges	
Prescription drug benefits - limited benefits	High Option	Standard Option	
Growth hormones	20% of charges	In-Network: 20% of charges after in-network deductible  Out-of-Network: 60% of charges after out-of-network deductible	
<ul> <li>Fertility drugs</li> <li>Limited to products listed on the Formulary</li> <li>Fertility drugs used with IVF are limited to three cycles per calendar year</li> </ul>	40% of charges	In-Network: 40% of charges after in-network deductible Out-of-Network: All charges	

### Section 5(g). Dental Benefits

### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- If you are enrolled in a Federal Employees Dental/Vision Insurance Program (FEDVIP) Dental Plan, your FEHB Plan will be First/Primary payor of any Benefit payments and your FEDVIP Plan is secondary to your FEHB Plan. See Section 9, *Coordinating benefits with other coverage*.
- For Standard Option. For Network Expenses: The calendar year deductible is: \$750 per person with Self Only enrollment, \$1,500 per Self Plus One enrollment, or \$1,500 per Self and Family enrollment. For Out-of-Network Expenses: The calendar year deductible is: \$2,000 per person with Self Only enrollment, \$4,000 per Self Plus One enrollment, or \$4,000 per Self and Family enrollment. The calendar year deductible applies to almost all Standard Option benefits in this Section. We added "deductible does not apply" to show when the calendar year deductible does not apply.
- We cover hospitalization for dental procedures only when a non-dental physical impairment exists which makes hospitalization necessary to safeguard the health of the patient or as required for children who receive anesthesia per our medical policy. See Section 5(c) for inpatient hospital benefits. We do not cover the dental procedure unless it is described below.
- Be sure to read Section 4, *Your Cost for Covered Services*, for valuable information about how cost-sharing works. Also read Section 9 about coordinating benefits with other coverage, including with Medicare.

Benefit Description	You	Pay
Accidental injury benefit	High Option	Standard Option
• Accidental dental services In-Network: Restorative services and supplies provided by Plan dentists necessary to promptly repair or replace sound, natural, unrestored teeth, including the cost and installation of necessary prescription dental prosthetic items or devices. The need for these services must directly result from an accidental injury, not including injury from biting, chewing, clenching or grinding of teeth. Coverage is limited to the initial treatment (or course of treatment) and/or restoration. Only services provided within 24 months from the date of injury are covered. When a dental implant is pursued, reimbursement for the implant and any associated procedures (including bone grafting, implant placement and restoration) is limited to the amount that would be paid toward the fabrication of a removable dental prosthesis. Full mouth rehabilitation to correct occlusion (bite) and malocclusion (misaligned teeth not due to the accident) are not covered.		20% of charges after in-network deductible
• Emergency accidental dental services Out-of- Network: Emergency dental services for accidental injury, as described above, when they are provided by Out-of-Network dentists if the injuries require immediate treatment.	30% of charges	30% of charges after in-network deductible

### Section 5(h). Wellness and Other Special Features

#### CareLine® Service

When you call the CareLine service, you reach a skilled nurse who is specially trained to assess medical conditions of all kinds. Call 612-339-3663 or 800-551-0859 and talk with a registered nurse who will discuss treatment options and answer your health questions.

#### **BabyLine Service**

If you're an expecting or new parent and have questions after regular clinic hours, our BabyLine service is just for you. The BabyLine service is staffed by obstetric nurses who can help with questions relating to pregnancy, new baby care, nursing, and postpartum concerns. Call 612-333-BABY (333-2229) or 800-845-9297.

### Behavioral Health Personalized Assistance Line (PAL)

Our Behavioral Health Personalized Assistance Line (PAL) staff can match you with the network provider that best meets your behavioral health needs. We can identify providers based on:

- · Specialty or subspecialty
- Specific diagnostic, language and cultural competence

And if you have an urgent need, we can link you to same day/next day psychiatric appointments. Call 952-883-5811 or 888-638-8787.

### **Nurse Navigators**

Nurse Navigators are experienced nurses who can help research treatment options, coordinate care and guide you through difficult decisions. Call 844-440-1900.

### Services for the deaf and hearing impaired

If you are deaf or hearing impaired, call 711

#### **Online tools**

As a Plan member, you have instant access to detailed, secured information and helpful services tailored to you. Depending on your coverage, you may be able to:

- · View your personal health record
- · See your claims information
- · View your benefits
- · View your medical and dental provider networks
- · Find health and wellness information
- · Order new ID cards
- Make appointments at HealthPartners Clinics
- · Refill a mail order prescription
- Determine the retail and mail order costs of specific drugs
- See all the medications on the HealthPartners preferred list of covered drugs
- Estimate your annual cost of medical care

To access your personalized member page, visit www.healthpartners.com/fehb.

#### Virtuwell

Virtuwell is an online clinic that treats everyday illnesses so you- or your kids-can get better.

- Quickly and conveniently get care for over 60 common conditions
- get a diagnosis, treatment plan and prescription if needed- all in less than an hour
- you pay nothing. See section 5(a)
- 24/7, with nurse practitioners available

### Mobile tools

Download the HealthPartners app or visit the mobile site to find and manage your health plan on-the-go.

### Use your smartphone to:

- Access your Member ID card
- Check your plan balances including your deductible

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- · Search for the closest care locations to you
- · Get cost estimates
- View claims and Explanation of Benefits (EOBs)
- · ...and more

# Download the app today in your app store or visit m.healthpartners.com to learn more about HealthPartners mobile offerings, visit <a href="https://www.healthpartners.com/gomobile">www.healthpartners.com/gomobile</a>.

If you have a mobile phone that can get text messages, you can receive a variety of texts from HealthPartners. Either opt in to receive weekly texts or add a phone number in your HealthPartners account to get text specific to you.

Text one of these commands to 77199:

- **DED**: For how much is remaining until you meet your deductible
- YUM: For better-for-you eating tips from yumPower
- FAMILY: For ideas to support your family's health
- QUITNOW: For tips to help you quit smoking

# Health assessment and wellness courses

There's no greater reward than living a healthy life. In case you need extra incentive, we've got one for you. When you complete your health assessment and register and complete an eligible online health improvement program, you are entitled to receive a contribution of \$250 into your HealthPartners Wellness Account debit card to be used for most qualified medical expenses incurred in 2026, prescriptions and IRS 213(d) vision expenses. For those with Self Plus One or Self and Family coverage, each adult employee or covered spouse, is eligible for the \$250 contribution to the HealthPartners Wellness Account. We will send the policyholder two debit cards to access the account. Please keep your card for future use even if you use all of your health account dollars; you may be eligible for wellness incentives in subsequent benefit years. We do not send new cards to continuing participants until the card expires. Funds earned in the current plan year cannot be used for expenses incurred in the prior plan year. To avoid repayments, do not use your Wellness card to pay for prior year expenses. The account funds must be used by December 31, 2027 or the account will be forfeited.

After completing the online health assessment, you may access online wellness courses to set personalized goals designed to improve your health through increased exercise, healthier nutrition habits, managing your weight, reduced stress, better emotional health, or goals that focus on managing a specific condition. You must complete the health assessment and complete an eligible online health improvement program no later than December 31, 2026 in order to receive these incentives.

### Getting rewarded is simple.

- Sign in to your HealthPartners online account at <a href="www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>. If you don't have a username and password, click on "Create an account".
- Take your health assessment.
- Register for an eligible online health improvement program
- Complete the eligible online health improvement program.
- Don't forget, this includes your covered spouse!
- · One set of two debit cards will be sent to access the funds in your HealthPartners Wellness Account.

### **Living Well Activities**

We offer many free programs that may help you with managing weight, dealing with stress, eating better, family health and more:

- · Individual phone coaching with a professional health coach
- · Group phone coaching with a professional health coach
- Online health programs

Sign in to your HealthPartners online account at <a href="www.healthpartners.com/fehb">www.healthpartners.com/fehb</a> for more information.

