

HEALTH INSURANCE

Do You Have the Right Plan?

| Type of Health Plan | Features | Tradeoffs |
|--|---|---|
| Fee-For-Service | See any doctor without referral Nationwide and worldwide coverage When you use an in-network doctor or hospital, you pay less | You may have to pay more out-of-pocket for services You may need to file claims |
| НМО | Little paperwork, if any Limited out-of-pocket costs for services | Must use in-network doctors and hospitals Need a referral to see a different provider |
| High-Deductible with a Health Savings Account | Covers high-cost medical events Puts money into an interest- bearing Health Savings Account (HSA) and lets you add money into it Make tax-free withdraws for qualified medical expenses Portable if you retire or leave government Lower premiums | Higher deductible Cannot get an HSA if you are covered by any other health plan, including Medicare Can use a medical fund (see below) if you are ineligible for an HSA |
| Consumer-Driven with a medical fund | Your health plan puts money into a medical fund for you If your medical expenses for the year are less than the amount of your medical fund, you pay nothing out-of-pocket Lower premiums | Must pay deductible if your health expenses exceed the amount of your medical fund Medical fund is not portable, not interest-bearing, and you cannot add money to it |

| When can I change plans? | How do I change plans? | How can I compare plans? |
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| Federal Benefits Open Season (mid-November to mid- December), or when you have a qualifying life event such as marriage, divorce, or birth | Use your agency's electronic enrollment system, or submit form SF 2809 to your human resources office (www.opm.gov/forms) | Use the plan comparison tools at www.opm.gov/FEHBcompare Review each plan's brochure at www.opm.gov/FEHBbrochures |

MORE INFO: www.opm.gov/health

This is only a summary of benefits under the FEHB Program. For complete information, review each plan's brochure.