

## Tribal Premium Rates for the Federal Employees Health Benefits Program

Tribal Premium Rates for the Federal Employees Health Benefits Program						
Fee-for-Service Plans (FFS)			2019 Monthly premium rates			
Plan - Option - Enrollment Code	2018 Total Monthly Premium	Total Premium	Tribal Employer Pays	Employee Pays	Change in employee payment	
<b>Nationwide APWU Health Plan</b>						
High Self	471	698.30	726.22	498.72	227.50	25.91
High Self & Family	472	1675.87	1742.91	1138.19	604.72	58.94
High Self Plus One	473	1466.38	1525.03	1066.59	458.44	55.89
CDHP Self	474	554.43	597.68	448.26	149.42	10.81
CDHP Self & Family	475	1330.59	1417.09	1062.82	354.27	21.62
CDHP Self Plus One	476	1219.73	1299.00	974.25	324.75	19.82
<b>Nationwide Blue Cross and Blue Shield Service Benefit Plan</b>						
Standard Self	104	741.89	741.89	498.72	243.17	-2.01
Standard Self & Family	105	1719.32	1719.32	1138.19	581.13	-8.10
Standard Self Plus One	106	1622.42	1622.42	1066.59	555.83	-2.76
<b>Nationwide Blue Cross and Blue Shield Service Benefit Plan</b>						
Basic Self	111	638.95	638.95	479.21	159.74	0.00
Basic Self & Family	112	1522.21	1522.21	1138.19	384.02	-8.10
Basic Self Plus One	113	1436.15	1436.15	1066.59	369.56	-2.76
<b>Nationwide Blue Cross and Blue Shield Service Benefit Plan FEP Blue Focus</b>						
Blue Focus Self	131	<b>New Plan</b>	460.59	345.44	115.15	<b>New Plan</b>
Blue Focus Self & Family	132	<b>New Plan</b>	1089.18	816.89	272.29	<b>New Plan</b>
Blue Focus Self Plus One	133	<b>New Plan</b>	990.21	742.66	247.55	<b>New Plan</b>
<b>Nationwide GEHA</b>						
High Self	311	721.11	728.33	498.72	229.61	5.21
High Self & Family	312	1713.47	1816.25	1138.19	678.06	94.68
High Self Plus One	313	1586.46	1602.32	1066.59	535.73	13.10
Standard Self	314	476.13	509.45	382.09	127.36	8.33
Standard Self & Family	315	1126.02	1283.66	962.75	320.91	39.41
Standard Self Plus One	316	1023.69	1095.34	821.51	273.83	17.91

## Tribal Premium Rates for the Federal Employees Health Benefits Program

Tribal Premium Rates for the Federal Employees Health Benefits Program						
Fee-for-Service Plans (FFS)			2019 Monthly premium rates			
Plan - Option - Enrollment Code	2018 Total Monthly Premium	Total Premium	Tribal Employer Pays	Employee Pays	Change in employee payment	
<b>Nationwide GEHA</b>						
HDHP Self	341	501.26	508.78	381.59	127.19	1.88
HDHP Self & Family	342	1185.43	1262.50	946.88	315.62	19.26
HDHP Self Plus One	343	1077.70	1093.86	820.40	273.46	4.04
<b>Nationwide MHBP - Consumer Option</b>						
HDHP Self	481	567.71	562.03	421.52	140.51	-1.42
HDHP Self & Family	482	1319.13	1305.94	979.46	326.48	-3.30
HDHP Self Plus One	483	1256.34	1243.78	932.84	310.94	-3.14
<b>Nationwide MHBP - Std</b>						
Standard Self	454	582.44	576.64	432.48	144.16	-1.45
Standard Self & Family	455	1353.56	1340.04	1005.03	335.01	-3.38
Standard Self Plus One	456	1340.69	1327.28	995.46	331.82	-3.35
<b>Nationwide MHBP - Value Plan</b>						
Value Self	414	497.06	477.17	357.88	119.29	-4.97
Value Self & Family	415	1201.24	1153.19	864.89	288.30	-12.01
Value Self Plus One	416	1177.71	1130.61	847.96	282.65	-11.78
<b>Nationwide NALC</b>						
High Self	321	667.42	682.09	498.72	183.37	12.66
High Self & Family	322	1498.71	1531.68	1138.19	393.49	18.81
High Self Plus One	323	1469.13	1501.44	1066.59	434.85	29.55
CDHP Self	324	464.23	473.53	355.15	118.38	2.32
CDHP Self & Family	325	1026.61	1067.67	800.75	266.92	10.27
CDHP Self Plus One	326	1004.23	1034.35	775.76	258.59	7.53
<b>Nationwide NALC</b>						
Value Self	KM1	381.01	388.64	291.48	97.16	1.91
Value Self & Family	KM2	842.90	876.63	657.47	219.16	8.44
Value Self Plus One	KM3	824.14	848.86	636.65	212.21	6.18

## Tribal Premium Rates for the Federal Employees Health Benefits Program

Fee-for-Service Plans (FFS)	2018 Total Monthly Premium	2019 Monthly premium rates			
Plan - Option - Enrollment Code		Total Premium	Tribal Employer Pays	Employee Pays	Change in employee payment

**Nationwide SAMBA**

High Self	441	912.69	912.69	498.72	413.97	-2.01
High Self & Family	442	2190.44	2190.44	1138.19	1052.25	-8.10
High Self Plus One	443	2007.89	2007.89	1066.59	941.30	-2.76
Standard Self	444	708.15	686.90	498.72	188.18	-23.26
Standard Self & Family	445	1628.77	1579.93	1138.19	441.74	-56.94
Standard Self Plus One	446	1557.96	1511.23	1066.59	444.64	-49.49