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## Section 2 How we change for 2007

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Do not rely on these change descriptions; this Section is not an official statement of benefits. For that, go to Section 5 Benefits. Also, we edited and clarified language throughout the brochure; any language change not shown here is a clarification that does not change benefits.

#### Changes to this Plan

Your share of the non-Postal premium will decrease by 1.1% for self and 0.6% for family.

Optima Health has expanded our service area to include the Fredericksburg area of Virginia including the cities of Fredericksburg, Dahlgren, Dogue, Jersey, King George, Ninde, Rollins Fork, Sealston, Partlow, Spotsylvania and Thornburg; and the counties of Fredericksburg City, Spotsylvania, and King George (to include 22401, 22402, 22404, 22407, 22408, 22448, 22451, 22481, 22485, 22526, 22544, 22547, 22534, 22553 and 22565), see page 7.

Optima Health has removed the packaging limitations on most prescriptions.