



Benefits Administration Letter

Number: 18-305

Date: October 2018

Subject: 2019 FEHB Withholdings and Contributions

The official Federal Employees Health Benefits (FEHB) Program withholdings and contribution rates for 2019 are available in a PDF file format on the OPM web site at <http://www.opm.gov/insure/health/rates/index.asp>. These are the only rates agency payroll providers should use to update their systems and are effective for pay periods beginning in calendar year 2019.

The FEHB withholdings and contribution rates are also available in an ASCII and Excel file format. If you are a subscriber to the "FINPAY" listserv, you will receive these files. If you are not FINPAY subscriber, please email us at Finance@opm.gov using "FEHB Rates" as the subject and the rate files will be emailed to you.

If you have questions about this letter, feel free to contact us at FinancialBALs@opm.gov or call 202-606-0606.

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