



BlueCHiP, Coordinated Health Partners, Inc.

1999

A Health Maintenance Organization with a Point of Service Product

Serving: Rhode Island and portions of Southeastern Massachusetts

Enrollment code:

DA1 Self Only

DA2 Self and Family



Enrollment in this Plan is limited; see page 9 for requirements.

Visit the OPM website at <http://www.opm.gov/insure>
and
This Plan's website at <http://www.bchsri.com>

Authorized for distribution by the:



**United States
Office of
Personnel
Management**



RI 73-489

BlueCHiP, Coordinated Health Partners

Coordinated Health Partners, Inc., d.b.a. BlueCHiP, Coordinated Health Partners, 15 LaSalle Square, Providence, RI 02903 has entered into a contract (CS 2328) with the Office of Personnel Management (OPM) as authorized by the Federal Employees Health Benefits (FEHB) law, to provide a comprehensive medical plan herein called BlueCHiP, Coordinated Health Partners or the Plan.

This brochure is the official statement of benefits on which you can rely. A person enrolled in the Plan is entitled to the benefits stated in this brochure. If enrolled for Self and Family, each eligible family member is also entitled to these benefits.

Premiums are negotiated with each plan annually. Benefit changes are effective January 1, 1999, and are shown on page 23.

Table of Contents

	Page
Inspector General Advisory on Fraud2
General Information2
Confidentiality; If you are a new member; If you are hospitalized; Your responsibility; Things to keep in mind; Coverage after enrollment ends (Former spouse coverage; Temporary continuation of coverage; Conversion to individual coverage; Certificate of creditable coverage)	
Facts about this Plan6
Information you have the right to know; Who provides care to Plan members? Role of a primary care doctor; Choosing your doctor; Referrals for specialty care; Authorizations; For new members; Hospital care; Out-of-pocket maximum; Deductible carryover; Submit claims promptly; Experimental/investigational determinations; Other considerations; The Plan's service and enrollment areas	
General Limitations9
Important notice; Circumstances beyond Plan control; Arbitration of claims; Other sources of benefits	
General Exclusions11
Benefits11
Medical and Surgical Benefits; Hospital/Extended Care Benefits; Emergency Benefits; Mental Conditions/Substance Abuse Benefits; Prescription Drug Benefits	
Other Benefits18
Dental Care; Vision Care	
Point of Service Benefit19
Non-FEHB Benefits20
How to Obtain Benefits21
How BlueCHiP, Coordinated Health Partners Changes January 199923
Summary of Benefits	Inside Back Cover
Rate Information	Back Cover

Inspector General Advisory: Stop Health Care Fraud!

Fraud increases the cost of health care for everyone. Anyone who intentionally makes a false statement or a false claim in order to obtain FEHB benefits or increase the amount of FEHB benefits is subject to prosecution for FRAUD. This could result in CRIMINAL PENALTIES. Please review all medical bills, medical records and claims statements carefully. If you find that a provider, such as a doctor, hospital or pharmacy, charged your plan for services you did not receive, billed for the same service twice, or misrepresented any other information, take the following actions:

- Call the provider and ask for an explanation - sometimes the problem is a simple error.
- If the provider does not resolve the matter, or if you remain concerned, call your plan at 401/459-5500 and explain the situation.
- If the matter is not resolved after speaking to your plan (and you still suspect fraud has been committed), call or write:

**THE HEALTH CARE FRAUD HOTLINE
202/418-3300**

The Office of Personnel Management
Office of the Inspector General Fraud Hotline
1900 E Street, N.W., Room 6400
Washington, D.C. 20415

The inappropriate use of membership identification cards, e.g., to obtain services for a person who is not an eligible family member or after you are no longer enrolled in the Plan, is also subject to review by the Inspector General and may result in an adverse administrative action by your agency.

General Information

Confidentiality

Medical and other information provided to the Plan, including claim files, is kept confidential and will be used only: 1) by the Plan and its subcontractors for internal administration of the Plan, coordination of benefit provisions with other plans, and subrogation of claims; 2) by law enforcement officials with authority to investigate and prosecute alleged civil or criminal actions; 3) by OPM to review a disputed claim or perform its contract administration functions; 4) by OPM and the General Accounting Office when conducting audits as required by the FEHB law; or 5) for bona fide medical research or education. Medical data that does not identify individual members may be disclosed as a result of the bona fide medical research or education.

If you are a new member

Use this brochure as a guide to coverage and obtaining benefits. There may be a delay before you receive your identification card and member information from the Plan. Until you receive your ID card, you may show your copy of the SF 2809 enrollment form or your annuitant confirmation letter from OPM to a provider or Plan facility as proof of enrollment in this Plan. If you do not receive your ID card within 60 days after the effective date of your enrollment, you should contact the Plan.

If you made your open season change by using Employee Express and have not received your new ID card by the effective date of your enrollment, call the Employee Express HELP number to request a confirmation letter. Use that letter to confirm your new coverage with Plan providers.

If you are a new member of this Plan, benefits and rates begin on the effective date of your enrollment, as set by your employing office or retirement system. **As a member of this Plan, once your enrollment is effective, you will be covered only for services provided or arranged by a Plan doctor except in the case of emergency as described on page 15, or when you self-refer for point of service, or POS, benefits as described on page 19.** If you are confined in a hospital on the effective date, you must notify the Plan so that it may arrange for the transfer of your care to Plan providers. See "If you are hospitalized" on page 3.

General Information *continued*

FEHB plans may not refuse to provide benefits for any condition you or a covered family member may have solely on the basis that it was a condition that existed before you enrolled in a plan under the FEHB Program.

If you are hospitalized

If you change plans or options, benefits under your prior plan or option cease on the effective date of your enrollment in your new plan or option, unless you or a covered family member are confined in a hospital or other covered facility or are receiving medical care in an alternative care setting on the last day of your enrollment under the prior plan or option. In that case, the confined person will continue to receive benefits under the former plan or option until the earliest of (1) the day the person is discharged from the hospital or other covered facility (a move to an alternative care setting does not constitute a discharge under this provision), or (2) the day after the day all inpatient benefits have been exhausted under the prior plan or option, or (3) the 92nd day after the last day of coverage under the prior plan or option. However, benefits for other family members under the new plan will begin on the effective date. If your plan terminates participation in the FEHB Program in whole or in part, or if the Associate Director for Retirement and Insurance orders an enrollment change, this continuation of coverage provision does not apply; in such case, the hospitalized family member's benefits under the new plan begin on the effective date of enrollment.

Your responsibility

It is your responsibility to be informed about your health benefits. Your employing office or retirement system can provide information about: when you may change your enrollment; who "family members" are; what happens when you transfer, go on leave without pay, enter military service, or retire; when your enrollment terminates; and the next open season for enrollment. Your employing office or retirement system will also make available to you an FEHB Guide, brochures and other materials you need to make an informed decision.

Things to keep in mind

- The benefits in this brochure are effective on January 1 for those already enrolled in this Plan; if you changed plans or plan options, see "If you are a new member" on the previous page. In both cases, however, the Plan's new rates are effective the first day of the enrollee's first full pay period that begins on or after January 1 (January 1 for all annuitants).
- Generally, you must be continuously enrolled in the FEHB Program for the last five years before you retire to continue your enrollment for you and any eligible family members after you retire.
- The FEHB Program provides Self Only coverage for the enrollee alone or Self and Family coverage for the enrollee, his or her spouse, and unmarried dependent children under age 22. Under certain circumstances, coverage will also be provided under a family enrollment for a disabled child 22 years of age or older who is incapable of self-support.
- An enrollee with Self Only coverage who is expecting a baby or the addition of a child may change to a Self and Family enrollment up to 60 days after the birth or addition. The effective date of the enrollment change is the first day of the pay period in which the child was born or became an eligible family member. The enrollee is responsible for his or her share of the Self and Family premium for that time period; both parent and child are covered only for care received from Plan providers, except for emergency or POS benefits.
- You will not be informed by your employing office (or your retirement system) or your Plan when a family member loses eligibility.
- You must direct questions about enrollment and eligibility, including whether a dependent age 22 or older is eligible for coverage, to your employing office or retirement system. The Plan does not determine eligibility and cannot change an enrollment status without the necessary information from the employing agency or retirement system.
- An employee, annuitant, or family member enrolled in one FEHB plan is not entitled to receive benefits under any other FEHB plan.

