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## Section 2 How we change for 2006

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Do not rely on these change descriptions; this Section is not an official statement of benefits. For that, go to Section 5 Benefits. Also, we edited and clarified language throughout the brochure; any language change not shown here is a clarification that does not change benefits.

### Changes to this Plan

- Your share of the non-Postal premium will decrease by 3.1% for Self Only or 2.1% for Self and Family
- For 2006, we are offering a new Standard Option product. The High Option product is the same product.
- Your hospice care benefit limit increases to \$50,000. The respite care limit is 10 days in a facility provider or 240 hours of in-home care per member per lifetime (see page 47).
- You or a support companion are covered for travel, lodging, and meal expenses for a covered transplant you receive at a Blue Quality Centers for Transplant facility. The coverage limit is \$10,000 per transplant episode and includes expenses for you and one support companion (see page 43).
- Your provider must obtain preauthorization for rental or purchase of all eligible durable medical equipment (including prosthetics and orthotics) purchases and repairs equal to or greater than \$300 (see page 15).
- We no longer cover childbirth preparation classes. However, you may obtain class discounts through our Discount Health Network and Community Resources directory.
- We will only cover education/training and nutritional counseling you receive from your primary care physician (PCP), except for the diagnosis of diabetes (see page 35).
- We will not cover enteral nutrition, except when it's the sole source of nutrition (see page 65).
- We will no longer cover private nursing care unless medically necessary during an inpatient stay (see page 46).
- The Manipulation therapy services you receive from your primary care physician (PCP) will now accumulate toward your manipulation/chiropractic benefit limit of two (2) weeks of acute care following an accident or injury, and for which initial treatment is sought within one (1) week of the accident/injury (see page 34).
- Visits for short-term rehabilitation therapy evaluations and re-evaluations will now accumulate toward your therapy benefit limit (physical, occupational, respiratory, orthoptic, cardiac, urinary incontinence, and speech therapies) (see page 29).
- We now limit your prescription to only a 30-day supply or unit-of-use of prescription drugs when you obtain the prescription drug from a participating retail pharmacy (see page 57).
- The hair prostheses benefit limit decreases to \$300 per member per lifetime maximum (see page 33).
- We no longer offer the Chronic Obstructive Pulmonary Disease (COPD) Health Management Program and the Cholesterol Management Program under Educational classes and programs.