# Healthy Pregnancy program

Medicare Premium Reimbursement for High Option members enrolled in both Medicare Parts A and B

# Flexible benefits option

Start by taking an online assessment at healthpartners.com/pregnancysupport. Based on your answers, you may get a call from a nurse. Our specially-trained team will work with you to answer any questions and give advice between doctor visits. You will also gain access to digital pregnancy content in your HealthPartners online account and through email. It's all written by our health experts and timed to where you're at in your pregnancy.

High option members enrolled in both Medicare Part A and Part B are eligible to be reimbursed up to \$1,200 per calendar year for their Medicare Part B premium payments. Eligible members must have an healthpartners.com/fehb account and notify HealthPartners of their Medicare enrollment status. To receive Part B premium reimbursement, eligible members must submit proof of Part B premium payment no later than March 31 of the following year. For more information on how to get reimbursement for your paid Medicare Part B premiums, please call 844-440-1900 or visit healthpartners.com/fehb/medicare.

Under the flexible benefits option, we determine the most effective way to provide services.

- We may identify medically appropriate alternatives to regular contract benefits as a less costly alternative. If we identify a less costly alternative, we will ask you to sign an alternative benefits agreement that will include all of the following terms in addition to other terms as necessary. Until you sign and return the agreement, regular contract benefits will continue.
- Alternative benefits will be made available for a limited time period and are subject to our ongoing review. You must cooperate with the review process.
- By approving an alternative benefit, we do not guarantee you will get it in the future.
- The decision to offer an alternative benefit is solely ours, and except as expressly provided in the agreement, we may withdraw it at any time and resume regular contract benefits.
- If you sign the agreement, we will provide the agreed-upon alternative benefits for the stated time period (unless circumstances change). You may request an extension of the time period, but regular contract benefits will resume if we do not approve your request.

Our decision to offer or withdraw alternative benefits is not subject to OPM review under the disputed claims process. However, if at the time we make a decision regarding alternative benefits, we also decide that regular contract benefits are not payable, then you may dispute our regular contract benefits decision under the OPM disputed claim process (see Section 8).

# Rewards and Incentives

HealthPartners wants you to get the most out of your health plan and help you live healthier. We may offer rewards or incentives to encourage you to access certain services, engage in healthy behaviors, engage with health plan benefits and/or to participate in various optional programs, including but not limited to, incentives for accessing medically appropriate low-cost prescription alternatives. In some instances, these optional programs may be offered in combination with a non-HealthPartners entity ("program vendor"). The optional programs are not benefits under this plan, but are separate components which are not guaranteed and could be discontinued at any time. The optional programs are available as long as this plan remains active, unless changed by HealthPartners. Upon termination of coverage, the optional programs and the rewards or incentives for participating are no longer available.

Based on the terms of the optional programs being offered, you, and in some cases, your dependent(s) enrolled in this plan, may be eligible to receive rewards or incentives. Some programs are only available to dependents 18 years of age or older. Rewards or incentives may include, but are not limited to gift cards, debit cards, discount cards, and/or merchandise. HealthPartners does not endorse any vendor, product or service associated with the optional programs or any rewards or incentives you may be eligible to receive. Program vendors are solely responsible for the products and services you receive. Certain rewards or incentives may be considered taxable income. You may wish to consult with your tax advisor or legal counsel for further guidance.

The decision about whether to take part in an optional program is yours alone. We recommend that you discuss such optional programs with your Health Care Provider. To learn more about programs that may be available, sign in to your online account at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

### Section 5(i). Non-FEHB Benefits Available to Plan Members

The benefits listed in this section are not part of the FEHB contract or premium, and you cannot file an FEHB disputed claim about them. Fees you pay for these services do not count toward FEHB deductibles or catastrophic protection out-of-pocket maximums. These programs and materials are the responsibility of the Plan, and all appeals must follow the Plan's guidelines. For additional information contact the Plan at 844-440-1900 (TTY: 711) or visit <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

For both High Option and Standard Option, HealthPartners is proud to offer value-added services that help members lead healthier lifestyles.

Eyewear discount at Plan optical centers, including HealthPartners

Eye Care Centers and EyeMed retailers such as Target, LensCrafters, etc. For more information on the program visit www.healthpartners.com/fehb or call member services at 844-440-1900.

on the program visit <u>www.healthpartners.com/fehb</u> or call member services at 844-440-1900.

Healthy discounts program HealthPartners retail savings program gives you discounts on tools and services from reputable

organizations to help you be as healthy as you can be. Complete information and list of partner organizations can be found online at www.healthpartners.com/fehb or call member services at

844-440-1900

### Section 6. General Exclusions – Services, Drugs and Supplies We Do Not Cover

The exclusions in this section apply to all benefits. There may be other exclusions and limitations listed in Section 5 of this brochure. Although we may list a specific service as a benefit, we will not cover it unless it is medically necessary to prevent, diagnose, or treat your illness, disease, injury, or condition. For information on obtaining prior approval for specific services, such as transplants, see Section 3 When you need prior Plan approval for certain services.

We do not cover the following:

- High Option: Care by non-Plan providers except for authorized referrals or emergencies (see *Emergency services/accidents*).
- Services, drugs, or supplies you receive while you are not enrolled in this Plan
- · Services, drugs, or supplies not medically necessary
- · Services, drugs, or supplies not required according to accepted standards of medical, dental, or psychiatric practice
- Experimental or investigational procedures, treatments, drugs or devices (see specifics regarding transplants)
- Prepaid programs and services, including concierge
- Services, drugs, or supplies related to abortions, except when the life of the mother would be endangered if the fetus were carried to term or when the pregnancy is the result of an act of rape or incest
- · Services, drugs, or supplies you receive from a provider or facility barred from the FEHB Program
- Services, drugs, or supplies you receive without charge while in active military service
- Services or supplies furnished by yourself, immediate relatives or household members, such as spouse, parents, children, brothers or sisters by blood, marriage or adoption.
- Services or supplies we are prohibited from covering under the Federal Law.
- Charges for phone, data, software or mobile applications/apps unless specifically described as covered in our coverage criteria policies for the device or service.
- Any benefits or services required solely for your employment are not covered by this plan.
- Chemical or surgical modification of an individual's sex traits through medical interventions (to include "gender transition" services), other than mid-treatment exceptions, see Section 3. How You Get Care.

### Section 7. Filing a Claim for Covered Services

This Section primarily deals with post-service claims (claims for services, drugs or supplies you have already received). See Section 3 for information on pre-service claims procedures (services, drugs or supplies requiring prior Plan approval), including urgent care claims procedures. When you see Plan providers, receive services at Plan hospitals and facilities or obtain your prescription drugs at Plan pharmacies, you will not have to file claims. Just present your identification card and pay your copayment, coinsurance or deductible.

You will only need to file a claim when you receive services from non-plan providers. Sometimes these providers bill us directly. Check with the provider. If you need to file a claim, here is the process:

# Medical and hospital benefits

In most cases, providers and facilities file HIPAA compliant electronic claims for you. In cases where a paper claim must be used, the provider must file on the form CMS-1500, Health Insurance Claim Form. Your facility will file on the UB-04 form. For claims questions and assistance, contact us at 844-440-1900 (TTY: 711), or at our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

When you must file a claim – such as for services you received outside the Plan's Network—submit it on the CMS -1500 or a claim form that includes the information shown below. Bills and receipts should be itemized and show:

- Covered member's name, date of birth, address, phone number and ID number
- Name and address of the provider or facility that provided the service or supply
- · Dates you received the services or supplies
- Revenue, diagnosis, and procedure codes
- The charge for each service or supply
- A copy of the explanation of benefits, payments, or denial from any primary payor such as the Medicare Summary Notice (MSN)
- · Receipts, if you paid for your services

Note: Canceled checks, cash register receipts, or balance due statements are not acceptable substitutes for itemized bills.

### **Submit your claims to:**

HealthPartners Claims PO Box 21024 Eagan, MN 55121

### **Prescription drugs**

**Submit your claims to:** HealthPartners Claims PO Box 21024 Eagan, MN 55121

#### Other supplies or services

Submit your claims to: HealthPartners Claims PO Box 21024 Eagan, MN 55121

# Deadline for filing your claim

Send us all of the documents for your claim as soon as possible. You must submit the claim by December 31 of the year after the year you received the service, unless timely filing was prevented by administrative operations of Government or legal incapacity, provided the claim was submitted as soon as reasonably possible.