General Information *continued*

Things to keep in mind (continued)

- Report additions and deletions (including divorces) of covered family members to the Plan promptly.
- If you are an annuitant or former spouse with FEHB coverage and you are also covered by Medicare Part B, you may drop your FEHB coverage and enroll in a Medicare prepaid plan when one is available in your area. If you later change your mind and want to reenroll in FEHB, you may do so at the next open season, or whenever you involuntarily lose coverage in the Medicare prepaid plan or move out of the area it serves.

Most Federal annuitants have Medicare Part A. If you do not have Medicare Part A, you may enroll in a Medicare prepaid plan, but you will probably have to pay for hospital coverage in addition to the Part B premium. **Before** you join the plan, ask whether they will provide hospital benefits and, if so, what you will have to pay.

You may also remain enrolled in this Plan when you join a Medicare prepaid plan.

Contact your local Social Security Administration (SSA) office for information on local Medicare prepaid plans (also known as Coordinated Care Plans or Medicare HMOs) or request it from SSA at 1-800/638-6833. Contact your retirement system for information on dropping your FEHB enrollment and changing to a Medicare prepaid plan. See page 20 for information on the Medicare prepaid plan offered by this Plan.

- Federal annuitants are not required to enroll in Medicare Part B (or Part A) in order to be covered under the FEHB Program nor are their FEHB benefits reduced if they do not have Medicare Part B (or Part A).

Coverage after enrollment ends

When an employee's enrollment terminates because of separation from Federal service or when a family member is no longer eligible for coverage under an employee or annuitant enrollment, and the person is not otherwise eligible for FEHB coverage, he or she generally will be eligible for a free 31-day extension of coverage. The employee or family member may also be eligible for one of the following:

Former spouse coverage

When a Federal employee or annuitant divorces, the former spouse may be eligible to elect coverage under the spouse equity law. If you are recently divorced or anticipate divorcing, contact the employee's employing office (personnel office) or retiree's retirement system to get more facts about electing coverage.

Temporary continuation of coverage (TCC)

If you are an employee whose enrollment is terminated because you separate from service, you may be eligible to temporarily continue your health benefits coverage under the FEHB Program in any plan for which you are eligible. Ask your employing office for RI 79-27, which describes TCC, and for RI 70-5, the FEHB Guide for individuals eligible for TCC. Unless you are separated for gross misconduct, TCC is available to you if you are not otherwise eligible for continued coverage under the Program. For example, you are eligible for TCC when you retire if you are unable to meet the five-year enrollment requirement for continuation of enrollment after retirement.

Your TCC begins after the initial free 31-day extension of coverage ends and continues for up to 18 months after your separation from service (that is, if you use TCC until it expires 18 months following separation, you will only pay for 17 months of coverage). Generally, you must pay the total premium (both the Government and employee shares) plus a 2 percent administrative charge. If you use your TCC until it expires, you are entitled to another free 31-day extension of coverage when you may convert to nongroup coverage. If you cancel your TCC or stop paying premiums, the free 31-day extension of coverage and conversion option are not available.

Children or former spouses who lose eligibility for coverage because they no longer qualify as family members (and who are not eligible for benefits under the FEHB Program as employees or under the spouse equity law) also may qualify for TCC. They also must pay the total premium plus the 2 percent administrative charge. TCC for former family members continues for up to 36 months after the qualifying event occurs, for example, the child reaches age 22 or the date of the divorce. This

General Information *continued*

includes the free 31-day extension of coverage. When their TCC ends (except by cancellation or nonpayment of premium), they are entitled to another free 31-day extension of coverage when they may convert to nongroup coverage.

NOTE: If there is a delay in processing the TCC enrollment, the effective date of the enrollment is still the 32nd day after regular coverage ends. The TCC enrollee is responsible for premium payments retroactive to the effective date and coverage may not exceed the 18 or 36 month period noted above.

Notification and election requirements

Separating employees - Within 61 days after an employee's enrollment terminates because of separation from service, his or her employing office must notify the employee of the opportunity to elect TCC. The employee has 60 days after separation (or after receiving the notice from the employing office, if later) to elect TCC.

Children - You must notify your employing office or retirement system when a child becomes eligible for TCC within 60 days after the qualifying event occurs, for example, the child reaches age 22 or marries.

Former spouses - You or your former spouse must notify the employing office or retirement system of the former spouse's eligibility for TCC within 60 days after the termination of the marriage. A former spouse may also qualify for TCC if, during the 36-month period of TCC eligibility, he or she loses spouse equity eligibility because of remarriage before age 55 or loss of the qualifying court order. This applies even if he or she did not elect TCC while waiting for spouse equity coverage to begin. The former spouse must contact the employing office within 60 days of losing spouse equity eligibility to apply for the remaining months of TCC to which he or she is entitled.

The employing office or retirement system has 14 days after receiving notice from you or the former spouse to notify the child or the former spouse of his or her rights under TCC. If a child wants TCC, he or she must elect it within 60 days after the date of the qualifying event (or after receiving the notice, if later). If a former spouse wants TCC, he or she must elect it within 60 days after any of the following events: the date of the qualifying event or the date he or she receives the notice, whichever is later; or the date he or she loses coverage under the spouse equity law because of remarriage before age 55 or loss of the qualifying court order.

Important: The employing office or retirement system must be notified of a child's or former spouse's eligibility for TCC within the 60-day time limit. If the employing office or retirement system is not notified, the opportunity to elect TCC ends 60 days after the qualifying event in the case of a child and 60 days after the change in status in the case of a former spouse.

Conversion to individual coverage

When none of the above choices are available - or chosen - when coverage as an employee or family member ends, or when TCC coverage ends (except by cancellation or nonpayment of premium), you may be eligible to convert to an individual, nongroup contract. You will not be required to provide evidence of good health and the plan is not permitted to impose a waiting period or limit coverage for pre-existing conditions. If you wish to convert to an individual contract, you must apply in writing to the carrier of the plan in which you are enrolled within 31 days after receiving notice of the conversion right from your employing agency. A family member must apply to convert within the 31-day free extension of coverage that follows the event that terminates coverage, e.g., divorce or reaching age 22. Benefits and rates under the individual contract may differ from those under the FEHB Program.

Certificate of creditable coverage

Under Federal law, if you lose coverage under the FEHB Program, you should automatically receive a Certificate of Group Health Plan Coverage from the last FEHB Plan to cover you. This certificate, along with any certificates you receive from other FEHB plans you may have been enrolled in, may reduce or eliminate the length of time a preexisting condition clause can be applied to you by a new non-FEHB insurer. If you do not receive a certificate automatically, you must be given one on request.

Facts about this Plan

This Plan is a comprehensive medical plan, sometimes called a health maintenance organization (HMO) that offers a point of service, or POS, product. Whenever you need services, you may choose to obtain them from your personal doctor within the Plan's provider network or go outside the network for treatment. Within the Plan's network you are required to select a personal doctor who will provide or arrange for your care and you will pay minimal amounts for comprehensive benefits. There are no claims forms when Plan doctors are used. When you choose a non-Plan doctor or other non-Plan provider under the POS option, you will pay a substantial portion of the charges and the benefits available may be less comprehensive. See page 19 for more information.

Your decision to join an HMO should be based on your preference for the plan's benefits and delivery system, not because a particular provider is in the plan's network. You cannot change plans because a provider leaves the HMO.

Because the Plan provides and arranges your care and pays the cost, it seeks efficient and effective delivery of health services. By controlling unnecessary or inappropriate care, it can afford to offer a comprehensive range of benefits. In addition to providing comprehensive health services and benefits for accidents, illness, and injury, the Plan emphasizes preventive benefits such as office visits, physicals, immunizations, and well-baby care. You are encouraged to get medical attention at the first sign of illness.

BlueCHiP, Coordinated Health Partners offers the HMO USA Away From Home Care program. When you or a covered member are traveling throughout the United States, and need medical care before you return home, call the Away From Home Coordinator at 1-800-4-HMO-USA (1-800-446-6872). The Away From Home Care Coordinator will assist you with scheduling an appointment with a qualified doctor during normal business hours and give you directions to the doctor's office.

Information you have the right to know

All carriers in the FEHB Program must provide certain information to you. If you did not receive information about this Plan, you can obtain it by calling the Plan at 401/274-3500 or toll free at 1-800-564-0888 or you may write the Plan at 15 LaSalle Square, Providence, Rhode Island 02903.

