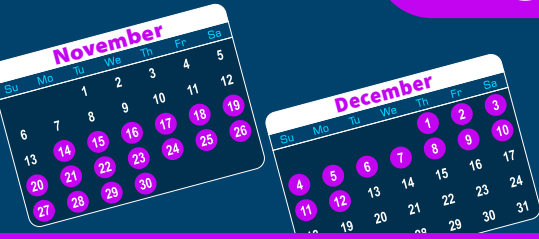


**Nov. 14 – Dec. 12**



**Federal Benefits**  
.....  
**OPM.gov/OpenSeason**

**FEHB**

**FEDVIP**

**FSAFEDS**

## Health Benefits

- Enroll
- Change plan/option
- Cancel enrollment
- Self, Self + One, Self & Family
- Use your agency's online enrollment system or contact your human resources office.

## Dental & Vision

- Enroll
- Change plan/option
- Cancel enrollment
- Self, Self + One, Self & Family
- [Benefeds.com](https://www.benefeds.com) or 1-877-888-3337

## Flexible Spending Accounts

- Enroll
- Re-enroll (it's not automatic!)
- Increase/decrease election amount to suit your needs
- [FSAFEDS.com](https://www.fsa-feds.com) or 1-877-372-3337

## Things to Consider:

- What are my family's health, dental, and vision needs for 2023?
- Will my current plan still be available in 2023?
- Will my current plan's benefits or premiums change in 2023?
- If I make no changes, FEHB and FEDVIP enrollments rollover automatically
- Use the online comparison tool to explore a better plan
- Could I save money with a FSAFEDS flexible spending account?