# Post-service claims procedures

We will notify you of our decision within 30 days after we receive your post-service claim. If matters beyond our control require an extension of time, we may take up to an additional 15 days for review and we will notify you before the expiration of the original 30-day period. Our notice will include the circumstances underlying the request for the extension and the date when a decision is expected.

If we need an extension because we have not received necessary information from you, our notice will describe the specific information required and we will allow you up to 60 days from the receipt of the notice to provide the information.

If you do not agree with our initial decision, you may ask us to review it by following the disputed claims process detailed in Section 8 of this brochure.

Records

Keep a separate record of the medical expenses of each covered family member as deductibles and maximum allowances apply separately to each person. Save copies of all medical bills, including those you accumulate to satisfy a deductible. In most instances they will serve as evidence of your claim. We will not provide duplicate or year-end statements.

Deadline for filing your claim

Send us all the documents for your claim as soon as possible. You must submit the claim by December 31 of the year after the year you received the service. If you could not file on time because of Government administrative operations or legal incapacity, you must submit your claim as soon as reasonably possible. Once we pay benefits, there is a three year limitation on the re-issuance of uncashed checks.

Overseas claims

HealthPartners will not send payment to non-U.S. providers. HealthPartners requires an itemized, original copy of the charges with the facility name on the bill to process the claim. The statement should be in English or translated prior to sending. Also include a brief letter explaining the illness/injury, including the following information:

- Name of the city and country where services were rendered
- The reason you sought medical care
- What type of care was provided (i.e., x-rays, lab work, surgery, office visit, etc.)
- Place of service (i.e., hospital, doctor's office, etc.)
- The currency the services were charged in
- · Proof of payment

If you have questions about the processing of overseas claims, contact 844-440-1900.

When we need more information

Please reply promptly when we ask for additional information. We may delay processing or deny benefits for your claim if you do not respond. Our deadline for responding to your claim is stayed while we await all of the additional information needed to process your claim.

Authorized representative

You may designate an authorized representative to act on your behalf for filing a claim or to appeal claims decisions to us. For urgent care claims, we will permit a healthcare professional with knowledge of your medical condition to act as your authorized representative without your express consent. For the purposes of this section, we are also referring to your authorized representative when we refer to you.

**Notice requirements** 

If you live in a county where at least 10% of the population is literate only in a non-English language (as determined by the Secretary of Health and Human Services), we will provide language assistance in that non-English language. You can request a copy of your Explanation of Benefits (EOB) statement, related correspondence, oral language services (such as phone customer assistance), and help with filing claims and appeals (including external reviews) in the applicable non-English language. The English versions of your EOBs and related correspondence will include information in the non-English language about how to access language services in that non-English language.

Any notice of an adverse benefit determination or correspondence from us confirming an adverse benefit determination will include information sufficient to identify the claim involved (including the date of service, the healthcare provider, and the claim amount, if applicable), and a statement describing the availability, upon request of the diagnosis and procedure codes.

### **Section 8. The Disputed Claims Process**

You may appeal directly to the Office of Personnel Management (OPM) if we do not follow required claims processes. For more information about situations in which you are entitled to immediately appeal to OPM, including additional requirements not listed in Sections 3, 7 and 8 of this brochure, please call us at 844-440-1900 or visit our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

Please follow this Federal Employees Health Benefits Program disputed claims process if you disagree with our decision on your post-service claim (a claim where services, drugs or supplies have already been provided). In Section 3 *If you disagree with our preservice claim decision*, we describe the process you need to follow if you have a claim for services, referrals, drugs or supplies that must have prior Plan approval, such as inpatient hospital admissions.

To help you prepare your appeal, you may arrange with us to review and copy, free of charge, all relevant materials and Plan documents under our control relating to your claim, including those that involve any expert review(s) of your claim. To make your request, please contact our Customer Service Department by writing Riverview Member Services, PO Box 21662, Eagan, MN 55121 or calling 844-440-1900 (TTY: 711).

Our reconsideration will take into account all comments, documents, records, and other information submitted by you relating to the claim, without regard to whether such information was submitted or considered in the initial benefit determination.

When our initial decision is based (in whole or in part) on a medical judgment (i.e., medical necessity, experimental/investigational), we will consult with a healthcare professional who has appropriate training and experience in the field of medicine involved in the medical judgment and who was not involved in making the initial decision.

Our reconsideration will not take into account the initial decision. The review will not be conducted by the same person, or their subordinate, who made the initial decision.

We will not make our decisions regarding hiring, compensation, termination, promotion, or other similar matters with respect to any individual (such as a claims adjudicator or medical expert) based upon the likelihood that the individual will support the denial of benefits.

**Step Description** 

- Ask us in writing to reconsider our initial decision. You must:
  - a) Write to us within 6 months from the date of our decision; and
  - b) Send your request to us at: Riverview Member Rights and Benefits, PO Box 21662, Eagan, MN 55121; and
  - c) Include a statement about why you believe our initial decision was wrong, based on specific benefit provisions in this brochure; and
  - d) Include copies of documents that support your claim, such as physicians' letters, operative reports, bills, medical records, and explanation of benefits (EOB) forms.
  - e) Include your email address (optional for member), if you would like to receive our decision via email. Please note that by giving us your email, we may be able to provide our decision more quickly.

We will provide you, free of charge and in a timely manner, with any new or additional evidence considered, relied upon, or generated by us or at our direction in connection with your claim and any new rationale for our claim decision. We will provide you with this information sufficiently in advance of the date that we are required to provide you with our reconsideration decision to allow you a reasonable opportunity to respond to us before that date. However, our failure to provide you with new evidence or rationale in sufficient time to allow you to timely respond shall not invalidate our decision on reconsideration. You may respond to that new evidence or rationale at the OPM review stage described in step 4.

- In the case of a post-service claim, we have 30 days from the date we receive your request to:
  - a) Pay the claim or
  - b) Write to you and maintain our denial or
  - c) Ask you or your provider for more information

You or your provider must send the information so that we receive it within 60 days of our request. We will then decide within 30 more days.

If we do not receive the information within 60 days we will decide within 30 days of the date the information was due. We will base our decision on the information we already have. We will write to you with our decision.

3 If you do not agree with our decision, you may ask OPM to review it.

You must write to OPM within:

- 90 days after the date of our letter upholding our initial decision; or
- 120 days after you first wrote to us -- if we did not answer that request in some way within 30 days; or
- 120 days after we asked for additional information.

Write to OPM at: United States Office of Personnel Management, Healthcare and Insurance, Federal Employees Insurance Operations, FEHB 2, 1900 E Street NW, Washington, DC 20415-3620.

Send OPM the following information:

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- · A statement about why you believe our decision was wrong, based on specific benefit provisions in this brochure
- Copies of documents that support your claim, such as physicians' letters, operative reports, bills, medical records, and explanation of benefits (EOB) forms
- · Copies of all letters you sent to us about the claim
- · Copies of all letters we sent to you about the claim
- Your daytime phone number and the best time to call
- Your email address if you would like to receive OPM's decision via email. Please note that by providing your email address, you may receive OPM's decision more quickly.

Note: If you want OPM to review more than one claim, you must clearly identify which documents apply to which claim.

Note: You are the only person who has a right to file a disputed claim with OPM. Parties acting as your representative, such as medical providers, must include a copy of your specific written consent with the review request. However, for urgent care claims, a healthcare professional with knowledge of your medical condition may act as your authorized representative without your express consent.

Note: The above deadlines may be extended if you show that you were unable to meet the deadline because of reasons beyond your control.

OPM will review your disputed claim request and will use the information it collects from you and us to decide whether our decision is correct. OPM will send you a final decision or notify you of the status of OPM's review within 60 days. There are no other administrative appeals.