Information that must be made available to you includes:

- Disenrollment rates for 1997
- Compliance with State and Federal licensing or certification requirements and the dates met. If noncompliant, the reason for noncompliance.
- Accreditations by recognized accrediting agencies and the dates received.
- Carriers type of corporate form and years in existence.
- Whether the carrier meets State, Federal and accreditation requirements for fiscal solvency, confidentiality, and transfer of medical records.

Who provides care to Plan members

BlueCHiP, Coordinated Health Partners is affiliated with Blue Cross & Blue Shield of Rhode Island. BlueCHiP, Coordinated Health Partners provides care through over 700 primary care doctors (internists, pediatricians and family practitioners) and over 1,200 specialists, along with a full range of hospitals and other health care providers across the state. When specialist services are needed, your primary care doctor will refer you to a BlueCHiP, Coordinated Health Partners specialist. All participating primary care doctors practice out of offices in the community. Each member selects a primary care doctor who acts as a personal doctor working with you to coordinate all of your health care needs.

BlueCHiP, Coordinated Health Partners has a POS product which offers members the flexibility of obtaining services outside of the primary care doctor system and receiving an allowance for services. For more information regarding this benefit, see page 19.

Role of a primary care doctor

The first and most important decision each member must make is the selection of a primary care doctor. The decision is important since it is through this doctor that all other health services, particularly those of specialists, are obtained. It is the responsibility of your primary care doctor to obtain necessary authorizations from the Plan before referring you to a specialist or making arrangements for hospitalization. Plan primary care doctors may be limited as to which participating specialists

Facts about this Plan *continued*

they may refer their patients. Services of other Plan providers are covered only when there has been a referral by the member's primary care doctor or when you use POS benefits, with the following exceptions: a woman may see her Plan obstetrician/gynecologist for her annual routine examination without a referral; chiropractic care up to the limit; an annual vision exam; and treatment for mental health conditions and substance abuse may be obtained directly from Continuum Behavioral Care or other mental health administrator, as determined by the Plan; call 800/544-5977 or 401/276-4052. Decisions on referrals to which specialists for the treatment of mental conditions and substance abuse may be made by the mental health administrator instead of the primary care doctor.

Choosing your doctor

The Plan's provider directory lists primary care doctors (generally family practitioners, pediatricians, and internists), with their locations and phone numbers, and notes whether or not the doctor is accepting new patients. Directories are updated on a regular basis and are available at the time of enrollment or upon request by calling the Customer Service Department at 401/274-3500 or toll free at 1-800/564-0888, or the Administrative Offices at 401/459-5500 or toll free at 1-800/528-4141; you can also find out if your doctor participates with this Plan by calling this number. If you are interested in receiving care from a specific provider who is listed in the directory, call the provider to verify that he or she still participates with the Plan and is accepting new patients. **Important note: When you enroll in this plan, services (except for emergency or POS benefits) are provided through the Plan's delivery system; the continued availability and/or participation of any one doctor, hospital, or other provider, cannot be guaranteed.**

If you enroll, you will be asked to let the Plan know which primary care doctor(s) you've selected for you and each member of your family by sending a selection form to the Plan. If you need help choosing a doctor, call the Plan. Members may change their doctor selection by notifying the Plan 30 days in advance.

If you are receiving services from a doctor who leaves the Plan, the Plan will pay for covered services until the Plan can arrange with you for you to be seen by another participating doctor.

Referrals for specialty care

Except in a medical emergency, or in the situations listed above where members may self-refer themselves, or when a primary care doctor has designated another doctor to see patients when he or she is unavailable, or when you choose to use the Plan's POS benefits, you must receive a referral from your primary care doctor before seeing any other doctor or obtaining special services. Referral to a participating specialist is given at the primary care doctor's discretion, if non-Plan specialists or consultants are required, the primary care doctor will make arrangements for appropriate referrals. Members who wish to self-refer to a doctor of their choice can use the POS product (See Page 19).

When you receive a referral from your primary care doctor, you must return to the primary care doctor after the consultation unless your doctor authorizes additional visits. All follow-up care must be provided or authorized by the primary care doctor. Do not go to the specialist unless your primary care doctor has arranged for the referral in advance.

If you have a chronic, complex, or serious mental condition that causes you to see a Plan specialist more frequently, your primary care doctor or the Plan's Mental Health Administrator will develop a treatment plan with you and your health plan that allows an adequate number of direct access visits with that specialist.

Authorizations

The Plan will provide benefits for covered services only when the services are medically necessary to prevent, diagnose or treat your illness or condition. Your Plan doctor must obtain the Plan's determination of medical necessity before you may be hospitalized, referred for certain types of specialty care or obtain follow-up care from a specialist.

For new members

If you are already under the care of a specialist who is a Plan participant, you must still obtain a referral from a Plan primary care doctor for the care to be covered by the Plan. If the doctor who originally referred you to this specialist is now your Plan primary care doctor, you need only call to explain that you now are a Plan member and ask that you be referred.

Facts about this Plan *continued*

If you are selecting a new primary care doctor and want to continue with this specialist, you must schedule an appointment so the primary care doctor can decide whether to treat the condition directly or refer you back to the specialist.

Hospital care

If you require hospitalization, your primary care doctor or authorized specialist will make the necessary arrangements and continue to supervise your care.

Outpatient surgery can be performed in either the outpatient setting of a participating hospital or at a participating ambulatory surgical center. Outpatient surgery requires Plan authorization.

Out-of-pocket maximum

Copayments are required for a few benefits. However, copayments will not be required for the remainder of the calendar year after your out-of-pocket expenses for services provided or arranged by the Plan reach \$2,294 per Self Only enrollment or \$5,874 per Self and Family enrollment. This copayment maximum does not include costs of prescription drugs or dental services. A separate out-of-pocket maximum is set for the POS benefits (See Page 19).

You should maintain accurate records of the payments made, as it is your responsibility to determine when the payment maximum is reached. You are assured a predictable maximum in out-of-pocket costs for covered health and medical needs. Copayments are due when service is rendered, except for emergency care.

Deductible carryover

If you changed to this Plan during open season from a plan with a deductible and the effective date of the change was after January 1, any expenses that would have applied to that plan's deductible will be covered by your old plan if they are for care you got in January before the effective date of your coverage in this Plan. If you have already met the deductible in full, your old plan will reimburse these covered expenses. If you have not met it in full, your old plan will first apply your covered expenses to satisfy the rest of the deductible and then reimburse you for any additional covered expenses. The old plan will pay these covered expenses according to this year's benefits; benefit changes are effective January 1.

Submit claims promptly

When you are required to submit a claim to this Plan for covered expenses, submit your claim promptly. The Plan will not pay benefits for claims submitted later than December 31 of the calendar year following the year in which the expense was incurred, unless timely filing was prevented by administrative operations of Government or legal incapacity, provided the claim was submitted as soon as reasonably possible.

Experimental/investigational determinations

Experimental or investigational services include any treatment, procedure, facility, equipment, drug, device, supply or service (hereinafter referred to collectively as "service") when the service has progressed to limited human application, but has not been recognized as proven effective in clinical medicine. A service is considered experimental or investigational if the plan determines that one or more of the following circumstances are true: 1) the service is the subject of an ongoing clinical trial or is under study to determine the maximum tolerated dose, toxicity, safety, efficacy, or efficacy as compared with a standard means of treatment or diagnosis; or 2) the prevailing opinion among experts regarding the service is that further studies or clinical trials are necessary; or 3) the current belief in the pertinent specialty of the medical profession in the United States is that the service or supply should not be used for the diagnosis or indications being requested outside of clinical trials or other research settings because it requires further evaluation for that diagnosis or indications.

BlueCHiP will determine the applicability of this criterion based on: Published reports in authoritative, peer-reviewed medical literature; AND reports, publications, evaluations, and other sources published by government agencies; or the service has FDA approval but the indication for the drug, device or dosage is not an accepted off-label use.

To the extent that BlueCHiP definition of experimental or demonstrated reliable evidence conflicts with Rhode Island General Laws (Section 27.41-41, 41.1 and 41.2) relating to "new cancer therapies", and Rhode Island General Laws Chapter 27-55 relating to off-label uses of prescription drugs, those statutory provisions will control.

Facts about this Plan *continued*

Other considerations

Plan providers will follow generally accepted medical practice in prescribing any course of treatment. Before you enroll in this Plan, you should determine whether you will be able to accept treatment or procedures that may be recommended by Plan providers.

The Plan's service area

The service area for this Plan, where Plan providers and facilities are located, is described below. You must live or work in the service area to enroll in this Plan.

The service area for this plan includes the following areas:

The State of Rhode Island and the following cities and towns in the state of Massachusetts: Acushnet, Attleboro, Bellingham, Blackstone, Dartmouth, Dighton, Fall River, Fairhaven, Foxborough, Franklin, Mansfield, Medway, Mendon, Millville, New Bedford, North Attleboro, Norton, Plainville, Raynham, Rehoboth, Seekonk, Somerset, Swansea, Taunton, Uxbridge, Westport, Wrentham.

Benefits for care outside the service area are limited to emergency services, as described on page 15, and to services covered under Point of Service Benefits, as described on page 19.

If you or a covered family member move outside the service area, or farther away from the service area, you may enroll in another approved plan. It is not necessary to wait until you move or for the open season to make such a change; contact your employing office or retirement system for information if you are anticipating a move.

General Limitations

Important notice

Although a specific service may be listed as a benefit, it will be covered for you only if, in the judgment of your Plan doctor, it is medically necessary for the prevention, diagnosis, or treatment of your illness or condition. **No oral statement of any person shall modify or otherwise affect the benefits, limitations and exclusions of this brochure, convey or void any coverage, increase or reduce any benefits under this Plan or be used in the prosecution or defense of a claim under this Plan.** This brochure is the official statement of benefits on which you can rely.

Circumstances beyond Plan control

In the event of major disaster, epidemic, war, riot, civil insurrection, disability of a significant number of Plan providers, complete or partial destruction of facilities, or other circumstances beyond the Plan's control, the Plan will make a good faith effort to provide or arrange for covered services. However, the Plan will not be responsible for any delay or failure in providing service due to lack of available facilities or personnel.

Arbitration of claims

Any claim for damages for personal injury, mental disturbance or wrongful death arising out of the rendition of or failure to render services under this contract must be submitted to binding arbitration.

Other sources of benefits

This section applies when you or your family members are entitled to benefits from a source other than this Plan. You must disclose information about other sources of benefits to the Plan and complete all necessary documents and authorizations requested by the Plan.

Medicare

If you or a covered family member is enrolled in this Plan and Part A and/or Part B, the Plan will coordinate benefits according to Medicare's determination of which coverage is primary. However, this Plan will not cover services, except those for emergencies, unless you use Plan providers or the services are covered under this Plan's POS benefits. You must tell your Plan that you or your family member is eligible for Medicare. Generally, that is all you need to do unless your Plan tells you that you need to file a Medicare claim.

Group health insurance and automobile insurance

This coordination of benefits (double coverage) provision applies when a person covered by this Plan also has, or is entitled to benefits from, any other group health coverage, or is entitled to the payment of medical and hospital costs under no-fault or other automobile insurance that pays benefits without regard to fault. Information about the other coverage must be disclosed to this Plan.

General Limitations *continued*

When there is double coverage for covered benefits, other than emergency services from non-Plan providers, this Plan will continue to provide its benefits in full, but is entitled to receive payment for the services and supplies provided, to the extent that they are covered by the other coverage, no-fault or other automobile insurance or any other primary plan.

One plan normally pays its benefits in full as the primary payer, and the other plan pays a reduced benefit as the secondary payer. When this Plan is the secondary payer, it will pay the lesser of (1) its benefits in full, or (2) a reduced amount which, when added to the benefits payable by the other coverage, will not exceed reasonable charges. The determination of which health coverage is primary (pays its benefits first) is made according to guidelines provided by the National Association of Insurance Commissioners. When benefits are payable under automobile insurance, including no-fault, the automobile insurer is primary (pays its benefits first) if it is legally obligated to provide benefits for health care expenses without regard to other health benefits coverage the enrollee may have. This provision applies whether or not a claim is filed under the other coverage. When applicable, authorization must be given to this Plan to obtain information about benefits or services available from the other coverage, or to recover overpayments from other coverages.

CHAMPUS

If you are covered by both this Plan and the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS), this Plan will pay benefits first. As a member of a prepaid plan, special limitations on your CHAMPUS coverage apply; your primary provider must authorize all care unless you use a non-Plan provider for POS benefit as described on page 19. See your CHAMPUS Health Benefits Advisor if you have questions about CHAMPUS coverage.

Medicaid

If you are covered by both this Plan and Medicaid, this Plan will pay benefits first.

Worker's compensation

The Plan will not pay for services required as the result of occupational disease or injury for which any medical benefits are determined by the Office of Workers Compensation Programs (OWCP) to be payable under workers' compensation (under section 8103 of title 5, U.S.C.) or by a similar agency under another Federal or State law. This provision also applies when a third party injury settlement or other similar proceeding provides medical benefits in regard to a claim under workers' compensation or similar laws. If medical benefits provided under such laws are exhausted, this Plan will be financially responsible for services or supplies that are otherwise covered by this Plan. The Plan is entitled to be reimbursed by OWCP (or the similar agency) for services it provided that were later found to be payable by OWCP (or the agency).

DVA facilities, DoD facilities, and Indian Health Service

Facilities of the Department of Veterans Affairs, the Department of Defense, and the Indian Health Service are entitled to seek reimbursement from the Plan for certain services and supplies provided to you or a family member to the extent that reimbursement is required under the Federal statutes governing such facilities.

Other Government agencies

The Plan will not provide benefits for services and supplies paid for directly or indirectly by any other local, State, or Federal Government agency.

Liability insurance and third party actions

If a covered person is sick or injured as a result of the act or omission of another person or party, the Plan requires that it be reimbursed for the benefits provided in an amount not to exceed the amount of the recovery, or that it be subrogated to the person's rights to the extent of the benefits received under this Plan, including the right to bring suit in the person's name. If you need more information about subrogation, the plan will provide you with its subrogation procedures.

General Exclusions

All benefits are subject to the limitations and exclusions in this brochure. **Although a specific service may be listed as a benefit, it will not be covered for you unless your Plan doctor determines it is medically necessary to prevent, diagnose or treat your illness or condition and the Plan agrees, as discussed under Authorizations on page 7.** The following are excluded:

- Care by non-Plan doctors or hospitals except for authorized referrals or emergencies (see Emergency Benefits) or for eligible self-referred services (see POS benefits);
- Expenses incurred while not covered by this Plan;
- Services furnished or billed by a provider or facility barred from the FEHB Program;
- Services not required according to accepted standards of medical, dental, or psychiatric practice;
- Procedures, treatments, drugs or devices that are experimental or investigational;
- Procedures, services, drugs and supplies related to sex transformations; and
- Procedures, services, drugs and supplies related to abortions except when the life of the mother would be endangered if the fetus were carried to term or when the pregnancy is the result of an act of rape or incest.

Medical and Surgical Benefits

What is covered

A comprehensive range of preventive, diagnostic and treatment services is provided by Plan doctors and other Plan providers. This includes all necessary office visits; **you pay** a \$10 office visit copay for primary care and specialist office visits, but no additional copay for laboratory tests or x-rays. Within the service area, house calls will be provided if in the judgment of the Plan doctor, such care is necessary and appropriate; **you pay** a \$10 copay for a doctor's house call; **you pay** nothing for home visits by nurses and health aides.