If you do not agree with OPM's decision, your only recourse is to sue. If you decide to file a lawsuit, you must file the suit against OPM in Federal court by December 31 of the third year after the year in which you received the disputed services, drugs, or supplies or from the year in which you were denied prior approval. This is the only deadline that may not be extended.

OPM may disclose the information it collects during the review process to support their disputed claim decision. This information will become part of the court record.

You may not file a lawsuit until you have completed the disputed claims process. Further, Federal law governs your lawsuit, benefits, and payment of benefits. The Federal court will base its review on the record that was before OPM when OPM decided to uphold or overturn our decision. You may recover only the amount of benefits in dispute.

Note: **If you have a serious or life threatening condition** (one that may cause permanent loss of bodily functions or death if not treated as soon as possible), and you did not indicate that your claim was a claim for urgent care, then call us at 1-888-525-2125. We will expedite our review (if we have not yet responded to your claim); or we will inform OPM so they can quickly review your claim on appeal. You may call OPM's FEHB 2 at 202-606-3818 between 8 a.m. and 5 p.m. Eastern Time.

Please remember that we do not make decisions about plan eligibility issues. For example, we do not determine whether you or a family member is covered under this plan. You must raise eligibility issues with your Agency personnel/payroll office if you are an employee, your retirement system if you are an annuitant or the Office of Workers' Compensation Programs if you are receiving Workers' Compensation benefits.

### Section 9. Coordinating Benefits with Medicare and Other Coverage

# When you have other health coverage

You must tell us if you or a covered family member has coverage under any other health plan or has automobile insurance that pays healthcare expenses without regard to fault. This is called "double coverage."

When you have double coverage, one plan normally pays its benefits in full as the primary payor and the other plan pays a reduced benefit as the secondary payor. We, like other insurers, determine which coverage is primary according to the National Association of Insurance Commissioners' (NAIC) guidelines. For more information on NAIC rules regarding the coordinating of benefits, visit the NAIC website at www.NAIC.org.

When we are the secondary payor, we will determine our allowance. After the primary plan processes the benefit, we will pay what is left of our allowance up to our regular benefit. We will not pay more than our allowance. For example, we will generally only make up the difference between the primary payor's benefits payment and 100% of the Plan allowance, subject to our applicable coinsurance or copayment amounts, except when Medicare is the primary payor (see page 91). Thus, it is possible that the combined payments from both plans may not equal the entire amount billed by the provider.

Note: When we pay secondary to primary coverage you have from a prepaid plan (HMO), we base our benefits on your out-of-pocket liability under the prepaid plan (generally, the prepaid plan's copayments), subject to our coinsurance or copayment amounts.

In certain circumstances when we are secondary and there is no adverse effect on you (that is, you do not pay any more), we may also take advantage of any provider discount arrangements your primary plan may have and only make up the difference between the primary plan's payment and the amount the provider has agreed to accept as payment in full from the primary plan.

Note: Any visit limitations that apply to your care under this Plan are still in effect when we are the secondary payor. Remember: Even if you do not file a claim with your other plan, you must still tell us that you have double coverage, and you must also send us documents about your other coverage if we ask for them.

### TRICARE and CHAMPVA

TRICARE is the healthcare program for eligible dependents of military persons, and retirees of the military. TRICARE includes the CHAMPUS program. CHAMPVA provides health coverage to disabled Veterans and their eligible dependents. IF TRICARE or CHAMPVA and this Plan cover you, we pay first. See your TRICARE or CHAMPVA Health Benefits Advisor if you have questions about these programs.

**Suspended FEHB coverage to enroll in TRICARE or CHAMPVA:** If you are an annuitant or former spouse, you can suspend your FEHB coverage to enroll in one of these programs, eliminating your FEHB premium. (OPM does not contribute to any applicable plan premiums.) For information on suspending your FEHB enrollment, contact your retirement or employing office. If you later want to re-enroll in the FEHB Program, generally you may do so only at the next Open Season unless you involuntarily lose coverage under TRICARE or CHAMPVA.

### • Workers' Compensation

Every job-related injury or illness should be reported as soon as possible to your supervisor. Injury also means any illness or disease that is caused or aggravated by the employment as well as damage to medical braces, artificial limbs and other prosthetic devices. If you are a federal or postal employee, ask your supervisor to authorize medical treatment by use of form CA-16 before you obtain treatment. If your medical treatment is accepted by the Dept. of Labor Office of Workers' Compensation (OWCP), the provider will be compensated by OWCP. If your treatment is determined not job-related, we will process your benefit according to the terms of this plan, including use of in-network providers. Take form CA-16 and form OWCP-1500/HCFA-1500 to your provider, or send it to your provider as soon as possible after treatment, to avoid complications about whether your treatment is covered by this plan or by OWCP.

We do not cover services that:

- You (or a covered family member) need because of a workplace-related illness or injury that the Office of Workers' Compensation Programs (OWCP) or a similar federal or state agency determines they must provide; or
- OWCP or a similar agency pays for through a third-party injury settlement or other similar proceeding that is based on a claim you filed under OWCP or similar laws.

#### Medicaid

When you have this Plan and Medicaid, we pay first.

Suspended FEHB coverage to enroll in Medicaid or a similar state-sponsored program of medical assistance: If you are an annuitant or former spouse, you can suspend your FEHB coverage to enroll in one of these state programs, eliminating your FEHB premium. For information on suspending your FEHB enrollment, contact your retirement or employing office. If you later want to re-enroll in the FEHB Program, generally you may do so only at the next Open Season unless you involuntarily lose coverage under the state program.

When other Government agencies are responsible for your care We do not cover services and supplies when a local, state, or federal government agency directly or indirectly pays for them.

When others are responsible for injuries

Our right to pursue and receive subrogation and reimbursement recoveries is a condition of, and a limitation on, the nature of benefits or benefit payments and on the provision of benefits under our coverage.

If you have received benefits or benefit payments as a result of an injury or illness and you or your representatives, heirs, administrators, successors, or assignees receive payment from any party that may be liable, a third party's insurance policies, your own insurance policies, or a workers' compensation program or policy, you must reimburse us out of that payment. Our right of reimbursement extends to any payment received by settlement, judgment, or otherwise.

We are entitled to reimbursement to the extent of the benefits we have paid or provided in connection with your injury or illness. However, we will cover the cost of treatment that exceeds the amount of the payment you received.

Reimbursement to us out of the payment shall take first priority (before any of the rights of any other parties are honored) and is not impacted by how the judgment, settlement, or other recovery is characterized, designated, or apportioned. Our right of reimbursement is not subject to reduction based on attorney fees or costs under the "common fund" doctrine and is fully enforceable regardless of whether you are "made whole" or fully compensated for the full amount of damages claimed.

We may, at our option, choose to exercise our right of subrogation and pursue a recovery from any liable party as successor to your rights.

If you do pursue a claim or case related to your injury or illness, you must promptly notify us and cooperate with our reimbursement or subrogation efforts.

When you have Federal Employees Dental and Vision Insurance Plan (FEDVIP) coverage Some FEHB plans already cover some dental and vision services. When you are covered by more than one vision/dental plan, coverage provided under your FEHB plan remains as your primary coverage. FEDVIP coverage pays secondary to that coverage. When you enroll in a dental and/or vision plan on <a href="https://www.BENEFEDS.gov">www.BENEFEDS.gov</a> or by phone at 877-888-3337, (TTY 877-889-5680), you will be asked to provide information on your FEHB plan so that your plans can coordinate benefits. Providing your FEHB information may reduce your out-of-pocket cost.

#### Clinical trials

An approved clinical trial includes a phase I, phase II, phase III, or phase IV clinical trial that is conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening disease or condition and is either Federally funded; conducted under an investigational new drug application reviewed by the Food and Drug Administration; or is a drug trial that is exempt from the requirement of an investigational new drug application.

If you are a participant in a clinical trial, this health plan will provide related care as follows, if it is not provided by the clinical trial:

- Routine care costs costs for routine services such as doctor visits, lab tests, X-rays and scans, and hospitalizations related to treating the patient's condition, whether the patient is in a clinical trial or is receiving standard therapy.
- Extra care costs costs related to taking part in a clinical trial such as additional tests that a patient may need as part of the trial, but not as part of the patient's routine care.
- Research costs costs related to conducting the clinical trial such as research physician and nurse time, analysis of results, and clinical tests performed only for research purposes. These costs are generally covered by the clinical trials. This plan does not cover these costs.