The following services are included and are subject to the office visit copay unless stated otherwise:

- Preventive care, including well-baby care and periodic check-ups
- Mammograms are covered as follows: for women age 35 through age 39, one mammogram during these five years; for women age 40 through age 49, one mammogram every one or two years; for women age 50-64, one mammogram every year; for women age 65 and above, one mammogram every two years. In addition to routine screenings, mammograms are covered when prescribed by the doctor as medically necessary to diagnose or treat your illness.
- Routine immunizations and boosters
- Consultations by specialists
- Diagnostic procedures, such as laboratory tests and X-rays
- Hearing exams when referred by the primary care doctor

Medical and Surgical Benefits *continued*

- Complete obstetrical (maternity) care for all covered females, including prenatal, delivery and postnatal care by a Plan doctor. Copays are waived for maternity care after the initial visit. The mother, at her option, may remain in the hospital up to 48 hours after a regular delivery and 96 hours after a caesarean delivery. Inpatient stays will be extended if medically necessary. If enrollment in the Plan is terminated during pregnancy, benefits will not be provided after coverage under the Plan has ended. Ordinary nursery care of the newborn child during the covered portion of the mother's hospital confinement for maternity will be covered under either a Self Only or Self and Family enrollment; in addition, coverage of injury or sickness including necessary care and treatment of medically diagnosed congenital defects and birth abnormalities will be covered for the first 31 days of the newborn's life; all other care after the first 31 days will be covered only if the infant is covered under a Self and Family enrollment.
- Voluntary sterilization and family planning service
- Infertility services (diagnosis and treatment), including artificial insemination and injectable fertility drugs; **you pay** 20% of BlueCHiP, Coordinated Health Partners' fee allowance. The following types of artificial insemination are covered: intravaginal insemination (IVI); intracervical insemination (ICI) and intrauterine insemination (IUI); cost of donor sperm is not covered. Non-injectable fertility drugs are covered under the prescription drug benefit.
- Short term rehabilitative therapy (physical, speech and occupational) is provided on an inpatient or outpatient basis if significant improvement can be expected. On an inpatient basis, **you pay** nothing. On an outpatient basis, **you pay** \$10 per session.
- Diagnosis and treatment of diseases of the eye.
- Allergy testing and treatment; including testing and treatment materials (such as allergy serum).
- The insertion of internal prosthetic devices, such as pacemakers and artificial joints.
- Cornea, heart, heart-lung, kidney, liver, lung (single or double), and pancreas transplants; allogenic (donor) bone marrow transplants; autologous bone marrow transplants (autologous stem cell and peripheral stem cell support) for the following conditions: acute lymphocytic or non-lymphocytic leukemia, advanced Hodgkin's lymphoma, advanced non-Hodgkin's lymphoma, advanced neuroblastoma, and testicular, mediastinal, retroperitoneal and ovarian germ cell tumors, and breast cancer, multiple myeloma and epithelial ovarian cancer. Treatment for breast cancer, multiple myeloma and epithelial ovarian cancer may be provided in a non-randomized clinical trial, subject to approval by the Plan's Medical Director. Additionally, such trials must be delivered at a facility that is a National Cancer Institute (NCI) funded National Cooperative Cancer study group institution that has been approved by the Cooperative Groups to conduct clinical research on HDC/ABMT treatment or an institution that has NCI funded, peer reviewed grant to study HDC/ABMT. In the absence of an available clinical trial, the Plan will provide the same level of coverage for these transplants as any other transplant covered by the Plan. Related medical and hospital expenses of the donor are covered when the recipient is covered by this Plan.
- Women who undergo mastectomies, may, at their option, have this procedure performed on an inpatient basis and remain in the hospital up to 48 hours after the procedure.
- Dialysis
- Chemotherapy, radiation therapy, and inhalation therapy
- Surgical treatment of morbid obesity
- Podiatric services

CARE MUST BE RECEIVED FROM OR ARRANGED BY PLAN DOCTORS TO RECEIVE STANDARD HMO BENEFITS

Medical and Surgical Benefits *continued*

- Initial orthopedic devices, such as braces, initial prosthetic devices, such as artificial limbs and durable medical equipment, such as wheelchairs and hospital beds; **you pay** a \$20 copay per item. The Plan will determine whether an item is to be rented or purchased.
- Diabetic supplies; **you pay** 20% of the Plan's fee allowance
- Home health services of nurses and health aides, including intravenous fluids and medications, when prescribed by your Plan doctor, who will periodically review the program for continuing appropriateness and need
- All necessary medical or surgical care in a hospital or extended care facility from Plan doctors and other Plan providers, at no additional cost to you.

Limited Benefits

Oral and maxillofacial surgery is provided for nondental surgical and hospitalization procedures for congenital defects, such as cleft lip and cleft palate, and for medical or surgical procedures occurring within or adjacent to the oral cavity or sinuses including, but not limited to, treatment of fractures and excision of tumors and cysts; **you pay** a \$10 copay for office visits. All other procedures involving the teeth or intra oral areas surrounding the teeth are not covered, including any dental care involved in treatment of temporomandibular joint (TMJ) pain dysfunction syndrome.

Reconstructive surgery will be provided to correct a condition resulting from a functional defect or from an injury or surgery that has produced a major effect on the member's appearance and if the condition can reasonably be expected to be corrected by surgery; **you pay** nothing.

Cardiac rehabilitation following a heart transplant, bypass surgery or a myocardial infarction, is provided at a Plan facility for up to 32 visits; **you pay** nothing.

Chiropractic services, when received from an in-network chiropractor, are covered for up to six self-referred visits per calendar year; **you pay** \$10 per visit.

What is not covered

- Physical examinations that are not necessary for medical reasons, such as those required for obtaining or continuing employment, insurance, or attending school or camp, or travel
- Reversal of voluntary, surgically-induced sterility
- Surgery primarily for cosmetic purposes
- Homemaker services or custodial care
- Hearing aids
- Transplants not listed as covered
- Long-term rehabilitative therapy
- Blood and blood derivatives not replaced by the member
- Replacement orthopedic and prosthetic devices
- Foot orthotics

CARE MUST BE RECEIVED FROM OR ARRANGED BY PLAN DOCTORS TO RECEIVE STANDARD HMO BENEFITS

Hospital/Extended Care Benefits

What is covered

Hospital care

The Plan provides a comprehensive range of benefits with no dollar or day limit when you are hospitalized under the care of a Plan doctor. **You pay nothing. All necessary services are covered, including:**

- Semiprivate room accommodations; when a Plan doctor determines it is medically necessary, the doctor may prescribe private accommodations or private duty nursing care
- Specialized care units, such as intensive care or cardiac care units

Extended care

The Plan provides a comprehensive range of benefits with no dollar or day limit when full-time skilled nursing care is necessary and confinement in a skilled nursing facility is in lieu of hospitalization as determined by a Plan doctor and approved by the Plan. **You pay nothing. All necessary services are covered, including:**

- Bed, board and general nursing care
- Drugs, biologicals, supplies, and equipment ordinarily provided or arranged by the skilled nursing facility when prescribed by a Plan doctor

Hospice care

Supportive and palliative care for a terminally ill member is covered in the home or hospice facility. Services include inpatient and outpatient care and family counseling; these services are provided under the direction of a Plan doctor who certifies that the patient is in the terminal stages of illness, with a life expectancy of approximately six months or less. **You pay nothing.**

Ambulance service

Benefits are provided for medically necessary ambulance services for emergency care. Non-emergent situations require a BlueCHIP authorization.

Limited benefits

Inpatient dental procedures

Hospitalization for certain dental procedures is covered when a Plan doctor determines there is a need for hospitalization for reasons totally unrelated to the dental procedure. The Plan will cover the hospitalization, but not the cost of the professional dental services. Conditions for which hospitalization would be covered include hemophilia and heart disease. The need for anesthesia, by itself, is not such a condition.

Acute inpatient detoxification

Hospitalization for medical treatment of substance abuse is limited to emergency care, diagnosis, treatment of medical conditions, and medical management of withdrawal symptoms (acute detoxification) if the Plan Mental Health Administrator determines that outpatient management is not medically appropriate. See page 17 for non-medical substance abuse benefits.

What is not covered

- Personal comfort items, such as telephone and television
- Blood and blood derivatives not replaced by the member
- Custodial care, rest cures, domiciliary or convalescent care

CARE MUST BE RECEIVED FROM OR ARRANGED BY PLAN DOCTORS TO RECEIVE STANDARD HMO BENEFITS

Emergency Benefits

What is a medical emergency?

A medical emergency is the sudden and unexpected onset of a condition or an injury that you believe endangers your life or could result in serious injury or disability and requires immediate medical or surgical care. Some problems are emergencies because, if not treated promptly, they might become more serious; examples include deep cuts and broken bones. Others are emergencies because they are potentially life-threatening, such as heart attacks, strokes, poisonings, gunshot wounds, or sudden inability to breathe. There are many other acute conditions that the Plan may determine are medical emergencies - what they all have in common is the need for quick action.

Emergencies within the service area

If you are in an emergency situation, please call your primary care doctor. In extreme emergencies, if you are unable to contact your doctor, contact the local emergency system (e.g., the 911 telephone system) or go to the nearest hospital emergency room. Be sure to tell the emergency room personnel that you are a Plan member so they can notify the Plan. You or a family member should notify the Plan within 48 hours unless it is not reasonably possible to do so. It is your responsibility to ensure that the Plan has been notified in a timely manner.

If you need to be hospitalized in a non-Plan facility, the Plan must be notified within 48 hours or on the first working day following your admission, unless it was not reasonably possible to notify the Plan within that time. If you are hospitalized in non-Plan facilities and Plan doctors believe care can be better provided in a Plan hospital, you will be transferred when medically feasible with any ambulance charges covered in full.

Benefits are available for care from non-Plan providers in a medical emergency only if delay in reaching a Plan provider would result in death, disability or significant jeopardy to your condition (except as shown on Page 19).

To be covered by this Plan, any follow-up care recommended by non-Plan providers must be approved by Plan providers except as covered under POS benefits.

Plan pays...

Reasonable charges for emergency services to the extent the services would have been covered if received from Plan providers.

You pay

\$25 per hospital emergency room visit for emergency services or \$20 per urgent care visit at a Plan participating urgent care center for benefits covered under this Plan. If the emergency results in an admission to a hospital within 24 hours, the emergency care copay is waived.

Emergencies outside the service area

Benefits are available for any medically necessary health service that is immediately required because of injury or unforeseen illness.

If you need to be hospitalized, the Plan must be notified within 48 hours or on the first working day following your admission, unless it was not reasonably possible to notify the Plan within that time. If a Plan doctor believes care can be better provided in a Plan hospital, you will be transferred when medically feasible with any ambulance charges covered in full.

To be covered by this Plan, any follow-up care recommended by non-Plan providers must be approved by Plan providers except as covered under POS benefits.

Plan pays...

Reasonable charges for emergency services to the extent the services would have been covered if received from Plan providers.

You pay...

\$25 per hospital emergency room visit for emergency services that are covered benefits of this Plan. If the emergency results in admission to a hospital within 24 hours, the emergency care copay is waived.

What is covered

- Emergency care at a doctor's office
- Emergency care as an outpatient or inpatient at a hospital, including doctors' services
- Ambulance service approved by the Plan

Emergency Benefits *continued*

What is not covered

- Elective care or non-emergency care except as covered under the POS Benefits
- Emergency care provided outside the service area if the need for care could have been foreseen before leaving the service area
- Medical and hospital costs resulting from a normal full-term delivery of a baby outside the service area except as covered under the POS benefits.

Filing claims for non-Plan providers

With your authorization, the Plan will pay benefits directly to the providers of your emergency care upon receipt of their claims. Physician claims should be submitted on the HCFA 1500 claim form. If you are required to pay for the services, submit itemized bills and your receipts to the Plan along with an explanation of the services and the identification information from your ID card. Payment will be sent to you (or the provider if you did not pay the bill), unless the claim is denied. If it is denied, you will receive notice of the decision, including the reasons for the denial and the provisions of the contract on which the denial was based. If you disagree with the Plan's decision, you may request reconsideration in accordance with the disputed claims procedure described on pages 21 and 22.

Reciprocity

BlueCHiP, Coordinated Health Partners offers the HMO USA Away From Home Care program. When you or a covered member are traveling throughout the United States, and need medical care before you return home, call the Away From Home Care Coordinator at 1-800-4-HMO-USA (1-800-446-6872). The Away From Home Care Coordinator will assist you with scheduling an appointment with a qualified doctor during normal business hours and give you directions to the doctor's office.

Mental Conditions/Substance Abuse Benefits

Mental conditions

Treatment for mental health conditions and substance abuse may be obtained directly from Continuum Behavioral Care or other mental health administrator, as determined by the Plan; the member must call 800/544-5977 or 401/276-4052 prior to services being rendered. Continuum Behavioral Care will determine and authorize the appropriate number of visits and determine the appropriate specialists. A referral from your PCP is not required.

What is covered

To the extent shown below, the Plan provides the following services necessary for the diagnosis and treatment of acute psychiatric conditions, including the treatment of mental illness or disorders:

- Diagnostic evaluation
- Psychological testing
- Psychiatric treatment (including individual and group therapy)
- Hospitalization (including inpatient professional services)
- Biological disorders of the brain that substantially limit the life activities of an individual including, but not limited to schizophrenia, schizoaffective disorder, delusional disorder, bipolar affective disorders, major depression and obsessive-compulsive disorder.

Outpatient care

Up to 20 outpatient visits to Plan doctors, consultants or other psychiatric personnel each calendar year; **you pay** a \$10 copay for each covered visit - all charges thereafter.

Inpatient care

Up to 90 days of hospitalization each calendar year; **you pay** nothing for the first 90 days-all charges thereafter.

CARE MUST BE RECEIVED FROM OR ARRANGED BY PLAN DOCTORS TO RECEIVE STANDARD HMO BENEFITS

Mental Conditions/Substance Abuse Benefits *continued*

What is not covered

- Care for psychiatric conditions that in the professional judgment of Plan doctors are not subject to significant improvement through relatively short-term treatment
- Psychiatric evaluation or therapy on court order or as a condition of parole or probation, unless determined by a Plan doctor to be necessary and appropriate
- Psychological testing that is not medically necessary to determine the appropriate treatment of a short-term psychiatric condition

Substance abuse

What is covered

This Plan provides medical and hospital services such as acute detoxification services for the medical, non-psychiatric aspects of substance abuse, including alcoholism and drug addiction, the same as for any other illness or condition, and to the extent shown below, the services necessary for diagnosis and treatment.

Outpatient care

Alcohol abuse - Up to 30 visits for each individual under treatment and 20 visits for other family members per calendar year for counseling; **you pay** a \$10 per visit copay.

Other substance abuse - Up to 20 visits per year for rehabilitation; **you pay** a \$10 per visit copay.

These substance abuse benefits may be combined with the outpatient mental conditions benefits shown above, provided such treatment is necessary as a mental health service and is approved by the Plan, to permit an additional 20 outpatient visits per calendar year with the applicable mental conditions benefits coinsurance.

Inpatient care

Alcohol abuse - Up to 30 days per calendar year for rehabilitation, lifetime maximum of 90 days on all substance abuse care; **you pay** nothing.

Other substance abuse - Up to 30 days per calendar year for rehabilitation, lifetime maximum of 90 days on all inpatient substance abuse care; **you pay** nothing.

What is not covered

Treatment that is not authorized by the Plan Mental Health Administrator.

Prescription Drug Benefits

What is covered

Prescription drugs prescribed by any doctor and obtained at the Plan participating pharmacy will be dispensed for up to a 34-day supply for non-maintenance drugs or, for maintenance drugs, the greater of a 34-day supply or 100 units. **You pay** 20% of the Plan's fee allowance per prescription unit or refill.

Plan pharmacies include pharmacies from the Preferred Rx network, which is composed of CVS, Brooks and additional independent pharmacies. Members must select which pharmacy they are to utilize. Members that choose to utilize either the CVS or Brooks networks may use any CVS or Brooks pharmacy that is part of the Plan and will only be required to pay 20% of the Usual and Customary allowance. Members choosing to utilize an independent pharmacy must have all their prescriptions filled at that pharmacy in order to only pay the 20% copay.

If a generic drug is available and You choose the brand name drug, **you pay** twenty percent (20%) of the price of the brand name drug, plus any difference between the amount of the retail price of the brand name drug and the allowance for the generic drug.

Prescriptions filled at a non-participating pharmacy or a pharmacy other than the independent pharmacy selected will be covered at 50% of the Plan's fee allowance. You are responsible for paying the non-participating pharmacy directly and the Plan will reimburse you once you have submitted the receipt and your name and identification number to BlueCHiP, 15 LaSalle Square, Providence, RI 02903.

CARE MUST BE RECEIVED FROM OR ARRANGED BY PLAN DOCTORS TO RECEIVE STANDARD HMO BENEFITS

Prescription Drug Benefits *continued*

Covered medications and accessories include:

- Drugs for which a prescription is required by Federal law
- Oral contraceptive drugs
- Insulin
- Fertility drugs (non-injectables)
- Needles and syringes when dispensed with insulin
- Nicotine substitute prescriptions (the patch and gum); **you pay** all charges at the time of purchase (keep your receipts); you are reimbursed after you are smoke free for 12 months. You are reimbursed at 80% of BlueCHiP, Coordinated Health Partners' fee allowance after submitting to the Plan a sales receipt and physician's documentation that you are smoke free. This coverage is limited to a three month treatment, one per lifetime maximum.
- Prenatal and other prescribed vitamins
- Diabetic supplies are covered under Medical and Surgical Benefits, **you pay** 20% of BlueCHiP, Coordinated Health Partner's fee allowance.
- Intravenous fluids and medication for home use, implantable drugs, and injectable drugs, (excluding insulin) are covered under Medical and Surgical Benefits.
- Implanted time-release medications, such as Norplant, are covered under Medical/Surgical benefits.