# When you have Medicare

For more detailed information on "What is Medicare?" and "Should I Enroll in Medicare?" please contact Medicare at 800-MEDICARE (800-633-4227), (TTY 877-486-2048) or at <a href="https://www.medicare.gov">www.medicare.gov</a>.

 The Original Medicare Plan (Part A or Part B) The Original Medicare Plan (Original Medicare) is available everywhere in the United States. It is the way everyone used to get Medicare benefits and is the way most people get their Medicare Part A and Part B benefits now. You may go to any doctor, specialist, or hospital that accepts Medicare. The Original Medicare Plan pays its share and you pay your share.

All physicians and other providers are required by law to file claims directly to Medicare for members with Medicare Part B, when Medicare is primary. This is true whether or not they accept Medicare. When you are enrolled in Original Medicare along with this Plan, you still need to follow the rules in this brochure for us to cover your care.

Claims process when you have the Original Medicare Plan – You will probably not need to file a claim form when you have both our Plan and the Original Medicare Plan. When we are the primary payor, we process the claim first. When Original Medicare is the primary payor, Medicare processes your claim first. In most cases, your claim will be coordinated automatically and we will then provide secondary benefits for covered charges. To find out if you need to do something to file your claim, call us at 844-440-1900.

To be eligible for full cost-share waiving, members must be enrolled in both Parts A and B of Original Medicare. For members enrolled in High and Standard Option and also enrolled in the Original Medicare Plan (Part A and B) as your primary payor – we will waive your out-of-pocket costs (applicable deductibles, copays and coinsurance) at in-network providers as follows:

- Inpatient hospital benefits: We waive applicable deductibles, copays and coinsurance.
- Medical and surgery benefits and mental health/substance use disorder care: We waive applicable deductibles, copays and coinsurance.
- Office visits: We waive the applicable deductibles, copays and coinsurance at In-Network Providers.
- Physical, speech and occupational therapy benefits: Applicable deductibles, copays and coinsurance is waived.
- Benefit limits and maximums still apply.
- There is no change to your prescription drug coverage. We do not waive deductibles, copays, or coinsurance.
- We do not waive cost-sharing on hearing aids through TruHearing.

You can find more information about how our Plan coordinates benefits with Medicare by calling our FEHB Member Services team at 844-440-1900 or visit healthpartners.com/fehb/medicare.

Cost sharing may not apply if the Original Medicare Plan is your primary payor

For Medicare covered services we will coordinate benefits to potentially reduce your out-of-pocket costs as follows:

### When Medicare Part A is primary:

- You may experience a reduction in cost sharing for our in-network:
  - Annual hospital copayments for Medicare covered services;
  - Hospital coinsurance for Medicare covered services.

Note: Once you have exhausted your Medicare Part A benefits, you must then pay the applicable copayment or coinsurance.

### When Medicare Part B is primary:

- You may experience a reduction in cost sharing for our in-network:
  - Coinsurance and copayments for inpatient and outpatient services and supplies provided by physicians and other covered healthcare professionals for Medicare covered services; and
  - Coinsurance and/or copayment for outpatient facility services for Medicare covered services.

Note: We do not waive benefit limitations, such as the 25-visit limit for home nursing visits. In addition, we do not waive any coinsurance or copayments for prescription drugs.

A physician may ask you to sign a private contract agreeing that you can be billed directly for services ordinarily covered by Original Medicare. Should you sign an agreement, Medicare will not pay any portion of the charges, and we will not increase our payment. We will still limit our payment to the amount we would have paid after Original Medicare's payment. You may be responsible for paying the difference between the billed amount and the amount we paid.

Please review the following information. It illustrates your cost share if you are enrolled in Medicare Part B. If you purchase Medicare Part B, your provider is in our network and participates in Medicare, then we waive some costs because Medicare will be the primary payor.

#### **Benefit Description: Deductible**

**High Option** You Pay **Without** Medicare: \$0 **High Option** You Pay **With** Medicare Part B: \$0

**Standard Option** You Pay **Without** Medicare: In-Network: \$750/Self Only; \$1,500/Self Plus One; \$1,500/Family; Out-of-Network: \$2,000/Self Only; \$4,000/Self Plus One; \$4,000/Family

**Standard Option** You Pay **With** Medicare: In-Network: \$0; Out-of-Network: \$2,000/Self Only; \$4,000/Self Plus One; \$4,000/Family

### **Benefit Description: Out-of-Pocket Maximum**

**High Option** You Pay **Without** Medicare: Self Only: Nothing after \$7,500; Self Plus One: Nothing after \$15,000, subject to a maximum of \$7,500 per enrollee; Self and Family: Nothing after \$15,000, subject to a maximum of \$7,500 per enrollee

**High Option** You Pay **With** Medicare Part B: Self Only: Nothing after \$7,500; Self Plus One: Nothing after \$15,000, subject to a maximum of \$7,500 per enrollee; Self and Family: Nothing after \$15,000, subject to a maximum of \$7,500 per enrollee

**Standard Option** You Pay **Without** Medicare: In-Network: Self Only: Nothing after \$9,000; Self Plus One: Nothing after \$18,000, subject to a maximum of \$9,000 per enrollee; Self and Family: Nothing after \$18,000, subject to a maximum of \$9,000 per enrollee; Out-of-Network: No maximum

**Standard Option** You Pay **With** Medicare: In-Network: Self Only: Nothing after \$9,000; Self Plus One: Nothing after \$18,000, subject to a maximum of \$9,000 per enrollee; Self and Family: Nothing after \$18,000, subject to a maximum of \$9,000 per enrollee; Out-of-Network: No maximum

Benefit Description: Part B Premium Reimbursement Offered

High Option You Pay Without Medicare: NA

High Option You Pay With Medicare Part B: Up to \$1,200

Standard Option You Pay Without Medicare: NA Standard Option You Pay With Medicare: None

### **Benefit Description: Primary Care Provider**

High Option You Pay Without Medicare: \$45

**High Option** You Pay **With** Medicare Part B: Nothing for most Medicare covered services and never more than \$45

**Standard Option** You Pay **Without** Medicare: In-Network: You pay \$0 for 5 visits, then 20% after deductible; Out-of-Network: 40% after deductible

**Standard Option** You Pay **With** Medicare: In-Network: Nothing for most Medicare covered services and never more than 20% after deductible; Out-of-Network: Nothing for most Medicare covered services and never more than 40% after deductible

### **Benefit Description: Specialist**

High Option You Pay Without Medicare: \$45

**High Option** You Pay **With** Medicare Part B: Nothing for most Medicare covered services and never more than \$45

**Standard Option** You Pay **Without** Medicare: In-Network: 20% after deductible; Out-of-Network: 40% after deductible

**Standard Option** You Pay **With** Medicare: In-Network: Nothing for most Medicare covered services and never more than 20% after deductible; Out-of-Network: Nothing for most Medicare covered services and never more than 40% after deductible

### **Benefit Description: Inpatient Hospital**

**High Option** You Pay **Without** Medicare: \$500 hospital deductible for inpatient & outpatient combined, then 20% of charges

**High Option** You Pay **With** Medicare Part B: Nothing for most Medicare covered services and never more than a \$500 hospital deductible for inpatient & outpatient combined, then 20% of charges **Standard Option** You Pay **Without** Medicare: In-Network: 20% after deductible; Out-of-Network: 40% after deductible

**Standard Option** You Pay **With** Medicare: In-Network: Nothing for most Medicare covered services and never more than 20% after deductible; Out-of-Network: Nothing for most Medicare covered services and never more than 40% after deductible

### **Benefit Description: Outpatient Surgery - Hospital**

**High Option** You Pay **Without** Medicare: \$500 hospital deductible for inpatient & outpatient combined, then 20% of charges

**High Option** You Pay **With** Medicare Part B: Nothing for most Medicare covered services and never more than a \$500 hospital deductible for inpatient & outpatient combined, then 20% of charges **Standard Option** You Pay **Without** Medicare: In-Network: 20% after deductible; Out-of-Network: 40%

**Standard Option** You Pay **With** Medicare: In-Network: Nothing for most Medicare covered services and never more than 20% after deductible; Out-of-Network: Nothing for most Medicare covered services and never more than 40% after deductible

### **Benefit Description: Incentives Offered**

after deductible

High Option You Pay Without Medicare: N/A

**High Option** You Pay **With** Medicare Part B: Health assessment and wellness courses. For more information see page 75

Standard Option You Pay Without Medicare: N/A

**Standard Option** You Pay **With** Medicare: Health assessment and wellness courses. For more information see page 75

You can find more information about how our plan coordinates benefits with Medicare by visiting www.healthpartners.com/fehb.

• Tell us about your Medicare coverage You must tell us if you or a covered family member has Medicare coverage, and let us obtain information about services denied or paid under Medicare if we ask. You must also tell us about other coverage you or your covered family members may have, as this coverage may affect the primary/secondary status of this Plan and Medicare.

 Medicare prescription drug coverage (Part B) This health plan does not coordinate its prescription drug benefits with Medicare Part B.

• Medicare Advantage (Part C) If you are eligible for Medicare, you may choose to enroll in and get your Medicare benefits from a Medicare Advantage plan. These are private healthcare choices (like HMOs and regional PPOs) in some areas of the country. To learn more about Medicare Advantage plans, contact Medicare at 800-MEDICARE (800-633-4227) (TTY: 877-486-2048) or at <a href="https://www.medicare.gov">www.medicare.gov</a> or call us at 844-440-1900 (TTY: 711) or see our website at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.

If you enroll in a Medicare Advantage plan, the following options are available to you.

This Plan and another plan's Medicare Advantage plan: You may enroll in another non-FEHB plan's Medicare Advantage plan and also remain enrolled in our FEHB plan. We will still provide benefits when your Medicare Advantage plan is primary, even out of the Medicare Advantage plan's network and/or service area (if you use our Plan providers), however, we will not waive any of our copayments, coinsurance or deductibles. If you enroll in a Medicare Advantage plan, tell us. We will need to know whether you are in the Original Medicare Plan or in a Medicare Advantage plan so we can correctly coordinate benefits with Medicare.

**Suspended FEHB coverage to enroll in a Medicare Advantage plan:** If you are an annuitant or former spouse, you can suspend your FEHB coverage to enroll in a Medicare Advantage plan, eliminating your FEHB premium. (OPM does not contribute to your Medicare Advantage plan premium.) For information on suspending your FEHB enrollment, contact your retirement or employing office. If you later want to reenroll in the FEHB Program, generally you may do so only at the next Open Season unless you involuntarily lose coverage or move out of the Medicare Advantage plan's service area.

 Medicare prescription drug coverage (Part D) When we are the primary payor, we process the claim first. If you enroll in any Medicare Part D plan and we are the secondary payor, we will review claims for your prescription drug costs that are not covered by Medicare Part D and consider them for payment under the FEHB plan.

 Medicare prescription drug coverage (Part D) out-ofpocket maximum If you are enrolled in the HealthPartners PDP, when your Part D prescription drug copayments and/or coinsurance total \$2,100 in a calendar year, you do not have to pay any more for covered Part D prescription drugs for the remainder of that calendar year.

Medicare
 Prescription
 Drug Plan
 Employer
 Group Waiver
 Plan (PDP
 EGWP)

If you are enrolled in Medicare, and are not enrolled in a Medicare Advantage Plan (Part C), you will be automatically enrolled in the Medicare Prescription Drug Plan (PDP) Employer Group Waiver Plan (EGWP). The PDP EGWP is a prescription drug benefit for FEHB covered annuitants and their FEHB covered family members who are eligible for Medicare. This allows you to receive benefits that will never be less than your coverage that is available to members with only FEHB but more often you will receive benefits that are better than members with only FEHB.

Members enrolled in the HealthPartners PDP combined with our High Option plan will have reduced costsharing for some Part D drugs.

Tier 1 – Preferred Generic Drugs: \$5 copay

Tier 2 – Generic Drugs: \$20 copay

Tier 3 – Preferred Brand Drugs: \$47 copay Tier 4 – Non-preferred Drugs: 50% coinsurance

Tier 5 – Specialty Drugs: 33% coinsurance Part D Annual Out-of-Pocket Maximum: \$2,100

Members enrolled in the HealthPartners PDP combined with our Standard Option plan will have reduced cost-sharing for some Part D drugs.

Deductible: \$615

Tier 1 – Preferred Generic Drugs: \$5 copay

Tier 2 – Generic Drugs: \$20 copay

Tier 3 – Preferred Brand Drugs: \$47 copay after deductible

Tier 4 - Non-preferred Drugs: 50% coinsurance after deductible

Tier 5 – Specialty Drugs: 25% coinsurance after deductible

Part D Annual Out-of-Pocket Maximum: \$2,100

This Plan and our PDP EGWP: You will be automatically enrolled in our PDP EGWP and continue to remain enrolled in our FEHB Plan. Participation in the PDP EGWP is voluntary, and you have the choice to opt out of this enrollment at any time. To opt-out of enrollment in the PDP, call Member Services at 844-440-1900.

In the case of those with higher incomes you may have a separate premium payment for your PDP EGWP benefit. Please refer to the Part D-IRMAA section of the Medicare website:

https://www.medicare.gov/drug-coverage-part-d/costs-for-medicare-drug-coverage/monthly-premium-for-drug-plans to see if you would be subject to an additional premium.

Medicare always makes the final determination as to whether they are the primary payor. The following chart illustrates whether Medicare or this Plan should be the primary payor for you according to your employment status and other factors determined by Medicare. It is critical that you tell us if you or a covered family member has Medicare coverage so we can administer these requirements correctly. (Having coverage under more than two health plans may change the order of benefits determined on this chart.)

Primary Payor Chart			
A. When you - or your covered spouse - are age 65 or over and have Medicare and you		The primary payor for the individual with Medicare is	
	Medicare	This Plan	
1) Have FEHB coverage on your own as an active employee		<b>✓</b>	
2) Have FEHB coverage on your own as an annuitant or through your spouse who is an annuitant	✓		
3) Have FEHB through your spouse who is an active employee		✓	
4) Are a reemployed annuitant with the Federal government and your position is excluded from the FEHB (your employing office will know if this is the case) and you are not covered under FEHB through your spouse under #3 above	~		
5) Are a reemployed annuitant with the Federal government and your position is not excluded from the FEHB (your employing office will know if this is the case) and			
<ul> <li>You have FEHB coverage on your own or through your spouse who is also an active employee</li> </ul>		<b>~</b>	
You have FEHB coverage through your spouse who is an annuitant	✓	· · · · · ·	
6) Are a Federal judge who retired under title 28, U.S.C., or a Tax Court judge who retired under Section 7447 of title 26, U.S.C. (or if your covered spouse is this type of judge) and you are not covered under FEHB through your spouse under #3 above	~		
7) Are enrolled in Part B only, regardless of your employment status	for Part B services	for other services	
8) Are a Federal employee receiving Workers' Compensation		<b>~</b> *	
9) Are a Federal employee receiving disability benefits for six months or more	✓		
B. When you or a covered family member			
1) Have Medicare solely based on end stage renal disease (ESRD) and			
• It is within the first 30 months of eligibility for or entitlement to Medicare due to ESRD (30-month coordination period)		✓	
• It is beyond the 30-month coordination period and you or a family member are still entitled to Medicare due to ESRD	✓		
2) Become eligible for Medicare due to ESRD while already a Medicare beneficiary and			
<ul> <li>This Plan was the primary payor before eligibility due to ESRD (for 30 month coordination period)</li> </ul>		✓	
<ul> <li>Medicare was the primary payor before eligibility due to ESRD</li> </ul>	✓		
3) Have Temporary Continuation of Coverage (TCC) and			
Medicare based on age and disability	✓		
• Medicare based on ESRD (for the 30 month coordination period)		✓	
Medicare based on ESRD (after the 30 month coordination period)	✓		
C. When either you or a covered family member are eligible for Medicare solely due to disability and you			
1) Have FEHB coverage on your own as an active employee or through a family member who is an active employee		✓	
2) Have FEHB coverage on your own as an annuitant or through a family member who is an annuitant	✓		
D. When you are covered under the FEHB Spouse Equity provision as a former spouse	✓		

<sup>\*</sup>Workers' Compensation is primary for claims related to your condition under Workers' Compensation.