Limited benefits

- Drugs to treat sexual dysfunction are subject to dosage limitations. Contact the Plan for specific dosage limitations.

What is not covered

- Drugs available without a prescription or for which there is a nonprescription equivalent available
- Vitamins and nutritional substances that can be purchased without a prescription
- Contraceptive devices, such as diaphragms
- Medical supplies such as dressings and antiseptics
- Drugs for cosmetic purposes
- Drugs to enhance athletic performance
- Injectable fertility drugs

Other Covered Benefits

Dental care

Accidental injury benefit

Restorative services and supplies necessary to promptly repair (but not replace) sound natural teeth are covered. The need for these services must result from an accidental injury; **you pay** nothing.

Vision care

What is covered

In addition to the medical and surgical benefits provided for diagnosis and treatment of diseases of the eye, annual eye refractions (which include the written lens prescription) may be obtained from Plan Providers. **You pay** a \$10 copay for office visits.

What is not covered

- Corrective lenses or frames
- Eye exercises

CARE MUST BE RECEIVED FROM OR ARRANGED BY PLAN DOCTORS TO RECEIVE STANDARD HMO BENEFITS

Facts about BlueCHiP, Coordinated Health Partners' POS benefits

BlueCHiP, Coordinated Health Partners' POS

At your option, you may choose to obtain benefits covered by this Plan from non-Plan doctors and hospitals whenever you need care, **except** for the benefits listed below under "What is not covered." Benefits not covered under Point of Service must either be received from or arranged by Plan doctors to be covered. When you obtain covered non-emergency medical treatment from a non-Plan doctor without a referral from a Plan doctor, you are subject to the annual deductible and coinsurance stated below. An annual out-of-pocket maximum is also stated below.

What is covered

Members may use providers who do not participate in the program or may self-refer to participating providers, but are strongly encouraged to obtain care through the primary care doctor system.

Members may receive eligible services from any doctor, hospital, or other provider without referral from their primary care doctor. Some of the services are covered ONLY under the Plan's Standard HMO Benefits (See What is not covered below). However, members may choose to receive benefits using the POS benefit (i.e. receive medical services from providers without a PCP referral) and receive a lower allowance than when the standard HMO benefit is utilized. When the POS benefit is utilized, you pay a \$250 deductible per member per calendar year or a \$500 deductible per family per calendar year. When you self refer to Plan participating providers, the Plan pays 80% of its fee allowance after the deductible is met; you pay 20% of the fee allowance. When you self refer to non-Plan participating providers, the Plan pays 80% of the usual & customary allowance (not the fee schedule) after the deductible is met; you pay 20% of the usual & customary allowance and all charges over and above the usual & customary allowance. Note: Some providers may charge more than the usual & customary allowance. Please note, that services requiring Plan authorization under the Plan's Standard HMO benefits, will continue to require authorization under the POS benefit. When utilizing non-Plan participating providers, members will be responsible for assuring that Plan authorization is received for such services.

Out-of-pocket maximum

Members are protected by an out-of-pocket maximum of \$3,000 per person per calendar year or \$6,000 per family per calendar year. (This includes deductibles and copayments. Charges over the usual & customary allowance cannot be applied to the out-of-pocket maximum.)

Deductible

The calendar year deductible is the amount of covered expenses an individual or family must incur before the Plan pays benefits. The deductible is \$250 per member or \$500 per family for doctors visits, other outpatient services, and for hospital services and is not reimbursable by the Plan. If you decide to use non-participating providers or self refer to a participating provider, this deductible applies to all covered benefits. Copays under the BlueCHiP, Coordinated Health Partners' POS benefits cannot be used to meet the calendar year deductible.

Coinsurance

Coinsurance is the stated percentage of covered charges you must pay after you have met any applicable deductible. For services received from Plan providers, you are required to pay 20% of the Plan's fee allowance on benefits under this option. The Plan will pay 80% of its fee allowance. For services received from non-Plan providers, you are required to pay 20% of the usual and customary allowance. The Plan pays 80% of the usual and customary allowance. Any charges above the Plan's usual and customary allowance are the member's responsibility.

Prescription drugs

You may have prescriptions filled when utilizing the POS benefit. The benefits and requirements are the same as those for the standard HMO Prescription Drug Benefit (see pages 17 and 18).

What is not covered

- Mental conditions/substance abuse benefits (services are covered under the prepaid plan, see pages 16 and 17).
- Vision care benefits (services are covered under the prepaid plan, see page 18.)
- Emergency room visits (emergency services are covered under the prepaid plan, see page 15.)
- Outpatient physical, speech and occupational therapies, cardiac rehabilitation (services are covered under the prepaid plan, see page 12 and 13)
- Skilled nursing facility care (services are covered under the prepaid plan, see page 14)
- Rehabilitation hospitalizations (services are covered under the prepaid plan, see page 12)
- Chiropractic care (services are covered under the prepaid plan, page 13)
- Transplant coverage (services are covered under the prepaid plan, see page 12)

Non-FEHB Benefits Available to Plan Members

The benefits described on this page are neither offered or guaranteed under the contract with FEHB Program, but are made available to all enrollees and family members of this Plan. The cost of the benefits described on this page is not included in the FEHB premium and any charges for these services do not count toward any FEHB deductibles, POS maximum benefits, or out-of-pocket maximums. These benefits are not subject to the FEHB disputed claims procedure.

Medicare prepaid plan enrollment - This Plan offers Medicare recipients the opportunity to enroll in the Plan through Medicare. As indicated on page 4, annuitants and former spouses with FEHB coverage and Medicare B may elect to drop their FEHB coverage and enroll in a Medicare prepaid plan when one is available in their area. They may then later re-enroll in the FEHB Program. Most Federal annuitants have Medicare Part A. Those **without** Medicare Part A may join this Medicare prepaid plan but will probably have to pay for hospital coverage in addition to the Part B premium. **Before** you join the plan, ask whether the plan covers hospital benefits and, if so, what you will have to pay. Contact your retirement system for information on dropping your FEHB enrollment and changing to a Medicare prepaid plan. Contact us at 800/505-2583 for information on the Medicare prepaid plan and the cost of that enrollment.

If you are Medicare eligible and are interested in enrolling in a Medicare HMO sponsored by this Plan without dropping your enrollment in this Plan's FEHB plan, call 800/505-2583 for information on the benefits available under the Medicare HMO.

BENEFITS ON THIS PAGE ARE NOT PART OF THE FEHB CONTRACT

How to Obtain Benefits

Questions

If you have a question concerning Plan benefits or how to arrange for care, contact the Plan's Customer Service Department at 401/274-3500 or toll free 1-800/564-0888 and TDD 401/459-5505 or the Administrative offices at 401/459-5500 or toll free 1-800/528-4141, or you may write to the Plan at 15 LaSalle Square, Providence, RI 02903.

Disputed claims review

Plan reconsideration

If a claim for payment or services is denied by the Plan, you must ask the Plan, in writing and within six months of the date of the denial, to reconsider its denial before you request a review by OPM. (This time limit may be extended if you show you were prevented by circumstances beyond your control from making your request within the time limit.) OPM will not review your request unless you demonstrate that you gave the Plan an opportunity to reconsider your claim. Your written request to the Plan must state why, based on specific benefit provisions in this brochure, you believe the denied claim for payment or service should have been paid or provided.

Within 30 days after receipt of your request for reconsideration, the Plan must affirm the denial in writing to you, pay the claim, provide the service, or request additional information reasonably necessary to make a determination. If the Plan asks a provider for information it will send you a copy of this request at the same time. The Plan has 30 days after receiving the information to give its decision. If this information is not supplied within 60 days, the Plan will base its decision on the information it has on hand.

OPM review

If the Plan affirms its denial, you have the right to request a review by OPM to determine whether the Plan's actions are in accordance with the terms of its contract. You must request the review within 90 days after the date of the Plan's letter affirming its initial denial.