### Section 10. Definitions of Terms We Use in This Brochure

### Assignment

An authorization by you (the enrollee or covered family member) that is approved by us (the Carrier), for us to issue payment of benefits directly to the provider.

- We reserve the right to pay you directly for all covered services. Benefits payable under the contract are not assignable by you to any person without express written approval from us, and in the absence of such approval, any assignment shall be void.
- Your specific written consent for a designated authorized representative to act on your behalf to request reconsideration of a claim decision (or, for an urgent care claim, for a representative to act on your behalf without designation) does not constitute an Assignment.
- OPM's contract with us, based on federal statute and regulation, gives you a right to seek judicial review of OPM's final action on the denial of a health benefits claim but it does not provide you with authority to assign your right to file such a lawsuit to any other person or entity. Any agreement you enter into with another person or entity (such as a provider, or other individual or entity) authorizing that person or entity to bring a lawsuit against OPM, whether or not acting on your behalf, does not constitute an Assignment, is not a valid authorization under this contract, and is void.

Calendar year

January 1 through December 31 of the same year. For new enrollees, the calendar year begins on the effective date of their enrollment and ends on December 31 of the same year.

# Clinical trials cost categories

An approved clinical trial includes a phase I, phase III, or phase IV clinical trial that is conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening disease or condition and is either Federally funded; conducted under an investigational new drug application review by the Food and Drug Administration; or is a drug trial that is exempt from the requirement of an investigational new drug application.

- Routine care costs costs for routine services such as doctor visits, lab tests, X-rays and scans, and hospitalizations related to treating the patient's condition whether the patient is in a clinical trial or is receiving standard therapy
- Extra care costs costs related to taking part in a clinical trial such as additional tests that a patient may need as part of the trial, but not as part of the patient's routine care
- Research costs costs related to conducting the clinical trial such as research physician and nurse time, analysis of results, and clinical tests performed only for research purposes. These costs are generally covered by the clinical trials. This plan does not cover these costs.

Coinsurance

See Section 4 page 22.

Copayment

See Section 4 page 22.

**Cost-sharing** 

See Section 4 page 22.

**Covered services** 

Care we provide benefits for, as described in this brochure.

**Deductible** 

See Section 4 page 22.

Durable Medical Equipment (DME) This is equipment which can withstand repeated use, is primarily and customarily used to serve a medical purpose, generally is not useful to a person in the absence of an illness or injury, and is appropriate for use in the home.

Healthcare professional

A physician or other healthcare professional licensed, accredited, or certified to perform specified health services consistent with state law.

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# Investigational or experimental

As determined by us, a drug, device, medical, behavioral health or dental treatment or procedure is investigational or experimental if reliable evidence does not permit conclusions concerning its safety, effectiveness, or positive effect on health outcomes and will be considered investigational or experimental unless all of the following categories of reliable evidence are met:

- There is final approval from the appropriate government regulatory agency, if required. This
  includes whether the United States Food and Drug Administration (FDA) has approved a
  drug or device to be lawfully marketed for its proposed use; and
- The drug, device, or medical, behavioral health or dental treatment or procedure is not the subject of ongoing Phase I, II or III clinical trials; and
- The drug, device or medical, behavioral health or dental treatment or procedure is not under study and further studies are not needed (such as post-marketing clinical trial requirements) to determine maximum tolerated dose, toxicity, safety, effect on health outcomes or efficacy as compared to existing standard means of treatment or diagnosis; and
- There is conclusive evidence in major peer-reviewed medical journals demonstrating the safety, effectiveness and positive effect on health outcomes (the beneficial effects outweigh any harmful effects) of the service or treatment when compared to standard established service or treatment. Each article must be of well-designed investigations, using generally acceptable scientific standards that have been produced by nonaffiliated, authoritative sources with measurable results. Case reports do not satisfy this criterion. This also includes consideration of whether a drug is included in one of the standard reference compendia or "Major Peer Reviewed Medical Literature" (defined below) for use in the determination of a medically necessary accepted indication of drugs and biologicals used off-label as appropriate for its proposed use.
  - Major Peer Reviewed Medical Literature. This means articles from major peer reviewed medical journals that have recognized the drug or combination of drugs' safety and effectiveness for treatment of the indication for which it has been prescribed. Each article shall meet the uniform requirements for manuscripts submitted to biomedical journals established by the International Committee of Medical Journal Editors or be published in a journal specified by the United States Secretary of Health and Human Services pursuant to United States Code, title 42, section 1395x, paragraph (t), clause (2), item (B), as amended, as acceptable peer review medical literature. Each article must use generally acceptable scientific standards and must not use case reports to satisfy this criterion.

### Medical necessity

This plan defines medically necessary care as care that is appropriate for the condition, including those related to mental health. It includes the kind and level of service. It includes the number of treatments. It also includes where you get the service and how long it continues. Medically necessary care must:

- Be the service that other providers would usually order
- · Help you get better, or stay as well as you are
- Help stop the condition from getting worse
- Help prevent and find health problems

### **Over-the-Counter (OTC)**

These are items, medical equipment or medicines available without a prescription.

### Plan allowance

Plan allowance is the amount we use to determine our payment and your coinsurance for covered services. Plans determine their allowances in different ways.

You should also see Important Notice About Surprise Billing – Know Your Rights in Section 4 that describes your protections against surprise billing under the No Surprises Act.

We determine our allowance as follows:

For covered services delivered by Plan providers, Plan referral providers, or out-of-network
providers that have a contract with us, our allowance is the provider's contracted rate for a
given medical/surgical service, procedure or item, which Plan providers have agreed to
accept as payment in full.

- For covered services delivered by non-Plan providers that do not have a contract with us, our allowance is the provider's charge for a given medical/surgical service, procedure or item, according to the usual and customary charge amount.
- The usual and customary charge is the maximum amount allowed that we consider in the
  calculation of the payment of charges incurred for certain covered services. You must pay for
  any charges above the usual and customary charge, and they do not apply to the deductible or
  catastrophic protection out-of-pocket maximum.

#### Post-service claims

Any claims that are not pre-service claims. In other words, post-service claims are those claims where treatment has been performed and the claims have been sent to us in order to apply for benefits.

#### Pre-service claims

Those claims (1) that require prior approval, or a referral and (2) where failure to obtain prior approval, or a referral results in a reduction of benefits. Claims for services that have not yet been provided are not eligible for coverage.

#### Reimbursement

A carrier's pursuit of a recovery if a covered individual has suffered an illness or injury and has received, in connection with that illness or injury, a payment from any party that may be liable, any applicable insurance policy, or workers' compensation program or insurance policy, and the terms of the carrier's health benefits plan require the covered individual, as a result of such payment, to reimburse the carrier out of the payment to the extent of the benefits initially paid or provided. The right of reimbursement is cumulative with and not exclusive of the right of subrogation.

### **Subrogation**

A carrier's pursuit of a recovery from any party that may be liable, any applicable insurance policy, or a worker's compensation program or insurance policy, as successor to the rights of a covered individual who suffered an illness or injury and has obtained benefits from that carrier's health benefits plan.

### Surprise bill

An unexpected bill you receive for:

- emergency care when you have little or no say in the facility or provider from whom you
  receive care, or for
- non-emergency services furnished by nonparticipating providers with respect to patient visits to participating health care facilities, or for
- air ambulance services furnished by nonparticipating providers of air ambulance services.

### **Urgent care claims**

A physician or other healthcare professional licensed, accredited, or certified to perform specified health services consistent with state law.

A claim for medical care or treatment is an urgent care claim if waiting for the regular time limit for non-urgent care claims could have one of the following impacts:

- Waiting could seriously jeopardize your life or health;
- · Waiting could seriously jeopardize your ability to regain maximum function; or
- In the opinion of a physician with knowledge of your medical condition, waiting would subject you to severe pain that cannot be adequately managed without the care or treatment that is the subject of the claim.

Urgent care claims usually involve pre-service claims and post-service claims. We will determine whether or not a claim is an urgent care claim by applying the judgment of a prudent layperson who possesses an average knowledge of health and medicine.

If you believe your claim qualifies as an urgent care claim, please contact our customer service department. You may also prove that your claim is an urgent care claim by providing evidence that a physician with knowledge of your medical condition has determined that your claim involves urgent care.

Us/We

Us and we have the same meaning as HealthPartners and its related organizations.

# Usual and Customary Charge

You

The usual and customary charge is the maximum amount allowed that we consider in the calculation of the payment of charges incurred for certain covered services received from Out-of-Network providers. It is consistent with the range of reasonable fees charged by other providers of a given service or item in the same geographic region.

The usual and customary charge is determined using one of the following options in the following order, depending on availability: 1) a percentage of the Medicare fee schedule; 2) a comparable schedule if the service is not on the Medicare fee schedule; or 3) a commercially reasonable rate for such service.

You must pay for any charges above the usual and customary charge, and they do not apply to the deductible or catastrophic protection out-of-pocket maximum.

You refers to the enrollee and each covered family member.

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Do not rely on this page; it is for your convenience and may not show all pages where the terms appear.

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### **Summary of Benefits for 2026 High Option**

- **Do not rely on this chart alone.** All benefits are subject to the definitions, limitations and exclusions in this brochure. You can obtain a copy of our Summary of Benefits and Coverage as required by the Affordable Care Act at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.
- If you want to enroll or change your enrollment in this Plan, be sure to put the correct enrollment code from the cover on your enrollment form.
- We only cover services provided or arranged by Plan physicians, except in emergencies.

High Option	You pay	Page
Medical services provided by physicians:     Diagnostic and treatment services provided in the office, urgent care and convenience clinic and by evisit and telephone	\$10 per convenience clinic visit; \$45 per office visit; \$45 per urgent care visit; nothing for Virtuwell evisits	28
• Virtuwell	Nothing	28
Services provided by a hospital: • Inpatient and Outpatient	\$500 hospital deductible for inpatient & outpatient combined, then 20% of charges	57
Emergency benefits: • In-area and out-of-area	\$350 per emergency room visit; \$45 per office or urgent care center visit	62
Mental health and substance use disorder treatment	Regular cost sharing	64
Prescription drugs:  • Retail pharmacy (generally a 30-day supply)	\$5 for low cost generic formulary drugs; \$25 for high cost generic formulary drugs; \$75 for preferred brand-name formulary drugs; 60% coinsurance for non-preferred brand-name formulary drugs; 40% for generic specialty drugs; 50% coinsurance for brand-name specialty drugs	69
<ul> <li>Mail order service (generally a 90-day supply)</li> </ul>	\$10 for low cost generic formulary drugs; \$50 for high cost generic formulary drugs; \$150 for preferred brand-name formulary drugs; 60% coinsurance for non-preferred brand-name formulary drugs	73
Dental care: • Accidental injury	20% of charges, if Plan dentist provides care 30% of charges when provided by Out-of-Network dentist if the injuries require immediate treatment.	74
Vision care	Nothing for preventive care	42
Protection against catastrophic costs  (out-of-pocket maximum)	Self Only: Nothing after \$7,500; Self Plus One: Nothing after \$15,000, subject to a maximum of \$7,500 per enrollee; Self and Family: Nothing after \$15,000, subject to a maximum of \$7,500 per enrollee	23
Special features:	CareLine® service, Nurse Navigator, Behavioral Health Personalized Assistance Line, special phone lines for deaf and hearing impaired, personalized member page on website, health improvement programs	75

### **Summary of Benefits for 2026 Standard Option**

- **Do not rely on this chart alone.** All benefits are subject to the definitions, limitations and exclusions in this brochure. You can obtain a copy of our Summary of Benefits and Coverage as required by the Affordable Care Act at <a href="https://www.healthpartners.com/fehb">www.healthpartners.com/fehb</a>.
- If you want to enroll or change your enrollment in this Plan, be sure to put the correct enrollment code from the cover on your enrollment form.

Standard Option	You pay	Page
Medical services provided by physicians:  • Diagnostic and treatment services provided in the office, urgent care and convenience clinic and by evisit and telephone	In-Network: \$0 for 5 visits, then 20% after in-network deductible Out-of-Network: 40% after out-of-network deductible	28
• Virtuwell	Nothing	28
Services provided by a hospital <ul><li>Inpatient and Outpatient</li></ul>	In-Network: 20% after in-network deductible Out-of-Network: 40% after out-of-network deductible	57
Emergency outpatient hospital benefits • In-area and out-of-area	20% after in-network deductible	62
Mental health and substance use disorder treatment	Regular cost sharing	64
Prescription drugs:  • Retail pharmacy (generally a 30-day supply)	In-Network copayments: \$5 for low cost generic formulary drugs; \$25 for high cost generic formulary drugs; \$75 for preferred brand name formulary drugs after in-network deductible; 60% coinsurance for non-preferred brand-name formulary drugs after in-network deductible; 40% for generic specialty drugs after in-network deductible; 50% coinsurance for brand-name specialty drugs, after in-network deductible.  Out-of-Network: 60% after out-of-network deductible.	69
Mail order service (generally a 90-day supply)	In-Network copayments: \$10 for low cost generic formulary drugs; \$50 for high cost generic formulary drugs; \$150 for preferred brand name formulary drugs after in-network deductible; 60% coinsurance for non-preferred brand-name formulary drugs after in-network deductible. Out-of-Network: all charges.	73
Dental care: • Accidental injury	In-Network: 20% after in-network deductible. Out-of-Network: 30% after in-network deductible.	74
Vision care	Nothing for preventive care	42
Protection against catastrophic costs (out-of-pocket maximum)	In-Network: Self Only: Nothing after \$9,000; Self Plus One: Nothing after \$18,000, subject to a maximum of \$9,000 per enrollee; Self and Family: Nothing after \$18,000, subject to a maximum of \$9,000 per enrollee; Out-of-Network: no maximum	23

Standard Option	You pay	Page
Special features:	CareLine® service, Nurse Navigator, Behavioral Health Personalized Assistance Line, special phone lines for deaf and hearing impaired, personalized member page on website, health improvement programs	75

### Notes

### 2026 Rate Information for HealthPartners

To compare your FEHB health plan options please go to www. opm.gov/fehbcompare.

To review premium rates for all FEHB health plan options please go to <a href="www.opm.gov/FEHBpremiums">www.opm.gov/FEHBpremiums</a> or <a href="www.opm.gov/Tribalpremium">www.opm.gov/Tribalpremium</a>.

Premiums for Tribal employees are shown under the Monthly Premium Rate column. The amount shown under employee pay is the maximum you will pay. Your Tribal employer may choose to contribute a higher portion of your premium. Please contact your Tribal Benefits Officer for exact rates.

		Premium Rate			
		Biweekly		Monthly	
<b>Type of Enrollment</b>	Enrollment Code	Gov't Share	Your Share	Gov't Share	Your Share
High Option Self Only	V31	\$324.76	\$194.75	\$703.65	\$421.96
High Option Self Plus One	V33	\$711.17	\$436.94	\$1,540.87	\$946.70
High Option Self and Family	V32	\$778.03	\$487.48	\$1,685.73	\$1,056.21
Standard Option Self Only	V34	\$236.30	\$78.76	\$511.97	\$170.66
Standard Option Self Plus One	V36	\$522.22	\$174.07	\$1,131.47	\$377.16
Standard Option Self and Family	V35	\$575.62	\$191.87	\$1,247.18	\$415.72