You may also ask OPM for a review if the Plan fails to respond within 30 days of your written request for reconsideration or 30 days after you have supplied additional information to the Plan. In this case, OPM must receive a request for review within 120 days of your request to the Plan for reconsideration or of the date you were notified that the Plan needed additional information, either from you or from your doctor or hospital.

This right is available only to you or the executor of a deceased claimant's estate. Providers, legal counsel, and other interested parties may act as your representative only with your specific written consent to pursue payment of the disputed claim. OPM must receive a copy of your written consent with their request for review.

Your written request for an OPM review must state why, based on specific benefit provisions in this brochure, you believe the denied claim for payment or service should have been paid or provided. If the Plan has reconsidered and denied more than one unrelated claim, clearly identify the documents for each claim.

Your request must include the following information or it will be returned by OPM:

- A copy of your letter to the Plan requesting reconsideration;
- A copy of the Plan's reconsideration decision (if the Plan failed to respond, provide instead (a) the date of your request to the Plan or (b) the dates the Plan requested and you provided additional information to the Plan);
- Copies of documents that support your claim, such as doctors' letters, operative reports, bills, medical records, and explanation of benefit (EOB) forms; and
- Your daytime phone number.

Medical documentation received from you or the Plan during the review process becomes a permanent part of the disputed claim file, subject to the provisions of the Freedom of Information Act and the Privacy Act.

How to Obtain Benefits *continued*

Send your request for review to: Office of Personnel Management, Office of Insurance Programs, Contracts Division 3, P.O. Box 436, Washington, DC 20044.

You (or a person acting on your behalf) may not bring a lawsuit to recover benefits on a claim for treatment, services, supplies or drugs covered by this Plan until you have exhausted the OPM review procedure, established at section 890.105, title 5, Code of Federal Regulations (CFR). If OPM upholds the Plan's decision on your claim, and you decide to bring a lawsuit based on the denial, the lawsuit must be brought no later than December 31 of the third year after the year in which the services or supplies upon which the claim is predicated were provided. Pursuant to section 890.107, title 5, CFR, such a lawsuit must be brought against the Office of Personnel Management in Federal court.

Federal law exclusively governs all claims for relief in a lawsuit that relates to this Plan's benefits or coverage or payments with respect to those benefits. Judicial action on such claims is limited to the record that was before OPM when it rendered its decision affirming the Plan's denial of the benefit. The recovery in such a suit is limited to the amount of benefits in dispute.

Privacy Act statement - If you ask OPM to review a denial of a claim for payment or service, OPM is authorized by chapter 89 of title 5, U.S.C., to use the information collected from you and the Plan to determine if the Plan has acted properly in denying you the payment or service, and the information so collected may be disclosed to you and/or the Plan in support of OPM's decision on the disputed claim.

How BlueCHiP, Coordinated Health Partners Changes January 1999

Do not rely on this page; it is not an official statement of benefits.

Program-wide changes

Several changes have been made to comply with the President's mandate to implement the recommendations of the Patient's Bill of Rights.

If you have a chronic, complex, or serious medical condition that causes you to frequently see a Plan specialist, your primary care doctor will develop a treatment plan with you and your health plan that allows an adequate number of direct access visits with that specialist, without the need to obtain further referrals. See page 7 for details.

A medical emergency is defined as the sudden and unexpected onset of a condition or an injury that you believe endangers your life or could result in serious injury or disability, and requires immediate medical or surgical care. See page 15.

The medical management of mental conditions will be covered under this Plan's Medical and Surgical Benefit provisions. Related drug costs will be covered under this Plan's Prescription Drug Benefits. Office visits for the medical aspects of treatment do not count toward the 20 outpatient Mental Conditions limit.

Changes to this Plan

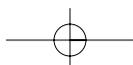
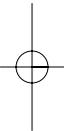
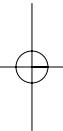
The pharmacy network for obtaining prescription drugs has expanded to include Brooks pharmacies. Members must choose either the CVS or Brooks network, or select an independent pharmacy. See page 17.

The copay at a Plan urgent care center is now \$20 per visit. Preventive care received at a Plan urgent care center is covered under the POS benefit. Previously, urgent care centers were not covered. See page 15.

The maternity benefit has been expanded to include coverage for injury or sickness during the first 31 days of the newborn's life, including necessary care and treatment of medically diagnosed congenital defects and birth abnormalities. See page 12.



Notes



Summary of Benefits for BlueCHiP, Coordinated Health Partners - 1999

Do not rely on this chart alone. All benefits are provided in full unless otherwise indicated subject to the limitations and exclusions set forth in the brochure. This chart merely summarizes certain important expenses covered by the Plan. If you wish to enroll or change your enrollment in this Plan, be sure to indicate the correct enrollment code on your enrollment form (codes appear on the cover of this brochure). **ALL SERVICES COVERED UNDER THIS PLAN, WITH THE EXCEPTION OF EMERGENCY CARE, AND SERVICES AVAILABLE AS POS BENEFITS, ARE COVERED ONLY WHEN PROVIDED OR ARRANGED BY PLAN DOCTORS.**

Benefits	Plan pays/provides	Page
Inpatient care	Hospital	Comprehensive range of medical and surgical services without dollar or day limit. Includes in-hospital doctor care, room and board, general nursing care, private room and private nursing care if medically necessary, diagnostic tests, drugs and medical supplies, use of operating room, intensive care and complete maternity care. You pay nothing14
	Extended care	All necessary services. You pay nothing14
	Mental conditions	Diagnosis and treatment of acute psychiatric conditions for up to 90 days of inpatient care per calendar year. You pay nothing16-17
	Substance abuse	Up to 30 days (lifetime maximum of 90 days) for alcohol abuse and up to 30 days (lifetime maximum of 90 days) for other drug abuse programs per calendar year. You pay nothing17
Outpatient care		Comprehensive range of services such as preventive care, including well-baby care, periodic checkups, office visits for routine immunizations; primary care and specialist office visits or house calls by a doctor. You pay a \$10 copay. Laboratory tests, x-rays; complete maternity care, you pay nothing11-13
	Home health care	All necessary visits by nurses and home health aides. You pay nothing13
	Mental conditions	Up to 20 outpatient visits per calendar year. You pay \$10 per visit16-17
	Substance abuse	Up to 30 outpatient visits for alcoholism and up to 20 visits for other substance abuse per calendar year. You pay \$10 per visit17
Emergency care	Reasonable charges for services and supplies required because of a medical emergency. You pay a \$25 copay to the hospital for each emergency room visit inside and outside the service area and any charges for services that are not covered benefits of this Plan15-16	
Prescription drugs	Drugs prescribed by a Plan doctor and obtained at Plan pharmacy. You pay a 20% copay17-18	
Dental care	Accidental injury benefit. You pay nothing18	
Vision care	One refraction every year. You pay a \$10 copay for office visit18	
Point of Service Benefits	Services of non-Plan doctors and hospitals. Not all benefits are covered. You pay the annual deductibles then coinsurance, thereafter, an annual out-of-pocket maximum applies19	
Out-of-pocket maximum	Copayments are required for a few benefits; however, after your out-of-pocket expenses reach a maximum of \$2,294 per Self Only or \$5,874 per Self or Family enrollment per calendar year, covered benefits will be provided at 100%. This maximum does not include costs of prescription drugs or dental services.8	



Authorized for distribution by the:

**United States Office of
Personnel Management**



1999 Rate Information for BlueCHiP, Coordinated Health Partners, Inc.

Non-Postal rates apply to most non-Postal enrollees. If you are in a special enrollment category, refer to the FEHB Guide for that category or contact the agency that maintains your health benefits enrollment.

Postal rates apply to most career U.S. Postal Service employees, but do not apply to non-career Postal employees, Postal retirees, certain special Postal employment categories or associate members of any Postal employee organization. If you are in a special Postal employment category, refer to the FEHB Guide for that category.

Type of Enrollment	Code	<u>Non-Postal Premium</u>				<u>Postal Premium</u>	
		<u>Biweekly</u>		<u>Monthly</u>		<u>Biweekly</u>	
		Gov't Share	Your Share	Gov't Share	Your Share	USPS Share	Your Share
Self Only	DA1	66.49	22.16	144.06	48.02	78.68	9.97
Self and Family	DA2	160.39	66.57	347.51	144.24	183.29	43.67